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the quarterly record

OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

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THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION
OFFICERS FOR 1976-1977

President

ADELE CORKUM (1934)

Treasurer

ANN CAHILL (1945)

President Elect

MARGARET HARRINGTON ANDERSON
(1947)

Recording Secretary

DOROTHY MAHONEY (1952)

Vice President

CATHERINE HARRINGTON BOYD
(1952)

Alumnae Secretary

EVELYN LYONS LAWLOR (1936)

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THE OFFICERS OF THE ASSOCIATION

PEGGY COPE MASCHER (1966)

CAROLE ANN ROBERTSON LYONS (1967)

MAUREEN MCGRATH (1961)

JEAN CAMPBELL TEAGUE (1958)

CHAIRPERSONS OF STANDING COMMITTEES

Finance

RITA DOUGHERTY SIDMAN (1946)

Program

MARY FLANNERY CAIRA (1959)

Quarterly Record

JUDITH HARDING DOUGHERTY (1941)

Hospitality

Nominating

M. HONOR KEEGAN (1963)

Service

PEGGY COPE MASCHER (1966)

Annabelle McCrae Loan Fund

Salley Johnson Scholarship Fund

MARLENE NORTON (1961)

ELECTED ALUMNAE REPRESENTATIVES TO THE NURSING ADVISORY COUNCIL

SUSAN L. FISCHER (1966)

ELIZABETH DOYLE SHEEHY (1953)

HELENA T. MCDONOUGH (1966)

ALUMNAE REPRESENTATIVES TO THE
TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Wednesday, 9:00 a.m.-3:00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: MISS ELEANOR BAUER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Phillips House, Massachusetts General Hospital, Boston, Mass. 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General Information: MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXVII

Spring 1977

No. 1

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QUARTERLY COMMITTEE

Editor	Alice Yancey Conlon 83 Martland Ave., Brockton, Ma. 02401
Chairman	Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

HOMECOMING

Save the Date

Saturday, September 24, 1977

Howard Johnson's "57" Motor Lodge
200 Stuart St.
Boston

Also Save this Quarterly

This year, due to high costs of paper and printing, we are not having extra budget sheets made for the Annual Meeting, which will be held at Homecoming. So please bring this *Quarterly Record* with you, particularly for the budgetary items.

ALUMNAE REPORTS FOR 1976

Alumnae Secretary

In 1974 our membership totaled 1491; in 1975 we had 1425; and last year only 1369 members.

Our Fund Drive receipts have decreased by \$1,145.00 in two years, with donations from 569 contributors compared to 587 in 1975.

We must try to reverse this trend if we wish to continue with our programs. The need for scholarship funding grows each year, both for students and graduates. Your Alumnae Board members feel that one of our greatest priorities is increasing the scholarships in number and the amount given.

In October 1976, Peggy Cope Mascher became head of our Service Committee. She took over the duties that had been carried on by Miss Corkum with the help of the office staff. Mrs. Mascher has been doing an outstanding job in her concern for the sick and elderly members.

The Annabella McCrae Loan Fund activity continues to increase. Since 1930 when the first loan of \$500.00 was made, we have granted 91 more, totaling over \$54,000.00. We are proud of the way most recipients have handled their loans but regret to inform the members that three people have defaulted. Every effort has been made to follow up on these graduates who failed to live up to their contracts.

For the past few years we have had to hold our Homecoming outside the Hospital. We had outgrown the space available for the program and the luncheon. In 1976 we used Howard Johnson's "57" for the first time. We were much happier with the space available for the registration and the program. There were a few details to be straightened out, however, which we hope to take care of in 1977.

Bartlett Hall is closed during the summer and at Christmas time except for the maids. The mail is not delivered to the home, but comes to the M.G.H. post office. It is sometimes delayed and we hope that if you write to us during the summer you will understand if you do not have a prompt reply. We take our vacation during August.

I wish to thank my two faithful volunteers who helped during this past year, and also the Alumnae Board members for their thoughtfulness and assistance.

Evelyn L. Lawlor, Secretary

Finance Committee

PROPOSED BUDGET FOR 1977

Receipts	Estimated 1976	Actual 1976	Estimated 1977
Membership Dues	\$14,500.00	\$14,310.00	\$14,500.00
Annual Fund	7,000.00	6,941.50	7,000.00
Income from Savings	1,000.00		1,000.00
Miscellaneous	4,300.00	6,866.73	5,000.00
Trans. Bal. on Hand	3,920.00		6,124.00
	<u>\$30,720.00</u>	<u>\$28,118.23</u>	<u>\$33,624.00</u>

Miscellaneous			
Homecoming	\$ 3,500.00	\$ 3,137.00	
Cup Sales	500.00	560.00	
Other Sales & Postage	100.00	74.73	
Clubs	200.00		
Student Scholarships	\$ 4,300.00	275.00	
Transfer from Banks		2,450.00*	
S.J. Fund		15.00	
CEU Meeting		355.00	
		<u>\$ 6,866.73</u>	

*Bank Transfers

Special Account, \$1,000.00 carry on Business in May
 Lottie Potts Leland, \$1,100.00 Student Schol. in Nov.
 Shattuck, \$350.00 to pay Lawyer

(The above does not include monies directly deposited into the Sally Johnson or Lottie Potts Leland Funds.)

Expenditures	Estimated 1976	Actual 1976	Estimated 1977
Secretaries & tax	\$ 7,920.00	\$7,608.13	\$ 8,389.00
Petty cash, office			
Unemp. Tax	500.00	426.20	150.00
Quarterly Record	8,800.00	6,039.25	10,000.00
Printing & Post.	2,000.00	3,677.87	3,000.00
Auditor	1,300.00	1,400.00	750.00
Services	700.00	703.65	700.00
Fund	750.00	760.87	750.00
	<u>\$21,970.00</u>	<u>\$20,615.97</u>	<u>\$24,089.00</u>

(Expenditures - cont'd)

Student Activities

Corsage & Flowers	\$ 150.00	\$ 146.20	\$ 150.00
Dinner	550.00	493.27	550.00
Ad in Year Book & other			
Activities	125.00	125.00	125.00
Scholarships	1,600.00	2,350.00	2,000.00
	<u>\$ 2,425.00</u>	<u>\$ 3,114.47</u>	<u>\$ 2,825.00</u>

PROPOSED BUDGET FOR 1977

Meetings	Estimated 1976	Actual 1976	Estimated 1977
Annual	\$ 25.00	April \$ 249.33	\$
Homecoming	3,500.00	2,411.55	3,500.00
Alumnae Rep.	600.00	600.00	600.00
	<u>\$ 4,125.00</u>	<u>\$ 3,260.88</u>	<u>\$ 4,100.00</u>

Gifts & Contributions & Scholarships

NLN	\$ 2,000.00	\$ 2,060.00	\$ 2,000.00
Christmas	100.00	100.00	100.00
	<u>\$ 2,100.00</u>	147.00	10.00
		<u>\$ 2,307.00</u>	<u>\$ 2,110.00</u>

Miscellaneous

Filing Fees (misc.)	\$ 100.00	\$ 17.50	\$ 100.00
Refunds		22.00	
Lawyer		350.00	400.00
Misc.		5.30	
	<u>\$ 100.00</u>	<u>\$ 394.80</u>	<u>\$ 500.00</u>

TOTALS	\$30,720.00	\$29,693.12	\$33,624.00
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Program Committee

On Saturday, April 10, 1976, the Alumnae presented these programs at MGH:

1. Infection Control
2. Emotional and Psychological Support Systems for Hospitalized and Ambulatory Oncology Patients
3. Care of Emotionally Disturbed Children

On Saturday, September 25, 1976, at the Howard Johnson "57" Motor Lodge, the Alumnae presented, at Homecoming, the program "MGH Revisited." Speakers were Mary E. Macdonald, Director, Department of Nursing, and Natalie Petzold, Director, School of Nursing.

Mary E. Caira

Service Committee

I have chaired the service committee for the past six months, and during that time we have sent cards and flowers to those alumnae who are ill. We also sent cards to all the alumnae who have passed their fiftieth anniversary. Much to my surprise that means three hundred cards! We continued the custom of remembering those who are ill or in nursing homes at Christmas time, this year with an assortment of home-baked Swedish butter cookies. We would especially appreciate knowing about any other people you think should be remembered by the alumnae association, and would appreciate any help you might like to offer.

Peggy Cope Mascher

Representative to Advisory Council for School of Nursing

The Advisory Council met monthly in the Trustees room on Tuesdays at 9:30 A.M. I attended two meetings this year. Progress of the hospital toward becoming a degree-granting institution, the changes in the School of Nursing curriculum, and planning for the future were the common themes. During the year, various members of the faculty addressed the Advisory Council about the current student-teacher-learning situations. Please refer to Miss Ryan's minutes of the meetings for excellent explanations.

The Advisory Council is a dedicated group that gives of its time and abilities. Their ideas, support and interest are valuable inputs to the School of Nursing. I regret that other commitments prevented me from being more active and attentive at both Council and Board meetings.

Mary Jane Nassar St. Amour

The Quarterly Record

Due to conditions beyond our control, the publication of *The Quarterly* has been somewhat sporadic. However, this problem has been resolved and we look forward to continuous communication with our Alumnae in the future.

Judith Harding Dougherty

Annabella McCrae Loan Fund

FINANCIAL REPORT FOR 1976

Working Account: Suffolk Franklin Bank

Balance on hand January 1, 1976 \$ 3,389.71

Receipts:

Repayments on Loans \$3,988.36

Transfer from 90 day Acct. 4,982.00

Gifts 948.20

Interest 304.30

10,222.86

Total Receipts

\$13,612.57

Disbursements:

Loan granted

7,200.00

Balance on hand December 31, 1976 (working acct.)

\$ 5,412.57

90 Day Account: Boston Five Cent Savings Bank

Balance on hand January 1, 1976

*\$14,909.83

Interest

\$ 834.61

834.61

Total Receipts

\$15,744.44

Disbursements:

Transfer to Working Acct:

\$ 4,982.00

Balance on hand December 31, 1976

\$10,762.44

Balance on hand December 31, 1976 Combined

Accounts

\$17,175.01

*Correction: Amount of interest for January, 1976 (\$72.60) appeared in the 1975 report. This explains the discrepancy in these two reports.

Sally Johnson Scholarship Fund Committee

There were six (6) applications for scholarships in 1976. Three (3) were awarded. Each award was \$1,000.00.

Margaret Van Colln — Class 1962
Elizabeth Hawkins — Class 1970
Janet Wall — Class 1973

Balance on hand January 1, 1976 \$ 5,575.57

Receipts: \$ 5,944.03

Interest: 386.81

6,330.84
Total \$11,906.41

Disbursements:

3 Scholarships @ \$ 1,000.00

Chan. exchange

Canadian ck. 1.45

3,001.45

Balance on hand December 31, 1976

\$ 8,904.96

Dorothy Mahoney, Chairman

Carolyn Wortman, Committee-member

ALBERTA M. LIBBY MEMORIAL FUND

A memorial fund established in the name of Alberta M. Libby (MGH 1946) has been used to purchase medical books for the use by the professional nursing staff of the Massachusetts General Hospital Operating Room.

Medical textbooks relating specifically to specialty areas have been purchased. A suitable inscription has been placed on the inner cover of each book. The gold-leaf lettering has been done by Mary Egan, the secretary in the White Operating Room.

The books that have been purchased are:

1. *Surgical Disease of the Chest*,
by Blake, Brian

2. *Traumatic Management*, by
Cave, Edwin; Boyd, Robert
and Burille, John

3. *Urologic Surgery*, by Glenn,
Jonas

4. *Surgery of the Chest*, by
Gibbons

5. *Outpatient Surgery*, by Hill

6. *Operative Neurosurgery*, Vol. 1
& 2, by Kempe, Ludwig

7. *Pediatric Surgery*, Vol. 1 & 2
by Mustard, W.T. et al.

8. *Atlas of Radical Pelvic Surgery*,
by Nelson, James Jr.

9. *CIBA Collection of Medical Il-
lustration The Heart*, Vol. 5 by
Hetter, Frank

10. *The Process of Patient Teaching in Nursing*, by Redman, Barbara
11. *Christopher, Textbook of Surgery*, by Sabiston

Alberta held staff nurse and head nurse positions in the MGH Operating Room before she became a specialist in Cardiac Surgery. One of the pioneers in cardiac surgery, she

had full responsibility for operating the heart and lung machine or the "pump" as it is called. Her outstanding ability, her charming manner and her Maine sense of humor were some of her outstanding qualities. It seems fitting that these books be given in her name.

Ann M. Cahill

The T.S.O. Circa 1940

This Ode to an office tender, during the short-handed hectic years of the war, was found by an alumna among her old papers. By an unknown author, it may strike a responsive chord in many who knew MGH and the TSO during those years.

When Miss Fraser runs to O.P.D. and Mrs. Wayland to Thayer,
When Miss Anderson just runs away to goodness know just where,
And all the phone bells ring at once 'till your head begins to pound,
And coats and false teeth, hats and beads are lost and can't be found,
When someone puts the window up and you're frozen through and
through,

When someone musses up your desk and never speaks to you,
When Ward I wants an orderly and 31 a nurse,
When the office gets so noisy, no Bedlam could be worse,
When Miss Sleeper leaves to go to lunch at just the busiest hours,
And Miss Fisher goes off duty as they bring in funeral flowers,
And you're alone to do the work for what seems most a year,
With no excuse which you can use to help you disappear,
Though conscience may reprove you for having such a thought,
We recommend it to you, 'twill really help a lot,
And when the office air gets thick during the coming year,
Apply before the others leave and be first to disappear.

MG — The Mysterious Disease

Judith Harding Dougherty

Judy, Class of '41, has lived through the horrors and disabilities of Myasthenia Gravis. She was hit with the disease when her two children were toddlers and, after years of innumerable hospitalizations and surgery (a thymectomy and tracheostomy), she eventually had a remission about 15 years ago. A patient of Dr. Perlo of MGH, she has given unstintingly of her time and efforts to develop the Boston Chapter of the Myasthenia Gravis Foundation, Inc. Under her leadership, thousands of dollars have been raised (much of which went to MGH research projects on MG) and hundreds of people who are lonely, frightened victims of the disease have been brought together to provide mutual support.

Although Judy does not go into it in her article, I have heard the sad stories of numerous people—the misdiagnosis (hysteria, psychosis); the misunderstanding by the public (alcoholism); the horror of a crisis situation (strangulation, inability to speak or move); and, unfortunately, the lack of knowledge by some nursing care personnel (medication not given on time, lack of anticipation of the needs of a helpless, mute patient).

Because the disease is rare, although potentially fatal, it never has carried public headlines until Aristotele Onassis was photographed with

tape holding his eyelids open. However, no recognition or response was made by the Onassis family to the offers of help by the U.S. MG Foundation (nor appeals for financial support).

Because MGH is a leader in the diagnosis, treatment and research studies of this disease and because Judy has taken the initiative in helping to further studies which will lead to the prevention and/or cure of this disease, we know her colleagues will be interested in her article on Myasthenia Gravis.

... Editor

One of the benefits of being associated with a teaching hospital is the opportunity of being exposed to the latest research developments. Myasthenia gravis patients come to the Massachusetts General Hospital from all over the world because they are able to receive diagnosis and treatment for the characteristic symptoms of this disease, i.e., double vision, drooping of the eyelids, and difficulty in breathing, chewing and swallowing. The doctors and nurses at this teaching institution are able to meet the demands of dealing with this relatively rare disease. In fact, the first out-patient clinic was established here some 42 years ago by Drs. Robert Schwab and Henry Viets, and is still in existence today.

The late Dr. Viets was an avid researcher in this area and a pioneer in the clinical study and treatment of this disease. While in England, he observed that the action of physostigmine on a myasthenic patient would return the muscle action back to normal after a period of time. (This fact was first noted by Dr. Mary Walker in 1934.) At the present time, Dr. Vincent Perlo heads the Myasthenia gravis clinic at the MGH.

Recent research done by biochemists Jon Lindstrom and Jim Patrick at the Salk Institute of Biological Studies at La Jolla, California, has involved inducing a myasthenia-like disease in rabbits. Thus, for the first time there is an animal analog which can be employed in further investigation. Interestingly enough, the researchers' original goal was not MG, but the more general question of nerve-muscle communication. The actual cause of MG is still not known. However, it is suspected that there is a defect in the neuromuscular junction such that the repetition of nerve impulses causes the amount of acetylcholine to decrease. Further, an anti-muscle antibody is found in the blood serum of one third of the patients with either MG or thymic tumor, a finding which would seem to support this hypothesis. Also, one current theory has it that there is a blocking effect at the nerve-muscle junction caused by a faulty message sent by the epithelial cells of the thymus. This view is often called the autoimmune theory of MG.

The three drugs Prostigmine, Mestinon, and Mytelase are used as a synthetic analog for anti-

cholinesterase. Extreme caution should be observed when administering these medications in order to avoid toxic effects. Atropine sulphate (.04mg) is often given prior to IV medication to minimize side-effects such as bronchial secretions, bradychardia, and increased peristalsis. Two kinds of crisis require the expertise of a well-trained neurological nurse. MG crisis is brought on by emotional stress, infection, surgery, or trauma. Cholinergic crisis is brought about by drug overdose. Surgical treatment for MG (thymectomy) also requires this type of care post-operatively.

The late Dr. Richard Sweet and Dr. Oliver Cope have performed MG surgery at the MGH over the years with forty percent of about two hundred patients remaining symptom free. The sternal split-open chest type of surgery is favored over the trans-cervical method. Radiation therapy of the thymus is conducted pre-operatively, post-operatively, and also on poor surgical risks. Cortisone steroid therapy and ACTH are other medications sometimes used.

An exacerbation of the disease usually occurs between the fourth and tenth days of ACTH therapy, thereby necessitating careful observation of the symptoms by the nurse. Some physicians perform a prophylactic tracheostomy before starting this therapy. In the course of pregnancy some patients' symptoms subside, others increase in severity. Thus, during delivery a small saline enema should be given. Also, sedatives and narcotics should be administered in half doses. Variations in physical strength occur post-

partum. Twenty per cent of babies born with myasthenic mothers who have facial, swallowing and respiratory problems display the same syndrome which, in the baby, is transient. However, congenital MG is quite rare.

One question raised at the MGH is whether MG is two distinct illnesses diagnosed as one. That is, the symptomatology in male and female patients differs markedly. The research oriented mind should find this dilemma a fascinating puzzle and hopefully stimulate further investigation. Although MG affects a small percentage of the population, the cure of this disease might provide a clue to the mechanisms of yet other diseases. This sort of discovery could spark the funding of basic research projects in the medical field.

References

Myasthenia Gravis: A Manual for the Nurse (The M.G. Foundation Inc.)

Myasthenia Gravis: A Manual for the Physician (The M.G. Foundation Inc.)

MGH News, 34, No. 6, (September, 1975)

The Salk Institute Newsletter, No. 13, (Fall 1976)

JAMA, 235, No. 19, (April 10, 1976)
The New England Journal of Medicine, 293, No. 15, (October 7, 1975)

The New England Journal of Medicine, 294, No. 13, (March 25, 1976)

Boston Chapter, M.G. Foundation, Inc.
Mrs. Ellen Mondt
369 Fenno St.
Revere, MA 02151

National Chapter, M.G. Foundation, Inc.
230 Park Avenue
New York, N.Y. 10007

Staff Education

Anyone interested in participating in Staff Education offered by the hospital, should contact the Staff Education Office at 726-3130 regarding schedules, fees, etc. A printed schedule outlining the sessions from June through September includes such programs as I.V. Therapy; Intra-Aortic Balloon Pump Program; Seminars on Applied Research; Nursing Process, Ambulatory Care; and Cardiac Surgical sessions.

GREATER SPRINGFIELD GROUP

*To catch up with this active group,
two meetings are herein reported.*

The May meeting of the Massachusetts General Hospital Nurses' Alumnae Association Greater Springfield Group was held on May 17, 1977 at the home of Barbara (Hunter) Eger '48 in West Springfield. Harriet (Beltrandi) Bilezikian '55 and Jean (Youngberg) Young '53 of West Springfield were co-hostesses.

Other members present were: Charlotte (Fyhr) Lewis 1937; Ruth (Drake) Lincoln 1930; Ann (Foisey) Roach 1946; Olive (Lyon) Lovejoy 1932; Mary (Moskos) Hyfantis 1945; Beatrice (Harper) Kline 1936; Patricia (Batchelder) Crowley 1944; Deidre (Quealey) Benson 1975; Susan (Zabawa) Harrison 1965; and Linda (Seaglund) Howell 1963.

The speaker for the evening was Susan (Zabawa) Harrison '65. Susan is an Associate Physical Director at the Springfield YMCA, and is in charge of the health and fitness program. She showed a short movie and gave a very interesting presentation on her work as developer and supervisor of the fitness program at the YMCA.

The next meeting will be held on September 21, 1977, Wednesday, at Pat (Batchelder) Crowley's home, 74 Pine Hill Rd., Springfield, Mass. All interested MGH'ers in the Connecticut River Valley are cordially invited to attend.

The annual dinner meeting of the Massachusetts General Hospital Nurses Alumnae Association, Greater Springfield Group, was held on January 18, 1977 at the Storowton Inn, West Springfield.

Those present were: Charlotte (Fyhr) Lewis '37 — President — retired; Barbara (Hunter) Eger '48 — Secretary — homemaker; Harriet (Beltrandi) Bilezikian '55 — Treasurer — substitute school nurse; Esther (Goff) Becker '14 — retired; Patricia (Batchelder) Crowley '44 — part time staff nurse; Beatrice (Harper) Kline '36 — retired; Mary (Moskos) Hyfantis '45 — instructor of health services assistants; Olive (Lyon) Lovejoy '32 — retired; Mary (McQuesten) Paterson '48 — office nurse; Ann (Foisey) Roach '46 — part time nursing home charge nurse; Jean (Youngberg) Young '53 — part time nursing home charge nurse.

Other active members who were not able to be present are: Ruth (Drake) Lincoln '30 — Vice-President; Doris Ellinwood '25; Barbara Jensen '40; Barbara (Cousins) Ertel '54.

Any MGH grads in the Connecticut Valley interested in joining this group are asked to contact Charlotte Lewis, 413-567-0438, or at 96 Williams St., Longmeadow, MA 01106.

NEWS NOTES

"Mim" Honored

Miriam C. Huggard, Class of 1931, who retired as Assistant Director of Nursing in charge of Phillips House Nursing, was cited by both MGH and the City of Boston on September 29th. The Boston City Council designated the day as "Miriam C. Huggard Day in the City of Boston." The proclamation praised her long service to patients of the Boston area and her inspiration to hundreds of nurses.

Miss Huggard, after private-duty nursing, with relief work in the Phillips House, joined the staff in 1942 to help in the war effort. In 1966, she was appointed Assistant Director of Nursing.

Mary E. Macdonald, speaking at Mim's retirement reception, noted that "Miss Huggard was a staunch supporter of patient rights — the right to privacy, humane treatment and individual dignity, as cases in point — and she worked constantly to translate this philosophy into the nursing service she administered. She had the ability to manage her assigned service quietly, unruffled, outwardly at least, by the changing demand of the times.

"The warm response of her staff, colleagues and friends on the occasion of her retirement is living testimony of their respect for her and gratitude to her for her guidance and support throughout the years.

Her departure for a well-earned life of leisure leaves a deep void on our administrative bench. Her presence will be sorely missed!"

And now, how those prize-winning window box gardens will glow!

* * * * *

Rose Marie Gilligan Hobson, Class of 1958, has been appointed Director of Nursing at McLean Hospital, Belmont, MA as of November 1, 1976.

* * * * *

Many of us remember Miss Margaret Tibbetts of McLean Hospital; for many years she has been Director Emeritus of the McLean School of Nursing and Nursing Service. On December 11, 1976, Miss Tibbetts died in York, Maine.

* * * * *

In the November issue of the *American Journal of Nursing* there was an article by Pamela Sargent Cross on Ureteral Reimplantation and the Nursing Care of the Child. Mrs. Cross is a degree graduate of the Duke University School of Nursing in Durham, N.C. She earned her Masters degree at Boston University and taught at MGH for two years and is now teaching at Emory University in Atlanta, Georgia. She is the grand-

daughter of Marjorie Chambers, class of 1920.

* * * * *

Dr. Joyce Passos, Class of 1952, who has had a long and distinguished career in teaching at colleges in Boston, Indiana and Michigan, has been named Dean of the College of Nursing at Southeastern Massachusetts University.

* * * * *

Many remember Dr. Edwin F. Cave, orthopedic surgeon, who was on the MGH staff for many years. He died, at age 80, in December, 1976. A graduate of Harvard Medical School, he served as a lieutenant in the Army during World War I and, during World War II, served with the 105th General Hospital in Australia and the Dutch East Indies. From 1947 to 1957, he served as chief of the fracture service at MGH.

* * * * *

Twelve student nurses from MGH joined a volunteer drive that brought 3,500 people to the John F. Kennedy Building (in old Scollay Square) for blood-pressure screening on one day. Sponsored by the state affiliate of the American Heart Association and station WBZ, people were given free tests all day and, if determined necessary, were referred by R.N.'s to physicians.

* * * * *

Mail Call

Alumnae members could bring pleasure to two ladies by sending them friendship cards. One is Miss Frances Daily of the Class of 1907, at Verdel Village, St. Albans, Vermont, 05478, where she is a resident. Very alert, although with failing eyesight, she is 99 years of age. Also Miss Florence Illidge of the Class of 1911 would be cheered by some mail at the Presbyterian Home, RD #2, Box 12A, Quarryville, Penna. 17566. She has been incapacitated for some time with fractures of the lumbar vertebrae, following a fractured hip last year.

No Walcott Guests

Notification has been received that Walcott 3, which sometimes has been available for overnight rental to individuals, will no longer be available. The Planning Board, with regrets, has decided that the space is required for office space for the hospital. Because of the paucity of space in the institution and the extremely high rental rates outside, this utilization of the Walcott area is necessary.

Degree-Awarding Setback

By a 5-3 vote, in March, the Public Health Council ruled that MGH must obtain a "certificate of need" before the move may be made to award academic degrees in nursing and allied health professions, according to a Boston Herald American news item. MGH Director Charles A. Sanders, M.D., contends that the

State Legislature has delegated to the Board of Higher Education the authority to grant education charters and that this Board has determined that "need" is not included in the criteria to be used in awarding such charters.

He also contends that such delaying action by the Public Health Council means the loss of something in excess of \$2 million a year that could be cut from patients' bills. By separating educational costs out of the budget, it is maintained, the results would be lower costs to patients.

MGH has proposed to award Bachelor of Science degrees in radiological technology and respiratory therapy, and Master of Science degrees in dietetics, language therapy, nursing science, physical therapy and speech pathology.

AGO'S

One hundred and forty years ago, according to the Nantucket newspaper, MGH placed a notice in that paper setting out criteria for the admission of patients to the General — "between the hours of 8 and 9 on the mornings of Monday, Wednesday and Friday. In urgent cases application may be made at other times but applications from the country must be made in writing, by the attending physician, accompanied by a description of the case. Patients must never be sent to the hospital from the country except in case of recent accident, in a helpless con-

dition, without first ascertaining whether they can be received . . ."

(And now Nantucket wants to secede from this "country.")

Fifty years ago, according to *The Quarterly Record*, the annual report to the "Members and Friends of the Massachusetts General Hospital Training School for Nurses" included the items that "... those of us in the Training School Office will remember this past year as being the year when we again had a true waiting list. . . . Our housing and teaching facilities will accommodate a group of seventy students in September, and fifty students in February, no more. On June 1, three months before the entrance date of the Fall class, seventy students were appointed. On November 1, . . . fifty students were appointed.

"... We wonder why students elect this school. Questionnaires show that the majority make their choice because of the general standing of the hospital and school. Alumnae and students recommend about one-third of our applicants. Physicians recommend about one-quarter. Many of these physicians are former house-officers. When some of these men were with us as house-officers, their opinion of the training school office did not always appear to be such as would lead to their recommending applicants to us, but time and experience change their point of view."

An item about Linda Richards, age 85, who was at the Anne Judson

Ross Home for Invalid and Crippled Women in Northboro, tells of a visit by Miss Hall and Miss Johnson. The nurse announced that "Sarah" Johnson was there to see her and Miss Richards appeared very confused until the name was corrected to Sally Johnson, whereupon Miss Richards exclaimed "Oh yes, the Massachusetts General Hospital."

A few months later, Miss Johnson again visited Miss Richards and said, remembering the previous visit, "I am still Sally Johnson" and Miss Richards replied, "That is strange, I am still Linda Richards."

To be Seen at The General

A bronze sculpture, entitled "Triumph" now stands in the lobby of the MGH Cox Center for cancer treatment and research to honor a former cancer patient who devoted her last years to helping others who had the same disease. Created by her brother, a sculptor of Rome, Italy, the 44-inch-tall statue honors Bettina Ward of Dover, whose life was a triumph of courage and inspiration, in her father's words.

Bigelow Tower

In homage to three generations of physicians who influenced the practice of medicine at MGH, the upper eight floors of the 13-story Gray Building have been formally designated as the Bigelow Tower. A plaque dedicated to the Bigelows reads:

A tribute to three generations of doctors for their outstanding contri-

butions to the Massachusetts General Hospital and the fields of medicine and surgery.

Dr. Jacob Bigelow, Physician
1787-1879

Dr. Henry Jacob Bigelow, Surgeon
1818-1890

Dr. William Sturgis Bigelow, Surgeon
1850-1926

Dr. Jacob Bigelow was both a Professor of Medicine at Harvard at age 28 and, two years later, a Professor of Botany there. During his association with MGH from 1836 to 1855, he was ranged as the leading physician on the staff. He was elected president of both the Massachusetts Medical Society and the American Academy of Arts and Sciences.

His eldest son, Henry, a surgeon, became affiliated with MGH five years after his graduation from Harvard Medical School and remained 40 years. He personally witnessed the first public demonstration of anesthesia and for a few years thereafter administered most of the ether used at MGH. He became the first surgeon to remove a hip joint and, later, developed the means of crushing and evacuating stones in the bladder.

His only son, William, also became a surgeon at MGH and was a lecturer at Harvard. A long-time personal friend of President Theodore Roosevelt, he was an enthusiastic collector of Oriental art, some 25,000 items of which he presented to the Boston Museum of Fine Arts. Following his retirement, he served as an MGH Trustee for ten years and left a trust fund to benefit the hospital.

MGH CAPS

Madalene F. Calogiro
11 Vanness Road
No. Weymouth, Mass. 02191

3 CAPS FOR \$6.50

6 CAPS FOR \$11.00

Prices include postage for regular mail in the United States.

Please add \$1.00 for Air Mail.

With each order, send your maiden name and year of graduation.

Mrs. Florence Reed
88 Whitman, Ave., Melrose, Mass.

4 for \$12.00 postpaid
(Minimum of 4 Caps)

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Rumford, R.I. 02916

3 for \$6.50

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Please add \$1.00 for Air Mail.

Please send maiden name and year of graduation with order.

News . . . of the Classes

1905

After enjoying the celebration of her 100th birthday in January, MIRIAM BERTHA HOLDER FULLERTON died on February 25, 1977 in Concord, N.H. She had long been very proud to be the oldest living graduate of the MGH School of Nursing. Interment was at St. John, New Brunswick, Canada.

1907

IRENE MASON DEVONSHIRE, who graduated from Massachusetts General Hospital in 1907, is now living in Madrid, Spain with her son. Mrs. Devonshire was residing with her daughter, Jane, in Syracuse, New York. Jane and her husband lost their lives in a boating accident, however, in 1975.

Mrs. Devonshire has been through an uncomfortable siege of sickness lately, with walking pneumonia and then shingles and is now striving hard to regain her strength.

Mrs. Devonshire's son, Robert, is the Director of U.S. Steel in Spain and, among other activities, is a member of the Board of Directors of Madrid's British-American Hospital. His wife, Emmy, is Chairman of this year's British-American Hospital Ball.

Mrs. Devonshire maintains an active correspondence and would enjoy hearing from members of the Association at her new address:

Nunez de Balboa 57-7

Madrid, 1, Spain

(Air Mail, Please!)

If any of you should happen to visit Madrid, please feel free to drop in.

(The above unsigned item was received at the Alumnae Office in March.)

1918

An anonymous friend has submitted a heartfelt testimonial to BERNADETTE BEAUDREAULT who died on February 21, 1976. A resume of the honoring report follows:

Born March 1, 1892 in Fitchburg, the fourth in a family of eight, Bernadette was educated at St. Joseph's School and then at the Preservation of Mary High School, St. Hyacinthe, Canada, from which she graduated with honors in 1911. In 1913, she was graduated, with high scholastic attainment, from Fitchburg Normal School and, for the next year, she taught in the public school system in Fitchburg.

With an urge to attain more skills in the Humanities, she entered the MGH Training School. Her scholastic aptitude as well as her clinical skills gave her a 99% average when she graduated in 1918. She received the Gold Medal Award for General Proficiency and a Bronze Plaque from His Excellency, the Governor, upon her graduation.

She then elected to remain at the patient's bedside and became a private duty nurse. During the flu epidemic, she served at the Navy sick bay on Gallops Island, Charlestown. After six months she contracted the flu and hovered near death for a period of weeks, while her sister, a Peter Bent Brigham School alumnus, cared for her. Due to the severity of her illness, she never regained her former state of health.

She resumed her goal of private duty nurse and then assumed the care of her ill mother. At the same time, she managed a guest house, demonstrating her culinary and managerial skills. Her final interests and support were in the Bicentennial activities.

Bernadette's MGH Nursing Pin has been given to the MGH School of Nursing to be given to an alumnus

who has lost her pin and seeks a replacement.

1919

A brief reply to an inquiry from Evie Lawlor states that ALBERTINE SINCLAIR died December 30, 1974. The Director of Nursing Service at the Mississippi State Hospital in Whitfield, Mississippi, sent the information.

1920

From the *Mount Holyoke Alumnae Quarterly*, we learn of the death of LEILA CHILDS EDLING on October 9, 1976 at McKendree Manor, Hermitage, Tennessee. A graduate of Holyoke College in 1917, she then came to MGH School of Nursing. She and her husband, Ed,

In Memoriam

- 1905 Miriam Bertha Holder Fullerton on February 25, 1977 in Concord, New Hampshire
 - 1918 Katherine M. MacDonald on November 30, 1976, in California
 - 1918 Bernadette Beaudreault on February 21, 1976, in Fitchburg, Massachusetts
 - 1919 Albertine Sinclair on December 30, 1974, in Whitfield, Mississippi
 - 1920 Leila Childs Edling on October 9, 1976, in Hermitage, Tennessee
 - 1921 Pauline Revere Auerhamer on March 20, 1977, in Dorchester, Massachusetts
 - 1935 Maryalice Maroney on January 24, 1977, in Brighton, Massachusetts
 - 1936 Rita Percy Walton on February 2, 1977, in San Jose, California
 - 1937 Ina Gerrish Bean on May 12, 1977 at Portland, Maine
 - 1941 Gretchen Miller Stokes on February 23, 1977, in Boston
 - 1946 Helen Fitzgerald Hawe on March 23, 1977 in Hyannis, Massachusetts
-

studied at Kennedy School of Missions and also in Lisbon, Portugal; then went to Angola. There, for more than 20 years, she taught nursing and family care, while raising a family of three boys and a girl, two of whom are missionaries.

Notes of sympathy may be sent to her son, Dr. Ellsworth Edling, 2910 N.E. 11th Terrace, Pompano Beach, Florida 33064.

LOUISE McMANUS' two-week family reunion last summer (1976) was a very festive and unusual occasion. It was instigated by two of her granddaughters, one a graduate of the University of Delaware, and the second a graduate of the School of Nursing at the University of Indiana. The Seattle family were present for the opening event — a cook-out in Natick. Later there was a buffet at Louise's home in Falmouth on the Cape, and there were parties for the many young cousins and parties for the adults.

The grande finale (recorded by the press photographers) was a dinner at the Coonamessett Inn in Falmouth, when thirty-nine family members celebrated the reunion together. These included all six children, sons-in-law and daughters-in-law, sixteen of Louise's twenty-three grandchildren, and six of her twelve great grandchildren. Congratulations to Louise on this close family event. Through the years Louise has had visits from many of the young people, but this event was "something to remember" by old and young.

1921

A newsnote brings word of the death of PAULINE REVERE AUERHAMER, 80, of Dorchester on March 20, 1977. A great-great granddaughter of Paul Revere, she was educated at Dana Hall before entering the MGH School. The mother of two children, she was long active in historical and social circles in the Boston area.

1927

Ethel Clow Black
Sewall Road
Wolfeboro, N.H. 03894

Plans for our 50th Reunion are well underway. As of May first seventeen members plan to be at Homecoming and attend other reunion festivities.

MARGUERITE THOMAS KENDALL is spending one year working with Vista. She is doing Public Health Nursing in Lockhart, Texas, working with low income Mexican-Americans.

1934

At the April Town Meeting in East Bridgewater, L. GLADYS FARREN was cited by the chairman of the Board of Health for her more than 30 years of dedicated and faithful service to the town of East Bridgewater. Dr. Donald Bannerman also asked the Board of Selectman to name the nurse's cottage, located on the Town Hall grounds, "The L. Gladys Farren Cottage." Following a lengthy standing ovation by the townspeople, it was announced that

the Board of Selectman had also named the nurses' association headquarters building after Gladys.

1936

The death of RITA PERCY WALTHON on February 2, 1977, in San Jose, California, was reported by EVE BORRNER HARDY of 314 Bacon St., Waltham, MA 02154. She notes that Rita, the mother of two married twin daughters and a son, suffered a long bout of operations and cobalt treatment.

1937

Susan Robins Groff
14 Lucian Street
Manchester, CT 06040

I received a nice letter from CATHERINE LEONARD CROTTY, and like all the rest of us, she has been battling this terribly cold winter. By the time this is printed in the *Quarterly*, we will all be experiencing warmer weather, hopefully.

Well, at last we have reached our 40th year since that graduation day in February, 1937. Kate suggested in her letter that I put a note in the *Quarterly* suggesting that anyone from our class interested in a little reunion, attend "Homecoming" in September and all sit together at the luncheon. This, to us, seems a better way than having one or two people take the responsibility of planning a separate dinner at a motel or restaurant. Now there are a lot of members of our class who do not belong to the Alumnae Association, and therefore don't get the *Quarterly*, so pass the word around. Kate is going to under-

take the task of writing to all, suggesting they come to the reunion, if possible. Let's have a big turnout! Hopefully this will be printed in the *Quarterly* before "Homecoming."

Due to the terrible weather, I have not ventured out too often. I do manage to keep busy, however, and am still involved in my volunteer work with "Breakthrough to the Aging." Besides doing the usual household chores, I do a lot of reading, sewing and knitting. Bill retires from Emhart Corp. in August. Life certainly has a way of scurrying along. Keep well!

INA GERRISH BEAN, wife of Carrol Bean of 180 Longfellow Street, Portland, died on May 12, 1977 at a Portland Hospital.

Born in Winter Harbor, Me., she followed up her MGH School of Nursing education by earning her degree in nursing from Boston College. Mrs. Bean was a nurse educator in Maine for 35 years at the Mercy Hospital School of Nursing and at the Maine Medical Center. She was president and treasurer of the Maine State Nurses Association and a president and member of the State Board of Nursing. She is survived by her husband and brothers and sisters.

Contributions in her name may be made to the Memorial Scholarship Fund of the Maine Nurses Association, Augusta, or to the Maine Heart Association.

ELIZABETH SMITH HOLLIDGE writes this memorial to ANN M. FULTON BICKUM:

ANN M. FULTON BICKUM, my close friend since Simmons College days, died on September 4, 1976, at the age of sixty-one. She was born in Stoneham and her life had been closely associated with that town, her grandparents having lived there many years.

Ann had been a visiting nurse in Canton, MA, when first out of college. She loved the people there, as they did her, but when her parents' health began to fail, she returned to her home in Stoneham to help care for them. It was then that she joined the staff of the Woburn VNA. She was a staff nurse until her retirement in 1975.

Always a most devoted daughter, Ann cared for her parents, her friends and neighbors as well. She was able to do all these kind acts, as well as carry on as a conscientious bedside nurse in the Woburn-Stoneham area for many years.

Ann and Henry Bickum married in December of 1964 and she was a devoted mother to his adopted daughter Kathleen. She enjoyed her beautiful home and entertained many friends, especially enjoying the preparation of food. Collecting Hummel figurines was one of her hobbies, and the variety throughout her home was unusual.

She was also a member of the Winchester Simmons Club and a past vice-president. She attended St. Patrick's Church in Stoneham and served with years of faithfulness. She was also active in the Mother Cabrini Guild, a branch of the Catholic Nurses' Council.

Through her last five years of failing health, Ann was remarkably

brave and cheerful, an inspiration to all of her friends. Her passing leaves us richer for having known her, for she gave of her love, time and energy to everyone who needed her.

1938

LUCY D. BYGRAVE of 84 Robin Hill Road, Chelmsford, MA 01824, writes: Our grandchildren are our best and happiest news. We had three of them together this summer past. In November our fourth arrived and a fifth is expected in July. Three live in Bronxville, N.Y. and the other(s) in Bath, Maine, where Bob and I will retire in late '78. A dear little house close by our daughter Lucy.

Would love to see news of other '38ers.

1940

September Section

Madalene Brown Calogiro
11 Vanness Road
N. Weymouth 02191

Really haven't any news to share with you so thought maybe just a bit about myself. I went back to nursing in December 1974 and worked as supervisor at the Hellenic Nursing Home in Canton until October 1975. It was my first nursing home experience and also my first nursing position since leaving MGH School of Nursing in 1967. In April 1975 I returned to the Hellenic as director of nursing. The Hellenic Nursing Home, as the name implies, is a Greek nursing home and is the first and only Greek home in the United

States. It was built and opened in May 1973, and is a very good but very busy facility of 120 beds.

Last October I left the Hellenic and am now director of nursing at the Presidential Convalescent Home in Quincy (Wollaston). This facility is nearer to my home, 15 minutes away, and I avoid all the traffic of Routes 128 and 95.

Our social worker at Presidential is Janet Atwood Wiederhold, daughter of BEATRICE BENNETT ATWOD, Class 1942. I see Beatrice occasionally and except for a few grey hairs has changed very little since MGH days.

It would be nice to hear from some of the group — no news, nothing for the next *Quarterly*.

1941

After a long illness, GRETCHEN MILLER (CASE) STOKES of 240 Mill Road, Falmouth, MA 02543, died on February 23, 1977, at University Hospital (formerly Mass. Memorial), Boston.

Born in Springfield, Mass., she formerly lived in Longmeadow and Greenwich, Conn., before moving to Falmouth permanently four years ago.

She was active in both the Springfield and Falmouth Nurses' Auxiliary, particularly in fund raising for charitable purposes. In addition to her husband, she is survived by a son, Phillips Case of Falmouth, and a daughter, Mrs. Susan Case Wilson of Greenwich, Conn., a brother and a sister.

band John P. Stokes of Falmouth. The Alumnae Association has made a contribution to the Sally Johnson Fund in her memory.

1943

NETTIE GARRISON RADFORD thoughtfully sent her change of address. She now lives at 620 South Ave. E., Apt. 3, Portales, N.M. 88130. She is now working for National Health as a Nurse Practitioner for the past two years. Notes that it was a wonderful winter to be away from Boston. (Right!) Her work is exciting and New Mexico is beautiful with good opportunities for travel, she notes.

1946

July Section

Virginia Raymond Schwartz
Stow Rd.
Harvard, Ma. 01451

Guess it's high time we share news of our classmates. Homecoming and our 30th anniversary was attended by five—Kathleen O'Laughlin Delaney, Shirley Armstrong Beal, Carolyn (Turk) Furness, Edie Celley Rogers, Phyllis Emery Dickson and myself. It was fun being together, even tho' it was too brief.

KAY O'LAUGHLIN DELANEY lives in Marlboro and works at Newton-Wellesley Hospital in admissions. As friendly and charming as ever.

SHIRLEY ARMSTRONG BEAL still resides in Lexington and is working full time in Utilization Review. She really likes her new career.

CAROLYN "TURK" FURNESS lives in Manchester, Conn. and is Director at the E. Hartford VNA. She is a frequent visitor at our house and we always enjoy her so. She stayed with us for Homecoming weekend and we drove out to see MARION (DAVY) DAVIS SOULE in Gilbertville and PHYLLIS WARD ROBINSON in Barre the next day. She also spent the past Easter weekend with us; still wears a lot of red.

EDIE CELLEY ROGERS is enjoying life in their Maryland home. Children are all grown and gone but visit often and she volunteers at a local hospital.

PHYLLIS EMERY DICKSON resides in Cranston, R.I. and works in the clinics at her local hospital plus fulfilling the many demands on the wife of a clergyman. Still as slim and cute as ever.

ANN PENDLETON DENTON, her son Gary writes, is living in Manila, the Philippines.

BETTY JANE CASSIDY EVANS wrote from Londonderry, N.H. that she hoped to attend Homecoming but she didn't make it. Six of their children are just about all grown up but they still have an eleven-year-old at home. She sees GRACE KOND-RUP ARCHINSKI when visiting her daughter in California and occasionally hears from MARY ROSE LINEHAN GORDY in Brockton.

BETSEY KELLER TINSMAN couldn't attend Homecoming as she was off on a trip to England, Scotland and Wales. She is working four days a week in charge of Nursery at their Community Hospital. She occasionally hears from BETTY JONES CONGDON.

CLAIRE GODIN GROSS is now living in Maitland, Florida.

JANET FRENCH GILSON wrote a nice long letter from Long Beach, Calif. As many of you may know, Arnold passed away three years ago and Janet has developed a new career—she is presently Clinical R.N. on the Alcoholism and Rehab Unit. She hopes to return East before too long.

I attended May meeting of Worcester County MGH Club in Sterling. No classmates present but fun to be with such nice MGH graduates.

1946

HELEN J. FITZGERALD HAWE of East Harwich, formerly of Wal-tham, Massachusetts, died on March 23, 1977, at the Cape Cod Hospital, after a short illness. After graduating from MGH School of Nursing, Helen served with the Army Nurse Corps during the Korean War. The widow of Donald Hawe, she leaves five sons, William, Robert, John, Patrick and Michael, and a daughter, Patricia, all of Harwich, Massachusetts.

1952

After noting that no one from the class seems to write, DOROTHY LUCIUS KOZLOSKI of 2934 E. Bloomfield Rd., Phoenix, Ariz. 85028, makes a start. "Last summer, Bill and the boys and I moved here. We had lived in Weymouth for 16 years and sorely missed the people we had to leave. The trip across country in a VW and a Pinto wagon took seven days, was interesting and repairwise relatively uneventful. I say

"relatively" because my car, the '72 Pinto stationwagon, blew the exhaust pipe in Virginia on a Sunday morn on our second day out. Til we got to the next station, the car sounded like a plane just before take off. Bill's '69 VW did beautifully.

"We took only linens, kitchenware and clothing in the cars. We brought no furnishings but a card table and two folding chairs. We have bought new furniture for the whole house and I know what fun it is to shop and buy. Bill says he hopes it's not habit-forming.

"The boys are Philip, who will be 15 in June and is just finishing his freshman year in High School and Stephen who will be 20 in July. Steve joined the Navy in September; started Boot Camp in San Diego Feb. 1st and was home for two weeks at Easter. His Navy field is electrician-electronics and he'll be in Great Lakes through the summer months.

"The only ones in the class that I hear from are MARION O'BRIEN HOGAN who lives in Weymouth and NANCY TAYLOR MORTENSEN of Woodland Hills, Calif., whom I talked to by phone at Easter. Nancy mentioned seeing CONNIE DELOREY who is busy in school and nursing. Nancy works in a blood bank and I am job hunting here. Right now and thru summer I'm working under Red Cross safety services, teaching swimming; it's fun. I'm going to Boston in May '77 for a two-week vacation trip. That's all for now."

1955

From MARTHA CODI RAAK of
554 N. Main St., Greensburg, PA

15601, we learn that she received her B.S. in the social sciences in 1974. Besides rearing four teenagers and an 11-year old, she works full time in the social service department of a 500-bed geriatric facility in western Pa. "It is fascinating work. I am also active in the community—makes for a busy life. Fortunately my husband, Ramen, is supportive, albeit very involved in his own work."

1959

March Section

Mary Flannery Caira
19 Fuller Terrace
W. Newton, MA 02165

Because this energetic class secretary mails out a newsletter to all of her classmates annually, it will not be repeated here. However, portions will be of interest to members of other classes.

ALICE WRIGHT BURD of Maryland continues as Bible Curriculum Coordinator at Riverdale Baptist School. Her parents moved to N. Carolina, near Charlotte, in July and they are enjoying Southern climate and life style.

GAIL KENT CLEMMER of 920 Boot Rd., W. Chester, PA 19380, is continuing her studies part-time, toward a Ph.D. in psychology, to work with burn patients and families. She has visited or talked with many of us during the past year.

GENE SHAFFER CORCORAN of 6900 Fitzpatrick Dr., Laurel, MD 20810, has been working temporarily as the nurse at the Laurel Race Track!

ROSLYN RUGGIERO ELMS of

1212 Fordham Dr., Davis, Calif. 95616, sends Christmas greetings with candid family pictures. The girls are busy with piano, potting, school, etc. Alan is writing books, papers and articles and has been invited to act as Moderator at the American Psychological Convention in 1977. Roz is planning an unemployed Spring to finish her Ph.D. She was distracted from completing her dissertation because she enjoyed working as Acting Dean at CSUS for a while.

MAXINE CLARK HYBARGER of 335 Henderson Dr., San Jose, Calif. 95123, reports that after husband received a call from a former boss who had a company in Santa Clara, Calif., offering him a position as production manager, Ray flew out, liked what he saw, resigned from Baxter and accepted the new position. They sold their home in the Spring, traveled across part of the country and settled in their new residence, a lovely home in the Blossom Valley area of San Jose. They have a fine view, a great home and good school system. Needless to say, they are all happy to be back in California. Max is working part-time with the Medical Pool and hopes to return to school. Gerry shed his back brace last Spring and is active with Junior Theatre and youth group. Gail is in the School Board, youth group and Junior Theatre. She has no further eye problem. Max flew to Maine in October to be with her family as her parents celebrated their 50th Wedding Anniversary.

ELEANOR DYER HAMILTON of Queensland Rd., N. Billerica, MA 01862, started as a head nurse of an orthopedic unit and is taking courses

at Lowell University.

MARY DUGGAN ROY of 4 Ingalls Ter., Lynnfield, MA 01942, is back in school at Emmanuel.

ROBERTA FITZGERALD SNYDER of 20 Sutton Place S, N.Y., N.Y. 10022, had an interesting camping trip last summer with Dick in a VW camper from Luxembourg thru Switzerland, with a few days in Ireland. Her mother visited them in June and for Thanksgiving; she is doing well at 76.

Mary noted that "Believe it or not — 1978 will bring about our 20th Anniversary!!"

1959

September Section

Patricia Friss Newnham
2107 N. Oak Lane
State College, PA

Hope the Gas Co. hasn't shut off your heat supply in this long spell of cold weather! I'm enjoying re-reading Christmas cards and letters, so will send along what news I have.

KATHY GLENDENNING JONES has moved to Conn. Her new address is: 1129 Sasco Hill Rd., Southport Conn. Kathy went to Calif., Mexico and Oregon with Warren in the Spring of 1976. Her two boys are busy with school, social events and newspaper carrying. Got cards, but no news from JANE HARTWELL and CAROL FRENCH PUBLICOVER. Did you move in Florida, Carol? Our Christmas letter to you was returned saying the address was wrong.

MARY FURBER RAYMOND enjoyed M.G.H. Homecoming. She,

1968

Judith Fong Glendening
17E University Village West
Fort Collins, CO 80521

Lots has happened since graduation from MGH. Have had a variety of positions in different hospital areas, including head nurse (med-surg). At present, am head of a short-term psychiatric unit in a general hospital. Received my B.A. in psychology from Boston College. Hope to return to college soon for a graduate degree.

Came to Colorado two years ago along with husband John who's here working on a graduate degree in atmospheric science. Hope to be able to settle permanently in Colorado or another western state.

Keeping busy with many hobbies: cross-country skiing, crafts, tropical fish and travelling (all over the USA, Europe and the Far East).

Would enjoy hearing from any classmates at the above address!

1969

MARY McMULLEN GLIDDEN,
President of Class of 1969, and husband George announce the birth of a daughter, Wanda Jean, on October 2, 1976. Mary's address is 672 Page St., Stoughton, MA 02072.

1971

JAN GARRITY writes: I have been in the Twin Cities for over a year, after my discharge from the Navy Nurse Corps. I am at present working as a charge nurse on a 20-bed adolescent mental health unit in a private hospital. The work is challenging and innovative. I am keeping current in the Naval Reserves and, in March, my Squadron will deploy to California for two weeks active duty, which will be a nice respite from the Minnesota wintry gales.

I saw CINDY HARTIG on a trip to San Diego this past summer. She enjoys Southern California, is working as head nurse on a medical unit in a San Diego area hospital.

My best wishes to my classmates and I hope to see many people at our tenth reunion. (Jan's address is 4717 Lownes Rd., Edina, Minnesota 55424.)

1975

LYNN HAERTEL POLING of 143 Winchester St., Brookline, MA 02146 writes: My husband, Rod, and I are very happy to announce the birth of our first child, Lucas Charles, on October 3, 1976. Although being parents is certainly an awesome responsibility, we're really enjoying this new little person in our lives!

Homecoming 1977
Saturday, September 24th



THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.

Bartlett Hall

34 Blossom Street

Boston, Massachusetts 02114

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OF THE

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NURSES ALUMNAE ASSOCIATION, INC.

Massachusetts General Hospital
School of Nursing
Palmer-Davis Library



Summer, 1977

THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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ALUMNAE ASSOCIATION
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(1952)

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RITA DOUGHERTY SIDMAN (1946)

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Service

PEGGY COPE MASCHER (1966)

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Salley Johnson Scholarship Fund
MARLENE NORTON (1961)

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ELIZABETH DOYLE SHEEHY (1953)

HELENA T. MCDONOUGH (1966)

**ALUMNAE REPRESENTATIVES TO THE
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BEVERLY THOREN (1952)

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THE QUARTERLY RECORD

OF THE
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ALUMNAE ASSOCIATION, INC.

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QUARTERLY COMMITTEE

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Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

FINAL CALL
HOMEcoming 1977

Saturday, September 24, 1977
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Association.

HOMEcoming 1977

JUBILEE FOR SYLVIA

*Ingeborg G. Mauksch, Ph.D., F.A.A.N.
Professor and Family Nurse Clinician
Vanderbilt School of Nursing
Nashville, Tennessee*

I met Sylvia Perkins in the summer of 1940, just after I had been "capped." She had returned to the Massachusetts General Hospital after an absence of eight years; there was an aura of awe as she appeared on "our scene."

As a young nursing student at the MGH, I was certainly not privy to the information surrounding the personal and professional lives of the faculty, but word had gotten around very quickly that after Ms. McCrea's retirement in 1939, the search for a successor was intense. To allow enough time for it, Louise Evers Allison had been invited to teach nursing arts in the interim. Finally, the choice was made: Sylvia Perkins; an important decision for the MGH and a great honor for Sylvia.

My first memory of her is very clear in my mind. It initially focused on her beautiful, almost brilliant blue eyes; and then her smile somewhat leaning to one side because of the arrangement of her teeth; and then the pleasant personal way in which she acknowledged an introduction. I cannot remember why I met her so soon after her arrival or under what

circumstances, but I do know that she impressed me deeply. I sensed that she was going to be a significant person at the MGH. Little did I know then that she also would become a most significant person in my life.

Word got around quickly that Sylvia Perkins' arrival would mean change; it was said that she would reorganize the nursing arts program, that she was a demanding, excellence-oriented and achievement-expecting person. Those of us who had enjoyed and adored Mrs. Allison were somewhat bewildered by the different image Sylvia projected. Certainly we could not anticipate how her level of scholarship and her excellence of teaching would reshape the School. What we did sense immediately, however, was that Sylvia would be a significant force in the School, and that her arrival signified a new era and a different power balance.

There are many things I have learned about Sylvia Perkins since that first time I met her. For instance, I did not know then that she had been born and raised in Saugus, Massachusetts, as the daughter of a

Family Physician. It became evident to me in my later encounters with her that she had a strong pride in her ancestry which dated back to the 1600's when they arrived in Massachusetts from England. Furthermore, I did not know that Sylvia had entered nursing against her parent's wishes. Her father had died when she was only 11 but her mother continued the parental objection to the choice of her career; thus, Sylvia did not start nursing right after high school as most of her classmates did. Rather, she attended and graduated from the Posse-Nissen School of Physical Education. After completing that program and having gained a good deal of insight into the practice of physical therapy, more than ever she was convinced that nursing was her true goal. She had been fortunate to have gained a sound knowledge in anatomy, physiology and kinesiology. It enabled her to have more insight into nursing and certainly applied for her added arguments to persuade her mother that nursing was indeed what she wanted to do. In the spring of 1925 she won her case, and had her first appointment with Ms. Johnson to make the necessary arrangements for entrance into the School of Nursing. By then her mother recognized Sylvia's genuine desire and commitment to this profession and relinquished her opposition.

Sylvia graduated from the MGH School of Nursing in 1928 and joined the faculty of the science department immediately after graduation. This opportunity was offered her because she had been a student assistant in the science department during her

senior year. This was an educational opportunity which greatly impressed her and which assisted her in formulating some of the goals for her nursing career. While a young faculty member in the School of Nursing it was possible for her to attend Simmons College during the summer of 1928 and take a course in microbiology and one in the principles of teaching; however, her real ambition was to go to Columbia University's Teachers College in New York and to attain a baccalaureate degree. This became a reality when she was able to attend a full year at that institution; a B.S. degree and a certificate in teaching were awarded her in 1932. At the same time she had moved from the science department to become a head nurse on Bullfinch 6. This position offered a great challenge, since she directed a ward, and developed a program of ward teaching. She did this with a great deal of expertise which was particularly commendable as it must be kept in mind that ward teaching at that time was still in its infancy.

More Education/Practice

This experience helped Sylvia to become interested in earning a masters of arts degree. Between 1932 and 1938, she did part-time work on this degree and at the same time held three positions away from the Massachusetts General Hospital. First, she was educational director and instructor of sciences at the Flushing, N.Y. Hospital School of Nursing. Then she became a head nurse at the Morristown, N.J. Memorial Hospital in an experimental program associated informally with Teachers

College. This program was designed to provide academic instruction and practice for graduate nurses in ward management and ward teaching. Undoubtedly, Sylvia was particularly suited for this position because of her previous experiences at the MGH but also because she had by then acquired a very definitive commitment to the idea of clinical teaching by hospital nursing personnel. The third position away from the MGH was that of Assistant Professor of Nursing at the Russell Sage College in Troy, N.Y. This academic opportunity undoubtedly impressed Sylvia greatly. I imagine that it assisted her in setting her academic sights even higher and that it enabled her to conceptualize many of her previously experientially gained ideas on a much more abstract level. Because Sylvia already then was a scholar of substance, the experience at Russell Sage was of great import to her. Unfortunately, I never had a chance to ask her just how much significance she attributed to it, so this is only a conjecture on my part.

When Sylvia returned to the Massachusetts General Hospital in 1940 she introduced a new spirit and a completely new direction to the instruction of nursing. This in turn had a major impact on the way in which the sciences were taught; I venture the guess that within the next five years a major change in the entire curriculum of the nursing program took place. Sylvia's scholarship, her quest for excellence, her ability to ask questions rather than to be satisfied with standard answers all enabled her, indeed propelled her to shape a curriculum that had many

more academic characteristics than was the case of the then-traditional diploma program. It became a curriculum of inquiry. It became a curriculum which was directly based on biological and behavioral science knowledge and one that met the needs of the prevailing health and illness care system.

E.W. Introduction

My next memory of Sylvia relates to an event which took place in the fall of 1940. Sylvia had contracted a rather severe cellulitis of her upper lip and was admitted to the emergency ward where she was hospitalized for the permitted 38 hours. I was on my first night duty assignment; it was my task to prepare a flaxseed poultice for the offended area on Sylvia's face. I am sure there is no MGH graduate alive who cannot share with me the trepidation I experienced when I entered Sylvia's room for the first time, introduced myself, and proceeded to apply the poultice. I am told that she praised my nursing interventions and spoke of me with respect. However, I did not know this, and since she was somewhat sleepy as I ministered to her there was little conversation between us. I had no feedback and was concerned all through that night and the next one as to whether or not I had indeed passed muster. This was a challenge and at the same time also an opportunity to put myself at risk. We never discussed risk taking at that time but I was keenly aware of it. Since I was not reprimanded for my performance, I assumed that it must have been alright. This gave me an added feeling of accomplishment,

but more importantly brought me somewhat closer to Sylvia. Thereafter, when I would meet her in the hall, we would greet each other warmly and there was a personal element there which meant a great deal to me. I doubt that she appreciated how important a person she had become in my life.

Sylvia's initial appointment at the MGH was that of supervisor of instruction of nursing practice and instructor of nursing. After Ms. Johnson's retirement in 1946, Sylvia became the individual responsible for the teaching and planning of the Radcliffe program which was a coordinated program with Radcliffe College that started in the fall. Subsequently she was able to divest herself of most of the responsibilities of the diploma teaching program and by 1951 she was appointed Chairman of the Coordinated Program with Radcliffe. She then spent most of her time concentrating on this program, and continued in this role until 1966 when she formally retired; however, she remained at the MGH for another year, mainly for the purpose of commencing the research for writing, A CENTENNIAL REVIEW. The job was not, of course, completed by 1967 but Sylvia had enough material assembled to leave the MGH and to move to Hanover, New Hampshire, where she started to share a home with Tirzah Sweet, a friend and long-time associate on the faculty of the Coordinated Program. Sylvia still resides there, conducts her activities regarding the MGH from there, and participates in many community activities. She is mainly absent when on one of her many international trips.

A Student's Perspective

Back to my student impressions of Sylvia; her presence at the MGH affected me deeply. Already during my first year at the School I had arrived at the decision that I wanted to become a student assistant in the Nursing Arts Department, and later a teacher of nursing. It soon became a well-known fact that working with Sylvia was difficult because she was demanding and because she accepted only the best. Her expectations were on a variety of fronts. She expected student assistants to learn to teach well in the classroom, to function expertly in the clinical situation both in the laboratory and on the ward, and to be knowledgeable in the content area of their first lesson. I had to decide if I was willing to expand the effort and the commitment this assignment would demand. I chose to do it, and thus unknowingly chartered the course for the rest of my nursing career.

I had barely started my senior year when I was called to Ms. Johnson's office one morning. I was informed that one of the student assistants in the Nursing Arts Department had become ill and that Ms. Perkins needed someone to take her place. Even though the assistants for that semester were picked from the class ahead of mine, I was told that I was the next candidate in line. This was an earth-shaking event. I felt incompetent, clinically and otherwise. I went to see Ms. Perkins. She was gracious and rather kind. She assured me of everyone's help and support; somehow during this conversation I became aware of the

respect she had for me. A new period of my life had started. I remember walking back to my dormitory on North Grove Street feeling that the world was definitely at my feet and that I was succeeding beyond my expectations. Yet even then I could not know what impact my association with Sylvia Perkins would have on my own professional development, my career choice, and my subsequent characteristics as a teacher.

As a student assistant I got to know Sylvia Perkins well. I saw her everyday. I had an extensive opportunity to watch her teach. Watching her I learned continuously. There was no letting up. Whatever she did, she did with deliberate circumspect potential. She was an excellent teacher. Her materials were beautifully organized, her goals well defined and always achieved. She had a sense of timing about her demonstrations and a sense of perfection about her explanations which made me stand in total awe of her. She understood what was going on on the ward. As one of her many special skills, I observed the fact that she would bring into the classroom events which took place in the hospital so that her students never encountered the ideal without some reality contact. At times she was somewhat sharp with students. One could also call it impatient; but there was never any question in my mind that Sylvia was totally fair. When she reprimanded a student, this was well deserved. It was equally true when she praised one. Her interest in students as people was paramount. Her ability to assist them in coming through and

working to capacity was uncanny. She applied the same techniques to her staff; we worked extremely hard, but we knew that we were most fortunate to work with Sylvia and to experience this exciting growth-producing climate which she created.

Creativity

I remember the first time I taught a formal class. My unit of instruction was the vaginal irrigation and the hygiene of the female reproductive tract. I read extensively. I prepared background papers and spent hours discussing them with Sylvia. She was always creative and constructive in her criticism but at no time did she let me feel that I had done enough. There always were questions that I could not answer and areas of concern that I had not tapped. She was imaginative, resourceful, and very demanding of excellence in her interaction with me. I learned what it was like to be a teacher. Because her emphasis was equally distributed between process and content (concepts I did not have at that time), I learned how to be a teacher as well as how to acquire content appropriate to the subject. Sylvia taught me how to develop objectives, how to write a lesson plan. We had many hours of discussion about the art of questioning, and how to cope with answering. She helped me understand the use of the blackboard and other audio-visual aids. Here was a never-ending series of ideas about how to develop one's strategy. Sylvia taught me the rudiments of test construction. She assisted me in learning how to develop a study guide and how to set up a bibliography. By the time I

was ready to present my unit, I had probably achieved the learnings which ordinarily take three or four courses at Teachers College. Sylvia critiqued my lesson with me afterwards. She was complimentary and very positive but at the same time made many suggestions in a constructive, helpful way. This experience confirmed my desire to become a teacher of nursing. It gave me assurance that I had the ability to do it and Sylvia's encouragement and her high expectations of my performance only enhanced and enriched this desire on my part. After my first teaching experience, the discussion of my future became a fairly common topic in our conversation and by the time I had completed the student assistantship in the middle of the summer 1942 Sylvia had asked me to join her department upon graduation. I proudly accepted. This was an experience of unmeasurable value to me. I was in my very formative years as a young professional and I believe that Sylvia Perkins' impact, the impression which she made upon me and my self concept as a nurse were not only significant, but profound and assumed an impact unequaled by that of any of my other teachers. I taught in Sylvia's department for the following three years interrupting my teaching each summer with Sylvia's encouragement to attend summer school at Teachers College. After the war, I decided to leave the MGH to complete the requirements for my baccalaureate degree and then sought employment elsewhere.

I have only been back to the Massachusetts General Hospital dur-

ing the summer of 1949 when Sylvia asked me to assist with the teaching of the Radcliffe students, an experience which I greatly enjoyed and which contributed considerably to my understanding of the competence of collegiate nursing students. Since then I have seen Sylvia only infrequently. The last time was in 1974 when I addressed the Alumni at Homecoming and Sylvia, Ruth Sleeper, and Edna Lepper were in the audience. It was a great privilege for me to have them there and to acknowledge their, and particularly Sylvia's, contribution to my professional existence.

And More Creativity

And now Sylvia has made another mammoth contribution in the form of, *A CENTENNIAL REVIEW*. This is a superb history of the Massachusetts General Hospital, carefully documented and based on meticulous research. This passage from a book review by Constance W. Milner¹ gives the view of a nurse who is not an MGH graduate:

"The scope of this book is even broader than its title suggests. It covers the period from nursing in earlier days of America to nursing education in the early 1970's, providing the scenes and climates in which the school was founded and developed. Some history of the Massachusetts General Hospital is reviewed as a background to the establishment and growth of the School of Nursing.

"The author has a warm, personal style of writing that keeps the reader stimulated to read on. Although the book was written primarily for those closely associated with the Massachu-

setts General Hospital School of Nursing, I believe it would be of interest to most nurses, because this hospital school is so well known and because of its association with other Boston nursing schools. Furthermore, the book is written so that it is not necessary to have a nursing background to derive pleasure from reading it."

Sylvia Perkins has done much for her school, for her profession, and now for the society as a whole. She has been a participating meaningful member of her alumni association, has assumed leadership roles throughout many years in her efforts to promote the cause of nursing education and nursing practice.

Through her students, she has extended her commitment to excellence in teaching and in nursing practice all over this country and overseas. By writing, *A CENTENNIAL REVIEW*, she has given America an image of nursing at its best and, thus, she has contributed to a nation's understanding of the meaning of nursing care and of the growth of a profession in a rapidly changing society.

It is a happy thought for me that I could publicly say these words about Sylvia while she is still among us, so that she can weigh them and then tell me what she thinks of them, as I hope she will. But best of all, I appreciate the privilege of putting

DO YOU OWN A COPY?

If not, you are really missing a fascinating experience.

A CENTENNIAL REVIEW

1873-1973

The Massachusetts General Hospital School of Nursing

by

Sylvia Perkins

Send check for \$11.95 PPD, made out to H.G. Lee, Treasurer, to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

(Second printing will increase cost to \$13.50 PPD)

into words what many others undoubtedly would have me say about Sylvia Perkins; she embodies the best of the Massachusetts General Hospital and the best of nursing! How fortunate we are to have had our

lives touched by her, and how important to our task to pass on the heritage she left to us.

¹Milner, Constance W., NEW ENGLAND JOURNAL OF MEDICINE, Vol. 295, No. 12, September 16, 1976.

BULFINCH WARDS CLOSED

The summer issue of *MGH News* features the history and the future of the Bulfinch Building. By this time, the last medical ward patients will have been transferred to the Bigelow Tower of the Gray Building.

Designed by Charles Bulfinch, the building in 1821 was an example of advanced hospital planning. However, today the building cannot be transformed into the modern hospital setting that would meet government standards.

To quote a part of an editorial in the *MGH News*: "The elimination of the medical wards will, however, mark the close of an era of American medicine. Between the admission of the first patient in 1821 and the transfer of the last patient in 1977, 156 years will have elapsed. Some of the most glorious moments in the annals of medicine have taken place in the Bulfinch Building. One section of the structure, the Ether Dome, became an official National Historic Landmark in 1965. In 1973 the entire building was dedicated by the Federal government as a National Historic Landmark. But the MGH is not about to allow this famous edi-

fice to become a museum. After the disappearance of patients, it will continue to serve the public. Research, teaching, and office work will go on within so that outside its sturdy gray walls its Ionic columns can remain a symbol of continuing medical progress."

Although the advantages of the large open wards are noted, where the centrally located nurse could see all the patients, the disadvantages of lack of privacy and possible cross infection will be alleviated by the private or semiprivate rooms in the Gray Building. In all, 72 medical beds will occupy floors 6 through 9 in that building, while another 15 beds will move to a renovated area on the eighth floor of the adjoining White Building.

Special bedside fixtures will provide the very best light for patient examinations. Beside each bed, outlets will allow hookup of the latest equipment to meet emergencies and for the most modern monitoring devices. All rooms will contain closed-circuit television facilities, making it possible to beam medical educational programs tailored to the

patients' needs. For persons requiring isolation, there are single-bed units with a nonrecirculated air system that exhausts to the outside. So the patient's bacteria will be kept from spreading into the corridors and, conversely, the patient will be protected from infections from people passing through the corridors.

Planned in 1960, the Gray Building was built at 1967-68 construction costs, although only the first four floors were to be occupied at that time. It is estimated that \$2 million in construction costs were thereby saved. Now the former high-rise shell is completely utilized as a modern replacement for the Bulfinch wards.

As Dr. Charles A. Sanders, General Director noted: "This will give us the opportunity to work in accom-

modations where for the first time we can provide one standard of care across the entire institution. Improved facilities through elimination of large wards will make possible the better integration of interns and residents with senior staff members for the care of all patients.

"Everyone should have the same chance to benefit from the team approach which has developed on the ward service, and which in general has been available only to ward patients. And everybody should have access to the individualized facilities once earmarked for those who could afford them."

But those of us who remember the great open wards of Bulfinch will cherish the memories.

News Notes

Alice Dempsey, Class of 1941, was pictured in the *NLN News* with other members of the Agency Administrators Group of the Council of Home Health Agencies & Community Health Services of the National League for Nursing. An accompanying item notes that the League was besieged with requests for information and help following an article in *The Wall Street Journal* on home health care as a partial solution to the cost problem. Pointing out that home care instead of hospitalization and/or nursing homes can result in cash savings (quoting the NLN), the article evoked innumerable calls from

various community organization, but mostly from senior citizens or their families.

* * * *

On June 7th, Mrs. Marie Janczunski, Recording Secretary of the MGH School of Nursing, was feted at a reception in the Walcott Lounge to mark her retirement. Mrs. "J", as she was known by virtually everyone at the School of Nursing, had been with MGH for 32 years. Since the early 1950's, she served as Recording Secretary, keeping the official records of all students' grades and hours which qualifies students to take the state licensing examination.

Director of the School of Nursing, Natalie Petzold reminisced about her many years of service to MGH and to the School and presented her with gifts from the faculty.

* * * *

The tribute to Edith Dwight Gibson, which appeared in the Summer-Fall, 1976 issue of the *Quarterly* was authored by Jack Hall, Librarian at Palmer Davis Library. We regret that credit for this fine tribute was omitted.

Worcester Country Club

The Worcester County MGH Club met at the Four Acres Restaurant, Route 12, Sterling, Ma. on May 4, 1977 at 7 P.M. There were ten members present: Virginia Raymond Schwartz (1946), Gula Boyce (1928), Alleyne Albrect Foley (1948), Catherine C. Philbin (1932), Louise Hollister Benton (1933), Helen Walsh Duquette (1941), Martha Davidson Peterson (1932), Barbara Williams (1920), Frances Tomasunas Kay (1941), Muriel Settle Pollock (1942). I feel I should mention that Barbara Williams who lives in Cambridge in the winter, drove up and stayed in a motel in Leominster overnight, just to be with us.

As reported in the last *Quarterly*, we are trying to build up our membership. This meant I had contact with many others and responses from: Janice Prouty Howland (1962), Janet Mortimer MacMillan (1962), Annette Heinze-Desmarais (1944), Phyllis Ward Robinson (1948), Sally Brown Rockwood (1936), Marguerite Burke (1921),

Alice Harkonen (1924), Doris Stone Bergeron (1951), Joan Brewer Held (1952), Debra Ann Varney (1975), Evelyn Remick Russell (1935), and a nice longer note from Mary Connors Bernier (1949).

We enjoyed having Virginia Schwartz and Gula Boyce joining us this time and do hope we shall have more new ones joining us in October. It is usually a social meeting with an occasional speaker to help us keep posted on what is going on in the nursing field. As we accumulate extra monies in our treasury, we voted to send \$25.00 to the Sally Johnson Scholarship Fund.

Remember Worcester County covers a large area, and we would like to have you join us. The next meeting will be October 5, 1977 at 7 P.M., at the Wm. Paul House Restaurant in Holden, Mass.

Let me hear from you — Muriel Settle Pollock, 1248 Ashby State Road, Fitchburg, Mass. 01420. Tel: 343-7507.

To Be Seen at The General

A painting by noted Boston artist, Lawrence Kupferman, has been given to MGH in honor of Leonard Lakin, a Cox Center patient who died at his home in February of this year. Given by his family and friends, the painting, entitled Celebration, serves as a symbol of the human spirit's perseverance and bravery in the face of sickness. Dr. Howard Ulfelder, Deputy to the General Director for Cancer Affairs, accepted the painting on behalf of the hospital at the dedication ceremonies in the Cox Center lobby.

MGH: A SPECIAL THANKS

The following poignant letter to the editor appeared in The Boston Herald American.

For me time has run out. But before taking leave of the U.S.A., I feel compelled to share my thoughts, my admiration, my gratitude, and appreciation to all those who have inspired me with warmth, respect and deep felt thanks.

Patrick, my two-year-old son, was first admitted to the Massachusetts General Hospital on March 29, 1976. I had just arrived as a refugee from the ruins of Lebanon, then ravaged by civil war. My first contact with this huge bustling "citadel" — with an uninterrupted flow of goings on — left me quasi stunned if not outrightly terrified. Then, Dr. Kim, who was to take in his hands, the destiny of Patrick, conveyed to me in his gentle manner a deep rooted feeling of trust. I knew then that my child was at the "right" place, the place I had long sought and hoped for in my desperate struggle for Patrick's life.

I felt, radiating within me, for the first time in months, the comfort of growing hope and warmth which gave me the courage to entrust "Patouche" to the best care, come what may.

To attempt to convey, in these brief words what Dr. Kim and his incomparable crew represents seems preposterous to me. Nowhere else have I met such competence, empathy, kindness and stubborn dedication in my hour of need. This is what

care is all about. These young women at Burnham 5, the children's ward at Mass. General, all without exception, gave of themselves untiringly as they administered loving care, changed painful dressings, constantly cuddled and comforted the bewildered agony of my young child. Always with tenderness and unfailing devotion, they gently handled his small emaciated body — scarred and feverish — invariably coaxing a smile through the tears. These strong gentle men and women of Burnham 5 — doctors, nurses, and social workers — never gave up in the weeks and months when their every effort seemed thwarted by an incurable disease. And when each evening I nursed my baby finally asleep, I could see them still tending compassionately with a comforting smile, the endless flow of young, anxious, hurting children.

For 90 days and nights, in the last few months, their life was again closely mingled with mine and I can only say this — Women and Men in White — thank you.

My image of America will always be associated with the generosity of the Mass. General Hospital and its dedicated staff to which I owe everything.

Helene Hashem
Somewhere in Africa

(Editor's Note: Mrs. Hashem and her son, Patrick, have gone to live in Africa temporarily and hope to return to Lebanon.)

COMMENCEMENT 1977

The 102nd commencement of the MGH School of Nursing was held June 3rd in the John Hancock Hall. Of the 92 graduates, 15 held baccalaureate or associate degrees in other fields; ages ranged from 20 to 39 years; six men were in the class; and 14 homestates were represented among the graduates. The class president, Cabrina Gallagher, is the daughter of a 1953 MGH School of Nursing grad and the niece of a 1948 grad.

Six awards were presented at the ceremonies: The Wetherill Awards 1977, which is given in recognition of the Spirit of Thoughtfulness for others — patients, fellow nurses and all other with whom they may come in contact — were awarded to Charles Freeman, Cabrina Gallagher and Kenneth Waugh. The awards are in the form of a pin with a symbolic design of an Oak Leaf, an Ivy Leaf and an

Acorn. The recipients were selected by their classmates, the faculty and members of the hospital staff.

Two awards for Excellence in Patient Care were presented. The annual award sponsored by the faculty was a silver jewel box inscribed For Excellence in Patient Care, and was awarded by Nancy Ann Bixby.

The Marie Scherer Andrews Memorial Award for Excellence in Orthopaedic Nursing, a \$125 award sponsored by Joseph Andrews in memory of our late MGH alumna, Marie, was awarded to Barbara Hill.

The Clarissa Peters Allen Prize of \$500, sponsored by her husband George, Margaret F. Heyse and Mrs. Burton L. Curry in memory of this 1937 graduate, was awarded to Sheila McCready for superior academic achievement and competency in nursing, along with high standards of professional behavior.

MEMBERS OF THE 1977 GRADUATING CLASS ARE:

Albert, Josephine Ann
Anderson, Margaret M.
Asquith, Laura Jeanne
Astrom, Ingrid

Baker, Lauralee B.
Baldi, Susan
Bixby, Nancy Anne, B.A.
Brennan, Maureen Elizabeth

Broderick, Amy
 Bunnell, Marilyn Murphy, B.A.
 Bush, Ann A.
 Calderaro, Paula Jean
 Carey, Donna
 Cartenuto, Sally Anne
 Cavanaro, Marianne
 Charlebois, Regina Lois, B.A.
 Chellman, Linda Lee
 Coffey, Kathleen Ellen
 Cohen, Suzan
 Conroy, Mary-Jean Patricia
 Conway, Mary Alice
 Cowing, Kathleen Marie
 Dawley, Mary Margaret
 Devlin, Joan Frances, B.A.
 Dewees-Donovan, Barbara
 Donovan, Paula Marie
 Doyle, Maura J., B.A.
 Duffy, Sharon, A.S.
 Egan, Claire M., A.B.
 Eriksen, Elaine E.
 Fitzgerald, Jo-Ann
 Fortin, Debra Ann
 Freeman, Charles Stephen
 Gallagher, Cabrina F.
 Garrity, Paul Brian
 Gatie, Kim Marie
 Gordon, Mary Dodd
 Gott, Kimberly Kay
 Hanley, Nancy Anne
 Hanson, Gail Marie
 Hayn, Deborah Ann
 Hebert, Janine W., A.S.
 Heller, Kimberly A.
 Herman, Beth L., B.A.
 Hill, Barbara Kristine
 Jennings, Gail Eileen
 Kasden, Phyllis K.
 Keller, Mary Hill
 Largey, Kathleen Helen
 Lee, Carol Linda

Lee, Lily
 Lintz, Janice Karen
 MacCormack, Mary Louise
 MacDonald, Eugenia Marie
 Malloy, Mary Anne
 Malsbenden, Debora Ann
 Marbury, Ann Marie
 McCarthy, Margaret Mary
 McConnell, Mary Rita
 McCready, Sheila Marie
 McDonough, Gail J.
 McInnis, Patricia Jeanne
 Morgan, Valerie
 Munn, Cynthia Ann
 Murphy, Laura Clancy
 Nigro, Cynthia May
 O'Hara, Kathleen Patricia
 O'Sullivan, Margaret, B.S. Ed.
 Paltsios, Nancy Patricia
 Pearson, Amy Lindsay
 Peiser, Beryl R.
 Peloquin, Dorna Beth
 Phillips, Margaret Jane
 Phoenix, Bethany Joyce
 Plant, Keith F.
 Provencher, Jeannie
 Rhinesmith, Martha L.
 Roper, Lynne, B.A.
 Saloomey, Barbara Ann, B.S.
 Saxl, Donna Lynn
 Scannell, Madelyn Frances, B.S.
 Schkuta, Ann
 Scott, Diane Elizabeth, B.A.
 Sidlar, Ellen Elizabeth
 Simmons, Joyce
 Smeallie, Anne Bishop
 Stenberg, Janet Blair
 Sullivan, Daniel Joseph
 Sundstrom, Sandi
 Trask, Kenneth Joseph
 Walton, Jacqueline Yvette
 Waugh, Kenneth Maxon, B.A.

A Special Birthday Anniversary



A surprise 90th birthday party was held in May for Geraldine Albee Vannah at the home of her granddaughter in Damariscotta Mills, Maine. More than 50 relatives and friends attended the celebration for Geraldine, a graduate of the Massachusetts General Hospital School of Nursing, Class of 1911.

Mrs. Vannah was born May 24, 1887, in West Alna, Maine, one of seven children. She attended a one-room schoolhouse and High School in Alna and Wiscasset, Maine. In 1908, she entered the Massachusetts General Hospital School of Nursing and was graduated in 1911.

Soon after, she married Chester Vannah and they had two children. She was busy for some years raising her family but, after her husband's death in 1938, she resumed her

nursing career at a private hospital in Venice, Florida, owned by her brother, Dr. Fred H. Albee, an orthopedic surgeon who had interned at MGH.

In the early 1940's, Geraldine returned to Damariscotta, Maine, and continued in nursing at the Miles Memorial Hospital until her retirement in 1952.

She leads an active life; does her own housework, knits, crochets and embroiders. She is in good health and attends meetings of the Damariscotta Region Business and Professional Women's Club. Her family includes three grandchildren and four great grandchildren.

Our gratitude goes to Edith Curtis Masters, Class of 1940, who kindly sent the news of this special celebration to the *Quarterly Record*.

News . . . of the Classes

1911

GERALDINE ALBEE VANNAH of Damariscotta, Maine, was feted at a surprise 90th birthday party in May. See feature story.

1913

FLORENCE A. DUNCAN, 89, died at the Union Mission Nursing Home in Haverhill, Mass., on July 19, 1977. Born in Florida, she had lived in Haverhill since 1913, where she practiced private duty nursing for 50 years. Before entering the MGH School of Nursing, she graduated from Rollins College in Florida in 1910. She is survived by a brother, a sister and several nieces and nephews.

1930

MARJORIE CHECK MEAD of 1531 Arlington Blvd. El Cerrito, California 94530 writes: Retired old body now. Life in California is not as simple as it used to be. We have all joined the bucket parade — transporting bath, shower, laundry, etc. water to the garden. The water looking very sad and will get worse. Occasionally I see the MGH cap in hospitals but it is on younger students.

1933

SARAH PRATT STRIBLEY, formerly of Ypsilanti, Michigan, has moved to 2700 South Isabella Rd., Mt. Pleasant, Michigan 48858 to be near their oldest daughter. Sarah notes that she retired from active duty last November.

1936

MARGARET ROBINSON GUAY (Mrs. George) died February 10, 1977. She was living in Shrewsbury, Massachusetts.

1941

A brief note brought word of the death of LOUISE PINCUS MEISTER on January 29, 1977. Louise lived in the Worcester area.

1948

February Section

Eleanor Gagan Nissen
855 Turtle Beach Road
Lost Tree Village
North Palm Beach, Fla. 33408

Heard from the following at Christmas:

LOIS BLOOMQUIST ERIKSON

MGH CAPS

Mrs. Florence Reed
88 Whitman Ave., Melrose, Mass.

2 for \$6.00 postpaid

Prices include postage for regular mail in the United States.

Please add \$1.00 for Air Mail.

Madalene F. Calogiro
11 Vanness Road
No. Weymouth, Mass. 02191

3 CAPS FOR \$6.50

6 CAPS FOR \$11.00

Prices include postage for regular mail in the United States.

Please add \$1.00 for Air Mail.

With each order, send your maiden name and year of graduation.

Hazen S. Jezierny
7 Gertrude Ave.
Rumford, R.I. 02916

3 for \$6.50

6 for \$12.00

Prices include postage for regular mail in the United States.

Please add \$1.00 for Air Mail.

Please send maiden name and year of graduation with order.

— Janet graduated from Bates College and runs a day care center; Karen graduated from Deaconess and works in the Observation Unit; David, a freshman at Northeastern, studying mechanical engineering like his Dad. Lois keeps busy, especially doing church work. She's teaching a Bible Study group of interdenominational women.

BETTY CHAPMAN ELLER took some time from her Public Health work and spent Christmas in Maine with her brother and family.

THELMA ROBERTS COLBY sent greetings from Maine. She and Ed bought a boat, but bad weather kept them from using it as much as they'd like. Try Florida, Thelma!

GINNIE GOODWIN WALDNER — Karen is still with Vista; Joanne is at home, working at the Harvard Health Clinic. The Waldner's went to Nova Scotia this summer and found the scenery beautiful.

CONNIE PALMER — our professor — still teaching nursing in Norwich and still spending her vacations in exotic places. This winter, the island of San Andre and Costa Rica.

NONA MARBLE GRIESEMER — Jeff at N.Y.U. law school, Jill a senior in high school. Nonie is a fulltime pediatric nurse practitioner in Cambridge and Bob has opened a beautiful new office in Winchester. The Griesemers took a family trip to Bermuda this March.

A R L E N E " W I N K I E " McNAMARA really had a busy year — Nassau in January, in June to Colorado for Jim's graduation from the Air Force Academy — he's now taking flight training in Miss. Then

on to Arizona to visit Tom, an Army captain, now at the Pentagon. Winkie still a supervisor at Kent, and still taking night courses!

ARDIS MURRAY BROZNA — Jeff in his last year at law school; Karen teaches high school English; Kathy and her husband going to school in S.C. Kriss is trying to decide between U. of R.I. and U. of Maine; Kyle in 9th grade. Ardis is doing charge nursing in a Nursing Home.

BARBARA GRAY CARLEEN — Eric studying for masters in statistics at U. of Rochester; Lance in the Army at Colorado Springs; Jon — high school junior; Hans — 7th grade. Barb had to give up nursing this year to care for her 89-year-old father-in-law who has joined their household and really needs a good MGH nurse's care.

ANNA TOWHILL SMITH — still in St. Cloud. We haven't seen each other this year. Anna did call and asked if I could drive up as MURIEL LaROSE LAMIE was going to be up there one day and we could have a little reunion. I was so sorry I couldn't make it.

Our house finally was finished and we moved in on April 1st. It's beautiful and we're very happy in it. It's situated on a small lake just a short walk from the ocean. Chris should finish at U. of Fla. in December; Karen will be a senior at Rollins and Peter, who graduates next week, will join her there as a freshman in Sept. Eric is a sophomore.

Received a nice letter from Les Bayeur Greeley's husband Jim. Les has been very ill and at the time Jim wrote was at the Middlesex Hospital

in Waltham. Don is in advertising for Quinn & Johnson; Dan, a stock-broker in Worcester for Paine, Webber after graduating from B.C.; Mark is a sophomore at Princeton. Leslie has not had an easy time of it, but she certainly has a beautiful, loving family. I always admired Leslie in training and my admiration has only grown.

1953

September Section

Sylvia Brown Martin
11 Eastern Ave.
Essex, Ma. 01929

Have worked in almost every type of nursing since graduating. In 1967 returned to school part time to work on my B.S. and graduated from B.U. with a B.S. in Nursing in 1974.

I am presently working part time on my Master's degree and working full time as an instructor, academic and clinical, of fundamentals of nursing and medical-surgical nursing.

We have one child living at home, a 14-year old daughter.

I exchange letters at Christmas with CARRIE BOUCHER WILT, BETSEY BUCK BLOOMER, FLORENCE KOBIALKA JOACHIM and JACKIE THORNTON HIGGINS.

Class of '53, let's hear some news!

1957

MARY-ANN CARLSON KEENE sent a brief note: she is well and has four children, is still living in Mashpee, Mass. Her 20th wedding anniversary will be celebrated August 31st.

In Memoriam

1913 Florence A. Duncan on July 19, 1977, in Haverhill, Massachusetts.

1915 Ethel W. Dudley Bauerlieu on March 6, 1977.

1916 Bessie F. Brown, M.D., on July 11, 1977, in Keene, New Hampshire.

1921 Eleanore Richardson on July 5, 1977, in Ipswich, Massachusetts.

1929 Julia Buckley Andres on March 27, 1977, in San Bernadino, California.

1936 Margaret Robinson Guay, on February 10, 1977, at Shrewsbury, Massachusetts.

1941 Louise Pincus Meister, on January 29, 1977.

(Correction: Dorothy Cayford Quincy, whose obituary appeared in the Summer-Fall, 1976 issue, was a member of the Class of 1925, not 1922 as listed.)

1959

March Section

Mary Flannery Caira
19 Fuller Ter.
W. Newton, Ma. 02165

Since I sent out the newsletter, I have received more correspondence and want to share it with you.

I received "Notification of change of address due to USPS Action" from DeDe. I'm not sure whether it means DeDe moved or the USPS moved the town away from her. Her new address: Mrs. Lester Bower, R.D. #1, Box 114C, Alburtis, Pa. 18011.

NANCY BASSETT CAMPBELL sent me a lovely family picture and newsy letter. She is currently serving a two-year term as president of the local League of Women Voters and represented them in New York City at the 1976 Convention. She had a grand but exhausting time in the Big Apple. In June, 1976, the entire family joined Len at a convention in Hollywood, Florida, and had a grand time visiting Disney World. Nancy is working two days a week at a residential nursery for severely and profoundly retarded and physically handicapped children. In the fall of '76, Len's mother died in her sleep on the night of her 82nd birthday. Also in September, 1976, they had a house fire which damaged the basement and first floor. They are still working to get the house back in shape. The children are all busy with their activities — Andy's hockey team record was 29-8-2.

Nancy is interested in a reasonably priced 20th reunion and I have

some plans in mind to go along with this. Do I hear any seconds — or objections?

1961

CONNIE DONOVAN has taken a position as an Assistant Professor at the Yale University School of Nursing. This is a joint appointment for both education and service which will provide her the opportunity to teach in the school, to engage in research, as well as to see patients and engage in nursing practice. Connie has been a Clinical Nurse Specialist in Oncology at the New England Deaconess Hospital.

1973

JOANNE GRANT became Mrs. Jon Hall last June (1976). Her address is 62 Spring St., Mt. Kisco, N.Y. 10549. She writes: I'm still in the O.R. — now at N. West. Hospital in Mt. Kisco. MARY PAT GUILFOYLE MURPHY has been working with me since October 1975. We both started back at school working on B.S.

We would love to know how the rest of the class is doing. Drop me a note and I will combine it for the next available Quarterly Record.

1975

From DEBRA VARNEY of 52 Highland St., Peabody, Ma. 01960, we hear: Hello, everyone. Just thought it's about time to drop a line and let you know what I'm up to. I've been at Fitchburg State College since graduation and will be finished

this month (May) with my work for my degree. The even better news is that I'll be married June 4, 1977, to Michael Sayovitz of Sunland, California. We met originally at MGH in 1975 when he was video taping there and now we're both anxiously awaiting June 4th. We'll be living in California (where Mike now lives) at 10435 Wheatland Ave., Sunland, Calif. 91040.

Please drop us a line if you can.

Hopefully I'll be attending graduate school in California this September. My direction is that of oncology nursing.

1976

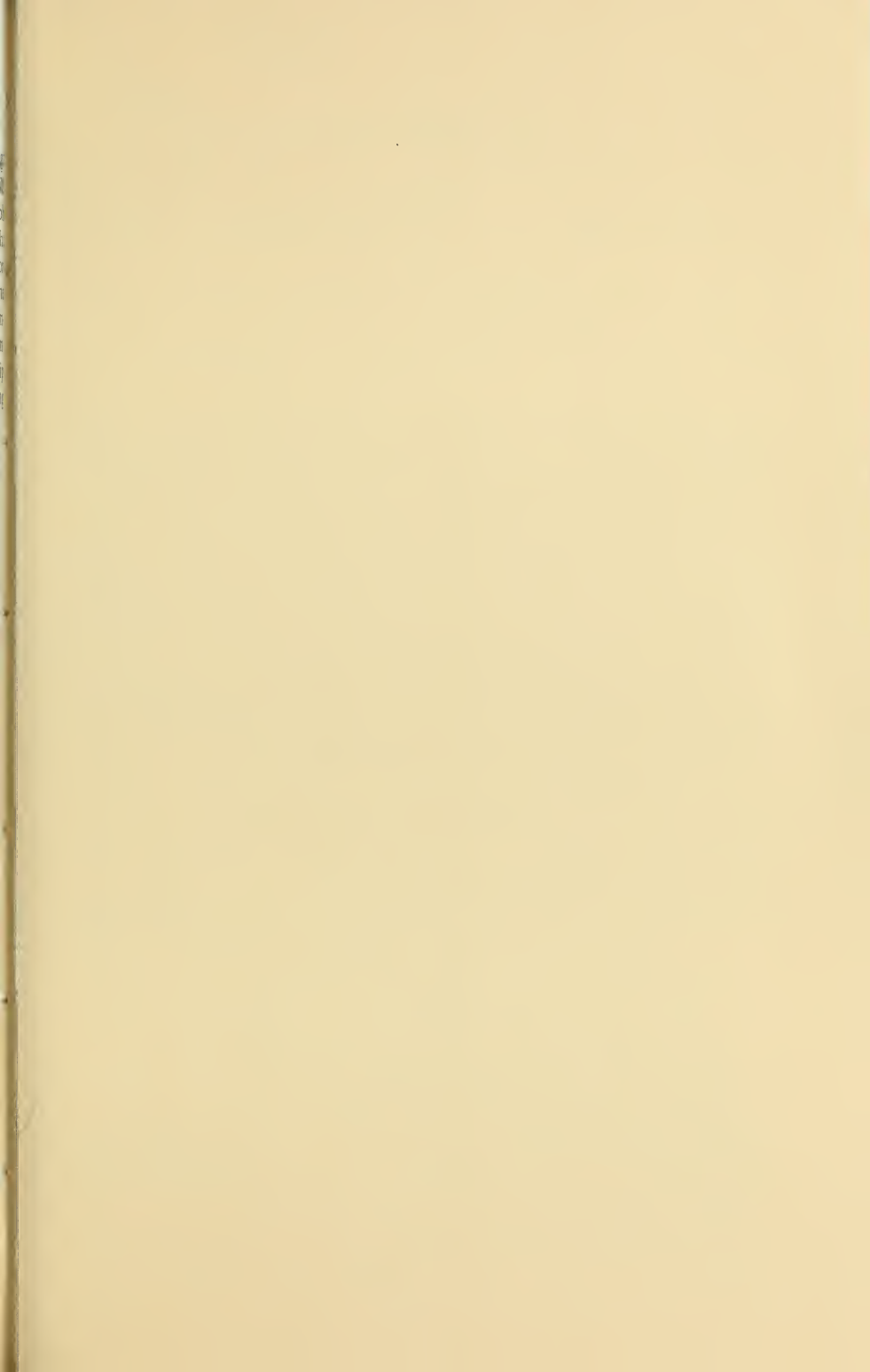
An undated newsclipping brings word of the marriage of LYNNE SUSAN TORNEY and Kevin Joseph Cleary at an ecumenical candlelight service in the Old South Union Church, South Weymouth. The groom, a native of Quincy, is employed at the Rex Paper Box Company. Following their wedding trip to Bermuda, the couple are making their home in Milton.

Procedure Manual

"The Massachusetts General Hospital Manual of Nursing Procedures" has recently become available in printed form. It can be purchased through:

**Little Brown and Company
34 Beacon St.
Boston 02108**

The cost **\$8.95** postpaid. If you wish to be billed you must pay cost plus postage.



THE QUARTERLY RECORD

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Nurses Alumnae Association, Inc.

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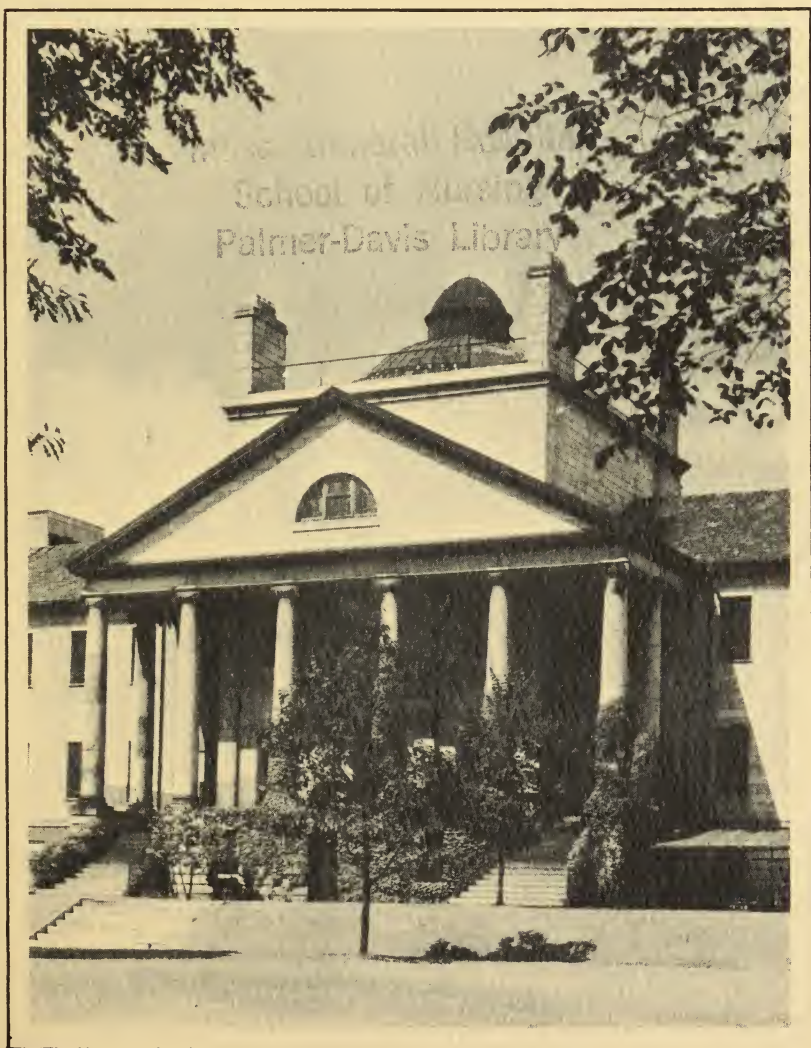


the quarterly record

JAN 15 1978

OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Fall, 1977

THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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ALUMNAE OFFICE HOURS:

Tuesday & Wednesday, 9:00 a.m. 3:00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans MRS. RENA BOWER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

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OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
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Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

HOLIDAY GREETINGS

Dear Alumnae:

Another year is coming to a close and the time has again come to wish each and every one of you and your families a *Merry Christmas* and a *Happy New Year*.

Your continued support of the Board of Directors and myself over this past year has been felt and very much appreciated.

My wish for 1978 is one of a year full of joys, happiness and good health.

Sincerely,

ADELE L. CORKUM
President

THE SIGNIFICANCE OF GOALS AND CONTROLS IN HEALTH PLANNING (Part I)

Linda K. Amos
Guest Speaker, 1977 Homecoming

Because of the length of this fine in-depth study, it will be presented in two parts. Although the extensive side presentation, which accompanied the speech, cannot be reproduced, the text reflects the statistics and information included in them.

This is a very special day for each of you and I am indeed honored to have been asked to address you on this annual homecoming celebration. I am informed that some of you are graduates of this last year's class and some graduated from Massachusetts General Hospital School of Nursing over 50 years ago. Massachusetts General Hospital School of Nursing has a very long and fine reputation for the quality and high productivity of its graduates on a national and international basis. It should be a very rewarding experience for you to spend this day in learning about new developments at Massachusetts

General Hospital, meeting old and new friends and to consider some of the important issues facing nursing and all of health care for the next several years.

Today I have been asked to address the topic of the Significance of Goals and Controls in Health Planning. It is my expectation, that you will gain from today's discussion a higher level of insight into the changes in the health care delivery system and its impact on the consumer and profession of nursing. Every day we are faced with the issue of dealing with more controls which affect every sphere of our life.

Let us just reflect a bit on the socio-economic and governmental developments in our country before moving to the consideration of where we are now, and what our alternative futures might be like.

We have just passed the year of the Bicentennial of this nation and

Linda K. Amos, Professor and Dean, School of Nursing, Boston University, received her B.A. and M.S. in Nursing from The Ohio State University School of Nursing, and her Ed.D. from Boston University School of Education. She has served on the B.U. faculty since 1968 and has been Dean for the past two years.

we are just past the centennial year of formalized nursing in this country. Both are young, a young nation — a young profession. Two hundred years ago, a group of approximately 50 men met in Philadelphia, drafted and solemnly signed a document that unified the colonies and marked the beginning of a democratic government. They prepared a narrative structure establishing the first organized democracy, a form of government in which the supreme power was vested in the people and exercised by the rule of the majority. Life was simple at that time and the emphasis was on agriculture, religious practice, home crafts, and the family unit. The growth of the nation both in land and population had a far-reaching effect on the lives of the people of this great nation. We became an industrial society with significant advances in productivity through science and technology. The gross national product grew beyond expectation and we soon became one of the leading nations in the world.

During the 1960's, doubt and apprehension began to appear in the minds of people — was this advanced society worthwhile? It had created many problems, namely the rape of our natural resources, the dangers and reality of wars, the pollution of the environment, the race toward armament, and last but not least, the exploration of outer space, which few understood or even appreciated.

For approximately ten years the main topic in educational circles was relevance to society. Few responded to this need for relevance and the educational programs changed very

little, only the methodology. However, in the 1970's many thoughtful people began to look further at what these advances had cost us, as individuals and as citizens. Inflation and recession were beginning to be felt in every home in this country. Poverty ranked high in the socially deprived groups. Due to medical advances there was an increase in the aging population with either a lack of or limited health care services. Drug and alcoholic addiction as well as social diseases rapidly increased.

People began to look to the government for the answer to some of the problems they are facing. Then came the realization that they were the government. Many had been neglecting this fact while they were involved in the race of progress and growth. They began to demand accountability from elected officials, and more people began to exercise their right to vote. Groups and committees have formed and have questioned the constitutionality, the legality, the actions and behavior of elected officials. Individuals are working and campaigning for the officials who they feel will approach the issues with honesty, use rational problem-solving techniques and who possess decision-making abilities which will benefit all of the people and eliminate at least some of the potential dangers of decline.

A view portrayed by Carl H. Madden, former Chief Economist of the United States Chamber of Commerce states there is already a decline in basic industries and an accelerated growth in service industries and government. He further states that

over the next decade, the service-producing part of our economy will grow faster than the goods-producing part. By 1985, of a total of 108 million employed, 76 million will be working in government, finance, education, real estate, trade, transportation, communications, health, and public utility jobs, making ours the most highly service-oriented economy in the world. This further demonstrates the interest and focus on people and quality of life issues versus products.

Evolution in Nursing

Formalized nursing parallels very closely the history of this nation. First, nursing came after the cessation of a war, just as this nation was formed after the war. I am sure you are all aware of the tremendous influence Florence Nightingale and her nurses had on the mortality and morbidity rate of the British Army during the Crimean War. England's gift to Miss Nightingale was a sum of money for her efforts to aid the British soldier. With this money Miss Nightingale opened the Nightingale School for nurses in St. Thomas Hospital in London. Our own Civil War demonstrated the need for someone to care for the sick and injured. There was much interest in the Nightingale School and although the entire plan was never brought to this country, a modified plan was used. Between 1872-1873 three schools were opened in the United States, one in Boston, one in New York and one in New Haven, Connecticut. By

1900 there were over 432 schools of nursing and the outcomes were more than expected. Patients were now beginning to receive care that was needed and this superior care was attributed to the trained nurse. We could almost compare the explosions in nursing to an atomic explosion. The rapid growth of schools of nursing initially resulted in little attention to quality, which shortly led to the quest to improve educational standards. By 1903 four states had passed licensure laws to protect the public. In 1930 there were 1,844 schools of nursing in this country.

By this time organized nursing realized that many of these schools were using students as cheap labor and the Committee on the Grading of Nursing Schools formulated standards to encourage schools to improve their programs. This resulted in the gradual closure of inferior schools so that by 1973 there were 540 schools of nursing, including diploma, associate degree, and baccalaureate degree programs. I need not remind you that the growth in nursing has been not only in quantity, but also in the quality of educational programs and services delivered.

There is no doubt that nursing and health care is influenced by the social, economic, governmental, scientific and technical changes so rapidly occurring in the world. Millions of men and women have struggled to pave the way for what we have today by improving educational standards, improving teaching methodologies, establishing nursing organizations, organizing standards of care, improving conditions in hospi-

tals, health centers, health agencies, schools and industries. Much has been accomplished, but as Sister Charles Marie, former Dean of Teachers College, Columbia, has said, "The nurse who was educated in 1900, 1930, and 1940 was prepared in the best possible way for that era. What we are striving for now is to help to upgrade the level of nursing with the knowledge that is needed to practice and it is those persons who follow thereafter about whom we need to be concerned."

Nursing is currently expending much energy in attempts to delineate the professional boundaries within the health field. Other nurses are exceedingly concerned with justifying nursing as a profession. Nursing appears to be a profession by the most common definition of the term. It is an occupation more complex than manual labor; it is not amateur; its practitioners are capable of wiser judgment than technicians; it involves certain attitudes; and it meets many of the rigid sociological specifications. Nursing fails in being a profession only when a large percentage of its members do not practice up to their potential, become cogs in an industrialized health system, or completely cease to practice at all. Unless a majority of persons who enter the health care system encounter caring, compassionate, knowledgeable nurses who creatively aid them in adapting to the problems of over-coming disease or maintaining health, nursing has no constituency and no right to demand societal help. What support there is may well be directed at maintaining the status quo: a

woman's occupation that fits the classic, submissive female stereotype to an almost too perfect "T". If one knows, as I do, that nursing is a health profession, it clearly has a societal mandate to concern itself with meeting society's need for health and health care.

Defects in Delivery

Now, turning more directly to current issues, goals and controls, I wish to address a few of the priorities placing requirements on the health care system. Heavier demands are being placed on the health care delivery system of our country not only because of the changing character of the population, but also because of the many changes in our political and social values. While the population as a whole has gained in affluence, there is still a sizeable portion of our society still trapped in poverty. "Equality of Opportunity" has become a serious imperative and can no longer be treated as empty political rhetoric. Health care is no longer considered as a privilege of the more affluent, but as a right for all.

As partial evidence of the fact that the poor are not receiving the quantity of health care required, it is interesting to note that in 1973, 22.9% of the population with a family income of \$5,000 or less suffered limitation in major activity due to chronic health problems. In families with an income of over \$10,000, only 5.6% of the population suffered from chronic health problems! While a majority of persons in the lower income category consist of the elderly who are more

prone to chronic health problems than the middle age population, it is generally accepted that the poor do in fact receive a lower quality and quantity of health services than the more affluent members of our society.

This emphasis on the health service needs of the lower economic portion of our society is not intended to under-emphasize the very serious lack of health services and nature of health problems experienced by all sectors of our society regardless of level of income, but to highlight one of the major problems in our health delivery system today.

Equality has been and continues to be one of the guiding concepts in the formulation of the laws and policies of our nation. While our Founding Fathers stated that, "All men are created equal," the people in our society indicate that even though they believe in equality they do in fact "accept inequality in virtually every sphere of day-to-day life, (but) they still believe in what they often call equal opportunity." Article 1 of Part the First of the Constitution states: "All people are born free and equal and have certain natural, essential and inalienable rights, among which may be reckoned the right of enjoying and defending their lives and liberties; that of acquiring, possessing and protecting property; in fine, that of seeking and obtaining their safety and happiness."

Over the past several years, public demand and governmental policies have demonstrated that health has become an important value for the American people. Health care, which

was once available only to the privileged, is now viewed as a right for all persons of our society

National Health Insurance

There is no longer a question that health has become an important value for the American people, although it is important to note that Congress has not heard a public mandate for comprehensive health care. Rather, the public demands care for illness, low tax rates and control of inflation. Much discussion and debate have occurred over the past several years regarding the formation of a public policy in moving toward a National Health Insurance for the society of the United States. The elderly, of course, already have what amounts to a type of National Health Insurance in the form of Medicare. Many incremental policies have been enacted over the past four to five years which have increased the benefits for the elderly and the disadvantaged in terms of having subsidies available to underwrite the cost of illness care.

Availability of health care to all people of our society, or equal opportunity to receive health care, assumes that health facilities and manpower are available and that people have the resources to pay for the health services. The financial resources may be in the form of one's own income, third party payers, or government subsidies.

It seems apparent that within the not too distant future, Congress will adopt a series of Health Insurance plans. The current American value for health, along with spiraling health

care costs, duplication and fragmentation of services, inequalities in access to care, and inadequacies in many services are forcing a movement toward a more comprehensive national plan. The questions yet to be answered are in relation to the scope of the coverage and, more importantly, how it will be financed and what programs will be sacrificed in order to achieve the level of care demanded.

Principal disease-causing factors in our society are related to smoking, nutrition, dangerous driving practices, alcohol, environmental pollution, occupational hazards, infectious agents, and genetically transmitted disorders. In order to effectively deal with these problems, a wide spectrum of actions must be undertaken by the government and the private sector either through legislation and new public policies, research, education or economic incentives.

In recent years, research findings clearly indicate that only by preventing disease from occurring, rather than treating it later, can we hope to achieve improvements in the health of our society.

Economics and cost factors very closely parallel any progress or lack thereof in health care programs. In 1950 this country spent 12 billion dollars on health care, in 1970, 60 billion and by 1975, 139 billion on health care costs alone. Forty percent (40%) of this 139 billion went to hospitals, 19% to physicians and no other category had more than 10% of the total expenditure. Today we expend approximately \$600 on health care for each person in this country. In 1950, 75% of this ex-

penditure came from private sources while in 1976 only 58% comes from private sources and 42% from public funds. It is interesting to note that in 1976 General Motors spent more money on BC/BS than on making cars. In adding and updating their benefits, the cost of BC/BS added \$175 to every car and truck produced by General Motors. Hospital costs have soared and now the average cost of a regular hospital bed in the country is approximately \$160 per day. It is also interesting to note that people who are served by Health Maintenance Organizations utilize anywhere from 20-50% less hospital beds. Costs are going up at the rate of 15% each year in our economy and hospital programs. Health expenditures accounted for 8.6% of the Gross National Product in 1976. Recent federal legislation proposes placing a cap on hospital expenditures at 9%, but where does the 6% cut come from?

Some of the other factors in the health care system prompting so much anxiety, stress, and radiating so much material in the "paper mill" relate to changes in the characteristics of the population.

The rate of population growth in the U.S. is slowing down.

Bureau of Census

1950-1960	↑18%
1960-1970	↑13%
Est. 1980	↑ 8%

Not only is the rate of population growth decreasing, it varies considerably from region to region. The principal reason for the slowdown in population growth is the dramatic drop in birth rate since 1957. The

present population is not being replaced as the replacement factor should be 2.1 children, while the rate is only 1.9. Whether this is good or not I don't know. The data raises questions about jobs, housing, schools, etc. In 1957 the number of births per 1000 population was 25.2; by 1973 the birth rate had fallen to 14.9. The interesting feature to this slide is that the fertility rate has plummeted faster than the birth rate. We could ask ourselves why. This could very well be changes in lifestyles and values.

Some of the reasons may be:

1. Better contraceptive methods are now available.
2. Abortion laws are less restrictive.
3. Family planning services are increasingly available to the poor as well as the middle class.
4. Inflation and costs may make people more concerned about restricting the size of their families.
5. More women in the labor force.
6. Increasing proportion of elderly in the population.

Another change we are witnessing is that the population is getting older. With this dramatic change about 11.2% of the population is utilizing 30% of the facilities. Age has been determined to be one of the most important factors affecting the demand for hospital facilities and even small changes in the age distribution of the population greatly affect hospital utilization rates as

older people on a per capita basis suffer from more chronic health problems and therefore require more medical attention at all levels. We could consider two more factors in the care of the elderly patient: (1) they usually require a longer hospitalization than do younger patients with the same illness, (2) they are more likely to require longer rehabilitation periods. About 55 of every 1000 persons over 65 are residents of nursing care and related homes. As this older population increases, changes in life styles and changes in family living arrangements will continue to increase the demand for the level of care provided by nursing homes.

American society is becoming increasingly urbanized. More and more of society have moved from the farms and small towns into metropolitan areas: In 1950 - 64%, by 1970 - 73.5%. This change in life style has created new health problems, increased pollution, greater use of drugs and alcohol, heavier smoking, greater incidence of obesity, malnutrition, more tension and pressure, and less exercise. It has also created housing problems, sanitation problems when large groups of people live in a small section of the metropolitan area. In many instances, the geographical distribution of health facilities, physicians and nurses are not available to these members of society.

The population of the U.S. is becoming increasingly better educated, and the occupational profile of the American people has undergone considerable change in recent years. In 1935 the median number of

school years completed was 8.6; by 1970, 60% of the population had slightly over 12 years of schooling. Better educated people generally make greater use of health services and demand a higher quality of care. The blue collar workers are decreasing as well as farm workers, while white collar workers are increasing proportionately. This may very well change the need for certain services such as fewer industrial accidents and more coronary heart disease. The population of the U.S. is enjoying using affluence. With these changes there is bound to be more criticism of the present system and a demand for a voice in determining policies.

We talk frequently about modern technology, what is done to us and for us. I think we could easily divide this into two sections; 1) administrative technology, and 2) clinical technology. Hospitals and other health care facilities have not paid too much attention to the advancement in administrative systems and procedures. Only since the cry of the consumer and the governmental agencies have they, so to speak, "cleaned house." With the advent of rate setting, the PSRO's, the reduction in Federal

funds, administrative technology has begun to creep into health care management. Thus the word was passed to improve administrative efficiency. Therefore, the use of electronic equipment to schedule hospital admissions began, results of laboratory tests were analyzed, medical records were microfilmed or placed in computers to check differences in physicians' patterns of care, telemonitoring of patients began, as well as multiphasic screening. The electronic equipment age had reached out to the health care system.

The benefits derived from new medical discoveries have abounded, but as health care has improved, costs have increased. Microscopic instruments, pacemakers, cardiac monitoring equipment, new medicines for controls of certain diseases, disposable items to reduce risk of infection, organ transplants, kidney dialysis, open heart surgery, to name a few, have increased costs of operating health facilities, as well as educational costs for personnel, which must then be passed on either to the patient or third party payees or both.

(To Be Continued)

A CENTENNIAL REVIEW

1873-1973

The Massachusetts General Hospital School of Nursing

by

Sylvia Perkins

Send check for \$11.95 PPD, made out to H.G. Lee, Treasurer, to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

(Second printing will increase cost to \$13.50 PPD)

HOMECOMING 1977

It was a drab rainy day outside. But inside there was the warmth of renewed friendships and vigorous visiting. Following the coffee hour and business meeting, there was an excellent program and a delicious lunch attended by 271 alumna. Then, back at the General, there was a choice of two presentations to view and the traditional Homecoming Tea.

Alumnae Association President Adele Corkum was, as ever, the genial and ubiquitous hostess. On behalf of the alumnae, she gave special recognition to special alumna: to Louise Zutter, Class of 1913, in the form of a framed Bulfinch tile; Adelaide A. Mayo, Class of 1917,

was presented a pewter porringer with the MGH Seal; and Ruth Sleeper, Class of 1912, received a terrarium from a grateful Alumnae Association.

The Class of 1927, celebrating their 50th anniversary, were each presented an MGH cup and saucer. Flowers were distributed to representatives of those classes being specially recognized — 1922, 1932, 1937, 1942, 1947, 1957, 1962 and 1972.

Four alumnae attended from California, three from the Class of 1927 — Mary Baldwin Rudder from San Francisco; Reine Gibeau Tredenick from Yountville; and Jean

At the pre-luncheon social hour, guest speaker Linda Amos, Natalie Petzold and Mary Macdonald.



Moffett Yates from San Diego. Also attending was Helen Koskella Geissendorfer of Whittier, from the Class of 1941.

The Alumnae Association was the recipient of gifts also. In celebration of their 50th anniversary, the Class of 1927 donated \$1300 to the Sally Johnson Scholarship Fund in memory of Martha Ruth Smith. The September Section of the Class of 1952, to celebrate their 25th anniversary, presented \$100 to the Lottie Potts Fund for student scholarships.

An anonymous member of the Class of 1923 donated \$300 to the Sally Johnson Scholarship Fund. And in a poignant letter from Lochlyn Eve Wiley, Class of 1950, was a donation of \$1000, in memory of her late husband, to the Scholarship Fund for students. Lochlyn's address is 1103 Ralph Drive, Cary, N.C. 27511.

If you enjoyed the day — or if you missed the pleasure of Homecoming 1977, it's time to start planning for Homecoming 1978, to be held on Saturday, September 30th.



No identification needed for Ruth Sleeper and "Corkie".



50th reunion, Class of 1927. Helen Baker, Marjorie Lane Smith, Reine Gibeau Tredenick, Mary Baldwin Ruddeu, Jean Moffett Yates, Frances Batchelder Baker, Maybelle Peverley Failing, Irene Willard, Ethel Clow Black, Margaret Murray Allen, Nena Ouellet, Dorothy Brown Wartenberg, Mary Coolidge Rawding, Elizabeth Upton Wright, Helen Brick Swedburg, Jane McDonald Sullivan and Marion Maxwell.





25th reunion, Class of 1952. Ann Sullivan Mescall, Margery Sprague Dreselly, Celina Maciel Hill, Ginny Day McKillop, Charlotte Bicknell Johnson, Edie Lind Knowlton, Lucy Achin Maslen, Jody Cederholm Swentor, Ann MacLean Plunkett, Dorothy Mahoney, Roselle Audet Harris, Elsie-Mary Hopkins Barnett, Barbara Robinson Sollows, Alice Billington Woodacre, Beverly J. Thoren, Catherine Harrington Boyd, Adelaide Brown Bohlander, Frances Buck Foster, Arlene Bell Gigliotti, Joan Baldwin Harvey, Sybil Caine Kellogg, Joyce C. Kennedy, Maureen Courtney McCracken, Grace Hendrick Presswood, Ellen Nickerson Steinbock and Miriam Wood Watkins.



Helene Lee and Ruth Sleeper
confer on something serious.





Head Table: Natalie Petzold, Director of the School of Nursing; Mary E. Macdonald, Director of Nursing Service; Adele Corkum, President of the Nurses' Alumnae Association; Linda K. Amos, Guest Speaker; and Mary Flannery Caira, Program Chairman. Class of 1927 in foreground.

20th reunion, Class of 1957. Geri DeMello Frates, Alice Chandler Cheeseman, Eleanor Morad Peloquin, Carolyn Calabro Mulholland, Barbara Sherman Clark, Martha DeCaster Noyes, Marion Clark Bowers and Barbara Crotty Donnelly.



Adelaide A. Mayo,
Class of 1917, "Cor-
kie" and Louise Zut-
ter, Class of 1913.





10th reunion, Class of 1967. Judith Cushing Thomas, Francine O'Hara Ayers, Sandy Lownds Bump, Lee Milbury Englund, Jacqueline Provost Neumann, Nancy Bey Swartwout, Joyce Wheeler Tisdell, Marleen Meisterman Walter, Pauline Wordell Blokker, Linda Thorngren Puffer, Mary Atkins, Marylou Welch, Andrea Connor Weinstein, Patti Ferguson Donehower, Donna Campbell McCandless, Linda Fox Wurm, Donna Lamb Lombardi, Laurie Maher Lewis, Bonney Knick, Barbara Ledley Crowell, Lynne Newbold Nelson, Patricia McGillivray, Marie McDonough, Mary Rose Robinson Muti, Rita Colley, Dianne Poland Gullotta, Barbara Teixeira, Sue Spilman Pappas, and Mary Beth Smith Schmidt. *(Unfortunately, one of the photos of this group did not come out.)*



40th reunion, Class of 1937. Charlotte Fyhr Lewis, Evelyn Curley King, Virginia Kidder Denton, Agnes Lang Reynolds, Muriel Simpson MacAfee, Ethel Carleton Kiess, Elva Sawyer Proctor (of the September Section) and Agnes Malone Cotter, Ethel L. Sullivan and Catherine L. Crotty (of the February Section).

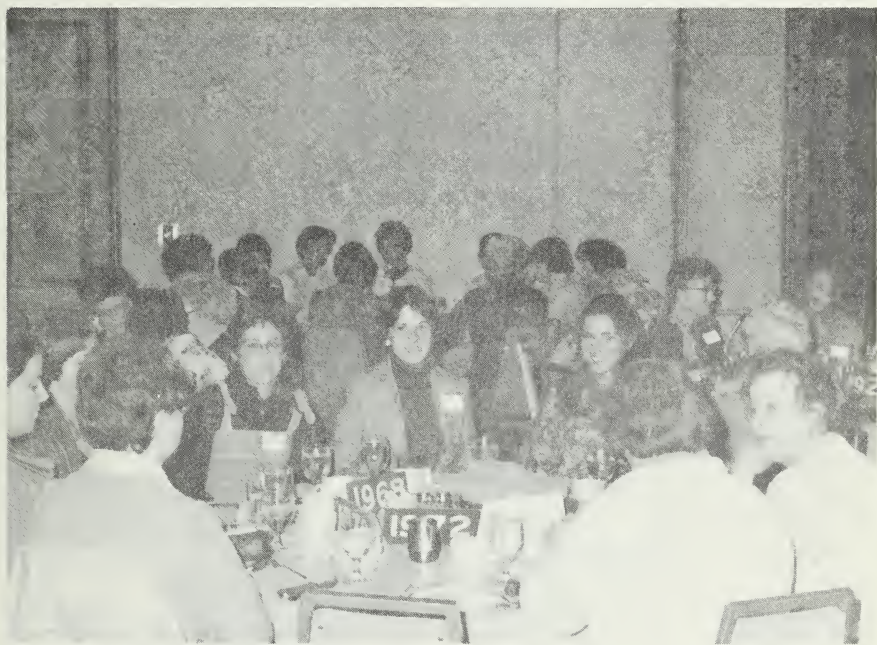


Homecoming Planners: Mary Flannery Caira, Maureen McGrath and Peggy Cope Mascher.





30th reunion, Class of 1947. Dorothy Perry Curran, Peg Harrington Anderson, Pat Foley Bailey, Yvonne Withers Ogilvie, Augusta Christopher Geary, Marjorie Blackwell Sullivan, Mary Rogers Murphy, Mary Wallace Anderson, Marjorie Wood Gionet, Esther Lane Wadden, Helen Asiala Litwaak, Shirley Bayliss Donnelly, Elaine Blaisdell Cannell, June Davidson Hayward, Irene Dunham Halley, Dorothy Motttram Martel, Phylliss Morgan Groggin, Rena Scanlon Bower, Therese Mahoney Regan, Katherine Molander Crow and Florence C. Sojka.



5th reunion, Class of 1972. Kathleen Michaud Lahey and Patricia Cranney. Along with them are Diane Battle (1968), Christine Merski Niro (1969), Deborah McFarland McBeth and Therese Courville Polan (both of 1970).

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The Ruth Sleeper Chapter

MGH Alumnae Association

Mary E. Anderson
Recording Secretary

The Ruth Sleeper Chapter of the MGH Alumnae Association completed its tenth successful year.

Our programs were very educational and attracted many nurses from the South Shore Area.

On November 1, 1976, Dr. Bertram E. Howard, Coordinator of the Stroke Program at St. Luke's Hospital, New Bedford, presented an enlightening topic, "Acute Stroke Care at the Community Hospital Level."

Our second meeting on February 7, 1977, had as guest speaker, Dr. James Wechsler, Anesthesiologist at South Shore Hospital. His topic covered "Invasive Monitoring Techniques." Our guest and hostess for the evening was Miss Ruth Sleeper. A corsage was presented to Miss Sleeper in her honor for the tenth year of our Chapter's success. A brief speech was given followed by Miss Edna Lepper who gave us an interesting account of her busy activities during the past year.

On April 4, 1977, we had Ms. Carolyn Tamer, R.N.E.T., speak on "Anatomy of an Ostomy" and the "Role of an Ostomy Clinician."

Our final meeting on June 6, 1977, had as guest speaker Dr. Ann B. Barnes, Assistant Clinical Professor at Harvard Medical School in OB-Gyn and Assistant Gynecologist at MGH. Her topic was "Present Status of Knowledge on Intra-uterine

Exposure to Diethyl Stylbesterol."

All MGH graduates on the South Shore are welcome to join our Chapter and participate in our stimulating meetings.

* * * * *

Worcester County MGH Club

We had such a good response from our last report in the *Quarterly*, I thought I had better get another report into the next *Quarterly*.

The Club met at the William Paul House in Holden, Ma., at 7 p.m. As a result of a telephone campaign carried out by Frances Tomasunas Kay, Louise Hollister Benton, Catherine Philbin and Alleyne Albrecht Foley, we had twenty one members present: Helen Duquette Walsh, 1941; Louise Hollister Benton, 1933; June Hamilton Bronagan, 1954; Frances Tomasunas Kay, 1941; Marjorie Norcross Paulson, 1945; Eleanor Burns Clifton, 1950; Margaret Dervin Lavelle, 1932; Martha Davidson Peterson, 1932; Catherine Philbin, 1932; Nancy Rugles Heaney, 1963; Margaret Woodward Magune, 1961; Janice Prouty Howland, 1962; Gula Boyce, 1928; Esther Fessenden, 1928; Phyllis Ward Robinson, 1946; Charlotte Hall, 1944; Annette Heinze Desmarais, 1944; Sandra Vivier Silverberg, 1969; Barbara Williams, 1920; Alleyne Albrecht Foley, 1948; and Muriel Settle Pollock, 1942.

Edith Dasey Mooney, 1943, was supposed to have been with us but had an abscessed tooth. Mary Anne

Sheehan, 1975, had car problems and was unable to attend.

As I said in the last report, Worcester County is a large area. If you do not see any names you recognize, get in touch anyway. At this last meeting, one member found out that her paper boy's mother was an MGH graduate. Another member found out that a member of her church whom she had known for quite a while was an MGH graduate. A number of the younger graduates had no

idea that our Club even existed. We *do exist* and would like you to join us.

Our next meeting has been tentatively set at the Wm. Paul House in Holden, on May 3, 1978. One of our new members, Marjorie Norcross Paulson, will talk to us about "Community Nursing". If you are interested, contact any of the names above — or contact me. Muriel Settle Pollock (Mrs. Robert W.), 1248 Ashby State Road, Fitchburg, Ma. 01420. Tel. 343-7507.

National League for Nursing Convention

April 24-27, 1977

Margaret Anderson

Maureen McGrath and I represented the MGH School of Nursing Alumnae Association this year.

The theme of the convention, held in Anaheim, California, was "Perspectives '77". The program was full and intense. We were busy from morning 'til night. Now, if we sound like drudges, we enjoyed ourselves. It became very difficult to choose what meetings we would attend and how to swim between sessions.

In any event, the opening session, the Keynote Address by Dr. Erline P. McGriff was a real kickoff. She provided a straight forward address entitled "Facts: Not Fantasy Nor Fiction".

An excerpt from the printed summary reads: "In her keynote address yesterday at the opening general session of the League's 25th Anniversary Convention, Erline P. McGriff,

Ed.D., identified the internal and external forces affecting nursing today.

"Dr. McGriff's remarks were based on the following premises: 1) Nursing, defined as a learned profession, has no dependent or interdependent functions since there is no intermediary between the nurse and the client; 2) Nursing is a profession separate and distinct from the profession of medicine; and 3) A clear and unambiguous differentiation of careers in nursing must become a reality, and education does make a difference.

"Her presentation, entitled 'Facts: Not Fantasy Nor Fiction,' delineated the responsibilities of the nurse scholar, which include identifying problems and framing questions whose solutions and answers will yield significant facts. Scholars must

also, said Dr. McGriff, describe, explain and make predictions about nursing by considering what has been done (facts) rather than what has been imagined or created as a fabrication of the mind (fantasy and fiction)."

There was a rich assortment of open forums from which to choose. We attended: "The Politics of Health Care '77" and "Nursing's impact on the Health Care System".

These were the main presentations for all the attendees. In addition we chose different presentations, for example, *The Administrators of Nursing Services Meeting; Collaboration Between Education and Service* —

Fact or Fancy?; Assessment of Quality Nursing Care; etc.

This was the Twenty-Fifth Anniversary of the National League for Nursing. Many of the Alumnae will remember that Ruth Sleeper was President of the Association.

The experience of going to the League meetings is very difficult to describe. One meets people from all the regions of the country, hears their problems and issues and it is difficult, on the spot, to put ideas together. For the next *Quarterly*, I will attempt to give a flavor of what transpired and some of the exciting and troubling issues in nursing.

Letter To The Editor

This letter should have appeared in an earlier Quarterly. However, because the editor (me) was scheduled for surgery, the editorial work was completed before the letter was forwarded from the Alumnae Office. But it still warrants the saying.

Although the tedious paper work and detail planning for Homecoming is done by our part-time Alumnae Secretary, Evie Lawlor, the over-all planning and arrangements are accomplished by volunteers. So it is a bitter thing when there is criticism of the arrangements. Hopefully, a review of the complicity of the planning will clarify the workmanship involved and will evoke the "kudos" due the volunteers for their efforts.

Dear Editor:

This letter is in response to the note written by a spokeswoman for the Class of 1951, criticizing Homecoming 1976. Does she have any idea of the time, effort, planning and number of people involved in this event?

For about ten years I have been working with the Alumnae Board as Program Chairman. I have also been involved with many of the detail aspects of Homecoming.

First, let me explain why the event was held at Howard Johnson's. The Massachusetts General Hospital can no longer accommodate the large crowd, as we found out about five years ago. We tried the Parker House and encountered some problems. Howard Johnson's provides us with excellent parking, right on the level of the Convention Hall, a great con-

venience for those of us who haul in the huge cartons of supplies. There are ramps and railings to accommodate wheelchairs and make it safer for our more fragile graduates. We have spacious facilities for the Program. All audio-visual equipment is ready for us.

We recognized two problems and worked out a written agreement for the correction of them.

1. Coffee will be available for a longer period.
2. The luncheon hall is to be open when cocktails are served, to eliminate the congested area adjacent to the bars.

The class spokeswoman wrote that the class was not seated together for the luncheon. Did anyone let us know how many were coming? The Hospitality Chairman makes every effort to seat classes together. Usually 20 or 30 alumna arrive at the last minute, making it necessary to rearrange the seating plans in the final minutes of preparation. She also claimed that they were "swept up with the crumbs". We are limited to a certain time period at the hotel because of other bookings. The hotel has lounge areas and any group can adjourn to these to continue their visiting.

As Program Chairman, I probably have the easiest job at Homecoming. During the year, I attend Board meetings for assistance in choosing speakers and to keep the Board informed of problems on progress. I make the contact with the speakers, make travel and accommodation arrangements, acquire audio-visual aids, prepare information for the publicity and act as hostess for the guest speaker. My task takes about 75 hours a year. And I fit this in and around a full-time job, running a household with a husband and three children, along with part-time school towards a B.S. in Nursing, and community and church activities. Other members of the Board are even busier than I, yet find time to work on our (*your*) Alumnae Board.

We know that we have many improvements to make and are willing to do so. However, we are not Superwomen and could certainly use more help. But our pleas go unanswered.

I suggest that our critic come and assist us at the next Homecoming. We can use all the help we can get.

Sincerely,
Mary E. Caira
Class of March, 1959
Program Chairman

Ada Lawrence Plumer, Class of 1938, retired in October after 37 years as a Supervisor and Instructor of Intravenous Therapy at MGH. A co-founder and Advisor of the National Intravenous Therapy Association, Inc., Ada is the author of two editions of "Principles and Practice of Intravenous Therapy."

Nurse-Midwifery

Helena T. McDonough

This comprehensive review of nurse midwifery — historically, statistically and realistically — presents a thorough argument for a change in posture of the Massachusetts medical community and legislature. The Commonwealth, as one of only three states which do not permit the practice of Midwifery, apparently chooses to ignore the demonstrated benefits inherent in a caring profession which can give not only pre- and post-natal care, but which can complete the caring service through the delivery process.

Because of the length of this article, it will be presented in two parts. The following gives the history and the development of nurse-midwifery in European and American environs.

“Midwife!” The ancient word conjures visions of Macbethian hags bent over endless cauldrons of boiling water. Yet, midwives are a viable component of obstetrical teams in such technologically sophisticated medical centers as John Hopkins, Baltimore, Columbia-Presbyterian, New York and Yale-New Haven in Connecticut.

The term “midwife” is actually a combination, derived from Old and Middle English and literally means “with women.” The French word “sage-femme” translates to the “wise woman”. Traditionally, the midwife was an older wise woman, who assisted other women in childbirth. As

early as 400 B.C., Athens had a law regulating who could practice midwifery. A midwife was required to have been beyond the age of child-bearing but must have born children herself. Hippocrates (460-377 B.C.) wrote of regulations for the practice of midwifery. Aristotle (384-322 B.C.) in his treatise, “The Experienced Midwife”, writes: “A midwife is the most necessary and honorable office, a helper of nature . . .” Other medical references of that time also suggest that doctors were rarely called in to assist in childbirth and then only in especially difficult deliveries. It is believed that the Egyptian Queen Cleopatra was herself assisted in birth by five midwives.

The witch hunts and hysteria which swept Europe for more than four centuries (14th-17th) in the guise of religious persecution claimed the lives of thousands of women. The phonema of the witch hunt has long been acknowledged as highly complex, and various theories have been expounded to explain it. Suffice to say here that women healers, whose

Helena T. McDonough, Class of 1966, has been, since 1975, a Certified Nurse-Midwife, Medical Department, Massachusetts Institute of Technology. She received her B.S. (summa cum laude) from Boston College in 1973; was graduated with an M.S.N. from Yale University School of Nursing in 1975; is certified by the American College of Nurse-Midwives.

knowledge of herbal medicine smacked of magic, were to be feared. Midwives who were unfortunate to have delivered a baby genetically deformed, such as Anne Hutchinson in the Massachusetts Bay Colony could be accused of Witchcraft.

Within the context of religious persecution and domination, it can be easily understood that regulation and licensing of midwives, when finally instituted in European and Scandinavian countries in the 14th and 15th century, was based generally on the presence of good moral character and was issued by clergymen. In 1673, the first examination was administered to midwives in Denmark by the famous anatomist Dr. Thomas Bartholin. In 1714, the King of Denmark declared that all midwives should be examined before starting a practice. Systematic academic preparation of midwives did not actually begin until the 1750's. At about that time, the first academic course for midwives was also established by the Faculty of Medicine in Paris. By the later part of the 1800's most European and Scandinavian countries, as well as Russia, had some form of governmental control for the training and licensure of midwives.

In the United States, midwives did not "grow up" with the medical profession. In the early part of the twentieth century, with the emergence of Obstetrics as a medical specialty, physicians and the state health officers in the U.S. began to express great concern about the lack of education and skill of the lay or granny midwives, who, at the time

were assisting in the birth of a significant number of infants. (Approximately 40% of the deliveries performed in New York City in 1905 were assisted by lay midwives). Rather than upgrade the education and practice of the lay midwives as was being done in Europe, a vigorous campaign was launched to obliterate the existence of midwifery in the United States. For the most part, the campaign was successful. However, the shortage of health person power created by the disappearance of the lay midwife finally led a nurse, Mary Breckenridge, to seek midwifery education in England. In 1925, she returned to her home state of Kentucky to establish the Frontier Nursing Service. She recruited English midwives and English-trained American midwives to offer the combination of nursing and midwifery skills to the people of Kentucky. Subsequently, the first school for Nurse-Midwifery in the United States opened in New York City in 1931, and became known as the Maternity Center Association.

In the United States today, there are eleven educational programs which prepare Registered Nurses for nurse-midwifery practice, and there are over 1200 known nurse-midwives in the country. Eight of these programs are on a Master's degree level at Universities throughout the U.S. Programs last from one to two years, upon completion of which the graduate must successfully complete an examination administered by the American College of Nurse-Midwives to qualify as a Certified Nurse-Midwife (C.A.M.).

In contrast to the untrained birth attendant described in the early 1900's, today's Certified Nurse-Midwife is a highly prepared individual who has additional knowledge in medical and the social sciences as well as clinical experience in antepartum, intra-partum, post-partum and intra-conceptual care and management of the medically uncomplicated woman during the reproductive cycle.

A Certified Nurse-Midwife is first a Registered Nurse who has completed additional education in the theory and practice of normal obstetrics, routine gynecological care, infant care and human sexuality. The C.N.M. is taught to recognize conditions which require the medical expertise of the physician.

Upon completion of a midwifery educational program, the graduate must take the National Examination for Certification by the American College of Nurse-Midwives. When the candidate has demonstrated satisfactory performance on the examination, she or he is certified by the A.C.N.M. and is entitled to use the initials "C.N.M." after his or her name.

In the United States, a Certified Nurse-Midwife always functions within the framework of a medically directed health service.

The American College of Nurse-Midwives is the professional organization for Nurse-Midwives in this country and is the United States member organization in the International Confederation of Midwives. Presently there are about 1,400 C.N.M.'s in

the U.S. Like any other profession, it must have an accepted governing authority to control practice.

It's functions are:

Certification of nurse midwives

Establishment of qualifications, standards, and functions for the practice of nurse midwives

Approval of nurse-midwifery educational programs

Development of guidelines for nurse-midwifery services and development of guidelines for continuing education of nurse midwives.

In 1971, a Joint Statement published by the American College of Obstetricians and Gynecologists, the Nurses Association of the American College of Obstetricians and Gynecologists, and the American College of Nurse-Midwives provided basic guidelines for cooperative involvement of physicians, nurse-midwives, nurses, and other health personnel for the provision of quality maternity care. One of the recommendation was that qualified nurse-midwives in a medically directed team may assume responsibility for the complete care and management of uncomplicated maternity patients.

A supplement to the Joint Statement was approved in July 1975 which speaks directly of the health care team being directed by a qualified obstetrician-gynecologist.

Finally, a statement that took ten years to agree upon and formulate. Our acceptance has been rather slow . . .

You may be aware of the project-

ed goal to decrease the infant mortality rate to 10 per 1,000 live births within the next ten years, made by the American College of Obstetricians and Gynecologists in 1974.

It is of note that most of the countries with a lower infant mortality rate than that of the U.S. utilize midwives as major health providers in their health care services.

Specifics

I would like to recount some of the studies which have been compiled in states where Certified Nurse-Midwives are allowed to practice.

California From July 1960 through June 1963, two nurse-midwives were given a special dispensation by the state of California to develop a pilot program of maternity care in an area short of physician and nurse manpower; a low income, rural area. Certified nurse-midwives gave complete care. Staff physicians were on call for consultation and to handle emergencies. Over the three-year period, the incidence of prematurity decreased by half. Neonatal mortality dropped by more than half. Of greater significance is the fact that after the three-year program ended, the number of women seeking prenatal care decreased, while the incidence of prematurity rose from 6.6 to 9.8% (p is less than 0.02). The neonatal mortality rate multiplied by threefold, from 10.3 per 1,000 live births to 32.1 per 1,000 live births. No significant changes occurred in the same indices for births elsewhere in the country throughout the same period of study. Upon completion of the pilot study, the Council of the

California Medical Association "refused to support a state law which would have permitted nurse-midwives to practice as they had during the program." It was not until 1974 (more than 10 years) that legal sanction was given to Certified Nurse-Midwifery practice in California.

Mississippi Holmes County, with a largely black rural farming population, had the highest infant mortality rate in the nation; 41.5 infant deaths per 1,000 live births. Within three years (1968-71) nurse-midwives were able to decrease that infant mortality rate to 21.3 deaths per 1,000 live births less than the national average of 24.2 infant deaths per 1,000 live births.

Maryland A cooperative study to investigate the effectiveness of nurse-midwifery in supervised hospital environment, of over four years duration, was undertaken in Baltimore by Lillian Runnerstrom, R.N., C.N.M., P.H.D. The obstetrical service of a large teaching hospital was equally divided on a random basis, with one half of the patients assigned to trained nurse-midwives ($n=768$) and the other half to the resident physician staff ($n=1,005$). The same physical facilities were available to both groups. Identical consultative services, anesthesia coverage, and nursery care applied to both groups of patients. A slightly higher percentage of patients registered on the nurse-midwifery caseload had a greater number of antepartum visits. The nurse-midwives gave complete antepartum health supervision to 85% of the patients who remained on their

caseload essentially unaided by a physician. This, in an essentially high risk population.

In the Intrapartum period, nurse-midwives gave more of their patients analgesic drugs but gave them in smaller doses. Their patients had shorter total labors, and the second stage of labor was shorter even though there was a greater percentage of larger babies on the nurse-midwife service. Anesthesia was predominantly pudendal block and local infiltration of the perineum. Ninety percent of their patients terminated their pregnancy in normal spontaneous delivery.

The physicians gave fewer of their patients analgesic drugs but used higher doses when they did. Anesthesia was predominantly saddle block

or gas and 58% of patients terminated their pregnancy in operative forcep delivery. It is worthwhile to mention that 60% of the nurse-midwifery caseload arrived on the labor floor without any previous prenatal care, a fact which illustrates the ability of the nurse-midwives to screen the patients and perform an initial appraisal of their ability to keep the patient or transfer them to the medical service. The author concludes that "it appears that nurse-midwives are able to recognize deviations from normal in the obstetrical patients; will ask for medical consultation promptly and can render safe, effective service to about one-third of a high risk population."

(To Be Continued)

Nominations Sought

The Nominating Committee of the Massachusetts General Hospital Nurses' Alumnae Association requests that members submit nominations to be considered for the following offices:

President-Elect (2 years)

Secretary (2 years)

Board of Directors (2 years)

Alumnae Representative to the

School of Nursing Advisory Council

Nominating Committee (2 years)

Names and the office proposed are to be sent to Honor Keegan, 34 Parkman Street, Brookline, Ma. 02146.

News . . . of the Classes

1921

AVA WEYMOUTH McGHEE, 81, a former resident of Belmont, Mass., and private anesthetist in the Boston area, died on September 8th in Biddeford, Maine. A graduate of Hebron Academy and the University of Maine before entering the MGH School of Nursing, Ava practiced in the Boston area before returning to Maine in 1967. She is survived by a son, Bruce, of New Gloucester, Me.

1923

FRANCES S. WHITAKER, 76, formerly a resident of Beacon Hill, Boston, died September 5th in St. Petersburg, Florida. A native of Centerville, on Cape Cod, she practiced her profession for 45 years before her retirement in 1968 from the Employers Liability Insurance Company in Boston. Interment was at Beechwood Cemetery, Centerville, Mass.

1925

DORIS BRITTON SISSON, 73, died August 23rd at the Henry Heywood Memorial Hospital. A life-long resident of Gardner, Mass., Doris served for 37 years at the Gardner State Hospital and retired in 1969 as a supervisor there. Condolences may be sent to her husband, Roy, of 281 Chestnut Street, Gardner, Mass. Memorial contributions may be made to St. Paul's Episcopal Church, Gardner, in her name.

1930

September Section

A long letter was received from LOUISE LUNT PECK from Northeast Harbor, Maine. (JANICE EVANS BURAH sends the salient news from Louise's letter.) She is retired and lives in the Senior Citizens Housing Apartments but remains very active. In the summer, she is the gardener for the Jordan Pond House, and also in charge of dormitories, staff kitchen and grounds. In the winter, she is food coordinator for the University of Maine County Extension Group. She also goes with a team into two big nursing homes to provide lay services on Sundays. Also she drives her car to take elderly people shopping, to doctors, to bring them home from hospital, etc. Besides all these activities, she still has time to cross-country ski, ride her bike, swim in the ocean and climb the many mountain trails in the area. (*Wow . . . the Editor.*)

1935

HELEN G. HEWIT died unexpectedly at Quincy City Hospital on August 12, 1977. A native of Ohio, she had lived in Braintree for 30 years. Many of us remember her as night supervisor at MGH before World War II. Then, as an Army Nurse, she was stationed in Africa and Italy. Previous to her retirement, she managed the Franklin Nursing

Home of Braintree. Interment was at the Blue Hill Cemetery.

1937

September Section

ELEANOR HARRISON

PARKER writes: I am beginning to get around some since my total right hip replacement in June. My daughter came from Indiana to be with me for two weeks when I came home from the hospital. She brought her 8-month-old red-headed daughter, so the place was pretty active. You probably know of the drought out here. So far, Kern County has escaped the fires. We had enough in 1970 (while I was back there for Homecoming) when my ranch house burned. In 1972 I sold the ranch and the kids have built a four-bedroom house up there and commute to their schools and work.

I hobbled out to the fig tree yesterday to pick some fruit. Will can them this morning. Needless to say my life isn't very exciting. I'm not driving my car and am not too good at navigating stairs. So spend most of my time reading or sewing or tatting. Have been putting edgings on pillow cases. Now that I've graduated from the walkerette to crutches, I've started increasing my activities and am trying to get around with just one crutch.

I am by myself, however, and can do most everything that needs to be done except go to the store for groceries. A neighbor took me last week and I shopped for the first time.

I enjoy the *Quarterly* so much.

Eleanor's address is 1006 Lincoln, Bakersfield, Calif. 93305.

Mrs. C. Robert Reynolds
Cedarville Landing
RFD #5, Box 305
Plymouth, Massachusetts 02360

Even the rainy day did not dampen the spirit of those of us who showed up for our fortieth reunion! In spite of the fact I contacted every member of our class via the annual scholarship-appeal letter that is sent every Spring, I heard from very few. However, I will list those heard from and those who were present.

VIRGINIA KIDDER DENTON:
Flew in from Austin, Texas accompanied by husband Jim, who was glad to see MGH and her classmates after all these years. This is Ginny's first trip back East. Texas has been her home for over 30 years. They have two sons and two daughters married; a son who is a high-school senior and one grand-son.

ETHEL CARLTON KIESS: Still living in Schenectady, N.Y. Working in a Nursing Home. Daughter working in Boston and a married son and two grand-children.

CHARLOTTE FYHR LEWIS:
Longmeadow, Mass. where husband Jim still practices Medicine. A son, professor in Germany, and three daughters — all married and a total of three grandchildren.

MURIEL SIMPSON MAC AFEE:
Now living in Wareham — gateway to Cape Cod. Has worked as head-nurse at Brockton Hospital for a good many years and is presently in charge of Health Services for the nursing

personnel there. Daughter and son married and boasts of four grandsons.

EVELYN CURLEY KING: Her address has been the same since she was six! Acts as school nurse in Danvers, a job she has had since Jerry died 18 years ago. She has a great family, 3 sons and 2 daughters — two of whom are married and a total of three grand-children. Son Jack is a lawyer and State Rep. from his district.

ELVA SAWYER PROCTOR: Still living in Milton and holding her full-time-part-time job as supervisor in a Dorchester nursing home. Their two — son and daughter — still at home, gainfully occupied.

AGNES LANG REYNOLDS: Enjoying our third year of semi-retirement on Cape Cod Bay. Rob happy with a his less-busy practice and I enjoy helping him run it! Just returned from a great trip to Italy, Switzerland and Germany where we visited our youngest son and his wife, who teach there. Oldest son is an Army Major and he and his wife are now in Washington; daughter and her husband work and live in New York.

We who were there had a great time getting caught up. After the luncheon we went over to the hospital. Charlotte, Bunny, Evelyn and I stayed over at the Hotel and after a leisurely breakfast, and a trip to the new Quincy Market at Fanueil Hall, parted company and wended our weary way home.

Heard from:

FLORA ABBOTT: Living in San

Francisco area. She writes "Vital statistics not impressive" (but we classmates think so!) "Moved to California in 1952. Worked with American Red Cross Nursing Service until 1960. Attended U. of California, receiving Masters in 1961. Joined faculty there in the School of Nursing with specialty in Maternity Nursing in the graduate program. I am vice-chairperson in the Department of Family Health Care. I am expecting to retire in June of 1978."

BLANCHE JUKINS ZANIEW-SKI: She and Bill enjoying retirement. Florida last Winter and Hawaii at the time of Homecoming which was the reason she couldn't be with us. Son married and there are three grandchildren.

MARJORIE HILL SHOLES: Still lives in Norwich. Wes is a bank president and all three children are married — two living nearby, as do the two grandchildren. Previous commitments for this day kept her away.

KATHLEEN McAULIFFE KELLIHER: Tried to convince her Andover was really not too far away but I was not successful!

CAROLINE SINGLETARY: Several letters came my way from The Rebel, as we fondly referred to her in our student days! Up until the week before, she had planned to head for Boston but a patient had requested she accompany her on a trip to the Caribbean and it was too good and too lucrative to pass up — so off she went. She states that she has done private duty since gradua-

tion and has loved it — met many interesting people and done lots of traveling with them. From her letters I gather she keeps busy off duty too — ceramics, other hand-work, volunteer work in a craft shop, etc. She had a Winter visit from MARTY THAYER LAMARINE and hopes any other classmate who passes through Winston-Salem will call on her.

CATHERINE LEONARD CROTTY will report on the members from the February section who attended — ETHEL McCULLOUGH SULLIVAN, AGNES MALONE COTTER and herself.

1942

Rose Scalora Marasco
191 Holt Rd.
Andover, Ma. 01810

The Class of "1942" celebrated its 35th Anniversary at this year's Homecoming for which we were graciously presented flowers from the Alumnae. The September Section of our class out-numbered our February Section. I must say it was also great to see them and to bring back such fond memories.

Our Section was represented by RACHEL RANTAKANGAS PENTI who lives in Carver, Ma., has two children and three grandchildren. She is the Director of Nurses at Tobey Hospital in Wareham.

It was also good to see MARIE SMITH LODGE who travelled from Geneseo, Ill. Marie is the Medical-Surgical Head Nurse at a hospital in Moline, Ill.

I attended with my daughter,

Marie, who is a sophomore at Simmons College, studying Business and Communications.

Maybe you will be interested to know about the classmates from whom I've heard. CLEORA BRIGGS HORTON is teaching at the State University, San Jose, Cal. SOPHIE JAREK WALSH is visiting a niece in Simi Valley, Cal. Bebe has just retired from nursing after being the Director of Nurses for a Medical Center in Chelmsford, Ma. BEBE BENNETT ATWOOD just got back from Hawaii, all rested and ready to go to take care of a new granddaughter. Bebe lives in Wollaston, Ma.

We still have no addresses on JULIA SARAD SPAULDING, HELEN ROBINSON BLAKE and LILLA SHELDON JUNGKIND. If any of you know of their whereabouts, please contact me or the Alumnae Office.

Look forward to seeing more of you at our next Homecoming in '78.

1944

February Section

Annette Heinze Desmarais
92 Chapel St.
Holden, Mass. 01520

Hold on to your hats. The class of Feb. 1944 is heard from at long last, thanks to MARION RANDALL BRYANT, excerpts of whose letter I am quoting here.

"En route from England to California, I stopped off in Maine to spend ten days with CARLEEN MARR VACHOWSKI. Carleen had recently seen NANCY HARDY

BYERS who had come East to visit her mother in a nursing home. Carleen and I went to Wolfeboro one day for a mini MGH reunion with MARY FAGAN GOODHUE and KAY MAITLAND HALLOCK. Mary is a head nurse at the Wolfeboro Hospital, and Kay is In-Service Coordinator at the same hospital.

"As for myself, I am in the midst of packing my household for storage, in preparation for returning to England. Since I retired in 1973, I have been in England at least six months of every year. Part of this time was spent as a part-time lecturer at Oxford. Now I have accepted a two year project involving participating in seminars at Cambridge and Oxford Universities, plus various other colleges in England and Wales. Commuting between Los Angeles and London is a bit much as the years go on, so I have leased my home for two years to live in London fulltime. In many ways I am learning far more than I am contributing, particularly in the Hospice movement in Britain for the care of the dying patient."

Now I'll add a few items about the two classmates I have contact

with. MADELINE HAMEL HOELSCH has been working in Worcester at the Lutheran Home for the Aged for a number of years. I see her at the Worcester County Alumnae Meetings twice a year. RUTH PEDLEY SMITH is Acting Dean of the School of Nursing at U. Mass., and is working on her Ph.D.

As for myself, I am still working as head nurse in the newborn nursery at Worcester Memorial Hospital. Three years ago we were designated the Central Mass. Neonatal Intensive Care Center and the unit has been a beehive of activity ever since.

Perhaps Marion's letter will inspire more of you to write. I will be very happy to send any news on to the *Quarterly*.

Roy, husband of JEAN KISTLER REPLOGLE, has notified the Alumnae Office of her death on July 12, 1976, in Naalehu, Hawaii.

1951

September Section

Marion Decker Manes
211 River View Lane
Centerville, Ma. 02632

IN MEMORIAM

- 1921 Ava Weymouth McGhee on September 8, 1977 at Biddeford, Maine.
 - 1923 Frances S. Whitaker on September 5, 1977, in St. Petersburg, Florida.
 - 1925 Doris Britton Sisson on August 23, 1977, in Gardner, Massachusetts.
 - 1935 Helen G. Hewit on August 12, 1977, in Quincy, Massachusetts.
 - 1944 Jean Kistler Replogle on July 12, 1976, in Naalehu, Hawaii.
-

Well, I had made up my mind to take JOAN VALLANT PARENT's offer and give the job to her; even wrote my Swan Song sob story about the well of creativity having dried up; cleaned out my desk with its odds and ends of leftover news, etc. And here I still am! I really think about ten years as Alumnae Secretary is long enough. We need a fresh viewpoint. So how about someone volunteering? Come on, you fellows up there in the grandstand! (One of Miss Perkin's expressions in her classes in the amphitheater, remember?) Joan says unexpected family illness prevents her from taking it on.

DORIS SEARS BATES called the other night. She's now in Ft. Walton Beach all the time, working as "Nurse Consultant", whatever that means. Peter was there too. Her dog "Twinky", at age 16, died last Dec. Sears is now divorced from Ivan.

NATALIE QUIRK MEANEY has moved to High Point Rd., Valley Forge, Pa. 19481, and lives right next to the National Historical area.

DODIE STONE BERGERON and Noel have moved to 16 Appleton Place, Leominster, Ma. 01453. GRETCHEN GEARHART CLAMEN has moved to 8460 Carter, Overland, Kansas 66212.

BEA MERZ McHUGH and Eddie were separated and waiting for the divorce to be finalized.

JOAN McCARTHY PETERSON, Old Faithful, has won the fur-lined bedpan award for submitting news more regularly than anyone else. (Don't laugh, in N.H. you need one!) Paula graduated from Pembroke Academy and drives a special-

y-equipped car to her job at Concord Hospital with the Nursing Services. She's only 4 feet 7 inches, but has lots of spunk, says Mac. Andrea will go to Notre Dame College in N.H. to become a court reporter.

JUNE MARINER TOPLIFFE and Jack went on a Caribbean cruise in January in celebration of their 25th anniversary. Congratulations!

BETTY THOMAS WHITE just got in under the deadline with her news. Her husband retired from the Navy four years ago and has his own business. Their daughter is a Chinese language major doing graduate work at U. of Arizona, after having spent 18 months overseas studying. She was graduated from college in three years, previous to that! Their son is at U. of Pittsburgh, thinking about Graduate School. Betty has completed her Bachelor Degree requirement and is applying to Grad School. She's working full time for the Comm. of Pa. Such a busy group!

Yours truly has had a busy summer, hard at work on the golf course, playing her usual mediocre style. Had 95 at Hyannisport — best ever! Chuck and I flew to Florida and drove a friend's car back, visiting St. Augustine, Savannah, Charleston, Williamsburg and Washington, D.C. Chuck has sold his business and is fully retired, so we expect to do some travelling this year.

My father is still doing well at 78, so we consider ourselves lucky. My brother had a month's leave in July, so spent it at my father's. His family is in the Philippines while he does a years' tour in Korea.

Betsy will enter her second year in

nursing at Salve Regina in Newport, R.I., living in one of the dorms in which "Dark Shadows" was filmed a few years ago. Some of the dorms were mansions at one time on Ocean Walk, next to the Breakers, for those of you who are familiar with the area. Couldn't ask for a prettier area, altho Blossom St. did have its attractions! Robin has another semester at Cape Cod Community College with no further educational plans so far. I'll still sub as School Nurse in the Barnstable schools.

Won't someone relieve me of this job? It's really fun (as Alumnae Secretary, I mean).

1966

Donna Brien Sullivan
424 Bay Road
Easton, Ma. 02334

My husband, Steve, and I are happy to announce the birth of our third child, William Stephen, on May 13, 1977. Tommy, age 7, and Staffani, age 5, are very happy with our new addition.

We are moving to our new home August 8th. It is a nine-room Colonial on three acres of land. We are planning to do some farming and raise a few animals.

Steve is still production control

manager at the Plymouth Rubber Co. in Canton, and I will be returning to the CCU at the Goddard Memorial Hospital in Stoughton as of Sept. 3rd.

1967

LORETTA MAHER LEWIS of 6 Holly Terrace, Andover, Ma. 01810, has done a great job in creating a class booklet, made up primarily of letters from each classmate. A great way to keep in touch without writing numerous duplicate letters to class pals.

1972

PAULA O'BRIEN CONNORS, formerly of 1910 Arrowhead Drive., Bremerton, Wash. 98316, has notified the Alumnae Office that, as of October 1st, they are moving to Japan for 3½ years. The Navy is moving them to the Naval Hospital in Yokosuka and they look forward to the new experience. Their address will be Lt. Charles V. Connors, U.S. Naval Regional Medical Center, Japan, Box 65 - 1666, F.P.O. Seattle, Wash. 98765. Paula has enjoyed the two years in the Northwest and found invaluable experience as Infection Control Supervisor at the civilian hospital there.

Procedure Manual

"The Massachusetts General Hospital Manual of Nursing Procedures" has recently become available in printed form. It can be purchased through:

**Little Brown and Company
34 Beacon St.
Boston 02108**

The cost **\$8.95** postpaid. If you wish to be billed you must pay cost plus postage.

CLASS NEWS

SECTION AND YEAR OF GRADUATION

NAME

STREET ADDRESS

CITY, STATE, ZIP CODE

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or printed text on the page.

Mass. General Hospital
School of Nursing
Boston, Mass.

THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.

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OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Winter, 1977

THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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ALUMNAE ASSOCIATION
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Quarterly Record

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Service

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HELENA T. MCDONOUGH (1966)

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BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Wednesday, 9:00 a.m.-3:00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: MRS. RENA BOWER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General Information: MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

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QUARTERLY COMMITTEE

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Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

DO YOU OWN A COPY?

If not, you are really missing a fascinating experience.

A CENTENNIAL REVIEW

1873—1973

The Massachusetts General Hospital School of Nursing

by

Sylvia Perkins

Send check for \$13.50 PPD, made out to H.G. Lee, Treasurer, to
Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

The Significance of Goals and Controls in Health Planning

(Part II)

LINDA K. AMOS

Guest Speaker, 1977 Homecoming

In Part I, Dr. Amos, Professor and Dean of Boston University School of Nursing, explored the social, economic, scientific, technical and governmental evolution inherent in the development of our nation and the impact of these on the health care needs of the public. In this concluding portion of her speech, she reviews what is being done to improve the quantity and quality of health care services and in what ways the thoughtful citizen should be involved.

Since 1935 Congress has been passing laws having to do with health, health resources, environmental protection and biomedical research at an accelerating rate. A total of 129 separate acts have been identified, and more than half have been passed in the past 12 years. The effect of this legislation has been a vastly increased Federal presence in health and medical affairs. The Federal Government now finances more than 60% of all biomedical research and development, provides over 40% of the revenue of medical schools and pays about 30% of all medical and hospital charges. In addition, it sup-

ports a large number of health programs and services directly and in conjunction with the state and local governments.

The Social Security Act of 1935 provided grants-in-aid to the states for maternal child care and aid to crippled children. This act has been extended many times, and is the basis of the Medicare and Medicaid programs.

The Veterans Administration operates the largest health care system in the U.S. with 167 hospitals, 200 clinics, 72 nursing homes representing in excess of 125,000 beds and a potential patient population of 29M people. So we can safely say even without a national health insurance the Federal Government's role in health care is tremendous.

Correction: Dr. Amos included an extensive **slide** presentation with her speech, not a **side** presentation, as was printed in the introduction to Part I in the Fall issue.

Preventive care is the weakest area in our health care system. Prevention should become the paramount, the organizing element in health care with health maintenance, not cure, as the primary aim. That means a substantial re-orientation of medical practice and health professional education; the focus will become not treating illness, but promoting health with the participation of those being served. It will require changing the present attitude and behavior of the American people toward health care; instead of abject dependence on physicians and other elements of the care system, people will learn that the primary responsibility for health lies with themselves - particularly their habits, including how they use the health care system.

Health care goals of any significance eventually become transformed into laws. With laws come the controls. Consumers and government officials alike are basically trying to achieve greater accountability, cost effectiveness, and maximum outcome in the direction of goal achievement for the lowest dollar expenditure.

Let us just look at a few selected health acts which have occurred over the past few years.

Some of the specific controls on health care delivery include the formation over the past several years of the Rate Setting Commissions, the requirement for certifi-

cates of need for major expenditures or changes in the capacity of an agency to service the population, Professional Standards Review Organization (PSRO's), and most recently, the Health Resource and Development Act of 1974.

Public Law 93-641 of the National Health Planning and Resource Development Act was signed into law in January of 1975 and authorized over a billion dollar three-year program for health planning and resources development. This law is the most comprehensive and perhaps the widest sweeping law which has been enacted in relation to health planning in the history of our country. The new law attempts to build on the experience which has culminated from the implementation of the regional medical programs, the Comprehensive Health Planning Program of 1966, and the Hill-Burton program in 1946. The new law, PL 93-641, is supposed to seek to combine some of the best features into one new health planning and resource development program. The important aspect about the new program is that it provides for authority and power in areas where previous programs did not have the power and authority. This health resource development act will require the Department of Health, Education and Welfare to issue guidelines on national health planning policy and will establish a National Coun-

cil on Health Planning and Development. The creation of a complex system or network of agencies from local, regional, state and national levels are in the process of being developed. The health systems' agencies have already been put in place and there are six health systems' agencies or HSA's in the state of Massachusetts.

Local Implementation

At the state level, the Governor appoints a State Health Planning and Development Agency or a SHICK to review and plan health development for the State. One of the important aspects of this whole planning network is the very direct and meaningful participation which has been planned for consumers of health care as well as for the professional practitioners. The statewide health coordinating councils have the authority to review and approve grants coming into the area, and the program authorizes grants for state health planning and development. The program also provides for technical assistance for the HSA's and state agencies and establishes a national health planning information center.

I'm sure many of you are already familiar with some of the developments of the HSA's and the SHICK's and I hope that many of you are participating in reviewing the plans which have been de-

veloped for this region. The national health planning council has not yet been fully implemented but it is anticipated that the final appointments will be made within the next several months. The Health Planning and Resource Development Act is probably one of the most important laws one can examine when one deals with the significance of goals and controls in health planning in our country. One of the few facts known about the development of the Health Planning and Resource Development Act is that it is premised upon the identification of ten priority areas in health care delivery as established by Congress. The priority considerations are ones which must be dealt with by the HSA's, the SHICK's and the National Planning Council. The next few slides will show the ten areas of congressional priority for health care over the next several years.

The goals are quite obvious; the controls which will be established will come from the consumers, the professional members of the health team, as well as from Congress. There are many controls which are currently being placed on each piece of legislation which is being passed. We can expect the future to bring even more controls in this area. The knowledge we have about how to plan for health services at the community level, how health services affect the health

status of people, how data can be used to effect planning decisions, and how to measure the effectiveness of different health programs or system innovation is extremely under-developed as of this date. These are some of the many questions which will be confronted by the various community boards, HSA's and State Health Planning Agencies as they delve into the tasks at hand.

The answer to those questions regarding planning must be found if we are to be successful in effecting the health status of people and the efficiency of the health system in dealing with health problems. This will necessitate a magnitude of controls and regulations to be considered in many arenas if we are to realize the goals. One aspect of the Health Planning and Resource Development Act which we must follow closely is whether or not the funding level authorized will be met. To date, funding levels have been under the authorization level which weakens the ability of any complex planning network to become successful.

In addition, it is important that nurses in every area become actively involved in making their viewpoints known in relation to health care planning and how health services can be best provided to meet the needs of the patients we serve.

Thus far, I have attempted to discuss some of the vast changes in

the health care system, also have mentioned some of the factors in the future. Actually we can say that society, and I am using the word inclusively to include professional groups as well as consumer, have three major areas of concern: 1) quality, 2) accessibility and 3) cost.

Professional Involvement

What will the future bring? Undoubtedly there will be more control or regulatory forces introduced. Internal professional controls may not be strong enough. When society has the ultimate responsibility, then it will have to assume the authority to exercise its responsibility. Already there is regulation of drugs, equipment and certain services. If you recall recently in the State of Massachusetts the judicial review that genetic research had to go through, there already is and probably will be increased regulation of health research, facilities, and health care. There will be a closer regulation of costs, and more accurate determinations of value received with better cost data available. The role of the professional groups in the regulatory process will have to be established, as they will influence both service and education.

There will be emphasis on life styles and how to alter habits that are contributing to the major ill-

nesses of today. There must be increased accountability of practice for all health workers. Just as we have to have certificates of need for additions to health care facilities, there could be certificates of needs for manpower and levels of educational preparation.

There will undoubtedly be a health budget based on a more sophisticated consumer and provider both participating in planning and programming.

It is imperative, therefore, that nurses should be involved in political activity whenever health or quality of life issues are on the decision making agenda. Nurses should neither avoid politics nor limit their activity to those occasions when the status or rights of nurses are at stake. John Steward Mills says, "When a person has encouraged another to rely upon his continuing to act in a certain way, a new series of moral obligations arises on his part toward that person, which may possibly be overruled, but cannot be ignored." We would say that nursing has encouraged such a public reliance and thus has incurred a moral obligation to society to be concerned about health care needs. That nurses continue to form professional associations which are concerned with standards of care, education, and consumer rights supports the view that nursing is accepting this important public obli-

gation at least at a beginning level.

Practicing democracy for nurses, nursing and consumers means that you should be involved in influencing and speaking out on issues not only in local, state and national government health issues, but also in every organization with which you are associated. In the future of health care we must assure that the principles of democracy permeate every bureaucratic organization which we have in our society. You will need to make your views known and speak out on issues at every level. Abraham Lincoln once said, "To sin by silence when they should protest, makes cowards of men." I trust that you will not be silent in your activities and practices as a professional nurse and as a responsible citizen of this country.

Ruth Walsh once said, "Men could learn a lesson from the lonely turtles who crawl about: and note they never get any place until they stick their necks out!" To force issues and make the democratic principles work in any organization requires that you let our principles be tested. This takes courage. I believe we have the strength and courage to allow our principles to be tested in both our personal and professional lives.

All of us live and work within formal and informal organizational frameworks. Over the past several years, we have witnessed the

emergence of a society of organizations in which every single social task of importance is entrusted to a large institution. The most impressive fact about our current society is the emergence of this new and distinct pluralism of a society of institutional diversity and diffusion of power. We must deal realistically with our new society of institutions and make appropriate policies for achievement of our common goal of a better quality of life. At the same time, modern organization creates new problems, above all, problems of authority over people because authority is needed to get the job done. What is legitimate and what are the limitations? It is the individuals in the organization who make the decisions and take the actions which are then ascribed to the institution, whether it be the 'United States', or a specific institution. There are problems of order and problems of morality. There are problems of efficiency and problems of relationships. Tradition does not offer much guidance for us to deal with these problems in a society so dependent upon the interrelationship of all organizations.

A key factor in any organization is the relationship between people and how they work together to improve and accomplish the goals of the organization. This is where the principles of the democracy must be utilized in establishing goals and

making decisions about plans of action. In the health care arena we are faced with multiple centers of authority. To name only a few, we are faced with the centers of authority generating from the physician, the health center administrator, the immediate nursing supervisor and most importantly the patient. Many responsibilities which you assume cut across these four centers of authority. Therefore, because it is so difficult to design a workable organizational structure, the important factors are attitudes and informal relationships which contribute to the goals. The interdependency of professionals and symbiotic relationship of organizations create extremely frustrating times, but you must force issues and make sure that the principles of our democratic society are utilized in every sphere.

Important factors with which you will be constantly faced are problem solving and decision making. Nurses are increasingly developing healthy attitudes regarding political involvement in all kinds of organizations. Important attitudes which are essential ingredients in the practice of democracy are demonstrations of the respect for the dignity of the individual, a respect for the rights and opinions of others, a willingness to cooperate for the common good, a belief in the power of intelligence to solve social problems, acceptance of

social responsibility, and a national and international outlook.

Democracy implies not only a form of government but also a way of life. Democracy assumes that a person has integrity, dignity, right to opportunities, rational capacity to solve problems cooperatively with others, and a capacity for self-government. A person's fullest potential can be developed in a climate of freedom. The search for freedom has been a major factor in the progress made by civilization throughout history. An entire society benefits when its members are relatively free to develop its individual talents. Human beings are creatures of self-interest; for democracy to function, however, a degree of self-interest must be curbed in favor of public interest. The prime goal of democracy is the preservation and extension of human freedoms. Freedom is absolutely useless, however, unless it is coupled with a balanced sense of responsibility. Freedom seems to range from legal to political freedom and from political to genuine economic and social freedom.

Rights and Responsibilities

Several basic components are necessary for health care to be ultimately accessible and utilized by all members of the democratic society. The Bill of Rights must stand, with respect for the individual built uppermost into the

laws of the land as opposed to laws favoring the State. A broad moral code is necessary that incorporates individual responsibility based upon the precept that one person's rights end where another's rights begin. Opportunity must be accessible for individual accomplishments and development of self. People must have the basic education and a level of health and well-being so that they can assume the responsibilities of free citizens in a representative form of democratic society. Democracy purports the well-being of all men. Individuals must not lack sensitivity and imagination, but should try to realize the experiences of all people within their scope, being convinced that they are not equal, because their circumference of experience is different from others. This, therefore, is equality.

At a much more personal level, each and everyone of us should be prepared to say, "This is where I stand on this health issue, this is where I stand on this issue in this organization with which I am associated." Too many individuals, nurses among them, have maintained a distance on important issues, such as national health insurance. These individuals often voice concerns or questions to others but seldom get involved. It is like wearing a halo. I am reminded of a statement by Silas Shea, a writer for the **Wall Street**

Journal, who said, "A halo is a fine thing to wear, but it has been known to slip and become a noose." As nurses we cannot afford to let the halo slip, we must be involved and speak out in democratic ways to influence the future

health status of our society and the quality of life practices in all organizations and institutions with which we are associated. We have a constituency and we will not disappoint them.

TRIBUTES TO MISS PETE

(From her former colleagues at the **Albert Schweitzer Hospital, Haiti**)

Since her arrival in Haiti from Boston in her brown tweed suit, brown felt hat, and brown shoes, in 1955, till the day she left Deschapelles in October 1976, Miss Pete has contributed far beyond her duties as head nurse. There is no corner of the hospital that her bright eyes did not watch and her able hands help. She has been by our side over twenty years.

Before dawn she would come down the path with her crisp white uniform (almost always with a muddy paw mark on the front) and dirty old sneakers. She would go to her office, put on her MGH cap and pin, change to clean white shoes, and be ready for whatever the day would bring.

There was no corner of the hospital that her concern did not reach. The medical library, equipment, from the Stryker frame to oxygen tanks were kept in order under her supervision. She even made sure that each clinic and ward had a calendar, so generously provided her by the **Boston Globe**. She safeguarded the belongings of the patients while they were hos-

pitalized, and when there were no belongings, she made sure that each patient found good clothes to wear home upon discharge.

She never let a staff member be sick at home without food and care and concern. She kept the staff health records up-to-date. She was excited and prepared for each staff baby. The crib, the layette, and the OR pack were always ready and waiting.

Her cozy home was a haven for many. Good music, cakes and cookies, **National Geographics**, and a warm welcome were always there.

No matter how long the day, or how big the problem, Miss Pete never failed to act in the spirit of Albert Schweitzer and his reverence for life.

Gwen Grant Mellon

Walborg L. Peterson, one of seven children, was educated near Boston and earned her cap at Massachusetts General Hospital School of Nursing in Boston, Class of 1926.

In the early years of World War II she volunteered to serve her country in England as a member of the first American Red Cross' Harvard Field Hospital Unit.

When Boston's Eye and Ear Infirmary opened its doors, Miss Peterson left Massachusetts General Hospital to become an administrative assistant. In 1954 her decision was taken to accept position of Directress of Nurses at Hopital Albert Schweitzer, where she served over twenty years.

No other American, and likely no one at all, has served Haiti more faithfully and come in contact with as many Haitians as has "Miss Pete." Her ready smile, her understanding heart, and her cheery "Oui, ma cherie" will be remembered as long as this generation lives.

Tributes are no novelty for Miss Pete. She has been warmly acclaimed wherever she worked, by classmates, nursing sisters, l'Association des Infirmieres Haitiennes, associates and friends here at Hopital Albert Schweitzer. But what must be her most heart-warming experience is that glow of recognition which emanates from everyone privileged to know her.

W. L. Mellon, Jr.

"Miss Pete's" Address:

Miss Walborg Peterson
74520 Yucca Tree Drive
Palm Desert, California 96220

News Notes

Linda S. Bialobreski Baxter of Norwood, Class of 1970, has been named a Clinical Fellow in Mental Health Services to Infants and Families for completing a two-and-a-half year practicum in the Family Support Program of Tufts-New England Medical Center. A therapeutic counseling program of the Department of Child Psychiatry, which seeks to assist couples in assuming the role of parents through support, education and counseling, the program also helps parents develop an understanding of their relationship to each other and to their child.

Linda will also receive a Bachelor of Arts Degree, with Distinction, in Early Childhood and Family Intervention, as well as Presidential Honors, from Emmanuel College next May.

* * * * *

Last Fall, at the dedication of a new School of Nursing building at the University of Rhode Island, R. Louise McManus, Class of 1920, was awarded an honorary degree, Doctor of Science in Nursing.

* * * * *

Muriel A. Poulin, Class of 1946, is Vice President of the Nursing Education Alumni Association of Teachers College, Columbia University.

Nurse-Midwifery

HELENA T. McDONOUGH

Since this paper was first prepared (from speeches given by Miss McDonough), nurse-midwifery has become legal practice in this state. This is the final portion of the paper; the first portion appeared in the Fall Issue, 1977, **Quarterly Record**.

Helena McDonough, Certified Nurse Midwife, has now gone into private practice and is the first non-hospital employed CNM to be granted delivery privileges in the state. With the Cambridge Nurse-Midwife Associates, she has M.D. Consultants and the babies will be born at Mt. Auburn Hospital, Cambridge.

She is also Chairperson of the Advisory Board on Nurse-Midwifery to the Board of Registration in Nursing and is Chairperson for the Massachusetts Section of the American College of Nurse Midwives.

The Cambridge Nurse-Midwife Associates is located at 300 Mt. Auburn Street, Cambridge (Tel: 661-9635).

While Massachusetts does not reflect the health manpower shortage experienced in other parts of our country, the following comparison of infant mortality rate in the United States with other industrialized nations of the world is of note. A statistic frequently cited as an example of the health care delivery system in the United States is the high infant mortality rate. **The infant mortality rate is based on the number of infant deaths per 1,000 live births in the first year of life.** The United States ranks fifteenth among the other industrialized nations of the world, as compiled by the United Nations' statistical office for nations with populations of 2.5 million more.

As an individual state, Massachusetts infant mortality rate is less than that infant mortality experienced by the United States as a whole. A closer inspection of Massachusetts statistics reveals a great discrepancy in the infant mortality rate experienced by non-whites in comparison to white infants. In addition, a comparison of the rates for 1972 with 1973 reveals that white infant mortality decreased while black infant mortality increased. In 1972, 12.1 white female infants per 1,000 live births died. In 1973, this figure declined to 11.8. In 1972, 17.6 white male infants died per one thousand live births; by 1973, this figure had decreased to 17 deaths per 1,000 live births.

For non-white infants 1972, the following statistics are available: 21.9 non-white male infants died per 1,000 live births. This figure rose in 1973 to 28.2 female non-white infants in 1972 had an infant mortality rate of 18.1 per 1,000 live births. This figure rose to 26.6 in 1973. These increases occurred at a time when the United States total infant mortality rate declined. This neonatal mortality rate for 1973 was the most complete compilation of statistics I could gather from the Massachusetts Department of Public Health. The tentative figures for 1974, reveal that the overall neonatal mortality rate for the state had decreased to 13.9 per 1,000 live births according to provisional figures. I've not as yet been able to get a more complete breakdown of these figures by race/color. While 13.9 per 1,000 live births is lower than that for the entire country (16.6), it is still great when compared to our European counterparts. Nurse-midwives have generated a positive impact on populations demonstrating similarly high neonatal mortality figures. The incorporation of nurse-midwives into the obstetrical health care delivery system may well become a pivotal factor in improving our infant mortality in Massachusetts.

If we are to begin to meet the goal of the American College of Obstetricians and Gynecologists (A.C.O.G.) for the next decade, of

an infant mortality rate of 10 per 1,000 live births, we must begin to work collaboratively. The assumption of care for the normal child-bearing woman by Certified Nurse-Midwives will free the obstetricians to focus on women who are at higher risk for complications to themselves or their infants.

Experience has shown that a large number of consumers will, given the opportunity, choose nurse-midwives for care. A recent article in the **American Journal of Obstetrics and Gynecologists**, "Obstetricians and Nurse-Midwives, A Team Approaching Private Practice," describing the inclusion of two certified nurse-midwives into a health team, found a high level of patient acceptance. Women were traveling a distance of 40 miles from neighboring city to avail themselves of this team approach. Similar services at **Roosevelt Hospital** in New York and **Yale-New Haven** in Connecticut have met with enthusiastic patient acceptance.

I've attempted to document both the safety and consumer acceptance of nurse-midwifery.

I have recounted our ancient origins. I do not believe that it is a coincidence that in those nations with a lower infant mortality rate, midwives are recognized as the skilled professionals for normal ob child-birth, and as such are allowed to practice. Is it coincidence that in rural Kentucky where nurse-mid-

wives have practiced for fifty years, the infant mortality rate is 6 infants per 1,000 live births, a figure far lower than the 10 per 1,000 live births aspired to by A.C.O.G.?

In April of 1977, Governor Dukakis signed legislation which allows nurse-midwives to practice in Massachusetts. It took eight years for this practice to become a legal reality. The bill was opposed that year, as in years past, by the Massachusetts Medical Society. It was also opposed by the Home Birth constituency, two groups. 360 degrees philosophically opposed, united in opposition to this Bill. Strange is it not - Politics makes strange bed fellows but...

The legislation allows for nurse-midwives to function in facilities licensed by the Department of Public Health for maternal and child health services. We recognize that this excludes nurse-midwifery participation in home births, an alternative desired by some women of the Commonwealth. At the moment that phrase, "facilities licensed by the department of public health for Maternal and Child Health Services" is synonymous with "hospital". However, the choice of that phrase to the exclusion of the single word "hospital" was deliberate. We wanted to leave the law open for the development of birth rooms and alternative birth centers. At present, the majority of births still take place in hospitals. Dissatisfaction

with current hospital practice, with depersonalized care, the increasing dependence on technology, the noxious barrage of "routine" procedures to which a normal woman is subjected, has influenced some women to opt for a home birth. Not all women, though, will do so; for those women then, hospital birth must be altered to become more personal, more humane. Nurse-midwives can be advocates for women within the system. Since passage of the legislation, Nurse-midwifery services are in operation at Beth Israel, Boston Lying-In, and Boston City Hospitals. Nurse-midwives work in neighborhood health centers such as Brookside in Jamaica Plain and the Chinese Community Health Center. Nurse-midwives are employed in private obstetrical practices in Boston and Haverhill. There is a nurse-midwifery private practice in Cambridge. Plans are underway for alternative birth rooms in Beth Israel Hospital in Brookline and Mt. Auburn in Cambridge.

We believe that nurse-midwifery care throughout the normal reproductive cycle is an option, one of many available to child-bearing women in the Commonwealth. There has been much rhetoric about the declining birth rate. If women choose to have fewer children, should they not have some choice in how they choose to safely bear that child?

MGH Nurses' Alumnae Association of Western Massachusetts

Please note our new name. We were checking through old records and found ourselves listed many different ways. Even our by-laws had a blank beside Name:. A vote of the membership changed that.

The fall meeting of our group was held at the home of Pat Crowley in Springfield on September 21, 1977. Mary Hyfantis was co-hostess. Those present were:

Doris Ellinwood '25

Beatrice (Harper) Kline '36

Mary (Moskos) Hyfantis '45

Charlotte (Fyhr) Lewis '37

Patricia (Bachelder) Crowley '44
Esther (Goff) Becker '14
Harriet (Beltrandi) Bilezikjian '53
Barbara (Hunter) Eger '48
Barbara Jensen '40
Olive (Lyon) Lovejoy '32
Mary (McQuesten) Patterson '48
Jean (Youngberg) Young '53
Peggy (Cope) Mascher '66
Ann (Foisey) Roach '46
Ruth (Drake) Lincoln '30

A short business meeting was held. Jean Young was asked to be sunshine chairman. After the meeting, Harriet Bilezikjian gave a very interesting talk about the duties of the school nurse to-day. Harriet is a school nurse at the West Springfield High School.

News . . . of the Classes

1913

HENRIETTA SHARON SUMBERG ANDERSON, 88, died in the Fairlawn Hospital, Worcester, on November 9, 1977. Born in Millbury, she lived most of her life in Worcester. During World War I, she served with the Army Nurse Corps and was stationed at Base Hospital 85 in France. During the late 1930's and during World War II, she was employed at the Wyman-Gordon Company. She was a member and past commander of

Devoe-Taylor Post, American Legion, of Millbury and a past matron of the Clement Chapter, Order of Eastern Star.

1916

HOPE A. WHEELOCK, 84, died January 5, 1978, at a Calais hospital in Maine. Born in Lancaster, New Hampshire, she practiced her profession at MGH, Children's Hospital, Boston, and retired from nursing in 1962 from the Peabody Home for Crippled

Children. She is survived by one sister, Mrs. Dexter Robbins of Milltown, Maine, and by nieces and nephews.

A very brief notice brings word of the death of ALICE M. DRAPEAU in February, 1977, in Lake Worth, Florida.

1919

The Alumnae Office had mail, dated December, 1977, returned from ELIZABETH FRASER marked "deceased" from New Glasgow, Nova Scotia, Canada. No further information is known.

1920

RUTH M. HUTCHINSON, of Belmont, died on February 22, 1978. Contributions in her memory may be made to Mass. Eye and Ear Infirmary.

1922

Adaline Chase
45 Chelfield Rd.
North Hills, PA 19038

Celebrating their 55th reunion at Homecoming, September 24th were: OLIVE ALLING, FILOMENO di CICCIO, ADALINE CHASE, HELENE LEE, GERTRUDE LUFF PHINNEY, LYLIAN ROPSON GRAHAM and RUTH SLEEPER.

Greetings were read from KATHERINE BEDSFORD WEAVER, who had planned to attend but had to cancel at the last mo-

ment, and KATHLEEN ATTO, who was in London travelling with friends.

1925

Doris E. Ellinwood
267 Main St.
Wilbraham, Mass. 01095

It was my good fortune to hear from several of my classmates at Christmastime. I'd like to share the news with you.

GLADYS BEARDWOOD DUNTON is in Florida for the winter; she writes that her husband has been ill, but is now home from the hospital and is improving in health.

ALICE BOGDON LARECQ has had a busy fall, as her daughter was married in October.

BARBARA CARPENTER keeps busy with handiwork, knitting, crewel, etc. as she says to "keep my fingers nimble."

EVELYN COLE TAYLOR is now living in Maryland; was waiting for her doctor's decision on what to do about an arthritic hip. In the meantime, she is doing a lot of craftwork for different organizations.

DAPHNE CORBETT is also in Maryland and enjoys her retirement there. She and "Collie" recently got together for lunch.

PAULA HELLA is feeling much better, but is limited in her activities following her heart attack two years ago.

ELVERA HENDRICKSON KENT keeps herself busy with volunteer work in a local hospital; also finds time to enjoy her friends.

EARLYNE KINNEY SCOTT is very happy with her family in Florida.

ESTHER MARTINSON had an enjoyable trip to Hawaii and Arizona last fall.

LEE MURRAY BRENNAN is spending some time in Florida this winter; she stopped off in Washington D.C. to visit VIRGINIA DAFFON ALLEN who lost her

husband last year.

RUTH SINCLAIR SPARKS keeps busy doing parttime work for her brother.

ELEANOR STARKEY POF-FENBERGER, with her husband, had a delightful trip to Ireland, England and Scotland in October.

MARIENNE SMITH EARLY has a new address: 5062 Sand Point Way N.E., Seattle, Wash. 98105. She said she had to join the

In Memoriam

- 1913 Henrietta Sharon Sumberg Anderson on November 9, 1977 in Worcester, Massachusetts.
- 1914 Grace Bulmer Bowers on August 20, 1977, in Great Village, Colchester County, Nova Scotia.
- 1914 Peggy Kalvajian Marker on December 27, 1977, in Yountville, California.
- 1916 Alice M. Drapeau in February, 1977, in Lake Worth, Florida.
- 1916 Hope A. Wheelock on January 5, 1978 in Calais, Maine.
- 1919 Helen Robbins Hopler in October, 1977, in Mountoursville, Pennsylvania.
- 1919 Elizabeth Fraser, date unknown, in New Glasgow, Nova Scotia.
- 1920 Ruth M. Hutchinson on February 22, 1978, in Belmont, Massachusetts.
- 1924 Mildred Whiting Preston in Spring of 1977 in Newark, Delaware.
- 1927 Winifred Smith Brown on September 29, 1977, location unknown.
- 1931 Felicia Kulig Fullerton on December 31, 1977 in Cambridge, Massachusetts.
- 1947 Phyllis Ashton Kidder in June, 1977 at Eliot, Maine.

ranks of the disabled, for as soon as she moved, she fractured her foot.

ESTHER TUELL ROBERTS writes a cheery note saying she is recovering from plastic surgery on her right hand.

RUTH WHEELER has to take it easy these days because of back problems.

As for myself, I'm doing fine! After having had both eyes operated on for cataracts and one eye complicated with a detached retina. I refuse to be downed! Sorry to hear that some of the "gals" are having troubles..and I hope that 1978 will prove to be a more healthful and a Happy New Year for all.

1927

Ethel Clow Black
Sewall Rd., Box 686
Wolfeboro, N.H. 03894

On Friday, September 23rd, twenty members of the Class of 1927 met at Reunion Headquarters, Suite 2402 at the Howard Johnson 57 for the cocktail hour. Our guests were Daphne Corbett, and my two daughters Polly Garvey, and Mimi Dye. After dinner in a private dining room the roll was called. Those present, giving a brief history of their past fifty years were: HELEN BAKER, MARY BALDWIN RUDDEN, FRANCES BATCH-ELDER BAKER, HELEN BRICK SWEDBURG, DOROTHY

BROWN WARTENBURG, ETHEL CLOW BLACK, MARY COOLIDGE RAWDING, REINE GIBEAU TREDENNICK, JOCELYN HARRIS SLATE, MARJORIE LANE SMITH, JANE McDONALD SULLIVAN, JEAN MOFFAT YATES, MARION MAXWELL, MARY McCORMICK, MARGARET MURRAY ALLEN, DORIS OSGOOD CAMP, NENA OUELLET, MAYBELLE PEVERLY FAILING, ELIZABETH UPTON WRIGHT, and IRENE WIL-LARD.

Greetings were read from: EARLYN KINNEY SCOTT, NAOMI LANOUE, ETHEL McNAMARA DEVINE, MARGARET THOMAS KENDALL, DOROTHY TURNER PAINE, MARY VARLEY KENNELLEY, and RUTH KETCHUM PIPER.

On Saturday, seventeen of us attended the Homecoming Luncheon, where we were recognized and each of us presented an MGH cup and saucer. The Class gave the Alumnae Association a check for thirteen hundred dollars to be added to the Sally Johnson Scholarship Fund, in memory of Martha Ruth Smith, our beloved Theoretical Instructor. Reine, Mary B., and Jean were given corsages for having travelled the greatest distance to attend Homecoming.

It was voted that the 50th reunion of the Class of 1927 was a very happy and gala occasion.

Comment by one of my daughters
"your class is a group of well pre-
served ladies."

1928

Sylvia Perkins
One Rip Road
Hanover, NH 03755

Notable as we have been during
these 49 years for absence of class
news in the **Quarterly Record**, can
the class of 1928 now be roused
from its Rip Van Winkle sleep in
time to plan the best reunion to
date on September 29-30, 1978?

We'll have to go some to match
the classes of 1926 and 1927. They
have enjoyed being together for
cocktails and a banquet the Friday
before Homecoming, and each has
contributed a very substantial sum
to the School. One of the high-
lights of the luncheon, given by the
Alumnae Association, is the pre-
sentation of a check to Miss Pet-
zold by a class representative. The
class has the choice of indicating
the purpose for which they wish
the money used and may specify
whom they wish to honor. This
year the gift was made in memory
of Martha Ruth Smith.

Ann Eveleth and I were the only
members of our class present at
this year's Homecoming. We think
it is not too early to sound out all
of you and to get volunteers lined
up to help with planning. The class
is responsible for all of its activities
on Friday, and rooms must be re-

served months in advance. Costs
must be met.

Who is willing to volunteer to
help? Who is willing to send me
\$1.00 to cover the initial expenses
of this first stage - paper, enve-
lopes, stamps, and the like?

COME ON - ARISE AND
SHINE - STAT.???

1931

FELICIA KULIG FULLER-
TON, 67, died on December 31,
1977 in Youville Hospital in Cam-
bridge, Mass., following a long ill-
ness. Born in Springfield, she was
a long-time resident of Arlington
and a retired MGH nurse. She is
survived by her husband, George,
and a sister, Bertha Obara of
Springfield, Mass.

Memorial donations may be
made to the MGH Nurses Alum-
nae Association, according to the
newsclipping which brought us this
information.

1937

Susan Robins Groff
14 Lucian Street
Manchester, Conn. 06040

Hello, classmates! CATHER-
INE LEONARD CROTTY at-
tended Homecoming and wrote me
that there were three girls from the
February section and seven from
the September group of our class.
AGNES MALONE COTTER,
ETHEL McCULLOUGH SUL-

LIVAN, and Kate represented the February section. Kate said that the MGH spirit was there which compensated for the lack in numbers. There were about 260 people in all. She said the speaker was very informative and she had a delightful time. Everyone reminisced, and looked forward to meeting again.

BLANCHE JUKINS ZANIEWSKI, wrote to Kate that she and her husband had been to Hawaii for a vacation; LIBBY SMITH HOLLIDGE could not make it because of her sister-in-law's Golden Wedding anniversary, and MARY STAATS was going to show her cattle and could not come. I got a nice letter from ELEANOR ZEIG HUNT who was unable to attend because her daughter and baby were coming from Dallas to visit. Eleanor lives in Ohio.

I had sent a post card to AGNES MALONE COTTER and not having an up-to-date list sent it to her former address in Houghton, Mass. Her enterprising mailman forwarded it to one of the two schools where Agnes had been a school nurse for over 30 years, and they, in turn, sent it along to Agnes in Brockton, where she has been living for the past four years. That's mail service for you!

Bill is now retired and I find myself very busy. Besides the usual things that need to be done, as well as my volunteer work with "Breakthrough to the Aging", I

have recently started corresponding with three nice English women, one of whom lives in Luton, Bedfordshire, another, a retired nurse and who does volunteer work with the elderly, lives in the village of Peterchurch in Hereford, and the third, although she is English, lives in Portadown, Northern Ireland. She, too, is a retired nurse, but has not done any work for many years. I find this overseas correspondence very informative and interesting, as we all seem to have common interests.

If anyone would like to continue on gathering news from our class it would be fine. If nobody wants to, I'll be glad to keep on doing it whenever there is something to write about. Membership in the Alumnae Association seems to be shrinking yearly which is a pity.

By the time this gets in the **Quarterly**, Christmas will have come and gone. I hope you all had a fine time, and Best Wishes for the New Year!

1939 September Section

Yvonne Goethel Ciesluk
298 Weaton Road
Wellesley, Mass. 02181

WINONA BEHR SMITH,
CLARE MORAN HAYES, KAY
TRACY TAYLOR, HONOR
STANTON KRON and yours truly
attended this year's Homecoming.
Kay came down from Maine and

joined Clare in Connecticut and they flew on up to Boston together. Honor flew in from Chicago, where she is an Occupational Health Nurse. Her brother came down from New Hampshire on Sunday and they toured the "old and new Boston", before driving back to Chicago together. Nona was unable to join us for dinner and much enjoyable conversation.

Had a delightful letter from BEULAH CUNNINGHAM SMITH at Christmas. She is still living in Belgium, doing a great deal of traveling. She and Lew took a trip to the land of the midnight sun on a Norwegian Coastal Freighter and traveled 1200 miles to the North Cape. Half of the journey was north of the Arctic Circle. From there they went on to Finland and the Lap Country and ended their trip with four days in Leningrad. She said in closing that they will probably remain in Belgium for at least another year.

Hope everyone will start planning to attend our fortieth, while we are still reasonably mobile.

The news is sparse so please do drop me a line and let me know what is going on.

1941

A letter from EBBA RUDINE RAY OF 89D Shadow Lane, W. Hartford, Ct. 06110, reads: As you may recall, I was probably the oldest in our class, having graduated

from Mount Holyoke College (BA) and had taught for five years before my MGH training. So, since I became 65 in February, 1977, by compulsory retirement rules, I retired as Administrative Assistant, Employee Health Services, Aetna Life and Casualty, Hartford on March 1st.

With a group of orthopedic surgeons, their families and friends, headed by Dr. Burr Curtis of Newington Children's Hospital, I took a two-week tour of India, plus a three-day stop-over in London en route. Among places visited: New Delhi, Jaipur, Agra, Bombay and Srinagar in the Vale of Kashmir - a most interesting and educational trip into a very different culture from our western civilization. At times, in the country on bus trips, I felt transported back into biblical days - women going to the wells with jugs on their heads, primitive agricultural methods, thatched huts. Even in the cities, the streets jammed not only with modern buses, cars, taxis, but also with camel carts, bullocks, monkeys, dancing bears. Time does not permit detailed description, but I'm glad I went. Also saw the Taj Mahal by moonlight! The most beautiful structure I've ever seen.

Took about 1,000 color slides which I'm now editing.

In May, had cataract surgery on right eye and am now wearing contact lens in that eye, corrected to 20/20 vision. For several months I

accomplished little of what I had intended in retirement, since most of my interests are eye-oriented.

For the past month and a half have had apartment completely re-decorated - quite a chore, but almost complete now. Hope to get started on re-editing travel slides taken in past nine years, research background info on countries visited and prepare some good photo-travel shows. Am currently secretary of Charter Oak Color Slide Association of Hartford, a very active camera club. Am taking contract bridge lessons to bring myself up-to-date; also lessons in hooked rug making, since I needed a semi-circular rug for front entrance. Have knitted four sweaters since spring for my son and wife, who have just returned from an interesting year spent partly in Paris and, later, camping in southern Spain, then to W. Germany, Denmark, the Netherlands and England in a camper. Am also attending workshops in photographic techniques.

My health is excellent. I hike a lot and go on birding trips with the Audubon Society. Regards to all.

1947

February Section

Yvonne Withers Ogilvie
4 Northfield Road
Attleboro, Mass. 02703

I'm afraid I'm a very poor correspondent, but will try to report

some news of our 30th reunion. Saturday, September 24, seven members of our class attended Homecoming. We had expected twice that number, but either the rainy weather or some conflict in dates must have kept some of the girls away. It's hard to compare notes during the morning program, and the luncheon hour can be quite noisy. Most members of the group wanted to go to MGH for the afternoon program and tours, and although we had a very nice invitation from Annia Lowe Giger to visit her new home in Braintree, we were all tired out by the end of the day and ready to head for home. I hope the invitation will still be open next time we get together Annia, and we can plan our time better. Now for some news of those who did get to Homecoming:

KAY MOLANDER CROW lives in Burlington, Mass., and what a busy gal she is! She has five children and one grandchild. She's traveled lots: Hawaii, the Caribbean, Mexico, Canada, and most states. She summers in Kennebunkport, Maine, received her B.S. from Northeastern in 1976, and has been working for ten years at the Bedford V.A. Hospital. She had a bout with cancer last year, and we all hope this next year will find Kay right back in the swing of her busy life.

AUGUSTA CHRISTOPHER GEARY (Chris) lives in Somerville

with her husband and family, and comes to Homecoming every year. She has done some interesting research on the Menopause, and believe it or not, she will be receiving both her B.S. and Master's Degrees at the end of this semester. Congratulations Chris!

MARJORIE BLACKWELL SULLIVAN also comes to Homecoming each year. She is a widow and lives in Quincy with her three children. Her oldest daughter is a college senior, her second daughter is a college freshman, and her son is a high school senior. Marjorie enjoys bowling and sewing. She was thrilled last spring to have a chance to fly to California to visit with SALLY THORNDIKE ROTH and MARY POLLARD KENNEY (Sept. 1947). We had hoped Sally might get to Homecoming. Marjorie does school nursing in Quincy.

FLORENCE SOJKA came all the way from Turners Falls on a rainy Saturday to join with us.

ANNIA LOWE GIGER had had a busy day visiting her daughter, a student at Southeastern Massachusetts University, who had recently undergone surgery in New Bedford. Annia joined us at Walcott House, and I know was disappointed to find that most of us had run out of steam by late afternoon. In May, Annia and her husband and family had moved into a new home in Braintree. She's been working at Long Island

Chronic Disease Hospital. Her son lives on Martha's Vineyard, her older daughter is a career girl with a Boston Insurance agency, and her younger daughter is a student at S.M.U.

MARJORIE WOOD GIONET lives in Mattituck, N.Y. and is an office nurse for a surgeon. She was visiting her mother in Ayer, Mass. and drove in to Boston with her daughter. It was great to see her and we hope she'll make an annual trip to Homecoming.

MARY WALLACE ANDERSON moved to Pembroke two years ago. She has four children, and three grandchildren. Her two daughters are married, and her sons are single. One son works for Amtrak, and the other is a college student. Mary is not working at present, but does volunteer work, and is active in nursing clubs, including the role of recording secretary for Ruth Sleeper Chapter, MGH Alumnae Association.

The following did not attend Homecoming, but did send along some news for me to share with you:

JEAN BARROWS MACDOUGALL lives in Teaticket, Mass. She had hoped to come to Homecoming, but evidently was away on a sailing cruise as she and Colin celebrated their 30th wedding anniversary in September. She's busy with hospital auxiliary work, is a director on the Board of United Church apartments, and is on the

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No. Weymouth, Mass. 02191

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Please send maiden name and year of graduation with order.

Falmouth Conservation Commission. Her older daughter graduated from Tufts, and her second daughter is studying Musical Theater and Theater Management.

ESTHER READE WILSON wishes we could have Homecoming in the summer, as she's working as Head Nurse at Mushingum College Health Center about four miles from her home in New Concord, Ohio, and, of course, early fall is a very busy time. She and her pastor husband, Tom, celebrated their 25th wedding anniversary last May with a surprise reception for them by their congregation. Her oldest son is in Atlanta, her daughter is working on her Masters at Cincinnati University, and her youngest son is a college senior.

GLENNA CLARKE CRUFF also expected to be with us for our celebration, but the date conflicted with plans she and her husband, Earl, had to visit with her married son at his work in Groton, Conn. Her daughter is also married, and is West Coast Representative for a book publishing company. Glenna is Director of Nurses at Sharon Manor Nursing Home.

BESSIE PEARSON BICKFORD wrote to say that she'd be away on vacation at Homecoming time. She lives in Exeter, N.H., has three children, and four grandchildren. She's worked for twenty years at the Exeter Hospital as head nurse on a small Medical-Surgical Unit.

DOTTIE DRURY JOHNSON could not make it to Homecoming. She lives in Williamstown, Mass. and states that her children are all grown and off to school. She's happy to be back in nursing, working at the Williams College Infirmary. She'd love to have any classmates who are in the Berkshire area drop in to see her.

JANE HUDSON HINMAN is a busy grandmother with two grandchildren, ages 5 and 6. She works at the N.Y. Association for the Blind, and does volunteer service for the Unitarian-Universalist Association. Her husband will be retiring in 16 months, and they hope to do some traveling. She's living in Bayside, N.Y.

ANNA MARIE SCHULTZ CHEMEL writes that her parents have moved from Dallas to live with the Chemel family in their new home in Providence, R.I.

MARTHA FAULKNER JONES is living in Northfield, Mass. She states that they travel to MGH every 6 months for her husband's appointment with Dr. Sohier. Her two sons are married, and her daughter is in Oregon working at a hospital. Marty is Attendance person at Northfield Mount Herman School.

RENA BATTISTONE FISHER has been married for 30 years to Bruce who is still in internal medicine in Hayward, CA. Rena graduated Phi Beta Kappa from U.C. Berkeley - congratulations from us

all, Rena! Her son is single and practicing dentistry. A daughter, Carol, is married and works as a medical technologist, and her youngest daughter Margaret, will be a graduate student at U. of Louisville, KY in the physiology department of the medical school.

BARBARA WATSON PARILLO is busy with all sorts of activities; working at a nursery school, part time at the Pewter Shop, etc. She still lives in Rockport and she states that she, her mother, and her sister all have homes on the same lane. Barbara's mother has published some interesting books about her childhood days in Norway. Barbara's two boys are interested in theater. Her older son works around Rockport and Boston, and her younger son is in Montreal.

ANN WALSH HASKELL, BARBARA GRANT HALE, LOUISE ROSA ROWDEN, and SALLY THORNDIKE ROTH had planned to attend our get-together, and I haven't heard why their plans changed. As for myself - we still live in Attleboro. I'm a nurse with the local school system, and seem to keep busy with three active teenagers, two in high school, and the eldest in college. I hope this report will make the deadline. If there is any incorrect, incomplete, or inaccurate information, or any news to report, please let me know.

1947 September Section

Therese Mahoney Regan
18 Brookside Avenue
Plymouth, Mass. 02360

Our 30th Reunion was a great success! We have 52 members in our class. Addresses for 45...I am still looking for the other seven.

I sent out notification of the reunion to 45 classmates...heard from 27 and 15 actually showed-up on Sept. 24th in Boston. Needless to say, we started talking at 9 am and by 12 midnight we still had not finished. Everyone looked the same...fantasy is not only for children. We spent a memorable day at Howard Johnsons "57", made a quick trip to Walcott House for nostalgic purposes, sat through a fascinating film on orientation of new students, and then we dashed off to Nahant as guests of PEG HARRINGTON ANDERSON. After we found her house, we relaxed and were then joined by six husbands. We then proceeded to a local restaurant for the rest of the evening that passed all too swiftly. Concensus of opinion: "...we should do this more often..."

Those who arrived for the day were the following:

SHIRLEY BAYLISS DONNELLY, 19 Emerald St., Lexington, MA; HELEN ASIALIA LITWALK, PO Box 51, East Hampton, CT 00424; ELAINE BLAIS-

DELL CONNELL, 65 Summer St., Skowhegan, ME 04976; JUNE DAVIDSON HAYWARD, 5164 No. Peachtree Rd., Dunwoody, GA 30338; NORMA DUNHAM HALLEY, 336 Vermont St., West Roxbury, MA 02148; PATRICIA FOLEY BAILEY, 193 Mt. Vernon St., Malden, MA 02148; MARY GARDNER SIMCOCK, 9 Charland Terrace, Waterville, ME 04901; PEG HARRINGTON ANDERSON, 6 Hillcrest Ave., Nahant, MA 01918; MARJORIE KENNY LEWIS, 553 E. Grant Ave., Rosella Park, NJ 07204; PHYLLIS MORGAN GOGGINS, 5 Apple Valley Park, Warner, N.H. 03278; DOROTHY PERRY CURRAN, 10 Rockwood Heights Rd., Manchester, MA 01944; MARY ROGERS MURPHY, 9 Hole Street, Newton, MA 02164; RENA SCANLON BOWER, 11 Perry Road, Natick, MA 01760.

At least I'm getting some of your address books caught-up! Those who were unable to attend were:

MARY ANDERSON WILLIAMS, Talls Road, Fort Fairfield, ME 04742; ALYCE DELITTA WHITEHEAD, 2961 Holly Hill, Schenectady, NY 12309; PAULINE FORSLIND BRENE-MAN, 45 Keyes Drive, Peabody, MA 01960; JEAN GUSTOFSON CROSS, 6 Maitland Drive, Alameda CA 94501; ANITA HUMPHREY KESTER, 49 Pine St., Swampscott, MA 01907; PHY-

LISS HUSSEY STOECKER, RFD 1, Chase Mills, NJ 13621; MARCIA JONES BARKEY, 205 19th St., Findlay, OH 45840; HELEN SCOTT GOTTSCHALK, 1300 Mason Farm, Chapel Hill, NC 07514; BEATRICE TAYLOR DUNPHY, 223 High Rock St., Needham, MA 02192; NATALIE TAYLOR MORGAN, 1028 E. Cameron, W. Covina, CA 91791; HELEN TISKEVICH CHERNECK, 21 Wellington Rd., East Brunswick, NJ 08816; BETSY BELL VanVOORHIS, 4314 Scenic Drive, Columbus, OH 43214.

We all read the notes from everyone that evening and I plan to line up all the information and send it to one-and-all after the beginning of the year. Also, we have plans for our 40th Reunion that concerns one and all. What I am trying to do is get everyone who wants addresses caught up to date and find out what is going on. Any question...please write me. Our missing comrades are: HELEN ALLISON, MARGARET BISHOP, GLADYS CULLIVAN, PAT DAW, DOROTHY RIDLON, MIRIAM WIGGINS and LOIS WYMAN.

Cheers!

1951 September Section

Marion Decker Manes
211 River View Lane
Centerville, MA 02632

Looks like you're still stuck with Yours Truly for a while longer. I can stand it if you all can!

JOAN MCCARTHY PETERSON sent her news to JOAN VALIANT PARENT who kindly forwarded it on to me. Mac saw NATALIE QUIRK MEANEY in N.H. last summer, as usual, with family. Francis Jr. is a sophomore at Univ. of Conn., Don a senior and John a sophomore, both in High School, Maura is in 8th grade and Megan in first. Mac's family is doing well - Paula, 20, works for the Nursing Service at Concord Hospital, of which EILEEN WOLSELY is Director; Andrea, 17, is a freshman at Notre Dame College in N.H. and loves it. Mac wishes that Homecoming could come home, as it used to be. She also suggested an Alumnae Drive for the class. So how about reminding the classmates you still correspond with that we're still here, and need more members!

DORIS SEARS BATES sent a note in a box of pecans (sweets to the sweet). Says she enjoys her job as Nurse Consultant. Her friend, Priscilla, from California, whom some of you may remember her mentioning, was due for a visit with Sears in Florida and died suddenly, the day before her arrival date. There's a lesson there for us all. So I'll start nagging early for a large attendance at our next reunion in 1981!

Got a short note from MARY SARGENT MACKIN in response to a note of cheer from me, inviting us for a visit. Unfortunately we couldn't make it.

Well, I hope this winter passes as fast as the summer did. Seems they get longer and colder every year. Chuck and I flew to Arkansas for a family reunion and paid a visit to St. Joe, where he was born in the Ozark Mts. We actually had to call up a farmer whose pasture we had to cross to get up to Chuck's family homesite, because he was in the middle of a feud and would shoot anything that moved on his property! Then I met a man who shot some guy in the leg only two years ago, arguing over who had the best hunting dog! Still wild and woolly out there!

Speaking of wild and woolly, I imagine most of you know the wards in "Bulfinch Building" are closed. I'm sure we've all had some interesting times on those wards!

Happy 1978 to all!

1952 March Section

C. Harrington Boyd
350 Washington Street
Melrose, MA 02176

On Homecoming Day we Officially Celebrated our Twenty-fifth Anniversary!!! It started with the Alumnae Luncheon, where seven of us began the "catching-up". There were the regulars, plus two

who came from Va. One was ROSELLE AUDET HARRIS, whom we hadn't seen since Graduation, but who shares the class gift of "looking just the same".

Roselle is Director of Nursing at Guardian Care of Chesapeake, a 54-bed intermediate care facility. She and Jack are very happy with a tiny house and a big camper. She came up with:

ELSIE HOPKINS BARNETT who arranged her annual visit to coincide with the reunion. Elsie works part time, plays tennis three times weekly, and says she'll do anything to avoid housework. (She has an understanding husband)..also has Bill Jr., 23, Mary Jane, 21, and Bobby, 19.

DOROTHY MAHONEY, who's very busy at MGH S.O.N., earning money so she can "play, travel and live it up". And travel she does!! Dot's been to places Lowell Thomas never thought of!

ALICE BILLINGTON WOODACRE has two married daughters, another at Fitchburg State, S.O.N. of course, a son in Forestry at the Univ. of Arkansas, and a son at East Coast Aero Tech. Alice and Stan have two beautiful granddaughters.

BEV THOREN is at the General as Adm. Asst. to the Director of Nursing. She enjoys the luxury of a summer cottage on Martha's Vineyard.

BARBARA ROBINSON SALLOWS is a lady of property on the

North Shore. She is soon to become a G.R.I. (Graduate Realtors Institute), a designation for Professional Realtors. Barb is also the landlady of a couple of two family houses. For those of you looking for property on the "horsey" North Shore, call our own G.R.I. Barb's daughter Sandy is at Veterinary Tech. in Beverly Farms; and son Clyde has just left college for the lure of the big world.

After lunch, while tours of the hospital were being conducted, I dashed home to deal with the realities of a house wherein dwell eight people, and to prepare for a Cocktail Party---which ran pretty much along the lines of my last high school party--all the females in one room, lots of screaming, talking all at once, while the husbands gathered in another. Thank Goodness most of them know each other! In addition to the people at lunch we were joined by:

ESTELLE DOUCETTE POTHIER, and Bill, having a night out from their seven, 3 boys and 4 girls, aged 6 to 16 years. The youngest is now in first grade. Estelle volunteers for the local Red Cross Chapter, teaches C.C.D. and says she "just keeps house". Hah! I know something about keeping house for a family of nine, and there's no "just" about it.

MARION MacNAUGHTON ROSE works for a group of Internists here in Melrose, and is preparing for her older daughter's

wedding. The younger is a sophomore at B.U.

FLO BELL DILLON and Bob and JOEY BREWER HELD and Alan made it also a family reunion as Flo and Al are cousins. Flo's son Bob has just finished college and is currently seeking the goal of all good grads...a job.

Joey and Alan's oldest daughter married in April, and is living in Texas. Their son, Mike, is out of the Marines and in school; Cynthia is at Fitchburg State; Holly working, and Matthew is still in school. Joey and Al are planning to move to Texas in the near future.

BARBARA LUMBRA PIRAINO and Vin say their family is steadily shrinking in size. Elaine is married and living in New Haven; Stephanie attending Northeastern; Diane, a junior at Cornell; Jim, a freshman at Tufts; and Stephen a freshman in high school. Barb works parttime at a local hospital.

After our non-stop talk fest, we all adjourned to the Colonial Country Club for dinner--complete with favors made by Dotty and Mac. They were tiny potted flowers resembling a daisy made of black and white checks!! An old uniform came to a good end!! At dinner we met with another long lost classmate:

MARIE LeBLANC KRINSKY and husband Al came from Worcester. They have three girls, Janice, 22; Susan, 20; and Marjie, 16. Marie is not working now, but

is playing lots of tennis. (I'd take it up if I thought I'd look as well as Marie.)

JANET HARRINGTON took a night off from Quincy City Hospital's Nursery. On the sheet I passed around, she describes herself as a "maiden lady with 22 children last night."

BILLIE GOAD OCZKOWSKI and Fred take the honors for the youngest child...Robert, 4½ years. Everyone at our table was convulsed listening to tales of this intrepid and determined investigator. (I think Billie said DESTROYER.) There is no hurdle too high; no aperture too small; and no object too large to foil Robert's ingenuity. Billie is temporarily retired from nursing. The other children are Linda, 24; Fred Jr. 21; and John, 10.

ELEANOR JONES YOUNG works nights at South Shore Hospital C.C.U. She has two married children; two still at home and a new grandson.

As for myself, Ed and I are still in Melrose. None of my children are married yet, but one did move to her own apt. this summer. It's right here in town, close enough to come to dinner several times a week and to use the laundry facilities. Liz is a senior at U.N.M. and will probably stay in Albuquerque. Mike and Peter both work; Maura is an Aide in the O.R. at the same hosp. where I work part-time. Amy goes to Salem State, and

Martha to Jr. high. Ed is now the Director of the Margaret Gifford School in Weston, a private facility for Emotionally Disturbed Children, and does some private therapy in his "spare time".

We had some communication from people who couldn't attend: PAT ROURKE HOLMBERG and Bert are sailing to Hawaii to celebrate their 25th Wedding Anniversary.

EDITH BEAUCHAMP had planned to come but didn't make it. I saw her this past year at Malden Hospital where I think she's Director of Inservice Ed.

A letter from PAM MARTEL BROWN reports a move to Portland, Oregon where Art has become chairman of the Physiology Dept. at the Univ. of Oregon. Son Dan graduated from Cal Tech; Aaron will grad next year from Harvard; Nathan is a soph. at U. of Chicago and Ben, a freshman at Brown, in R.I.; Miriam is in kindergarten.

Although CARLYN BRYANT SPOONER had planned to come, she was unable to because of the sudden tragic death of her fifteen-year-old son. On behalf of all of us, I extend our deepest sympathy to your whole family.

A brief phone call to JANE MARCHI reveals that they find the pace of life in California somewhat slower and more relaxed than in New England but are enjoying it all the same. Tom is now working

there permanently. The new address will follow with others:

Mr. & Mrs. Thomas Marchi
(Jane Eckersall)

5405 Blackbird Drive
Pleasanton, Calif. 94566

Dorothy Mahoney
13 Colombia Street
Watertown, Mass. 02172

Beverly Thoren
22 Heather Road
Watertown, Mass. 02172

Dr. & Mrs. Al Krinsky
(Marie Le Blanc)
188 Institute Road
Worcester, Mass. 01602

Dr. & Mrs. Arthur Brown
(Pam Martell)
2640 S.W. Talbot Road
Portland, Oregon

Mr. & Mrs. Jack Harris
(Roselle Audet)
128 E. Chester Street
Norfolk, Va. 23503

Mr. & Mrs. Stan Woodacre
(Alice Billington)
33 Winfield Street
E. Freetown, Mass. 02717

Mrs. Barbara Robinson Sallows
176 Main Street
Wenham, Mass. 01984

1952

Dot Lucius Kozloski
2934 E. Bloomfield Rd.
Phoenix. AZ 85028

Hi all. Got a note in mid-November from MARGIE SPRAGUE DRESELLY telling

about the 25th reunion at Homecoming. And then got a Christmas card from ANN MacLEAN PLUNKETT. Both letters had a listing of names, addresses and family information and I hope I don't miss anyone.

As for myself, tomorrow evening I start my senior year at St. Francis College, which is located in Joliet, Ill. and gives extension courses in lots of major cities. Haven't been to collegiate classes but have taken IV courses and Red Cross for Lifesaving and Swim Teaching courses as well as CPR. Am now working in a Plasma Center doing work again with needles. Makes me laugh. When I gave my first IM injection, it was GRACIE HENDRICKS who was my "patient". And it took me 45 minutes to get the fortitude to inject the needle.

LUCILLE ACHIN MASLEN, 393 Tiffany St., Attleboro, MA 02703 - private duty weekends, school volunteer, ten children, eight at home, two thru college, one married, is a "grandmother".

ARLENE BELL GIGLIOTTI, 762 Greenlawn Dr., Amherst, Ohio 44001 - eight children from ten to 21 years, two in college, one working. Works as a volunteer for county nurses and in school nursing. Arlene lives right on Ohio Turnpike, if anyone is going West, stop by.

CHARLOTTE BICKNELL JOHNSON, 15 Geoffrey Lane,

Kings Park, N.Y. 11754 - not working now, did work in delivery room. Has six children, three in college or thru school and three at home.

GERRIE BROWN BOHLANDER, 450 Henley Dr., Bloomfield Hills, Mich. 48013 - three kids, two in college and one 15-year-old. Currently inactive in nursing, plans on a refresher course, soon. Involved with work for "Learning Disabled Children".

FRANCES BUCK FOSTER, 163 Pleasant Hill Rd., Scarborough, Maine - four boys, one girl; working in nursing the last six years.

JOAN BALDWIN HARVEY, 12 Orchard Ct., Hamden, Conn. 06517 - three children, one son married and in graduate school at Yale. Daughter working full time and in college part time. Youngest son is a high school senior. Joan is working full time at Yale as a coordinator for Cardiothoracic Surgical Service and working part time on B.A. degree.

SYBIL CAINE KELLOGG, 33 Woodridge Rd., Aurora, Ill. 60538 - three children, 16, 18 and 20 years. Syb works as a nature guide part time.

JODY CEDERHOLM SWENTOR, Rt. 8, Box 522, Salisbury, N.C. 28144 - three kids, all in college. Works as a sales rep for Berkeley Bio-engineering Medical Equipment in N.C., S.C., Va. and W. Va.

GINNY DAY McKILLOP, 14300 Lake Lane, Fort Lauderdale, Fla. 33330 - doing volunteer work, also on call part time in pediatrician's office. Has two daughters.

GRACE HENDIRCK PRESSWOOD, 41 Westfield Dr., Holliston, Mass. 01746 - didn't write anything; she was too busy setting up the reunion dinner and didn't say much (hmm, I don't believe it).

EDIE LIND KNOWLTON, Box 420B, RD #1, Hockissen, Del. 19707 - one daughter in college in N. Carolina; doing industrial nursing for E I duPont.

SHIRLEY LUND BENNETT, 4 Thaxton Rd., Beverly, Mass. 01915 - just in her new home.

CELINA MACIEL HILL, 26 Midway Pk., Somersworth, N.H. 03878 - back to work part time after 15 years.

MAUREEN COURTNEY McCracken, 112 Devonshire Rd., Attleboro, Mass. - five children, four of whom are distance runners. Part time phlebotomist at Rhode Island Hosp.

ANN MacLEAN PLUNKETT, 12208 St. James Rd., Potomac, Md. 20854 - works at NIH, Bethesda, Md., Heart Inst. Has two children, one a college freshman, one a senior in high school.

ELLEN NICKERSON STEINBOCK, Falmouth, Mass. - three kids: Marie married, teaching in Special Ed., Charles, music student in Boston; and Siobhan is a

high school freshman and equestrian of note in SE Mass. No street address for Nicky but in Falmouth, after 18 years in Bermuda. Is a "grandmother".

MARION O'BRIEN HOGAN, 104 Progress St., Weymouth, Mass. - I think there are four daughters; one is a nurse from B.C.; others at home.

JOYCE SAWTELL KENNEDY, Newfields Rd., Exeter, N.H., 03833 - kids all in college, except David, married and a civil engineer in Marine Corps. Lowell still going to sea. She's working as a nurse practitioner. Went back to MGH and to school in 1975

MARGERY SPRAGUE DRESELLEY, 102 Winter St., Gardiner, Maine 04345 - notes that at the reunion the Class was as noisy as ever. She's working full time at VA in OPD. Husband, Richard, is a civil engineer/computer programmer with State of Maine. Son Phil, 20, is a senior at Rensselaer Polytec in Bio-med.

ANN SULLIVAN MESCALL, 48 S. Gate Pk., W. Newton, Mass. - five children, one a golf pro, one a second-year student at MGH SON, four in college.

MIRIAM WOOD WATKINS, Allen Coit Rd., Huntington, Mass. 01050 - four boys, ages 10, 14, 16, 17; not working except at home.

NANCY TAYLOR MORTENSEN, 22859 Burbank Blvd., Woodland Hills, Calif. - four boys and one girl. Nancy works in a

Blood Bank.

CONNIE DELOREY is married and living in Calif. Nancy saw her a while back. KATHY MacPHERSON is doing some teaching of Psych courses for the Univ. of Maine.

And, lastly, because of the alphabet, but first in line for fun: JEANNE ZEDREN SCOTT, 145 Harvard St., Newtonville, Mass. -no recent data.

As for me, Dot, - two sons, one in Navy in Virginia; one a sophomore in high school. Am working for Abbott Lab in a Plasma Center and am in college part time.

Maybe having these addresses will get some letters going. Hope they make the next **Quarterly**.

1959

September Section

Patricia Friss Newnham
2107 N. Oak Lane
State College, PA 16801

Hello all! It was great to get cards and letters from some of you at Christmas. Several mentioned our 20th reunion coming up in 1979. ELLA LADD HOSELTON writes from L.A., "20 years? You must be kidding. We are much too young!" (My sentiments exactly!) However, reunion time is creeping up. We will need a reunion chairperson in the Boston area to scout out a spot for the dinner. Any volunteers? I'll be glad to help with mailing, but no longer know the

Boston area restaurants, etc. Please - someone get a committee organized and let me know what you are planning!

JANE HARTWELL is keeping busy in her Out Patient Dept. and finding oncology a real challenge. She and MARY FURBER RAYMOND's family spent a week in N.H. in Aug. Jane hears periodically from MARIE FARIS ARENTS who lives in Virginia and keeps busy with her six children. Now that the youngest is in kindergarten, Marie is thinking of part time work.

ESTER CROSSMAN HALL and family have moved to Maine: 193 Main St., Freeport, Maine, 04032. She is working in a nursing home and enjoying it.

CAROL FRENCH PUBLICOVER and family are in Orlando. Her son Kerry is a senior in high school and works part time at Disney World. Carol's oldest, Karen, finished high school and lives in Key West. Cheryl and Kim are both in high school. Andrew, the youngest, is 12. Gerry is a sales representative in electronics. Carol helps in his office and works as a "float" one night weekly at a small local hospital. Carol's mom settled in the sunny south two years ago and lives just a mile from Carol. (The sunshine sounds marvelous from our snowbound north this January!)

MARY FURBER RAYMOND writes that MARILYN GIFFORD

who started training with us has recently become a grandmother! Doesn't that make you feel old? MICKEY McCARTHY PERRY continues to work in ICU. Her "baby" is 4 now. Mary's daughter is a senior in high school. Mark is a freshman at Whittier Vo-Tech and Danny is a sixth-grader. Mary makes frequent trips to Warwick, R.I. to visit an aunt and uncle in a nursing home there.

KATHY GLENDENNING JONES and family are still getting used to a new home in Connecticut and busy with remodeling.

DIANE FLOYD BAKER's new address is: 49 Main St., Maine, N.Y. 13802. Don is pastor at Maine Federated Church U.C.C. and Methodist. Diane earned her B.A. in May, '77 from SUNY. She will be teaching practical nurses in her new area.

LUCY BAKER HOFER's big news is a new sibling for two-year old Davey. The baby is due in June, 1978. Best wishes, Lucy!

We Newnham's are excited about our chance to go to England for 6 mos., Dec. 1978-June 1979. Bob has his sabbatical leave then and will be at Oxford or Cambridge.

All for now. Please write your news and help plan our 20th reunion!

1965

JUDITH CROSSON LACKLAND of 401 Central Blvd.,

Bricktown, N.J. 08723, writes: I gave up nursing and went back to school to be a biochemist and, since 1975, have been working at Worthington Biochemical Corp. The company is a subsidiary of Millipore and we make clinical diagnostics and purified enzymes. I started out in research (where I obtained a patent for an assay method) but am now a Quality Engineer, which involves dealing with Federal regulations as well as instituting and maintaining quality control programs throughout the company. It's endlessly interesting, although frustrating when it comes to deciphering the government's regulatory language.

In 1977 I married Henry Lackland, who happens to be the Manager of Enzyme Quality Control at Worthington and one of my former bosses. We are living in Bricktown, N.J., on the Metedeconk River where we keep our sailboat, and like the area very much.

I haven't seen anything in the **Quarterly** from anyone of the Class of '65 in years. Where is everyone?

1971

TENNILLE CLARK-GREKULA of RFD 1, Kempton, PA 19529, writes: My husband, Rodney Allen, and I were transferred two years ago by Metcalf and Ed-die of Boston to Allentown, Pa. Rodney is Assistant Resident Engineer on the city's new wastewater

treatment project. I'm currently a junior at Kutztown State College, finishing a B.S. in Psychology. Am working parttime as a non-traditional Student Advisor. My goal is a Master's in Social Work or Counseling in order to return to

the people I love, alcoholics, with especial emphasis on skidrow women.

But for now, we live in an old Pennsylvania Dutch farmhouse. Anyone in the area?

TAKE THE EASY WAY

Keep in touch with your classmates through membership in the MGH Nurses Alumnae Association.

Send name and address and \$10 to Mrs. Evelyn Lawlor, Alumnae Office, Barlett Hall, 34 Blossom St., Boston, Ma. 02114. Include Class Year and maiden name.

Procedure Manual

"The Massachusetts General Hospital Manual of Nursing Procedures" has recently become available in printed form. It can be purchased through:

**Little Brown and Company
34 Beacon St.
Boston 02108**

The cost **\$8.95** postpaid. If you wish to be billed you must pay cost plus postage.

CLASS NEWS

SECTION AND YEAR OF GRADUATION

NAME

STREET ADDRESS

CITY, STATE, ZIP CODE

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.

Bardett Hall

34 Blossom Street

Boston, Massachusetts 02114

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the quarterly record

OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Spring, 1978

THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

MASSACHUSETTS GENERAL HOSPITAL NURSES
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BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Wednesday, 9:00 a.m.-3.00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: MRS. RENA BOWER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General Information: MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXVIII

Spring, 1978

No.1

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QUARTERLY COMMITTEE

Editor..... Alice Yancey Conlon
83 Martland Ave., Brockton, Ma. 02401

Chairman Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

IN EVERY GROUP....

There is at least one person with the leadership qualities, the vigor and the tenacity to make things happen.

Among each of the many classes of the MGH School of Nursing, there must be several people with such qualities.

With all kinds of help available, through the Alumnae Office and Alumnae Secretary Evie Lawlor, Bartlett Hall, 34 Blossom Street, Boston, Ma. 02114, Homecoming 1978 could be Very Special to you and your former colleagues.

But overtures should be initiated now.

HOMECOMING 1978 will be **Saturday, September 30, 1978**, at the Park Plaza Hotel (the former Statler Hotel), Boston.

PROJECT HOPE - EGYPT

Anna Taylor Howard

Class of 1928

Professor Emeritus, Boston University

At a time when my life was involved with community activities, after a full academic life, Project HOPE invited me to go to Cairo, Egypt, as Nursing Coordinator. What a challenge and what fun!

Project HOPE is involved in teaching and training, in developing programs collaboratively with the Ministry of Education and the Ministry of Health to strengthen educational programs and the health services in the areas of medicine, nursing, dentistry and allied health.

The ten nurse educators on our team are associated largely with Cairo University and the University of Alexandria. I have an appointment as Visiting Professor at Cairo University. I have advised on curriculum development at both High Institutes of Nursing. These were started by the World Health Organization. With the departure of the WHO staff and the return of well-qualified Egyptian nurse educators, there was strong motivation to make the curriculum their own--to meet their special needs. At the High Institute, Alexandria, there are 22 nursing faculty with doctoral degrees; in Cairo, a newer school,

there are five. I find the faculties young, vital and challenging.

HOPE Nurse Educators have worked collaboratively with counterparts in the undergraduate and graduate programs in the major clinical nursing areas to evolve the best possible programs for Egypt. It's great fun to assist in implementing health in the curriculum, where such concepts are greatly needed.

In addition, there is demand for ICU Nurse Educators (ICU is a relatively new concept) and for Operating Room Educators to assist in improving aseptic technique for both interns and nurses.

One of the challenges is the development of teaching materials in Arabic, the language of Egypt. Films are selected for suitability and captions are translated into Arabic. An ICU manual and an MCH slide-cassette inservice program have been developed in both English and Arabic. We offer inservice courses for Matrons (directors of nursing services) and other nursing groups on request. There are few nursing texts in Arabic, in fact, only those prepared by the Ministry of Health for use in diploma programs. A great need is

the translation of selected American nursing texts. We purchased a copy of the MGH Procedure Manual, though that, in itself, is not directly useful. Someone like Annabelle MacCrae would be of great value here--a tremendous and demanding teacher. (I still shudder to recall her footsteps as she came down the stairs at Thayer.)

I have most pleasant associations with the Ministry of Health, with the various faculties of the universities. Egypt is very open to new ideas, welcomes Americans. Again this is a most historic and fascinating time in history in Egypt. I follow the conversations closely as Egyptians discuss the political situation. I listen to the newscasts and read the local English editions of the press. Peace is greatly desired. I'm becoming sensitive to the needs and responses and, increasingly, fond of the Egyptian people that I know. They are gracious, helpful and generous. Few are self-centered. I admire their extended families and the family's concern and love for their children.

Education holds priority among all Egyptians. Admirably, it is free through the university. Intelligence is greatly prized. The universities are large and prestigious. Al Azhar, the Muslim university, is the oldest in the world, established in 970 AD.

I live a full life, enjoying the Egyptian museums and the many art forms, the ancient mosques and tombs. Art is my special interest. I've explored the Coptic religion and Coptic music. I've visited Luxor, Aswan and Abu Simbel, developing understanding and great respect for ancient Egypt. The culture provides a perspective. Egypt has added a dimension to my life.

If you are seeking a fuller professional life and hold graduate degrees in nursing, I could but encourage you to explore the international field. I find it both challenging and demanding, exciting and heartening.

Anna T. Howard
42, Batel Ahmed Abdel Aziz
Mohandiseen, Dokki
Cairo, Egypt

Massachusetts General Hospital Nurses' Alumnae Association of Western Massachusetts

The annual dinner meeting of the MGH Nurses' Alumnae Association of Western Massachusetts was held on Wednesday, March 8, 1978 at the Yankee Pedlar Inn in Holyoke. We were delighted to have several new members join us. A cocktail hour

preceded the dinner and election of officers followed. The new officers for 1978 are:

President:

Ruth (Drake) Lincoln '30

Vice President

Peggy (Cope) Mascher '66

Secretary:



Left to right: Charlotte Fyhr Lewis '37, Outgoing President; Peggy Cope Mascher '66, Vice President; Harriet Beltrandi Bilezikjian '55, Treasurer; Barbara Hunter Eger '48, Secretary; Evadine Cady O'Connor '24, a Holyoke member.

(Photo by Holyoke Transcript Telegram)

Barbara (Hunter) Eger '48
Treasurer:

Harriet (Beltrandi)
Bilezikjian '55

Our new president, Ruth, was unable to attend. Charlotte Lewis, the out-going President, conducted a short business meeting. Recently Peggy Mascher went through the Alumnae records in Boston for us and found that there are over one hundred members living in the vicinity. We have tried to contact most of the people and hope that everyone will try to come to our meetings. Notes were read at the meeting from some who were unable to attend. They are: Tirzah (Bagdikian) Juskalian '35, Erna Kuhn '14, Helen (Judd) Coleman '16, and Janet (White) Averill '46, Mary (Moskos) Hyfantis '45.

Those who were present at the banquet were:

Doris Ellinwood '25
Beatrice (Harper) Kline '36
Charlotte (Fyhr) Lewis '37
Patricia (Batchelder) Crowley '44
Harriet (Beltrandi) Bilezikjian '55
Barbara (Hunter) Eger '48
Olive (Lyon) Lovejoy '32
Jean (Youngberg) Young '53
Peggy (Cope) Mascher '66
Esther (Goff) Becker '14
Evadine (Cady) O'Connor '24
Jane (LeClair) Bennett '44
Patricia (Webber) Schwartz '48
Phyllis (Harvey) Smith '59
Barbara (McGarritty) Boisjolie '53
Judith (Conway) Pereira '61
Barbara Jensen '40

Patricia (Martin) Peters '51
Diane Smith '66

We plan to have a covered dish picnic at Charlotte Lewis' house in Longmeadow on June 21st. Peggy Mascher will speak to us about her trip to Hawaii for the ANA Convention.

An MGH Mystery

The May issue of the **MGH News** carried an item about the curious disappearance of the Bulfinch cornerstone. Since this July 4th marks the 160th anniversary of the laying of the stone, a large chunk of Chelmsford granite, the loss, which was first noted by the hospital's librarian in 1928, has continued to be challenging mystery.

The hospital's original records failed to note where the cornerstone was placed and since, over the years, Bulfinch has been expanded on every side except the front, where land grading could hide the stone, no one knows where to look for it.

On July 4, 1818, the ceremony, which set in motion the construction of the first voluntary, non-profit, general hospital in New England and the third such institution in the nation, was conducted by the Grand Lodge of Free Masons of Massachusetts. Attending were a state delegation led by

Governor John Brooks and Lieutenant Governor William Phillips (after whom the Phillips House was named in 1917), Selectmen and health officials of the Town of Boston, representatives of many charitable societies, members of the hospital corporation, and a large gathering of citizens. The Bulfinch cornerstone was placed atop a number of coins and commemorative silver plate. Corn, wine and oil were poured upon the stone.

In the early 1950's a diligent search was launched by Carleton N. Goff, then a member of the MGH Maintenance Department and now the hospital's Resident Architect. He has found the original granite foundation, which was fashioned by convicts at the former Charlestown State Prison, but has not found anything resembling the cornerstone of MGH.

But, somewhere, the stone continues to support the Bulfinch Building and the original and continuing concept of MGH.

Worcester County MGH Club

Our group met on May 3, 1978 at the William Paul House in Holden, at 7 p.m. One more time, we had a good turnout of twenty-one members. As I have been

listing names in the last issues, this time I will just give names of the new people that joined us. They were: Marie Rearick (1944), Barbara Moran Clancy (1957), Evelyn Remick Russell (1935) and Barbara Belanger Bessette (1963). We were glad to see some of our new members of the last meeting return, and hope all shall return for our future meetings.

Margaret Connors Bernier of Gardner, Class of 1949, called and could not attend but thought we might be interested to know that the family seen on television for Stove Top Dressing belongs to Selma Hermann Precup, Class of 1949.

We are trying to get together a history of our Club. We think we are the oldest Club--possibly 36 years old this year. I have some information from the members present and from correspondence I have had from Adelaide Dea. We wondered if any of our former members reading this might have some bits and facts that we could use.

At our meeting, we signed cards to be sent to two of our "older members"--Adelaide Dea and Barbara Williams, as they were unable to attend. Esther Fessenden was recognized as an Honorary Member, as she will have been graduated 50 years in September. Gula Boyce was not present, but she is also a member of the Class of 1928.

Between business and "gab", Marjorie Norcross Paulson was not able to talk to us this time but will speak at the fall meeting, tentatively set for Wednesday, October 18. We have decided to get together at 6:30 p.m. for a little socializing before dinner. The dinner will still be at 7:00 p.m. for those who cannot join us earlier.

The response to our efforts at recruiting more people has been very gratifying. We hope new people will continue to respond and, of course, we hope the "Old Faithfuls" will still support us. Let us continue to hear from you.

Contact: Muriel Pollock (Mrs. Robert), 1248 Ashby State Road, Fitchburg, Ma. 01420. Telephone: 343-7507.

News Notes

ALVIRA STEVENS, Class of 1909, celebrated her 96th birthday on March 12th at Willow Lodge, Tatamagouche, Nova Scotia, Canada. She and her 90-year-old sister, Myrtle, a graduate of Montreal General Hospital School of Nursing, both served in France during World War I.

Alvira, a member of the Harvard Unit, served four years as Assistant Matron in a Base Hospital staffed with a British Commanding Officer and Orderlies. Two of the highlights of her tour of duty were being the luncheon guest of Sir William Osler and also being decorated by King George V, as part of the Royal Red Cross procedure, which included a luncheon with Queen Alexandria.

She returned to work in the MGH Admitting Office and then as Assistant Director of Phillips House.

Both sisters enjoy knitting, reading and writing and plan to return to their home in Tatamagouche by summer.

ALICE DEMPSEY, Class of 1942, Director of the VNA of Boston, received special recognition at the 1978 Crusade Kick-off Dinner of the Massachusetts Division of the Cancer Society, held at the Marriott Hotel in Newton. The highest honor the society gives to its volunteers, the National Bronze Medal Award, was presented to Alice at the dinner attended by more than 600 volunteers from

across the state.

Special guest speakers at the dinner were Metropolitan Opera star Roberta Peters and the wife of the Governor, Kitty Dukakis.

MARGUERITE THOMAS KENDALL - "Rita", of Falmouth, Mass., Class of 1927, was recently featured in a story in the **Cape Cod Times** entitled "Falmouth Tame After Year With VISTA".

It recounts the year that this mother of Richard E. Kendall, Massachusetts Secretary of Environment Management, spent working as a Public Health Nurse with the poorer Mexican-Americans in Texas.

Although she anticipated serving in an organization that would send her to a more distant and, possibly, more glamorous tour of duty, her family disapproved. So she applied for service with Indians in Arizona or New Mexico but was told, interestingly, that they choose most of their own volunteers; it would be possibly a six-month wait for that duty. Out of boredom (she does not choose to be an envelope-stuffing volunteer), she entered VISTA and was sent to Lockhart and Leiling, Texas, where cotton is the main product.

After five years of retirement from being Director of the Falmouth Nursing Association, she ended up working with the unbelievably poor in those two

towns. Her comments were on nutrition, etc. "You see these little, scrawny kids and you just want to cry. They have no toys. They just have nothing... Illegitimacy is rampant - girls 12, 13, 15 years old are having babies...the parents all have a very relaxed attitude about it...they're not sophisticated enough to know there are better things in life."

She would like to return to Texas, but her family objects. So, she says, "I guess I'll just have to look for something meaningful to do here in Falmouth."

As probably everyone knows, actor John Wayne was recently a patient at Phillips House for April 3rd surgery to replace his mitral valve. Local newspapers were full of his condition, his progress and of the fact that hospital security had to be markedly increased to protect him from the hordes of people who wanted to catch a glimpse of Wayne. The switchboards received thousands of calls from well wishers throughout the world. Across Charles Street, on the Metropolitan District Commission football field fence, fans wrote the message in white lettering 30 yards long - GET WELL, DUKE. Hospital personnel who had contact with him found he has a tremendous way of making people feel at ease, with his sense of humor.

Appear In Print

To a professional nurse, it is an asset to have your papers, nursing experiences or observations, research findings, etc., appear in a recognized publication. The **Quarterly Record** offers such a vehicle to members of the alumnae.

It is a journalistic truism that once you have appeared in print, you have increased your chances of appearing again. You have established a track record, you have an item for

your curriculum vitae, you have the experience of public exposure and reaction to your material, you have the opportunity to share your thoughts and evaluations.

Therefore, qualified papers are welcome for this publication. Direct inquiries or material to Judith Dougherty, c/o Alumnae Office, Bartlett Hall, 34 Blossom Street, Boston, MA 01114.

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News . . . of the Classes

1909

ALVIRA STEVENS celebrated her 96th birthday on March 12th at the Willow Lodge, Tatamagouche, Nova Scotia, Canada. A newsclipping with a picture of this bright-eyed lady with her lovely white coiffure and lovely smile brings us the information. See **News notes** for more.

1920

GRACE GUMMO, 80, of 29 Miriam Parkway, Fitchburg, Mass., retired Director of the Burbank Hospital School of Nursing and of Nursing Services there, died February 7, 1978, at the hospital after a short illness.

A native of Somerville, Mass., she was a graduate of MGH School of Nursing and Columbia University. After working in Boston, as a private duty nurse, she went to Bennington, Vt., where she was Director of the Bennington Hospital School of Nursing. In 1937, she went to Fitchburg where she directed the school for 29 years until retiring in 1966. During those years, she established a nursing degree and a practical nursing program at Fitchburg State

College. After her retirement, she was a volunteer worker for seven years at Rivier College in Nashua, N.H.

Interment was at St. Bernard's Cemetery, Fitchburg. In memory, donations were requested to the Grace Gummo Charitable Fund, in care of the Worcester County National Bank of Fitchburg, Mass.

Recently the Alumnae Office received a copy of the obituary notice of JOSEPHINE PITMAN PRESCOTT that appeared in **The Washington Post** newspaper. A complete review, it followed her life from Laconia, N.H., to graduation from Wellesley College and MGH School of Nursing to a master's degree in nursing from Columbia University. Also her career, as a supervisor for the Visiting Nurse Service of the Henry Street Settlement House in New York City to being special assistant to the director of the Bureau of Public Health Nursing in New York City's Health Department.

After serving as a consultant at Bellevue Hospital and as a nursing instructor at Columbia University's Teachers College, she moved to Washington, D.C. in 1935 to head up the newly established Nursing Bureau in the

city's Department of Health. During her 15 years as chief of the Public Health Nursing Bureau, she established a nationally recognized department and worked to raise the standards of nursing homes and homes for the aged and of practical nursing care. In 1960, she retired from that position.

Three years ago she returned to Meredith, N.H., and on August 6, 1977 she died in Concord, N.H.

She was a life member of the D.C. League of Nursing, an honorary fellow of the Royal Society of Nursing of Great Britain, a member of the National League of Nursing, the American Nurses' Association, the National Public Health Nursing Association, the American Association of University Women, the National Society of Colonial Dames of America, the Zonta International Club of America and the Wellesley Club of Washington, D.C.

Her hobby was painting and drawing. She is survived by her sister, Anna Pitman, of Wilmington, Delaware.

1924

A note in *The MGH Hot Line* brings word of the death of EVA HUTCHINSON McGRATH on March 12, 1978. The brief item notes that she had attended the 50th reunion of her class in 1974 and that all her five daughters

entered nursing careers. The *Hot Line* received the information from her daughters Joan and Helen McGrath of Park Avenue, Palisades, N.Y. 10964. The last known address for Eva at the Alumnae Office was 1 Fr. Finian Drive, Yonkers, New York.

1927

Ethel Clow Black
Sewall Rd., Box 686
Wolfeboro, N.H. 03894

Modest MARY McCORMICK did not tell her classmates at their 50th Reunion that in 1976 she was honored by the Retina Association for "her tireless activity in behalf of eye research and patient care." She was given a gold pin, diploma, and a gift of money. Congratulations Mac! The Class of 1927 is very proud of you. Mac is now working with Dr. Charles Regan at the Eye and Ear Infirmary in the Retina Clinic.

Deepest sympathy is extended to the family of DOROTHY TURNER PAINE who died at Jekyll Island, Georgia, in April after a long illness.

See **NEWS NOTES** for item about MARGUERITE THOMAS

KENDALL and her year with
VISTA in Texas.

1928

By May 21, 1978, mailed appeals

to classmates and searches by
various individuals have produced
42 addresses and 37 responses out
of a total of 66 living members of
the class. Contributions, ranging
from \$10.00 to \$100.00 per person,
have been received from 33

In Memoriam

- 1917 Bessie A. Heatherly on March 15, 1978, in San Diego, California.
- 1920 Grace Gummo on February 7, 1978, in Fitchburg, Massachusetts.
- 1920 Mary Power Holmstedt on January 5, 1978, in Bloomingdale, Indiana.
- 1920 Josephine Pitman Prescott on August 6, 1977, in Concord, New Hampshire.
- 1923 Eleanor Fitzgerald Holloway in September, 1975, in Concord, New Hampshire.
- 1923 Mildred Taylor on January 21, 1978, in North Adams, Massachusetts.
- 1924 Abby-Helen Denison Hawes on April 14, 1978, in Fall River, Massachusetts.
- 1924 Eva Hutchinson McGrath on March 12, 1978, (location unknown).
- 1926 Gladys E. Keith on February 11, 1978, in California.
- 1927 Dorothy Turner Paine in April, 1978, at Jekyll Island, Georgia.
- 1930 Blanche Haley on April 20, 1978, in Sterling, Massachusetts.
- 1930 Doris Brown Siegel on August 9, 1977, in Washington, Pennsylvania.
- 1930 Dorothy Jones Kranes (date unknown) in Belmont, Massachusetts.
- 1933 Jesse Brooks Wyman on April 8, 1978, in Belmont, Massachusetts.
- 1935 Marie Florence Britt Reed on June 5, 1978, in Plymouth, Massachusetts.
- 1937 K. Barbara Dormin on February 8, 1978, in Clearwater, Florida.
- 1951 Jeanne Darrah Cameron on June 6, 1978, in North Attleboro, Massachusetts.
-

members. A few pledges or contributions are still outstanding, but our goal is clearly in sight.

Twenty classmates plan to attend the cocktail party and dinner on Friday evening, September 29, at the Park Plaza Hotel; as many as possible will attend Homecoming on Saturday. Some are coming from the West coast, others from Canada, and several from the Midwest in addition to those located in the Eastern states. Many of us have not seen each other for fifty years, so anticipation is running high.

1930

An undated newsclipping brings word of the death of DOROTHY JONES KRANES, a former head nurse in the Bulfinch Building, at her home on Tyler Road, Belmont, after a long illness.

A native of Georgetown, Mass., Dorothy was past president of the Senior League of MGH and received the Jessie Harding Award in 1971 for distinguished service as a volunteer at the hospital.

She leaves her husband, Dr. Alfred Kranes, senior physician at MGH and clinical professor of medicine, emeritus, at Harvard Medical School; two sons, David, of Salt Lake City, Utah, and Richard, of Taunton, Mass., and a daughter, Nancy, of Boston.

A Memorial Service was held in

Plymouth Congregational Church, Belmont.

1933

JESSE E. BROOKS WYMAN, wife of Boston radiologist, Stanley Wyman, M.D., died April 8, 1978, following a long illness. Born in Hyde Park, she lived in Belmont for many years and was involved in community work along with projects to aid the blind, Girl Scouting and the Florence Crittenton League. A member of the Belmont Garden Club, she was noted for raising prize gloxinias.

During World War II, she served as an Army Nurse in North Africa and Italy, receiving three battle stars. She also received a gold award from the Radiologists Society of North America.

In addition to her husband, she leaves three daughters, Barbara and Martha, of Belmont, Mrs. Jean Veebe, of Wrentham, and a son, Stephen, of Concord. Interment was at Mr. Auburn Cemetery, Cambridge, Mass.

1935

MARIE FLORENCE BRITT REED of 88 Whitman Avenue, Melrose, Massachusetts, died on June 5, 1978, in Plymouth, Massachusetts. The widow of Thomas J. Reed, she is survived by

six brothers and sisters.

For many years, Florence's ad for MGH caps appeared in the **Quarterly Record**.

1937

September Section

A close friend wrote this obituary: It is with deep sorrow that we report the sudden death of K. BARBARA DORMIN on February 8, 1978 in Clearwater, Florida.

Miss Dormin was a native of Leominster, Mass., attended school there and graduated from MGH in September 1937. In 1940 she received a Certificate in Public Health Nursing and her B.S. in Education from Syracuse University and then interned as a rural public health nurse in Cattaraugus County, N.Y.

During World War II she served as a Navy nurse and was assigned as Nursing Arts Instructor at the Navy Hospital Corps School in San Diego, Calif. In 1946, she was appointed Commissioned Nurse Officer in the U.S. Public Health Service and assigned as Chief Nurse, Diabetic Section. Later she served as Assistant Nurse Administrator at the Clinical Center, National Institutes of Health.

After receiving her M.P.H. degree from the Harvard School of Public Health in 1956, Barbara Dormin returned to the General.

In its Nursing Service she functioned as Coordinator of Patient Teaching and Continuity of Patient Care. During her three years in this position, she developed an excellent program in the area of patient health care services. In 1959 she returned to N.Y. State Health Department in Albany as Assistant Director, Hospital Nursing Services and became the Director in 1967.

After her retirement in 1975, Barbara moved to Florida where her activities included working for the American Red Cross as a volunteer nurse.

Miss Dormin is survived by two sisters, Mary D. Fournier of Syracuse, N.Y. and Ellen D. Godek of Westfield, Mass.; and several nieces and nephews. Services were held in Clearwater, Fla., with interment at St. Leo's Cemetery, Leominster, Mass.

Through the years, Barbara was a loyal member of the MGH Alumnae Association and served on its fund raising and membership committees. She will be missed by her many friends at the General. Our sincere sympathy to her two sisters and their families.

1941

MARY LOUISE CASEY of 63 Huckins Neck Road, Centerville, MA 02632, has been flaunting her notable blood pressure recently,

has had a session in the Barnstable County Hospital but, hopefully, is back home in her charming house by now. A note from a classmate might be encouraging.

1942

Hi, after all these years! ELVA McQUADE McKEAN of 2751 Hayes St., Spring Hill, Florida 33512 writes. Married Glen McKean in March 1943. Have three children -Carol (1944), Robert (1946) and Nancy (1952). Have worked full time in offices and enjoyed it. Also part-time in Med-Surg in hospitals in Wareham, Mass., Westerly, R.I., Benton Harbor, Mich., and Detroit, Mich.

Returned to school part-time, started in 1970 at Junior College and graduated with a B.S. in N. in 1975. Taught Med-Surg Clinical at a two-year R.N., Program at Macomb County Community College, and loved it!

Moved to Florida last Oct. when Glen retired from School Social Work and I hope to teach at a Junior College here after we are all settled.

I see TONI KAMINSKI DORCETTE quite often. (See Class News 1943.)

1943

February Section

ANTOINETTE KAMINSKI DOUCETTE (Mrs. Louis) of 100 S. Semoran Blvd., Winter Park, Florida 32792 writes: After graduation from MGH, I lived in a number of states from Mass. to Calif., employed as a staff nurse or head nurse. Have two grown children but no grandchildren as yet.

My husband retired two years ago, at which time we moved to Florida from Swansea, Mass. Am now a part-time staff nurse, still love nursing and am still very proud to be an MGH grad. Our unique cap has always caused a great deal of comment.

Would love to see any of my classmates living in this area. Anyone visiting Orlando, please call. Unfortunately we have almost always lived too far away to be able to come to a reunion, but I am looking forward to that event some day.

1951

September Section

Marion Decker Manes
211 River View Lane
Centerville, Ma. 02632

First of all let me apologize for upsetting Mary Caira, Class of 1959. It certainly was not my intention for anyone to take my criticism of 1976's Homecoming personally, although if I'd stopped to think, I would have realized that

someone - not that universal "they" that everyone blames everything on - had made those arrangements. I guess I was just pouting that "Mother MGH" was just too big and busy to handle her ever increasing off-spring, and we were relegated to a baby-sitter, Howard Johnsons.

As for my helping at some future Homecoming, it would mean a three-hour round trip on the Southeast Expressway for each meeting, most likely at night, - a road I try to avoid whenever possible. However, should Homecoming ever be held on Cape Cod, I'd be more than willing and happy to do whatever necessary.

And now to the news. ANN ZANIEWSKI KUTLOWSKI, DODIE STONE BERGERON, JOAN VALLIANT PARENT sent Christmas cards, but no news. JUNE MARINER TOPLIFFE and Jack's oldest son is getting married in June. She's now a Nurse Practitioner. Congratulations, Junie! To my knowledge, our class boasts of two N.P.'s, JUNE and MARION KELLEHER EVANS. JOYCE KILEY CRAWFORD is a Nurse Anesthetist; GINNY PEIROBELLO SABIN is a Psychiatric Nurse Clinician with an M.S.; BARBARA WHITLOCK SUTHERLAND has a B.S. and DORIS SEARS BATES has

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about one of each and is now Hospital Administrator at Ft. Walton Beach Hospital, a 150-bed facility. Good going, gals! Talked with Sears last week. She enjoys her new position, but is working too hard. She promised to come up this summer. So get set, everybody!

J.B. STOCKS MOORE wrote that they'll have three graduations in May/June, so doubts she'll make any reunions this year.

GLORIA GILSON KOLB wrote that their kids are now 16, 14 and 13. She and Jim celebrated their 25th Anniversary. Congratulations!

MARY HAGERTY FORD wrote that her husband had a small M.I. last Dec. but is back to work full-time now. Three of their children are working and two still in school. Mary is working three nights as Supervisor, and taking courses for a B.S.

MARY SARGENT MACKIN said she's becoming interested in nursing of the elderly, which she feels will be the focus of her future.

OLGA SADOTTI AASEN is busy taking care of her 82-year-old father who lives across the street and is recovering from post-surgical complication in Oct.

BARBARA WHITLOCK SUTHERLAND was heading for Spain and Portugal after Christmas for a two-week vacation. She's run into a couple of

Clem Hebert's heart patients, who gave him good reports.

MARION KELLEHER EVANS' three kids are all in college, Michael and Lyn are at Hartwick, Robert's at the U. of Vt., Kel's an N.P. at Bentley.

JOAN MCCARTHY PETERSON is working for the N.H. Heart Assoc. Her girls love what they're doing - Andrea at Notre Dame College in N.H. and Paula working at Concord Hosp. They visited with NAT QUIRK MEANEY in N.H. Nat's son is at U. of Conn. They had just moved into their new home at Valley Forge when it was vandalized!

BEA MERZ McHUGH saw Bill Sabin and kids last summer, and Ginny in the fall, after about ten years. She said both seemed to be doing well. Bea and Eddie are separated but not divorced.

GINNY PEIROBELLO SABIN writes she "fell on the ice like an old lady" in front of her doorstep and broke her arm last winter. She has a new job at another Mental Health agency in Brunswick, Me. Her kids are 15 and 16, normally rebelling against authority.

No great news here. All well. But is anyone else noticing that the trips to wakes and funeral are becoming frequent? We went three this week!

JEANNE DARRAH CAMERON, 47, of Orchard Drive, North Attleboro, Massachusetts, died at Sturdy Memorial Hospital June 6,

1978. Born in Worcester, she lived in West Boylston most of her life and worked at Worcester Hahnemann Hospital before moving to North Attleboro 12 years ago. In 1970, she was elected to the town Board of Health and served as chairwoman from 1971 until ill health forced her retirement in 1974.

She is survived by her husband Andrew, a son, a daughter and two grandchildren.

1959 March Section

Mary Flannery Cairra
19 Fuller Terrace
W. Newton, Ma. 01265

As class secretary, Mary not only keeps the **Quarterly Record** informed, she produces and sends out a newsletter to all her classmates. With difficulty, she admits, she gleaned out some items that might be of interest to members of other classes.

GAIL KENT CLEMMER COMINSKEY of 920 Boot Rd., W. Chester, Pa. 19380, had a lovely April trip to Amsterdam, Antwerp and Brussels. She spent the summer at Delaware/Maryland Shore, where she bought a beautiful California contemporary with a deck and dock. David is busy with school - getting all A's, wrestling and playing in bands. He

spent the summer at Oceanographic Camp. Ellen is doing well in school also. Last March Gail met George Cominskey and they were married on May 6, 1978. He has five children - one of whom will marry and live with them. Gail's family will grow to ten members. She sounds ecstatic!

MARILYN THAYER COTE of Park Rd., Marlborough, Conn. 06447 telephoned me in December when she was in Watertown with Bob at a reunion. The six children range from Theresa, who is a High School Senior, to the two-year-old. She sounded great - is coping with such problems as cars being totaled (x2 by daughter - NO injuries), a daughter with scoliosis and son in an arm cast. She had spent a few days on Block Island with Les and DeDe Bower. She lives near NANCY BASSETT CAMPBELL.

ROSLYN RUGGIERO ELMS of 1212 Fordham Dr., Davis, Cal. 95616 came East last August with Alan and the girls, as Alan was interviewing famous personality theorists (such as B.F. Skinner and Henry Murray) for his next book. So we had a chance to see her, as they stayed with us one night for a great reunion. Roz is hoping to finish her dissertation soon. We talked til 4 a.m. It was a memorable time, shared by Elaine and Barbara also. The girls are now 12 and 10 and Heather looks like Roz and Laurel looks like Alan. She had toured Boston with

the girls - visiting MGH, Filene's basement, Harvard, Harvard Square, etc. Her Christmas greeting was a fine set of candid pictures.

JAMIN SCHOFIELD GUARINO of 287 High St., Hingham, Ma. 02043, called me in August, as she was preparing to go to Guadalupe for a week. She had just acquired her BS in Nursing at Northeastern, and started full time studies for a Master's at Boston University. Julie, her eldest, is a senior in high school. Laurie had spent her vacation in South America with Jamin's sister. The youngest is 13 years old.

BARBARA KING HEMINGWAY of 309 Mason Terrace, Brookline Ma. visited with us when Roz was here. She is teaching in the Practical Nurse Program at Boston City Hospital. Herman is teaching at Boston University. They plan to return to Africa sometime. Barbara will show slides of Africa at our reunion.

JUDITH PALMER MUGGIA of 14 Dartmouth St., Winchester, Ma. 01890, summarized the activities of a busy family in her Christmas letter. The have spent much time at the Vermont cottage. Young Al is doing well as a High School Senior and is active with soccer, skiing and tennis. He is waiting to hear from colleges. Will is a junior, also busy with school, tennis and soccer. Frank is a student at Belmont High, also active

with soccer. Last summer the family hiked in the White Mountains. Al is still jogging. Judie retired from Real Estate and plans to return to nursing. Her Samoyed pup was best of winners, over 200 other dogs! Judie will travel with Al in May to medical meetings in Las Vegas and Albuquerque.

MARY DUGGAN ROY of 11 Beech Rd., Weston, Ma. 02193, moved from Lynnfield last August so Norm would be nearer to his work. They have settled into their new home and are enjoying busy times. She talked with Fitzie in December. I hope to get together with her, as she is now near me.

RUTH FIFE MANN's address is c/o LTC Wayne A. Mann, Box 1853, APO, N.Y. 09283. Her family has been in Spain almost two years at Torrejon Air Force Base, just outside Madrid. Ginger is Assistant Deputy Commander of Maintenance for a Wing of jet fighters. Martha graduates this year and plans to go to Plymouth State College in New Hampshire. Doug is a junior, enjoying sports and friends. Rebecca is in the 8th grade and active in Scouts. Ruth is volunteering in the Flight Medicine Clinic and helping to teach Preparation for Parenthood to young couples on base. They are enjoying the Madrid area. They travelled to London last June and they expect to return to the States in June 1979. If anyone travels to Madrid, Ruth can be reached at

this telephone number - 205-6767.

As for my family - Mike was hospitalized in January for four days with chest pain. He was fortunate - tests showed minor EKG changes. He heeded the warning - is losing weight and cutting his work schedule. I am taking CEU courses and am waiting to matriculate, hopefully soon. The children are all well.

At last, we are finishing the major renovations on our home. I now have my new kitchen. Suffice to say that we have been through a major rebuilding project - and we survived.

As to our 20th reunion - Mike and I would be honored to have you as guests at our home for the reunion. The date will be Saturday, Sept. 30, 1978, the same date as Homecoming. I would appreciate some help - for example desserts, etc. We now have the space and would enjoy the opportunity of seeing all of you. Please let me know if there is anyone, outside of the class, whom you wish to invite - we'll be happy to have them join us. I'll write more about the plans later.

Keep the news coming!

1967

Janne Debes Autrey
3957 Meadowlane Dr.
Jackson, MS 39206

After graduating in 1967, I

worked for a while at MGH, spent some time as evening supervisor at an extended care facility, and finally worked for about a year doing private duty at MGH.

In late 1970, I met Ken Autrey and left Boston in January of 1971 to marry him. We lived in Syracuse, N.Y. for six months, during which time I worked in an ICU-CCU. Then we moved to Auburn, Alabama, so that Ken could get his M.S. in English. I worked at a hospital in Tuskegee, in charge of a general, all-purpose floor. Our daughter Nell, was born in November, 1972, in Georgia, using prepared childbirth, and a fine experience it was, for Ken and me both!

We then moved back north, to Palmyra. Ken taught 7th grade English and I stayed home with Nell till she was 15 months old. Then I worked part-time on a medical-surgical floor till the birth of Tess in June 1975; we prepared, but the labor was almost too short to use much--1½ hours! When Tess was a few months old, I trained to be an assistant at CEA classes and to coach women without partners.

This wasn't enough, so when Tess was 8 months old, Ken and I began training to be CEA team teachers in Rochester, N.Y. In June we'll be moving south again--to Jackson, Mississippi. I will be working on labor and delivery and we will continue team-teaching

CEA classes. It's all been very satisfying.

Anybody I know down here?

1974

DONNA LaBARRE DAVIN of 138A-5B Hamilton Manor, Fort Hamilton, Brooklyn, N.Y. 11209 wrote in February: I've been a busy lady since leaving MGH in '76. I spent that summer as the nurse for a girls' sailing camp on the Cape. At summer's end, I moved to Palmer, Mass., and lived with my family while working evening charge in a community ER until April '77 when Jack and I were married.

Jack is an officer in the Coast Guard and as a result of him being transferred and going to school, we've lived in Michigan, Virginia and New York, all within the past year. The travelling has been very enjoyable.

We've recently settled in Brooklyn, N.Y and anticipate being in this area two to three more years. It's an invigorating place to live and, hopefully, to work. I'm currently looking for a nice part time day shift ER job.

1975

A June wedding was planned by JUDITH STILLMAN ROCKEFELLER and Raphael J. de la Gueronniere of New Orleans. Judith's fiance, known as Rafe, an assistant vice president of the Morgan Guaranty Trust Company of New York, is a graduate of Brown University.

The newsclipping, unfortunately, gives no information on Judith's activities or future address. Her last known address at the Alumnae Office is 69 Old Connecticut Path, Wayland, Ma. 01778.

A CENTENNIAL REVIEW

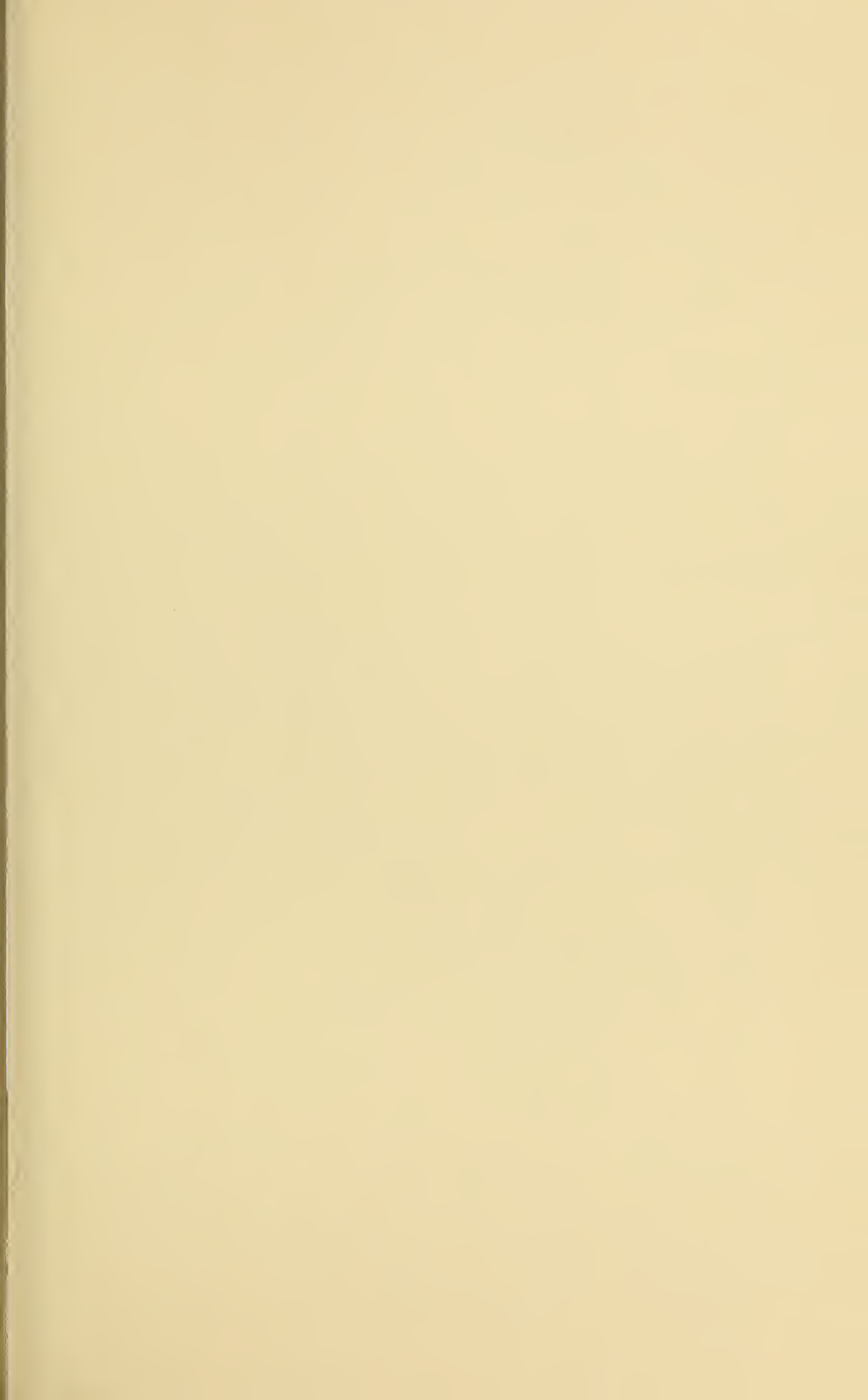
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Sylvia Perkins

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Summer, 1978

THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, MA 02114.

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OF THE
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All communications for insertion in the *QUARTERLY* can be sent to the
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Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

WITH APOLOGIES

There are times when the process of getting the Quarterly Record out on time seems to be jinxed . . . like the time it took 11 days for the copy to reach the printer, 25 miles away, by mail . . . or when the paper for the labels was not delivered for weeks, although the magazine was ready for mailing. And then there are times when promised feature articles are delayed.

We now have a new printer. And, it is fervently hoped, the magazine issues will get to you within the proper season.

Now . . . on with the Summer issue . . .

The Alumnae Dinner for Senior Students

At the annual alumnae-sponsored dinner for graduating students, the 1978 Alumnae Award, given in honor of Ruth Sleeper, went to Janet Marie Nally of Peabody, Massachusetts. She has already enrolled at St. Anselm's College in Manchester, New Hampshire, to start work on her B.S. in Nursing.

Her long-range plans are to work in pediatrics, possibly pediatric ICU nursing at MGH, where she liked having her overtime experience, as a student. Interest in becoming a Pediatric Nurse Practitioner also suggests to her that she should eventually obtain her master's degree.

At the dinner, Edna Lepper reviewed the contributions that Ruth Sleeper has made to MGH and to the profession of nursing. She said:

Tonight the Alumnae Award to a member of the graduating class is given in honor of Ruth Sleeper, the immediate past director of the MGH School of Nursing and Nursing Service. It is my honor to tell you just a bit about her.

"No one knows better than I that what I have written here about Miss Sleeper is inadequate. The excuse could be a lack of time and space but the reason is inability to find and put together the words that would fully portray the superior quality of her work as an executive and her sterling qualities as a person." So wrote Sally Johnson in the March 1953 edition of the Quarterly Record; her words also express my feelings.

It would be interesting to explore the forces that influenced Ruth Sleeper to become one of the most outstanding MGH graduates, one of the greatest contributors to nursing education of her era, as well as to make a remarkable impression upon international nursing.

She was born into a modest New Hampshire family, the middle child

with an older sister and a younger brother. While the family had little material wealth, the environment in which she was reared contained values that could not be secured through purchase of power. Parents and children loved, respected and enjoyed each other; the children were subjected to reasoned discipline, urged to seek academic and spiritual growth, and taught through experience the values of diligent work. She grew up loving life, finding joy in simple things, and meeting problems as a challenge rather than as a threat.

Working as a telephone operator during summer and school vacation periods, Miss Sleeper was able to support herself through two years at Simmons College save for a one dollar a week allowance from home. She was then old enough to enter the MGH School of Nursing in 1919, a year after World War I had ended. The desire to become a nurse had grown out of a hospital experience as a child, when she was seriously ill after her appendix had ruptured.

In those earlier days, nursing

offered one of the few career opportunities open to women, consequently the student body was made up of young women of a wide variety in socio-economic background and educational preparation. The MGH School, unlike most schools of nursing at that time required, as a minimum, a high school diploma and attracted a good percentage of college women. Ruth Sleeper soon showed signs of teaching and leadership talents with her classmates. She assisted some of them with their studies, was elected the president of the newly formed student government, and became the first student to be appointed assistant to the instructor of sciences. A demonstration of her ability as an individual thinker, however, all but cost her her career. She was involved in the presentation of a petition to the superintendent of nurses and was barely saved from expulsion. Such activities were not to be tolerated!!

Upon graduation in 1922 she was appointed the assistant instructor in science; for the first time the school had three instructors, two in science and one in "practical" nursing.

During the next ten years she obtained a B.S. and M.S. from Teachers College, Columbia University, taught sciences at MGH, Peter Bent Brigham Hospital School, Western Reserve University School of Nursing and, for a summer session, at Teachers College. A year substituting for the Assistant Superintendent of Nurses and Assistant Principal of the School at Peter Bent Brigham Hospital preceded her return to the MGH in 1933 as Miss Johnson's assistant.

Armed with the knowledge she had gained through study and experience, with her logical mind, persistence, sen-

sitivity to people, a fine sense of balance, and a vision of future possibilities she began to influence marked changes. There were no graduate staff nurses in the General Hospital wards. Student nurses and orderlies gave all nursing care to patients, and on several wards the head nurses were students. Her pain-staking studies, which included need and cost factors and graphic presentations, finally produced the first group of graduate staff nurses in units other than the Phillips House and Baker Memorial.

Many studies were made for the purpose of increasing educational opportunities for student nurses, and for the improvement and simplification of nursing care to patients. Miss Sleeper would design the study, try it out, recruit and teach other members of the staff to help with it. An important first step had been taken when she had made it known that she was available and eager to listen and to help with problems. One such study which lifted a great load from the head nurse, particularly, resulted in the procurement of the first ward secretaries. Volunteers performed the function in the beginning, then semi-paid workers (carfare and meals) and finally full-time employees.

Both Miss Johnson and Miss Sleeper saw the need for the School to have some sort of affiliation with an educational institution that would lead to an academic degree, yet retain the identity of the MGH School. No year passed without extensive work on this project; the affiliation with Hood, Skimore, and Radcliffe Colleges resulted, but did not provide a lasting answer to the quest. The idea that the hospital become a degree-granting institution was presented

and was too new to be considered seriously.

Soon after graduation, Miss Sleeper became involved in local and state nursing organizational work which rapidly led to work with national and international nursing and related health organizations.

She carried heavy responsibilities for them throughout her professional life. These experiences were shared generously at home and added considerable vitality to programs at MGH. Exquisite organization, planning and delegation were needed and used to carry the heavy burden of administering the rapidly expanding nursing department and school, to attend and conduct many meetings, make frequent speeches, and to write papers for a variety of professional publications.

What sort of person is this renowned woman, the first president of the National League for Nursing, the recipient of four honorary doctoral degrees, the Florence Nightingale Award, an honorary membership in the American Hospital Association, honorary Fellowship in the College of Nursing in Australia?

She listens well, she is totally unimpressed with her own fame. Her non-professional friends have little idea of her professional accomplishments but hasten to consult her when illness strikes and are grateful for such things as having errands done, birdfeeders filled, trays of hot food, and, if indicated, a back rub.

Ruth Sleeper has always found time for interests other than nursing, some of them simple pleasures. Visits to friends in other countries has added to her joy of travel abroad on several occasions. She can elicit a suprisingly sprightly tune from a sweet potato (ocarina); with comparative ease she

manages from two to ten large bass bells when ringing in an English Hand Bell Band. Some quite good pencil sketches were produced during a period of attendance at the Adult Education Center in Boston.

At the home she shares with her sister in Braintree, the rooms are filled with plants of many varieties that she tends with tenderness and transports in the car each year to their summer home on a rocky coastal point in Maine. There window boxes and a beautiful flower garden are planted and tended each year — sometimes with a tomato plant or two in a far corner. Cooking and party giving are practiced frequently, pretty much as an art form.

What kind of person is Ruth Sleeper? She is a busy, happy person, she's fun to be with, she's a friend in need, she's a good woman.

* * * *

Next Miss Sleeper spoke to the guests, closing with the following quotation, entitled "Time" . . .

"You can't take time and put it in your pocket like a watch. It is nothing that can be kept or predicted, hoarded or counted on. It does not move to our desires, but we to its measure, inevitably.

"We know that and mourn it. But we shouldn't. We are not the victim of time's changes, but the beneficiary. Since time cannot be kept, each moment is therefore new.

"Each tick of the clock means we have a new horizon, an opportunity, a second chance. Each hour is what we make it. It is neither prejudiced

by the past or determined by the future.

"Time is a gift and a trust. It is up to us what we make of it."

So the members of the Class of 1978 have gone on their way, with their new horizons and new opportunities also.



Responsibility for Health Care

Thomas H. Dougherty, Ph.D.

With a doctorate degree in psychiatry and ethics, the author (son of Judy, class of 1941) is a Juris Doctor candidate in medical and criminal law.

Over the past ten years or so a number of pressing medical-ethical issues have received much deserved attention by the medical community.¹ That is, abortion, suicide, the demarcation of human life and death, and choice of medical treatment, to name just a few areas, have provoked heated discussion and debate amongst politicians, attorneys, judges, ethicists, theologians, and medical personnel. But it seems to me that there is an even more fundamental issue which has yet to be addressed. Access to medical care itself is something which appears to be limited to a fairly well defined class of patients, a phenomenon which at least implies discrimination in health care delivery. This class might be roughly characterized as all those persons covered by comprehensive private medical insurance, Blue Cross - Blue Shield perhaps being the paradigm. Even

though there are other methods of financing medical care, such as personal resources or Medicare - Medicaid, these alternative means are grossly inadequate when speaking within the context of catastrophic or terminal illness. Thus, the present discussion will represent an attempt to formulate an analysis of how subtle social and economic forces determine who will be allowed the benefits of first-rate medical care. What I will try to demonstrate in what follows is that a system or method of allocating health care resources which employs "ability to pay" as a criterion is irrelevant to the illness itself, and morally objectionable as well. And, as a corollary to this thesis, the addition of an economic factor to the already existing psychological and emotional strain attending a serious illness is morally unjustifiable, if not inhumane.

1. The Private and Public Sectors

One of the strange dichotomies in contemporary American society consists in private vs. public financing of health care. Essentially what this produces is losers on both sides. First, the private subscriber must purchase medical insurance at an exorbitant rate, the theory being that all policy holders share the burden of the risk of disease to each other. I say "exorbitant" for reasons which will become clearer once it is seen that there are additional costs smuggled into the cost of the medical insurance premium. Ideally, an insurance scheme should approach the model of a non-profit lottery, the chances sold on whether a person becomes ill or not. To some extent, medical insurance companies take care to distribute the risk evenly by excluding persons in certain high risk categories.

Unfortunately for the purchaser of private medical insurance, there are two other economic mechanisms operating to inflate the cost of the premium, one directly, the other indirectly. First, for those too financially strained to afford private medical insurance, yet too well off to receive public financing, there is often no choice but to declare personal bankruptcy. But this loss is only temporary, reappearing in the guise of increased fees and the cost of a hospital bed. Second, for those who can qualify for public medical benefits, at the cost of satisfying a nineteenth-century definition of poverty, the individual capable of obtaining private insurance ends up shouldering this financial responsibility as well. What funds are passed on to the hospital and medical professionals

ultimately derives from the general tax fund to which those on and below the poverty level can contribute little if anything. The differential between private and public reimbursement is usually offset by an overall rise in medical costs. In order to give substance to this somewhat abstract account of medical economics, one need only mentally review the mechanisms operative in the private Blue Cross - Blue Shield and public Medicare - Medicaid schemes of payment.

The point of this hypothetical analysis of private and public schemes of protection of medical disaster is meant to emphasize the point that such methods of financing are basically irrational. There may well be disagreement concerning the details of this economic picture of medical coverage, but the fact remains that there is no logically defensible connection between one's ability to pay on the one hand, and treatment for a serious illness on the other.

2. Dollars and Disease

The notion that a person is not morally, legally, or perhaps even financially responsible for disease is not a novel idea. A judge passing sentence on a prisoner "guilty" of consumption adds this moral censure:

"It is all very well of you to say that you came of unhealthy parents, and had a severe accident in your childhood which permanently undermined your constitution; excuses such as these are the ordinary refuge of the criminal; but they cannot for one moment be listened to by the

ear of justice. I am not here to enter upon curious metaphysical questions as to the origin of this or that – questions to which there would be no end were their introduction once tolerated, and which would result in throwing the only guilt on the tissues of the primordial cell, or on the elementary gases. There is no question of how you came to be wicked, but only this – namely, are you wicked or not? This has been decided in the affirmative, neither can I hesitate for a single moment to say that it has been decided justly. You are a bad and dangerous person, and stand branded in the eyes of your fellow countrymen with one of the most heinous known offenses (consumption).”²

Although we are now civilized to the extent that we do not hold patients criminally responsible for their somatic disorders, we *do* hold them civilly liable for their medical debts up to the point of poverty or personal bankruptcy, at which stage the state assumes this responsibility. One question which can be raised at this juncture is whether the modern diseased person is to be regarded as civilly liable for disease in the same vein as Butler’s prisoner is reckoned to be criminally liable. After all is said and done, disease is not something a person sets out to do, it is simply something which *happens* in accord with the laws of nature. It has been recently argued that the patient is to some extent responsible for his actions, even within the context of treating a non-intentional somatic illness.³ Throughout this discussion it has been assumed that we are not dealing with intentionally motivated somatic disease, e.g. drug and alcohol abuse, or psychiatric

“mental illness”. The chief difference between Erewhon’s prisoner and our modern patient is that the former loses his freedom due to disease, while the latter loses all his worldly possessions. Is it any more rational to associate illness with financial status than it is to associate illness with actions performed by human agents?

A tacit concession that the private/public distinction is bogus is embodied in the tack of some hospitals to utilize a policy of “blind” admission and treatment. That is, attending medical personnel are not privy to the financial records of the patients, thereby assuring a uniform level of care. This is another way of saying that a person’s “ability to pay” ought not bear any relation to the quality of care received, much less to receiving any care at all.

3. Right to Life

To continue the analogy between law and medicine, it can be argued that since the Constitution guarantees representation by an attorney in a criminal case,⁴ then *a fortiori*, the right to one’s very existence, is even more fundamental.⁵ That is, the loss of a person’s freedom for a specified period of time is arguably less of a hardship than a complete loss of life due to an unattended medical problem. From a financial point of view, access to the “commodity” of health care is simply not an economic commodity of the same *kind* as a Lincoln Continental, an education at a prestigious university, or the services of an F. Lee Bailey. These latter commodities admit to various degrees of quality of goods and services. For health care, however, many programs of treatment are standardized, the

real issue reducible to whether access to this medical service is to be totally denied. If it shocks the conscience of the court system to allow indigent defendants to be convicted without professional counsel, then it would seem to follow that it should trouble us all to allow a patient to die for lack of financial well-being.

Ultimately, the solution to this moral dilemma may come to choosing between the horns of medicine construed as a public service and medicine *qua* private economic enterprise. The inscription of the original Bulfinch building of the Massachusetts General Hospital may provide some guidance in resolving this essentially moral question:

*" . . . This building is not to be a temporary pavilion for the display of opulence, splendor, and pride, but a temple dedicated to humanity, a lazarhouse built by enlightened compassion, where charity and philosophy are to walk a perpetual round to alleviate misery, and to combat with and destroy disease and pain."*⁶

How can a system of health care based on "ability to pay" be reconciled with the moral commitment expressed in the Bulfinch maxim? A satisfactory answer to this query will likely entail a major rethinking of the philosophical presuppositions of current medical practice.



NOTES

1. For a general discussion of these issues, see for instance Moral Problems, ed. J. Rachels

(Harper-Row, N.Y. 1975)

Today's Moral Problems

ed. R. Wasserstrom (McMillan, N.Y., 1975)

and Bioethics, ed. T. Beauchamp and L. Walters, (Dickinson, Encino, CA 1978).

2. John Hospers, "Free Will and Psychoanalysis" in A Modern Introduction to Philosophy, eds. P. Edwards and A. Pap (Free Press, N.Y., 1973), pp. 83-93.

3. J. Eisenberg and A. Rosoff, "Physician Responsibility for the Cost of Unnecessary Medical Services", New England Journal of Medicine 299 (1978), pp. 76-80.

4. Sixth Amendment, U.S. Constitution.

5. Fifth and Fourteenth Amendments, U.S. Constitution, I would argue that the taking of life and property by economic coercion is a violation of due process of law. Driving a person into personal bankruptcy for unavoidable medical bills is certainly contrary to the notion of "fundamental fairness".

6. MGH News, 37 (1978) p.p. 7-8.

RUTH SLEEPER CHAPTER MGH Nurses Alumnae Association

Another successful year has been completed, with meetings held in the board room of the South Shore Hospital in South Weymouth, Massachusetts, Mary E. Anderson, Recording Secretary reports.

Programs for the season included the following guest speakers: November 7, 1977 - Jean Jackson, M.D., of the Robert B. Brigham Hospital, spoke on "Collagen Diseases". The February 6th meeting was cancelled due to the "Blizzard of '78". The speaker was to have been Joseph Iovino, M.D., general and vascular surgeon at South Shore Hospital, who was to speak on "Early Detection and Treatment of Breast Cancer".

On April 3rd, Renee B. O'Sullivan, M.D., F.A.C.S. spoke on "Cosmetic

and Reconstructive Surgery Following Trauma". On June 5th, Robert Riggen, M.D. of Centerville spoke on "The Role of the Paramedic in Emergency Medical Services."

At the June meeting, an election of officers was held for the 1978-'80 term: President - Jayne Irwin; Corresponding Secretary - Annia Giger; Membership - Marilyn Knowles; Hospitality - Judy Grader and Marie Nason; Nominating - Irene Scott.

The following officers will also serve next year to fulfill 1977-'79 terms; Recording Secretary - Kay Stidsen; Vice President - Janet DiBona; Treasurer - Kathy Frado; Ways and Means - Roberta Sticham and Dorothy McCann.

Any Alumna in the South Shore area is always invited to join our Chapter and to attend our educational programs.

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TO NURSES (AND FAMILIES AND FRIENDS)

The following appeared in the belongings of an old lady who died in a geriatric section of a Dundee, Scotland, hospital. It so impressed the staff that copies were made and distributed. This copy was sent in by an alumna who found it in the leaflet of Christ Church in Cambridge, Massachusetts.

A CRABBIE OLD WOMAN WROTE THIS

What do you see nurses, what do you see?
Are you thinking when you are looking at me—
A crabbie old woman, not very wise
Uncertain of habit, with far-away eyes,
Who dribbles her food and makes no reply
When you say in a loud voice, "I do wish you'd try."
Who seems not to notice the things that you do,
And forever is losing a stocking or shoe.
Who, unresisting or not, lets you do as you will,
With bathing or feeding, the long day to fill.
Is that what you're thinking, is that what you see?
Then open your eyes nurse, you're not looking at me.

I'll tell you who I am as I sit here so still;
As I come at your bidding, as I eat at your will.
I'm a small child of ten with father and mother,
Brothers and sisters, who love one another.
A young girl of sixteen, with wings on her feet
Dreaming that soon now a lover she'll meet.
A bride soon at twenty—my heart gives a leap,
Remembering the vows that I promised to keep.
At twenty-five now I have young of my own,
Who need me to build a secure, happy home!

A woman of thirty, my young now grown fast,
Bound to each other with ties that should last.
At forty, my young sons are grown and gone,
But my man's beside me to see I don't mourn.
At fifty, once more babies play round my knees,
Again we know children, my loved one and me.

Dark days are upon me, my husband is dead,
I look at the future, I shudder with dread,
For my young are all rearing young of their own
And I think of the years and the love that I've known.
I'm now an old woman and nature is cruel—
'Tis just to make old age look like a fool.
The body is crumbling, grace and vigor depart,
There is now a stone where I once had a heart.

But, inside this old carcass a young girl still dwells,
And now and again my battered heart swells.
I remember the joys, I remember the pain,
And I'm loving and living life over again.
I think of the years all too few gone too fast,
And accept the stark fact that nothing can last.
So open your eyes nurses open and see
Not a crabbie old woman, look closer—see me!



NEWS NOTES

We are deeply grateful to Dr. Cornelius H. Hawes who has made a generous donation to the Alumnae Association in memory of his deceased wife, Abby-Helen Dennison Hawes, Class of 1922.

A Fund has been set up called the Abby-Helen Dennison Hawes Memorial Fund of the MGH Nurses' Alumnae Association.

Special requests accompanied this gift which are being carried out and will be published later.

* * * * *

In June, the mayor of Waltham, MA proclaimed a "Ruth Wheeler Day" in honor of the 30 years of services with the Visiting Nurse Association by Ruth Wheeler, Class of 1925. As a part of her retirement celebration, the proclamation lauded Ruth, Executive Director of the VNA, for initiating Well-Child Conferences, Health for Senior Citizens

Programs, Home Care Coordination and a Physical Therapy Program for the VNA.

Also noted was that she served as vice president of the Massachusetts League for Nursing; served Leland Home and Parmenter Home; was a charter member of the Waltham Zonta Club; and was the 1961 recipient of the St. Camillus Award, Nurse of the Year. The gratitude and admiration of the community was also expressed by the mayor for Ruth's contributions to the community life of Waltham.

* * * * *

Judith Kusnitz of Somerset, MA, Class of 1964, has accepted the nursing service position with the Community Rehabilitation Center of Fall River, according to a newspaper announcement by officials of the center.

News . . . of the Classes

1915

MARGARET DIETER, age 90, of 100 Milton Street, Northampton, Massachusetts, died July 6, 1978, at the Cooley Dickinson Hospital.

A 1910 Phi Beta Kappa graduate of Smith College, she then entered her far-ranging profession as a nurse, after graduating from the MGH School of Nursing. After a brief teaching position at MGH, she went to China, under the auspices of the American Board of Foreign Missions, where she was involved in the training of student nurses at the Nankin Hospital. Later she served as nursing superintendent of the Luchowfu Christian Hospital at Hofei, Anwhei, China, where she also edited a magazine for nurses and students - in Chinese.

After five years in China, she returned to enter Columbia Teachers' College where, after one term, she became an instructor of sciences at Waterbury Hospital in Connecticut.

In 1926, she returned to Boston to direct nursing services at the Massachusetts Memorial Hospital for twenty years. Then she became Director of Nursing Services at Worcester City Hospital.

In 1950 she retired and returned to Northampton, but then became a head nurse at the Cooley Dickinson Hospital, along with instructing in anatomy, physiology and microbiology at the hospital's school of nursing.

She also served as president of the Massachusetts League of Nursing, the Massachusetts Nurses Association, as president of District 5, MNA, and was a member of the State Board of Registration in Nursing. She also edited the MGH Quarterly Record. She is survived by a sister, Esther Burnham of Brattleboro, Vermont.

1918

MARY MORSELL CRAIGHILL PEYTON, 84, died July 20, 1978, in North Carolina. A note from Irene Smith Pace informs us that "Polly" had lived at the Episcopal Home for the Aging in Southern Pines, N.C. since June 1972.

She served overseas in World War I and had a sister who is an MGH alumna.

She is survived by a daughter Mary P. Turner of Whispering Pines, N.C.; a son, Henry, of Houston, Texas; four sisters; six grandchildren and three great-grandchildren.

The funeral was held at Arlington National Cemetery.

1920

BARBARA BENNETT ZAHNER, 84, of Groton, Massachusetts, for more than 50 years hostess of the Groton School and Groton School Alumni Association, died June 22, 1978, at Nashoba Community Hospital in Ayer. She was a founder and charter member of the Nashoba Community Hospital.

She is survived by a daughter, Mrs. Erik Stromsted of Pepperell, Ma., and three sons, Henry R. of Los Angeles, Richard of Stratford, Conn., and John C. of Boston.

BARBARA WILLIAMS of Legate Hill, Leominster, Ma. 01453, attended the memorial services held at the Groton School Chapel. She wrote: "The weather was perfect today and it was lovely in the quiet town of Groton. The funeral service was in the school chapel, a building that seemed like a small Gothic cathedral-grey stone walls, small high windows, carved wood seats in the choir . . . There were three beautiful arrangements of flowers on the steps leading to the chancel. The service was conducted by the present rector and by the Rev. Crocker, now retired and in Cambridge, who was at the school for many years. About 50 people there, including the Zahner family; they greeted people outside after the service. I spoke with Barbara's daughter who invited us all to her home . . . I shall miss Barbara very much, although in recent years we have met only during the summer."

MARY POWER HOLMSTEDT, age 86, died after a short confinement in hospital, on January 31, 1978, in Bloomington, Indiana. The wife of Dr. Raleigh W. Holmstedt, who served as Indiana State University president from 1953 to 1965, she was a practicing nurse as well as a nursing educator and administrator.

A graduate of Danbury State Normal School in Connecticut, before entering MGH School of Nursing, she earned her B.S. degree at Columbia University.

Some of her many professional activities included being director of admissions at the University of Michigan Hospital, assistant superintendent at the University of California Hospital, superintendent of nurses at the Harper Hospital in Detroit. She taught at Columbia University, the University of Minnesota and Louisiana State University.

For six years she served as the first woman member of the Bloomington City Council; was active in Girl Scouts; president of the Bloomington League of Women Voters; state president of the American Association of University Women; helped to organize the Women's Auxiliary of the Terre Haute Symphony Association; and was active in several sororities and the Indiana State University Wives Club.

According to the news clipping, interment was at Paxton, Neb.

1922

See "News Notes" for an Alumnae Fund set up by Dr. Hawes in memory of his wife, ABBY-HELEN DENNISON HAWES.

1939

DOROTHY F. KNOWLES CROSBY, age 60, died suddenly April 1st at the Malden Hospital. A native of Orleans, Massachusetts, where she and her husband, Paul, summered, she was most recently a supervisor at the Eye and Ear Infirmary, Boston.

In addition to her husband, she is survived by a son, David, of Malden; two daughters, Mellisa Crosby of Malden and Paula Green of Chelsea;

a brother; a sister and seven grandchildren.

Interment was at Forest Dale Cemetery, Malden.

1940

MADALENE BROWN CALOGIRO of 11 Vanness Rd., N. Weymouth, Ma. 02191, writes: Had a nice note at Christmas from ESTHER BARBOUR GRINSTEAD from San Fernando, Ca. Esther had chest surgery at UCLA in '76 and had a long recovery. Is back to work full time but has to rest most of her off duty time.

I fractured my wrist on March 29th. Had two reductions and, after seven weeks in casts, have reached hot soaks and exercise stage. This was worse than the leg fracture in '70. At that time I could at least take care of myself. I liked orthopedic nursing but hate being the ortho patient. Those casts are horrible, believe me.

1945

February Section

Ann M. Cahill
693 Washington St.
Brighton, Ma. 02135

Hi. In 1980, we celebrate our 35th anniversary. Temporarily, at least, I am volunteering as Class Secretary. It has been years since we have made the "Quarterly".

Today NORMA GARCIA KELLY, LOIS BORDEN BREEN, JANET ROSS MORGAN, CAROLYN NALLY GUERTIN and myself had a delightful luncheon reunion at Pier 4. We chatted, drank, ate and laughed for over two hours.

Between us all, we were updated on OTT ALLARD GUERRERA, IRENE GLEICHANT ROBINSON, MURIEL BREAU LT ROBINSON, JEAN RIDGEWAY TIENKEN, PHYLLIS RAE BILLINGS, PEG PENTECOST CADE, IVA FEARON LEITER, DORIS NOBIE GILBERT, and ANN HEALEY. Whom have you heard from?

Send in your news and I'll try to get it to the "Quarterly".

In Memoriam

- 1915 Margaret Dieter on July 6, 1978, at Northampton, Massachusetts
1918 Mary Craighill Peyton on July 20, 1978, at Southern Pines, N.Carolina
1920 Mary Power Holmstedt on January 31, 1978, in Bloomington, Indiana
1920 Barbara Bennett Zahner on June 22, 1978, in Ayer, Massachusetts
1920 Josephine Pitman Prescott on August 6, 1977, at Concord, New Hampshire
1939 Dorothy F. Knowles Crosby on April 1, 1978, at Malden, Massachusetts
1951 Jeanne Derrah Cameron on June 6, 1978, at N. Attleboro, Massachusetts

1951

JEANNE DERRAH CAMERON, age 47, died June 6, 1978, in North Attleboro, Ma. The newspaper report notes that: "Mrs. Cameron was so conscientious and devoted to her work as chairman of the Board of Health that, surmounting the effects of serious illness, she continued at her duties until her physician ordered her to desist. The last meeting at which she presided was held in her home because she was unable to travel to the regular meeting place."

In addition to lauding her services as chairman of the Board of Health, the news item states that she "performed deeds of kindness unpublicized but greatly appreciated by the

individuals who benefited from her skill and thoughtfulness."

She is survived by her husband, Andrew, of 31 Orchard Drive, North Attleboro, Ma.

1974

MARCIA BOZETARNIK of 1530 Fulton Ave., Sacramento, Ca. 95825, writes: Got out of the Air Force after completing 15 month flying assignment in the Philippines. Am now working in the intermediate Neuro ICU at Univ. of California Medical Center in Sacramento. Hope to join the Air Force Reserves and keep my hand in. Plan to go back to school full time within the next year or so, using my G.I. Bill.

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A CENTENNIAL REVIEW
1873 – 1973

The Massachusetts General Hospital School of Nursing
by
Sylvia Perkins

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to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

CLASS NEWS

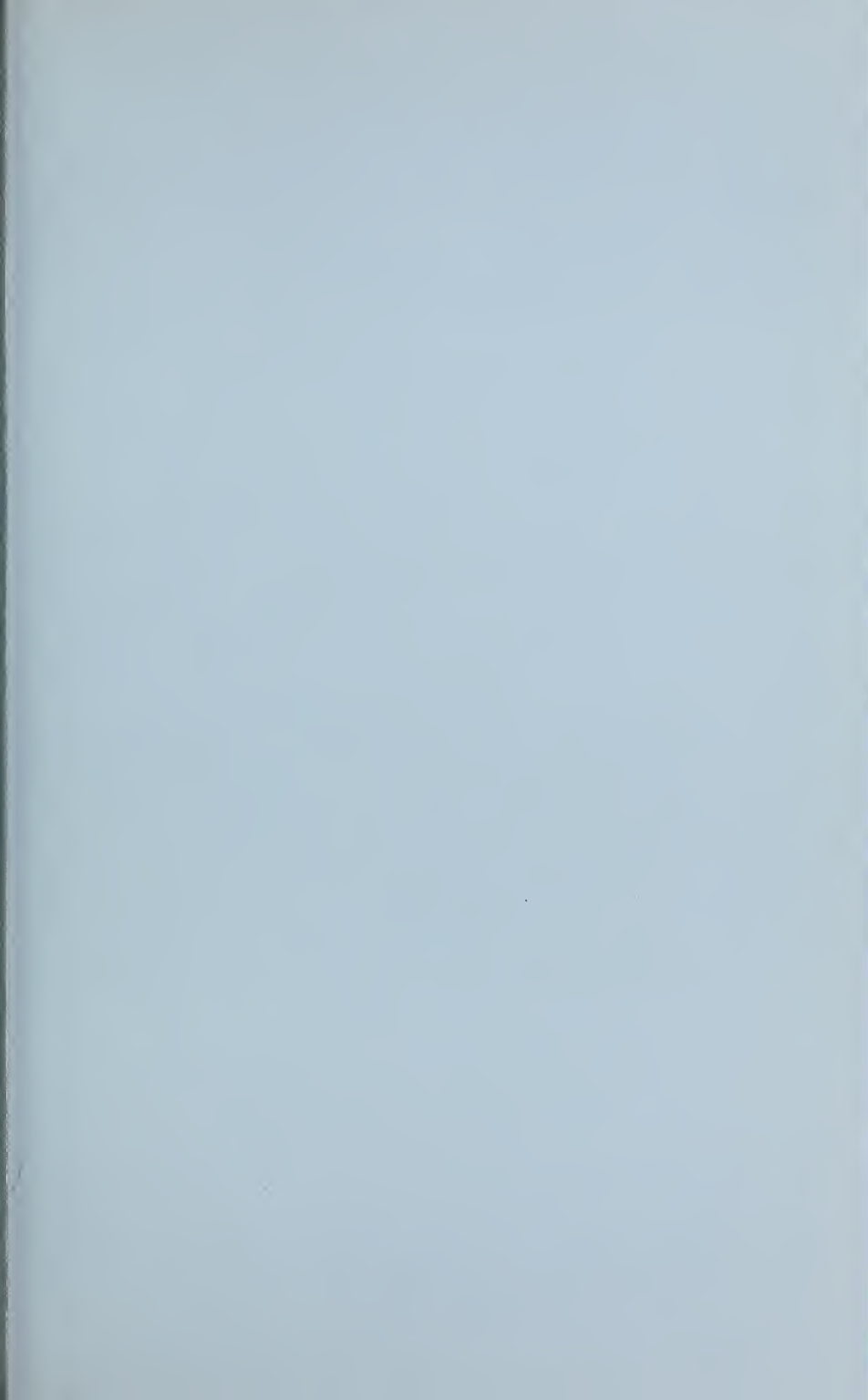
SECTION AND YEAR OF GRADUATION

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THE QUARTERLY RECORD

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Nurses Alumnae Association, Inc.

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Boston, Massachusetts 02114

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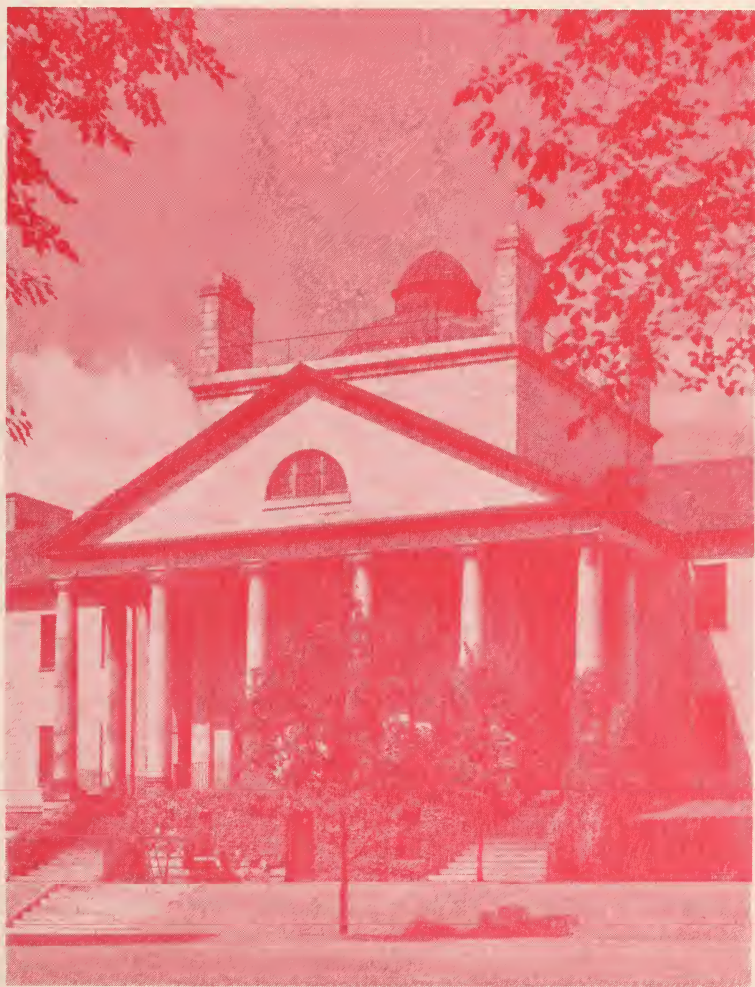
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the quarterly record

OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Fall, 1978

THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

**MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION
OFFICERS FOR 1978 - 1979**

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(1947)

President Elect

MAUREEN McGRATH (1961)

Vice President

CATHERINE HARRINGTON BOYD
(1952)

Treasurer

ANN CAHILL
(1945)

Recording Secretary

DOROTHY MAHONEY (1952)

Alumnae Secretary

EVELYN LYONS LAWLOR
(1936)

BOARD OF DIRECTORS

THE OFFICERS OF THE ASSOCIATION

PEGGY COPE MASCHER (1966)

ADELE CORKUM (1934)

MARY ANN DOLLEY KIERAN (1965)

JEAN CAMPBELL TEAGUE (1958)

CHAIRPERSONS OF STANDING COMMITTEES

Finance

RITA DOUGHERTY SIDMAN (1946)

Quarterly Record

JUDITH HARDING DOUGHERTY (1941)

Nominating

M. HONOR KEEGAN (1963)

Annabella McCrae Loan Fund

CAROLYN THAYER (1962)

Program

MARY FLANNERY CAIRA (1959)

Hospitality

MAUREEN McGRATH (1961)

Service

PEGGY COPE MASCHER (1966)

Sally Johnson Scholarship Fund

MARLENE NORTON (1961)

ELECTED ALUMNAE REPRESENTATIVES TO THE NURSING ADVISORY COUNCIL

BELINDA BRIGGS ASANO (1963)

HELENA T. McDONOUGH (1966)

JEAN CAMPBELL TEAGUE (1958)

ALUMNAE REPRESENTATIVES TO THE TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 9:00 a.m. — 3:00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o
Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall,
34 Blossom St., Boston, Mass. 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General Information:

MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston,
Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXVIII	Fall, 1978	No. 3
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QUARTERLY COMMITTEE

Editor.....	Alice Yancey Conlon 83 Martland Ave., Brockton, Ma. 02401
Chairman.....	Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

Adele L. Corkum Retires

It seems impossible to imagine MGH without "Corkie".

But, after 44 years of committed service to patients . . . dedication to the hospital . . . and an equal number of years of selfless guidance and friendship to nurses, students and other staff members, she retired on October 1, 1978.

A native of Cambridge, she came to the School of Nursing when students prepared breakfast for patients, bathed them regularly and did various custodial chores, along with their nursing studies and practical experience.

In February, 1934, she was graduated and began her professional life at MGH, first, briefly, in Baker Memorial, then as staff nurse on old Ward E. Within a few months, she was named head nurse of Ward E. After a brief stint as a substitute night supervisor, she returned to head up Ward E until it was dissolved. When the White Building was opened, White 7 was an East Surgical Female Ward and "Corkie" was the head nurse.

On the first day of 1941, she became Assistant Night Supervisor while continuing her studies toward her baccalaureate degree at Boston University. In October, 1942, she became Surgical Supervisor. Then she was Supervisor and Instructor of Gynecology at the Vincent Memorial

Hospital; Supervisor of Central Supply, the Emergency Ward and Vincent Memorial Hospital. And, finally, Assistant Director of Nursing in charge of the Baker Memorial.

A totally professional person, a personnally unassuming individual, her power lies in her in-depth knowledge of nursing practice and her sensitive and caring reaction to all people — patients, students, staff, relatives of patients, alumnae colleagues. Not only active in student interests, such as organizing a Glee Club, she has been a devoted supporter of the Nurses' Alumnae Association, serving on committees, on the Board of Directors and, for two terms, as president.

Her retirement has been marked by innumerable parties, a reception in Walcott Lounge, a special Nurses' Alumnae Board meeting, and her final Homecoming celebration on September 30th which, as Alumnae President, she conducted.

"Corkie" is presently a member of the Alumnae Board of Directors, is living in her attractive apartment close by MGH and has already committed herself as a volunteer in the MGH Flower Shop. Her retirement merely means that she has more time to participate in her innumerable hospital, alumnae, friendship and community projects.

ANNUAL REPORTS

MGH NURSES' ALUMNAE ASSOCIATION, INC.

Alumnae President

President Adele Corkum's address at the Homecoming business meeting follows:

Welcome to all of you on this beautiful fall day.

As you will remember last year I tried to give you a bird's eye view of the Alumnae activities. I will try to do the same this year.

The Board has met every other month to discuss issues to make decisions. It takes much coordination and effort on the part of all the board members to make Home Coming a happy yet an educational affair.

As you will remember Alice Conlon assumed the responsibility of the "Quarterly"; the quality of the publication has improved with a more regular schedule. Our outstanding problem now is the inability to secure feature articles for each issue. I am asking you if there is any member of your class who might write an article, please refer her to Alice Conlon. The suggestion of the printer for travel insets was discontinued for various reasons.

At the Senior Dinner in May, we presented our gift to the student nurse. The Board voted to give the Senior Award (student who is pursuing her degree) of \$500.00 (five hundred dollars) in honor of Miss Ruth Sleeper. The student who received the award was Janet Nally. This was a delightful affair with Miss Sleeper as our dinner guest. Miss Edna Lepper, a close friend of Miss Sleeper, wrote a biography which she read with only "Edna's" flair. At

the presentation, Miss Sleeper gave a short talk ending with an appropriate poem. Many thanks to Edna Lepper for a wonderful presentation, and to you both for an evening long to be remembered. In our Homecoming planning we have tried to incorporate some of the ideas expressed last year, some have been solved, others improved and others unsolvable. We hope you will understand if your idea has not been taken into consideration.

At the graduation in May the graduates were presented with a red rose for the girls and a carnation for the men. It was an exceptional program and I still have hopes to have the graduation address published in the Quarterly Record. The awards and recipients will be published. The graduating class was a fine looking group of young women and men, ready for the challenge.

Peggy Mascher, Chairperson of the Service Committee, made 200 dozen cookies for Christmas gifts to those M.G.H. graduates in Nursing Homes or at home who are unable to get out.

The Annual Drive is still in progress with approximately \$8,336.50 received to date. It is important for us to support this drive in order to give the number of scholarships to students and the graduate scholarships from the Sally Johnson Fund.

It would be appropriate to mention the work done by the Alumnae Secretary, Evelyn Lawlor and her assistant, Alma Robbins. The faithful volunteers, Barbara Williams and Reta Corbett still continue to serve weekly. Miriam Huggard helped this

spring to do some reorganization of materials in the storage area. Marjorie Richardson has completed her project of a geographic file of the alumnae members. Without these dedicated women the work load in the Alumnae office would not be accomplished.

My thanks to the Board for their support these past two years. Each and every member has a special job to do and has done it in the best possible way. Their support of me and your organization has made it possible for me to do the job. My sincere thanks to them from all of us.

* * * * *

Alumnae Secretary

The office work came to a halt during the February blizzard of 1978 and it seems as if we are still catching up.

Membership this year is 1342; last year's was 1290.

551 members contributed to the Fund Drive, giving a total of \$8,336.50. Last year's Fund Drive was \$8,245.00.

The By-Laws were published in the Spring and are available at the office for those who wish a copy.

This year we were saddened by the deaths of many of our outstanding graduates including Miss Margaret Dieter, the composer of our School song.

Several of you will miss Felicia Kulig Fullerton who attended every Homecoming for the past 15 years. She formerly served on the Hospitality Committee using her artistic talent in creating beautiful table settings.

In addition to our faithful volunteers, Miss Barbara Williams and Miss Reta Corbett; we are fortunate in having Miss Miriam Huggard and Mrs. Marjorie Goldthwaite Richardson assisting us in the office.

Mrs. Richardson's prime project for the past six months has been the development of a Geographical File. She has helped considerably with other office duties.

Miss Miriam Huggard has been a "doer of all deeds" from running errands to assisting in the sorting and destruction of obsolete materials.

I wish to thank Miss Corkum, the Alumnae Board members, my volunteers and all who helped through the year.

Evelyn Lawlor, Alumnae Secretary

* * * * *

PROPOSED BUDGET FOR 1978

BUDGET	ESTIMATED 1977	ACTUAL 1977	ESTIMATED 1978
Secretaries & Tax	\$ 8,389.	\$ 8,212.53	\$ 9,042.00
Petty cash, office			
Unemp. tax	500.	406.15	500.00
Quarterly Record	10,000.	8,228.15	10,000.00
Printing & Post.	3,000.	1,136.10	3,000.00
Auditor	750.	750.00	750.00
Services	700.	703.64	700.00
Fund	750.	884.24	800.00
	<hr/> 24,089.	<hr/> 20,320.82	<hr/> 24,792.00

STUDENT ACTIVITIES

Corsage & Flowers	150.	159.25	150.00
Dinner	550.	523.25	550.00
Ad in Year Book & other act.	125.	245.00	125.00
Scholarships	2,000.	2,200.00	2,200.00
	<u>2,825.</u>	<u>3,127.50</u>	<u>3,025.00</u>

MEETINGS

Annual		8.00	
Homecoming	3,500.00	3,305.26	3,500.00
Alumnae Rep	600.00	1,200.00	400.00
	<u>4,100.00</u>	<u>4,513.26</u>	<u>3,900.00</u>

GIFTS & CONTRIBUTIONS & SCHOLARSHIPS

NLN	100.00	100.00	100.00
Christmas	10.00	10.00	10.00
Gifts		835.00	
Scholarships	2,000.00	2,035.00	2,000.00
	<u>2,110.00</u>	<u>2,980.00</u>	<u>2,110.00</u>

MISCELLANEOUS

Filing Fees	100.00		100.00
Lawyer	400.00		400.00
Bank Charges		56.93	
	<u>500.00</u>	<u>56.93</u>	<u>500.00</u>

TOTAL	\$33,624.00	\$30,998.51	\$34,327.00
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RECEIPTS	ESTIMATED 1977	ACTUAL 1977	ESTIMATED 1978
Membership Dues	\$14,500.00	\$13,280.00	\$13,500.00
Annual Fund	7,000.00	8,245.00	8,000.00
Income from Savings	1,000.00		1,000.00
Misc.	5,000.00	*9,290.25	4,000.00
Trans. Bal on Hand	6,124.00		7,827.00
	<u>\$33,624.00</u>	<u>\$30,815.25</u>	<u>\$34,327.00</u>

* MISC. 1977

Helen Flanagan Estate	\$5,000.00
Homecoming	3,307.00
Cups	370.00
Trans. from Alberta Libby F.	573.12
S J Fund	35.00
Postage	5.13
	<u>\$9,290.25</u>

Annabella McCrae Loan Fund

Year ended December 31, 1977

Balance on hand January 1, 1977	\$ 6,412.57
Repayment on Loans	5,198.87
Transfer from 90-Day Account	5,000.00
Interest	<u>178.28</u>
	Total \$16,789.72
	Loans <u>14,700.00</u>
Balance on hand December 31, 1977	\$ 2,089.72
<u>90 Day Notice Account</u>	
Balance on hand January 1, 1977	\$10,762.44
Interest	<u>592.59</u>
	\$11,355.03
Transfer \$5,000.00 to active Acct.	<u>— 5,000.00</u>
	\$ 6,355.03
Total Balance on Hand	\$ 8,444.75

Sally Johnson Scholarship Fund

Year ended December 31, 1977

Receipts	
Contributions	\$ 5,870
Interest on savings account	<u>561</u>
Total Receipts	<u>6,431</u>
Disbursements	
Four (4) \$1,000 scholarships	
Total disbursements	<u>4,000</u>
Excess of receipts over disbursements	2,431
Cash balance at January 1, 1977	<u>8,941</u>
Cash balance at December 31, 1977	<u><u>\$11,372</u></u>

Note — Basis of Accounting

The Association maintains its books and records on a cash receipts and disbursements basis, and prepares financial statements on that basis.

GRADUATION 1978

Commencement Exercises for the Class of 1978 were held on June 2nd at the John Hancock Hall. There were 94 graduates in the class. Presentation of the awards was made by Miss Natalie Petzold, Director of the School of Nursing. Her presentation remarks follow:

We have the privilege to present the Wetherill Awards which are given in recognition of the Spirit of Thoughtfulness for others.

According to the wording of the gift, the recipients are not selected for any one outstanding deed, but rather for their continuous devotion to the interest, comfort, pleasures and well-being of their patients, fellow nurses and all others with whom they may come in contact.

These awards are a means of saying "thank you" by the Hospital and the School to the recipients, who by their thoughtfulness have helped those around them; the patients and the Hospital in its care of them; and who have upheld the spirit and standards of nursing.

The awards are in the form of a pin, with a symbolic design of: an Oak leaf which stands for the strength and support given by the Spirit of Thoughtfulness for others; an Ivy leaf which represents those whose way is made easier and happier by this spirit; and an acorn which symbolizes the need of growing strength and comfort planted in others by the Spirit.

The three students have been selected by their classmates, the faculty, and members of the Hospital Staff. They are: Carol Guanci, Donn Kurjan, and Kathy Young.

Next there are two separate awards signifying excellence in patient care. The first of these is the annual award sponsored by the Faculty. The intent is not so much a matter of singling out one graduate above all others, who

has achieved at the peak of excellence. Rather it is a symbol of the Faculty's belief that knowledge, skill, understanding, awareness and concern for others should be demonstrated and reflected in a high quality of care to patients, and families, and individuals for whose health needs we assume responsibility. It represents a commitment to high standards, to continued learning, to enhancing the efforts of all health team members in providing that quality of care which is worthy of the trust placed in us. Ultimately this is measured not only by the quality of care of which we are intellectually capable but which in fact we render despite obstacles, constraints and stresses.

In this spirit, the Faculty awards a silver jewel box, inscribed For Excellence in Patient Care, to Marilyn Leighton.

The second award is the Marie Scherer Andrews Memorial Award for Excellence in Orthopaedic Nursing. This award of \$125 is sponsored by Mr. Joseph Andrews in memory of his wife, who was an Alumna of the School of Nursing, past Chairman of the Advisory Council of the School of Nursing, and formerly Professor of Nursing and Director of Continuing Education at Boston College.

During her years in practice and teaching, Mrs. Andrews was a proponent of the belief that care of the sick was a privilege. The specific plight of the physically immobilized or handicapped patient was of particular concern to her and she therefore devoted a major portion of her pro-

fessional life to the development and improvement of preventative and therapeutic nursing techniques in the area of Orthopaedics. Mrs. Andrews believed that the quality of life and the degree of recovery obtained by an Orthopaedic patient was the direct reflection of the competence of his nurses and more precisely the spirit in which his nursing care was rendered.

To the student whose nursing care of Orthopaedic patients exemplified a similar commitment to their needs, this award, in memory of Mrs. Andrews, is presented to Wendy Curwood.

In memory of Clarissa Peters Allen, graduate of the Massachusetts General Hospital School of Nursing, class of 1937, an award of \$500 is given by her husband, George E. Allen, and Mr. and Mrs. Frederick Gear to a member of the graduating class who has consistently demonstrated love and understanding of people and concern for their well-being; superior academic achievement and competency in nursing; and high standards of professional behavior, including initiative, self-awareness and a commitment to continued self-preparation and development. This award is presented to Elaine Emerson.



COLORFUL CERAMIC TILES

MGH EMBLEM . . . OR . . . BULFINCH BUILDING

Size 6" x 6" with cork backing and hanger attached

To benefit student scholarships awarded by the Ruth Sleeper Chapter of the MGH School of Nursing Alumnae.

Send \$4.50 check or money order (and note your choice of tiles) payable to Roberta Rawson Stidham, 375 School Street, Pembroke, MA 02359.

Price includes tile, postage and handling.

Graduating Class, 1978

Alexander, Geraldine W. Cambridge, MA	Dickerson, Martha Ann, B.S. Muscatine, IA
Baker, Jack Quincy, MA	Dickinson, Diane Wolfeboro, N.H.
Banks, Deborah Ann Shrewsbury, MA	Diller, Suzanne Carole, A.S. Melville, N.Y.
Bartasiunas, Lili Dorchester, MA	Dreher, Denise Marie Natick, MA
Bayless, Wendy Ann Stratford, CT	Duggan, Rosemary G. N. Scituate, MA
Bell, Maureen T. Quincy, MA	Emerson, Elaine L. Danvers, MA
Berard, Kathryn Ann, B.A., M.Ed. Boston, MA	Engel, Susan San Jose, CA
Boucher, Linda Arlington, MA	Fecteau, Anne Marie Pawtucket, R.I.
Calandrella, Susan Jane Arlington, MA	Ferguson, Deborah Lee Pawtucket, R.I.
Carp, Elizabeth Ann Southfield, MA	Finck, Marjorie Ann, B.A. Florence, MA
Carris, Larry Lee Carrolton, OH	Flynn, Kathleen Ann Concord, MA
Casassa, Roberta Marie Roslindale, MA	French, Gillian Ruth, B.A. Arlington, MA
Clark, Paul T. Dorchester, MA	Gazard, Patricia Ashland, MA
Clifford, Patricia Ann, A.A. Andrews AFB, MD	Gibbons, Donna M. Lee, MA
Conway, Carolyn Agawam, MA	Gildea, Mary Patricia Bridgeport, CT
Costin, Terese Lynn, MA	Gillen, Maureen Carolyn Stonington, CT
Crouch, Susan Elizabeth Gloucester, MA	Goulet, Nancy A. Lawrence, MA
Crowell, Marcia J. Barrington, R.I.	Graham, John Kevin Lowell, MA
Curwood, Wendy Kellam, A.B. Cambridge, MA	Guanci, Carol Ann Arlington, MA
DeRosa, Karen York Beach, ME	Haeger, Elisabeth West Hartford, CT
Desrosiers, Margot Nicole Gales Ferry, CT	Haley, Vivian Elizabeth South Weymouth, MA
Devaney, Dorothy, A.S. Somerville, MA	Handlin, Cynthia J. Framingham, MA
DeWilde, Clarie Elizabeth Belmont, MA	Hayes, Lynne Ann Cambridge, MA

Hughes, Christine F. Dorchester, MA	Panneton, Karyn Elizabeth Foxboro, MA
Hughes, Joanne Patricia Roslindale, MA	Perry, Elizabeth New Bedford, MA
Irwin, Jane Ellen Milton, MA	Raskin, Roberta, B.A. Needham, MA
Jansma, Genevieve H. Melrose, MA	Reilly, Kathleen Ann Stamford, CT
Jones, Anstiss Derby Boston, MA	Sapareto, Barbara L., A.A. Boston, MA
Kaminski, Cynthia A. Medford, MA	Scanlan, Nancy Patricia Belmont, MA
Keliher, Kathleen Hingham, MA	Schultz, Linda Joan Swampscott, MA
Kirschner, Joan C., B.A. Hampton Beach, N.H.	Shadbegian, Susan Elaine, B.S. Springfield, MA
Knue, Marianne Margaret, B.A. Cincinnati, OH	Stinson, Dean C. Quincy, MA
Kurjan, Donn Alan, B.A. Hampton Beach, N.H.	Taragowski, Laurie E. Hamden, CT
Langford, Suzanne Swampscott, MA	Verplanck, Charlotte Brookline, MA
Lee, Susan B. Silver Spring, MD.	Vickers, Deborah Ann Medford, MA
Leighton, Marilyn C. S. Dennis, MA	Vislosky, F. Michael Pueblo, CO
Lundblad, Lois Caron Wareham, MA	Waldie, Grace, B.A. Oak Bluffs, MA
McGinn, Mary Kiernan Stoneham, MA	Walker, Debra Jean Medford MA
McLaughlin, Dawn Jean Rockland, ME	Walker, Diane Marie Medford, MA
Mulhern, Leslie A. Wakefield, MA	Walko, Marianne Northvale, N.J.
Munchbach, Barbara Ann Roslindale, MA	Webb, Gregory B., B.A. Roxbury, MA
Murphy, Barbara Jean Somerville, MA	Weisberg, Sheree Saugus, MA
Murray, Joan Stoneham, MA	Wilkeson, Rose Canavan, B.S. Winchester, MA
Nally, Janet Marie Peabody, MA	Wollenziehn, Dan Lawrence Boston, MA
O'Malley, Catherine Ann Boston, MA	Wood, Eleanor Beaman, A.S. Boston, MA
Omelanski, Victoria Jamaica Plain, MA	Yeske, Pamela Ann, B.A. W. Medford, MA
Pandolfe, Anita Wethersfield, CT	Young, Katherine Marie Pawtucket, R.I.

NEWS NOTES

Betty Parker Hartl, Class of 1930, and her husband, Dr. Emil M. Hartl, have recently been featured in numerous publications in recognition of their 46 years of outstanding service as Founders and Directors of the Morgan Memorial Charles Hayden Goodwill Inn School in Boston. Now Dr. Hartl is retiring.

Although he holds several degrees: an A.B. from Hamline University in St. Paul; degrees in theology and psychology from Boston University (S.T.B. and Ph.D.) and has almost completed post doctoral work at B.U., he and Betty are known as "Pop" and "Mom" to about 10,000 young men who have lived at the Goodwill Inn.

Starting in 1932 in a dilapidated six-room tenement in Boston's South End, Emil and Betty fed, clothed and gave rooms to two teen-age boys brought to them by Traveler's Aid Society of Boston. Since then, thousands of boys have been referred to them - none refused - from various agencies for troubled or desperate young men. At the Inn School, during the boys' critical teen-age years, they gave the inspiration and training to young men, many of whom became lawyers, doctors, school teachers, policemen, social workers and leaders in business and industry. Today the Inn is a beautiful home in Boston's South Cove, with satellite group homes in Jamaica Plain and South Athol.

Renowned as a theologian and a pioneer in clinical training of pastors and as an outstanding academician in the field of constitutional psychology, Dr. Hartl was probably described best in the "Boston Globe" as a man whom

the youngsters knew as a man who never asked about an individual's background, about whom they would later say "Pop liked me."

Betty, in addition to raising their three sons, has been completely involved in working with the young men at the Inn. She has been in charge of nursing, sometimes drove the truck, aided in coaching dramas and plays, in passing evaluation judgement on the "passing scene" of a boy or staff behavior. She has also served on numerous boards, such as an officer of the Massachusetts United Church Women, the Planned Parenthood League, Citizens Crime Commission, as a Cooper Community Center Board President and has served on Workshops in Social Concerns in the U.S. and overseas. She has traveled round-the-world on behalf of mission stations of the Methodist Church. For two years she was president of the League of Women Voters of Boston and, in 1973, was chosen the Massachusetts Mother of the Year by the American Mother's Committee.

On November 9th they were feted at the "Appreciation Party for Pop and Mom Hartl" at the Morgan Memorial Church of All Nations in Boston.

But they are not really retired. Dr. Hartl will continue as Director of the Clinical Pastoral Education Program. And, for sure, Betty will have a hand in innumerable community activities.

(continued on page 22)

HOMEcoming 1978

Held on September 30th at the Boston Park Plaza (formerly the Statler) at Park Square, Homecoming was attended by 288 alumna, six of whom came from California and Oregon.

The accommodations were splendid; the mezzanine area provided ample and attractive space for the coffee hour, also an extensive meeting room and a spacious luncheon area.

This year the classes of 1918, 1928, 1953 and 1968 were honored. No one attended their 60th anniversary year. But Louise S. Zutter, class of 1913, was recognized with a teacup bouquet. MGH cups and saucers were presented to those celebrating their 50th anniversary; and corsages were presented to those celebrating, respectively, their 25th and 10th anniversaries.

Following a brief business session, the program session included an in-depth explanation of the plans for a master's degree level nursing program to be initiated at MGH. A greater review should appear in the "Quarterly" soon. Mary Ellen Bouchard, RN, BSN, of the Neonatal Intensive Care Unit at The Boston

appear in the next "Quarterly"), and Helena T. McDonough, RN, MSN, CNM, (her earlier paper appeared in the Fall and Winter, 1977, issues of the "Quarterly") spoke on the current and exciting care of pregnant women, the new "birthing rooms" and post natal care of mothers and infants. It is all in total contrast to the old labor rooms, heavy medications, the immediate separation of mother and child and the isolation of the father. Now birthing is a truly family-sharing experience.

At the luncheon meeting, gifts were made to the Sally Johnson Fund from the following classes: the July Section of 1948 presented \$125; the March Section of 1953 presented \$430; and a member of the Class of 1923 presented \$300.

Out - going Alumnae President Adele Corkum was honored, not only for her capable leadership of the association but in recognition of her retirement after 44 years on the nursing staff of MGH.

Following the luncheon ceremonies, tours of the hospital and a tea in Bartlett Hall were held. In all, a truly lovely reunion day.

To purchase a 5" x 7" copy of any photo in this issue, please notify the Alumnae Office of the number of prints wanted, give the number included in the identification of the photo(s) and include payment of \$2.20 for each copy ordered.



Very special alumna – Louise S. Zutter, Class of 1913; Barbara Williams, Class of 1920; and Helene Lee, Class of 1922. (Photo #1)



Head Table Guests – (Front left to right) Guest speaker Mary Ellen Bouchard; Mary E. Macdonald, Director of Nursing Service; Adele L. Corkum, Outgoing Alumnae President; (Back left to right) Guest speaker Helena Therese McDonough; Margaret Harrington Anderson, Incoming Alumnae President; and Natalie Petzold, Director of the School of Nursing. (Photo #2)



Class of 1922 — Filomena DiCicco; Katherine Beckford Weaver; Adaline Chase; Ruth Sleeper; and Gertrude Luff Phinney.

Class of 1923 — Olive Scudder Hatch; Gertrude Fay MacLeod; Frances Crocker Chase; Reta Corbett; Mary Clark Whelton; and Mary A. Canning. (Photo #3)



Class of 1928 — Marjorie MacLean Fraser; Helen MacLean Sutherland; Edna Olson Hulme; Gula R. Boyce; Marian Hopkins Crabtree; Annette L. Eveleth; Kay Clark Ernst; Eleanor Davis McAllister; Phyllis Hamilton Barrows; Emelyn Harlow; Dorothy Raymond Crawford; Eleanor Smith Dickinson, M.D., Edith Morse Palmer; Evelyn Baker Durno; Sylvia Perkins; and Marguerite McNeely Erb. (Photo #4)



Class of 1938 — Dorothy Goodwin MacLaren; Margaret Wilson McConnell; Katharine Barrett Tamule; Constance Bourne Norcross; and Gertrude Snow Barr. (Photo #5)



Class of 1943 — Veronica Byrne Henaghan; Jacquelyn Cape Hatfield; and Mary Alice Barrow Brunelle. (Photo #6)



Class of 1948, February Section — Eleanor Karvellas Pechilis; Rita Krasinskas Kuzdeba; Anna Towhill Smith; Arlene Wink McNamara; Ruby Sundeen Phipps; Eleanor Gagan Nissen; Muriel Larose Lamie; Lois Bloomquist Erikson; Nona Marble Griesemer; Barbara Gray Carleen; and Kay Collins Gallagher. (Photo #7)



Class of 1948, September Section — Margaret Higgins; Jane Bicknell O'Keefe; Jean Borggaard Keller; Alleyne Albrecht Foley; Marianne Foster Cosgrove; Patricia Webber Schwartz; Alice Martinez Yanulis; Barbara Hunter Eger; Avis Cartwright Farrell; Evelyn Cobb Spooner; Kathleen Dee Horgan; Terry Casella Stepp; Gladys Miller Edie; Gini DeLong Kalvin; and Marie Ricky Nousse. (Photo #8)



Class of 1948 – Marcia Wade Priscu; Hazen Schuerer Jezierny; Norma McEdward Dodge; Barbara Eckersall Brown; Helen Wanionek Johnson; Sheila Casey Marble; Pat Kenna Craffey; and Katie Connery Simpson. (Photo #9)



Class of 1953 – Norma Walker Vaughn; Emily Thibodeau Ceglowski; Mary Lehto Case; Claudette Smith Owens; Barbara Bullard Haynes; Elinore (Peggy) Laffey Bergomi; Elizabeth (Betty) Laffey Chittick; Jean Rodrick Bogg; Dolly White Halden; Margaret Platts A'Hearn; Mary McKnight Drexel; Jacquelyn Thornton Higgins; Barbara McGarrity Boiffolie; Marilyn Marzelli Chabot; Louanne VanHam Pratt; Betsey Buck Bloomer; Jean Sivret Emmons; Betty Stoughton Dobson. (Photo #10)



Class of 1953, March Section — Elizabeth Doyle Sheehy; Jane Bushey Preston; Jan Carron Hilleland; Sandra D'Angelo Hall; Joan Bresnahan Perkins; June Fitzpatrick Boutin; Barbara Rittenburg Minutoli; and Jean Youngberg Young. (Photo #11)



Class of 1958, March Section — Jane Gile Ferguson and Rose Marie Gilligan Hobson. September Section — Frances Perry Devitt; Suzanne Homes Croteau; Suzanne Vogeley; and Mary Ann Robert Beaubien.

Tablemates were members of the Class of 1959, March Section — Mary Flannery Cairra; Amanda McRea Fuhro; Barbara King Hemingway; and Judith Palmer Muggia. (Photo #12)



Class of 1968 — Judith Carucci Bees; Donalene Robinson Ravitch; Barbar Reppucci Casarano; Elizabeth Gonsalves Maki; Diane Battle; Betty Corbridge Aldrich; Peggy Morrissey Shea; Sandra Cobbett Moore; Janis Carucci Crafts; Ann Peterson; Sandy Kwiatkowski Quinn; Ginny Gavin Parry; Mary Lou Carr; Ruth Holbrook Brewster; Gail Shaw Flood; Ruth Bowdoin Balboni; and Bonnie Beith MacKinnon. (Photo #13)



Class of 1973 — Christine Strachan McElroy; Susan Berard Dobens; Denise Lavoie Savage; Kathleen Keenan; Christine Rheaume; and Nancy McKenzie Karon. (Photo #14)

Mary E. Macdonald, Director of Nursing Services, has been named by HEW Secretary Califano to the National Advisory Council on Nursing Training. The Council advises Mr. Califano on grant awards for nurse training. Her term expires in 1981.

"Quarterly Record" magazines available: Caroline Eaton Ford, Class of 1933, of Box 117, Penacook, N.H. 03301, has offered a collection of the alumnae magazine, dated 1911 through 1964, to anyone who will pick them up or pay the postage. Since the Alumnae Office has a collection, this offer is open to any alumna.

Patricia Mark Sparks, Class of 1963, has been appointed assistant dean of Continuing Education at Boston University's School of Nursing. She will be responsible for the development and implementation of workshops for nurses and allied health professionals. She also will serve as project manager for a continuing education contract with the U.S.

Army in Germany, co-director for an African medical education project and co-director for an inservice training project in six New England states.

Alumnae Award - On November 12th, at the Students' Convocation, Louise Riemer, student nurse, was named as recipient of the \$500 Annual Alumnae Association Award presented to an out-standing student.

In response she wrote: I thank the Nurses' Alumnae Association for the check I received. I am so honored to get such a wonderful prize . . . I have worked hard at Massachusetts General. Even without the prize, I feel I have been rewarded with an excellent nursing education and, probably, the best clinical teaching and experience available. Besides all this, I really love nursing.

Whatever I do with my nursing education, I know that what I have gotten from the School of Nursing will be something I can be proud of and use in any circumstance. Thank you again so much.

Correction: Abby-Helen Dennison Hawes, in whose memory her husband made a donation which has become the basis for an Alumnae Fund, was a member of the Class of 1924.

News . . . of the Classes

1907

FRANCES C. DAILY, who has been our oldest alumna for some time, died on July 31, 1978 at a nursing home in St. Albans, Vermont. Services were held in Plattsburgh, N.Y. on August 3rd. Helen W. Seller of 57 Bailey Ave., Plattsburgh, N.Y. 12901 informed the Alumnae Office

and noted, "She was a remarkable lady who seemed born to serve. I'm happy that I could claim a slight relationship and that I knew her more than half of her life."

1909

MARY JAMESON MAYNARD, after six years in a rest home, died in November, 1978, apparently in or

near Milton, Massachusetts. A note from her son, Bill, says that she worked in a New York City hospital after graduation for about a year and then became a Public Health Nurse in Lancaster, Mass. About 1912, she married the late Forrest J. Maynard and they later moved to Milton, Mass., where he was the town engineer. Particularly during World War II, she did a lot of volunteer nursing work when nurses were in short supply.

LIBBY HOLLIDGE of 96 Granite Place, Milton, Mass., who attended the funeral, added this note: "Molly, as she was affectionately known by all, was a warm wonderful friend and neighbor. She was a past president of the East Congregational Church Women's Society and an honorary member of 40 years. Besides her son, William, she leaves another son, Calvin, who is a Florida resident."

1917

We have recently learned that HELEN DORE BOYLSTON is now living in St. Joseph's Manor in Trumbull, Conn. 06611. Her books in the Sue Barton series have been translated into many languages and are still being sold throughout the world.

1918

A brief note from Dr. H.A. Rasmussen of 127 E. First Street, Corning, New York 14830 brings word of the death of HELEN PAWNEE McCALL RASMUSSEN on October 17, 1978. He noted that she served overseas during World War I.

MAUDE WARD McGREW GLEASON, Class of 1915, adds this charming memory: "When I went on duty at the V.A. Hospital, Fr. Bayard, N.M. in 1920, I noticed a new nurse wearing an MGH cap — found that she graduated from the same school

in 1918; it was Pawnee. At that isolated post we could own our own horses. Having been born in Eastport, Maine, I knew boats but not horses. So we bought horses. Pawnee taught me to ride and we explored around those mountains on "Rufus" (Pawnee's horse) and "Sox" (my horse).

One day we raced a short stretch of road between the little town of Central and "The Outpost". The ball-diamond looked down on that stretch of road. Went on duty that night to have one of my patients say, "Miss Ward, I won \$5 on you today."

We had much fun together!!

1922

ADALINE CHASE, 81, an associate professor emeritus at the University of Pennsylvania School of Nursing died November 2, 1978, at her home at 45 Chelfield Rd., North Hills, PA. She had attended Homecoming in Boston on September 30th.

A native of Lynn, Mass., Adaline was a graduate of Mt. Holyoke College in 1919 before she enrolled at MGH School of Nursing. After serving in Red Cross nursing in Milford, N.H., and VNA's in Waterbury, Conn. and Providence, R.I., she earned her masters' degree from Teachers College of Columbia University in New York. She then joined the faculty at the University of Pennsylvania School of Nursing.

After her retirement in 1962, she served as a nursing consultant with the Blue Cross of Philadelphia's home care program and on the board of directors of the VNA of Eastern Montgomery County. She is survived by a sister.

1930

See News Notes for an item about BETTY PARKER HARTL and hus-

band Emil, who has recently retired as Director of the Morgan Memorial Charles Hayden Goodwill Inn School in Boston.

1936

February Section

Marjorie Goldthwait Richardson
386 Riverway, Apt. #8
Boston, MA 02115

We have received a newspaper picture and article from MURIEL (Mickey) KEARNS BRODSKY on the occasion of her retirement from the post of Community Health Supervisor with the Bridgeport (Conn.) VNA. She was honored at a dinner and other social events. Still adjusting to retirement, she has accepted a volunteer job on the state level with the Cancer Society.

BARBARA VIVIAN PAYNE, retired and doing a great deal of church and community work, visited Florida and talked with HELEN BENT MARTIN who is living at 874 Tamerlane St., Deltona, Fla. 32725. Helen plays golf and is quite active socially. Her son lives in Kansas City.

I am enjoying retirement, working one day a week with Evie in the Alumnae Office, another day at the Gibson House Museum and have been very active in "Boston by Foot", a non-profit organization that conducts tours of the city. In November I was honored by being named "Guide of the Year".

We were disappointed that only EVELYN LYONS LAWLOR and myself were able to attend the 1978 Homecoming.

1943

February Section

MARY NICKERSON MARBLE
of 536 Riverview Drive, Chatham,

MA 02633, writes: On October 19th, my three-year term as President of the Cape Cod Hospital Aid Association ended and, during that time, the ten branches and the Gift and Thrift Shops of the Association, with a membership of 1800 women, raised \$418,000 of a five-year \$500,000 pledge for the purchase of equipment for the new addition to the Cape Cod Hospital. It was a most time and energy consuming three years but most rewarding. And so that my possible "spare time" won't be wasted on trivia, I shall begin serving as a trustee of the Cape Cod Hospital in January and will also become a member of the Nursing Advisory Council of the hospital.

She also notes that she regrets seeing so little news from this class.
1949

PHYLLIS CHADBOURNE LICHTENWALNER wrote a long letter to her "little sister" during student days (Bev Thoren) before her visit here during August and early September. In it, she reports on her life in Saudi Arabia:

My husband, Craig, resigned his job as Dean of Faculties of Medical Sciences at the American University of Beirut in 1975, having seen the university through the war. He took a position as Executive Vice President of the American University of Beirut Services Corp. and we are based in Bahrain. The corporation is a consulting firm with profits going to the university.

I am employed by the Bahrain Ministry of Health in the College of Health Sciences, a new technical college (only one in the country) where we have a school of nursing and a program of practical nursing. I teach in both programs. We give an A.D. to the general nurses after a four-year

program; the others receive a certificate from the Ministry. It is going well, now in its second year, and it is exciting to work in a new institution, though there are plenty of frustrations. One serious one is that we are required to teach the students in English, the legal language of the hospital, but they have little knowledge of it when they enter. They have six hours of English per week, and that is throughout the course. So, for the first year, it is a great challenge.

We have four children. One, Todd, is employed here. He is a hospital administrator. Christine is getting a Master's degree at the American University of Beirut. Mark is a third-year college student at Seattle University. Emily is here with us and in the sixth grade.

Bahrain is a tiny island country off the coast of Saudi Arabia. You would have to look closely on a good map to find us. It is a very pleasant place to live; hot in summer but nice in winter.

1953

In response to notices about the class' 25th anniversary at Homecoming, the husband (Stanley) of FLORENCE FLETCHER HOFF notified the Alumnae Office of the sad

death of his wife on July 20, 1978. He noted that she had worked very hard in the area of natural childbirth and midwifery. Address is 269 Lowell St., Peabody, MA 01960.

1960

PATRICIA MAHER METTS of the September Section has now received an Ed.D. degree, we learn from a brief note. Congratulations!

1961

JUDY CONWAY PEREIRA of 127 Westwood Drive, Westfield, MA 01085 writes: Does anyone in the class of '62 know the whereabouts of SANDRA BRICKHILL RAND? I would like to contact her. Would love to read some news about our class. Where is everyone? Is there anyone in the '61 class living in western Mass? Would love to get a mini-reunion together.

1963

PATRICIA MARK SPARKS of Natick was recently appointed assistant dean of Continuing Education at B.U.'s School of Nursing. (See News Notes). Pat has served as a staff and private duty nurse, has taught high school science, served as a nursing instructor at the Bourne Vocational Technical School in Mass. Prior to

In Memoriam

- 1907 Frances C. Daily on July 31, 1978 at St. Albans, Vermont.
- 1909 Mary Jameson Maynard in November, 1978, in Milton, Massachusetts.
- 1918 Helen Pawnee McCall Rasmussen on October 17, 1978, in New York.
- 1922 Adaline Chase on November 2, 1978, at North Hills, Pennsylvania.
- 1928 Eleanor Flint Rhoades in June, 1978.
- 1943 Gertrude A. Dowling on Sept. 2, 1978, in Manchester, New Hampshire.
- 1953 Florence Fletcher Hoff on July 20, 1978, in Peabody, Massachusetts.
- 1959 Dolores DeBartolo in September, 1978, in Alburtis, Pennsylvania.

going to B.U., she was coordinator of Environmental Studies and assistant professor at Glassboro State College in N.J. She is the author of several articles on environmental issues and has received grants from the U.S. Dept. of HEW for studies of solid waste.

Pat received her M.Ed in Nursing Education and her Ph.D in Environmental Science Education from Temple University.

1966

PEGGY COPE MASCHER, on the staff of the Coronary Care Unit of the Providence Hospital, Springfield, MA, has been certified as a critical care R.N. by the American Association of Critical Care Nurses. She passed the required examination in Boston on July 15.

A native of Wolfeboro, N.H., Peggy worked at MGH for eight years prior to moving to Springfield. She attended Northeastern University and is currently enrolled in the State of New York's External Degree Program from which she expects to receive her B.S. in Nursing within the year. She is a member of the MGH Nurses Alumnae Association Board of Directors and is vice president of the Western Mass. Chapter of our alumnae association.

JANE PARMELEE DRAKE of RFD #1, Route 6, Andover, CT 06232 writes: Rich and I have been living on a "mini" farm for 3½ years now. In addition to Anne (now 12½ and in 7th grade!) and Daniel (age 3), we have four goats, many ducks, geese, chickens, turkeys, one cat and one dog. Two years ago we opened a furniture stripping and refinishing and sand blasting shop. We specialize in restoration of antique furniture and classic and antique cars. I work a

few evenings a week on a surgical unit at the U. of Conn. Medical Center.

I see GINNY BRADLEY APANOVITCH quite often — they live in a beautiful new ultra-modern home about 30 miles from us. Used to see ANN COLLINS HENDEMAN, until she moved to Ohio — lost her new address. Love to see anyone in the area.

1967

NANCY BEY SWARTWOUT of 921 Northampton Hwy., Holyoke, MA 01040 writes: The last time I saw many of my fellow classmates was at our 10th reunion. I had just moved to Lancaster, PA, where my husband, Dennis, had gotten a job as a fisheries biologist. Two months after our arrival, we adopted a beautiful son, Ross Edward, at the ripe young age of 14 days. What a joyous change in our lives!

Since that time we have moved back to Holyoke where my husband is attending U. Mass. as a graduate student and I work as an evening supervisor part-time at Holyoke Hospital and continue to attend the local Junior College. Today we are celebrating Ross' first birthday!

Occasionally I see JOYCE WHEELER TISDELL and husband, Tom, and son, Jimmy, around town. This summer, Joyce and I got together with MARY BREHM DURDA and husband, Paul, KRIS BERNARDI NAINES-DISTELHORST and husband, Jim, and GERI BERTOLINO ELLISON, husband, Randy and children, Kristina and Patrick, at Mary's parents' house. Had a great time.

JANNE DEBES of 3957 Meadowland Drive, Jackson, MS 39206, has notified us that she has chosen to maintain her surname and has

not adopted her husband's surname. The editor was wrong in assuming that, with her news of her marriage, her husband's surname would be added to her's.

1970

GAYLE LAVIOLETTE ROBINSON of 519 Margaret Ave., Johnstown, PA 15905 writes: Chris and I are proud to announce the birth of our first child and daughter, Kerri Anne, on August 12, 1978 at the Windber Hospital and Wheeling Clinic in Windber, PA.

Chris is the Chief Financial Officer at the Windber Hospital and I have recently "retired" as Pediatric Nurse Practitioner for a private pediatrician's office.

We have been living in Pennsylvania

for a year, after moving from Wakefield, R.I., upon completion of Chris' M.B.A. at the University of R.I. and my B.S. from Salve Regina College in Newport, R.I.

1975

LYNN HAERTEL POLING has a new address 106 Pleasant St., Newton Centre, MA 02159. She and Rod are pleased to announce the birth of their second child, Anne Elizabeth, on July 17, 1978. Then on Sept. 1st they moved into a lovely old Victorian home they bought in Newton. Along with an active two-year-old boy, these two events have made for a rather busy summer.

1976

DONNA HERALD HERMMANN of 100 West St., Apt. C-6, Rocky Hill,

MGH CAPS

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CT 06067 has written: I so enjoyed Homecoming. It was a special occasion for me. My aunt, Catherine Clark Ernst (1928) celebrated her 50th anniversary. My grandmother, Mary Clark Whelton (1923) attended her 55th anniversary. And I attended my second anniversary. I was very proud to be there.

SUSAN L. NASON has been accepted to matriculate at Boston College. She returns to Boston from the jungle of Eastern Ecuador, about 150 miles east of Quito where she was working in a clinic. She wrote: I've had quite a wide variety of experiences here. My role is so much different than that of the nurse in the average hospital in the States. A doctor is available by radio or plane only. The nurse does everything here. I work with a very capable woman

who has taught me much. This is a valuable experience. I will be back in Massachusetts the first week in August.

Her present address is 10 Fayette St., Arlington, MA.

1977

KENNETH J. TRASK of 386 Main St., Lewiston, ME 04240 who is attending Bates College, Maine, and working towards a B.S. in Biology, while working part-time as an ICU-CCU nurse at Central Maine Medical Center, and KATHLEEN P. O'HARA have announced their engagement. An August, 1979 wedding is being planned.

Kathleen is enrolled as a B.S.N. candidate at Boston College and is working part-time at MGH.

Congratulations and all good wishes.

MGH CAPS

Hazen S. Jezierny
7 Gertrude Ave.
Rumford, R.I. 02916

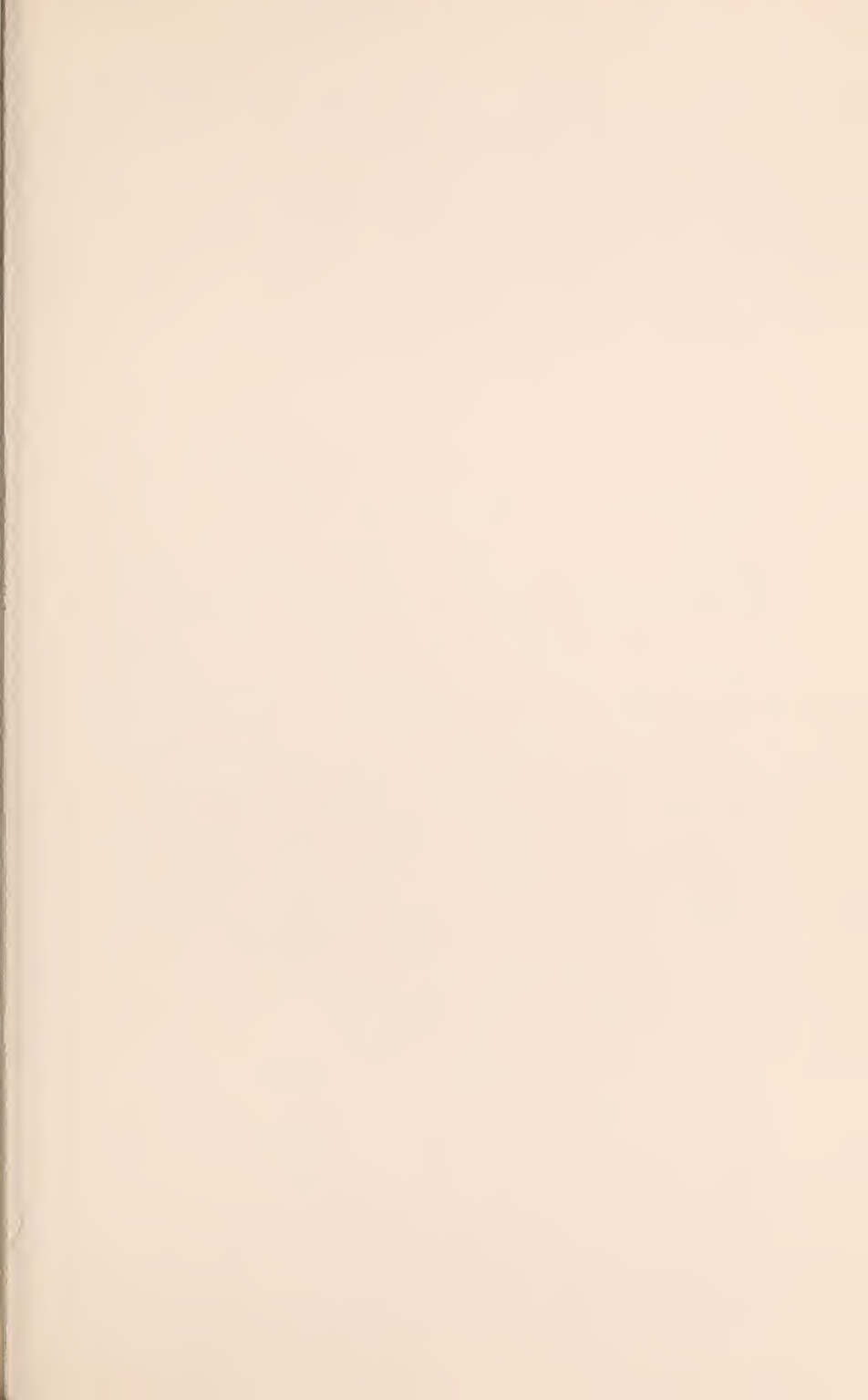
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OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Winter, 1978

THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 9:00 a.m. — 3:00 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o
Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall,
34 Blossom St., Boston, Mass. 02114.

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MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston,
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THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

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Winter, 1978

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Editor Alice Yancey Conlon
83 Martland Ave., Brockton, Ma. 02401

Chairman Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

A Momentous Announcement

THE MASSACHUSETTS GENERAL HOSPITAL DIPLOMA SCHOOL OF NURSING CLOSES

For decades we have been told that the diploma nursing program at MGH would be altered. The previous idea was that the school would be affiliated with an established collegiate program and that MGH would serve as the clinical practice area for students who would complete their baccalaureate degree before qualifying to be registered nurses.

Numerous affiliations were attempted. Overtures were even made to the Massachusetts Institute of Technology, along with programs established with Simmons College, Northeastern University and Radcliffe College. But nothing prevailed.

Now the last diploma class has been admitted and the last graduation will be held in the Spring of 1981.

Cost has been a serious factor. In spite of rising tuition, the school has had to be subsidized. Now that third-party insurers can no longer subsidize educational programs in hospitals, the subsidization must come from hospital income, particularly from patient fees.

As we learned at Homecoming 1978, MGH has now qualified as an educational institution for a number of specific areas of health-related education. Nursing is one of them. Nurses will now be prepared at the master's degree level at MGH. Only applicants with baccalaureate degrees in fields other than nursing will be accepted.

Although that is hard to swallow, we might be consoled by remembering that the MGH School of Nursing was an early and notable pioneer in nursing education. And now, we alumnae of the diploma program will be, in a way, related to another forward-looking pioneering program in nursing education at MGH.

CLOSING NOTICE TO ALUMNAE

Members of the MGH Nurses' Alumnae Association received the following letter on the termination of the School of Nursing from Margaret H. Anderson, Alumnae Association President, and Natalie Petzold, Director of the School of Nursing. It has been requested that it be reprinted herein.

Dear Alumnae: After painstaking deliberation, the Trustees of the Massachusetts General Hospital have voted not to admit another class into the School of Nursing diploma program, which will be gradually phased out. The class admitted in September 1978 will be the last entering and graduating class. Enrolled students and students already accepted for return, who continue to meet the curriculum requirements and the standards, policies and requirements for progression, promotion and graduation within the usual school year periods for a given class will continue to be eligible for the diploma of the School. The last class in the diploma program will graduate in the Spring of 1981 on a date to be established. In the meantime, the Hospital will continue to support and provide the necessary and quality of resources and facilities for the School, in which it has taken great pride. Clinical and classroom facilities, faculty and support staff, learning resources, housing for resident students, and other services essential to the School's program will continue for the duration of the program so that its quality will not be compromised and so that its fully accredited status will be maintained.

You have, of course, known that there has been uncertainty for several years about whether another class would be admitted, so, in a way, the decision came as no real surprise to you. You also know that the Hospital, for some years, has been considering other avenues to continue to participate directly in the education

of beginning nurses, and has been responding to various socio-economic, education and nursing trends toward college credit systems and degree granting programs.

After extensive feasibility studies and providing evidence of meeting the necessary criteria, the Massachusetts General Hospital has been chartered as an educational institution by the Massachusetts Board of Higher Education and received authority to further plan for and establish academic credit/degree programs in seven disciplines, including nursing. Planning for the phase-in of new programs, at an appropriate future date, is proceeding with the hope that the Hospital's commitment to education for professional nursing roles and licensure will not be interrupted, and will continue to articulate with planning for the existing programs in nursing as well as in other health disciplines.

The decision of the Trustees represents the end of an era, but not the end of education for nursing at MGH. Just as the School has had different arrangements and patterns of education over the years, the time seems right to undertake another significant transition. We are fortunate to have the quality of our resources and facilities recognized, which helped to contribute, in part, to achieving the authority to begin academic degree programs. As the oldest diploma program in existence, we are also fortunate that the Hospital is able to plan to continue to build on many of the traditions, experiences, achievements and strengths of the

past and present and to adapt the educational programs to the needs of the future.

No matter how well we were intellectually prepared for the closing of the School, there is a sadness that we all feel. We, as graduates, have been fortunate to have been educated at the MGH School of Nursing and have been proud to claim the School as our Alma Mater. We will

always be proud. It is the end of one era of nursing education and the beginning of another and we will welcome the new graduate into our Association.

The MGH School of Nursing was a pioneer in nursing education and now the Hospital is offering a brand new model. Let us watch the process and give our heartfelt good wishes to the future nursing students.



DO YOU OWN A COPY?

If not, you are really missing a fascinating experience.

A CENTENNIAL REVIEW 1873 – 1973

The Massachusetts General Hospital School of Nursing

by

Sylvia Perkins

Send check for \$13.50 PPD, made out to H.G. Lee, Treasurer,
to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

MODERN PERINATOLOGY

Mary Ellen Bouchard, R.N., B.S.N.

Former Nurseries Coordinator
and

Present Staff Nurse in the Neonatal Intensive Care Unit
at

The Boston Hospital for Women, Boston
Guest Speaker at Homecoming 1978

The study of the combined fetal and neonatal periods, or perinatology, is probably the fastest changing and most innovative area of health care today. Its recent advances in the case of the high-risk mother and neonate has significantly affected maternal-child morbidity and mortality.

Historically, interest in the weaker newborns stimulated Pierre Budin, a French obstetrician, to expand his role beyond the delivery room to the infants he delivered by establishing the first consultation for nurslings (a well-baby clinic) at the Charité Hospital in Paris in 1892 and later directed a special unit for weaklings at the Maternité by Madame Henry, the former chief midwife. In 1907 his book The Nursling was translated into English and consisted of ten lectures in "Practical Obstetrics." He recognized differences in large and small for gestational age babies and questioned the cause as being inherent in a compromised pregnancy. A student of Budin recognized the public's morbid interest in variations of nature and charged admission to a display of prematures in incubators at the Chicago Exposition in 1914.

In the 1920's Albrecht Peiper working in Berlin was concerned that pediatrics had placed emphasis on the diets of infants and needed to be more concerned with the cerebral function of infants. By this time, the United States had passed legislation concerned with maternal child care.

In 1876, the New York legislature gave "the Society for the Prevention of Cruelty to Children" wide power in the protection of child life. Around 1909 to 1914, "the Prenatal Care Committee" was developed here in Boston by a committee working in cooperation with the Boston Lying-In Hospital. This committee established the fact that good obstetric care was not possible without antepartal care. Also during this time "the American Association for the Study and Prevention of Infant Mortality" was organized and devoted itself to problems concerned with child life, especially the high infant mortality rate. At the time there were no records of births, deaths, or causes of deaths. In 1912, the U.S. Children's Bureau was established within the Department of Commerce and Labor through government sanction and was later transferred to the Federal Security Agency. This Bureau functioned as an information-gathering and educational organization concerned with the welfare of children in all classes of life.

In 1915 the "Birth Registration Area" was established as a Federal Act to compile birth and death statistics on which mortality rates are based. From this time through the 1920's, much attention was given to maternal-child care. The Maternity Center Association opened a school for midwives; the American Committee on Maternal Welfare was founded; Mary Breckinridge founded

the Frontier Nursing Service; the Joint Committee on Maternal Welfare consisting of the American Gynecological Society, the American Association of Obstetrics and Gynecology and Abdominal Surgeons, and the American Child Health Association met and issued a pamphlet on "Delivery Care" stimulating the Children's Bureau to publish "Standards of Prenatal Care."

Interest continued during the 1930's and in 1944 the Public Health Service Act expanded Federal and state cooperating public health programs having a bearing on maternal-child care. This Act was especially important, however, because of its great indirect impact because of its provisions funding research and education of personnel needed in these areas.

The World Health Organization was established as an agency of the United Nations of 1946. In 1955 the American College of Nurse Midwifery was established.

Until this point limited support for research came from the Children's Bureau and private foundations. In the 1950's the National Institute of Health planned programs of support through a large collaborative study on perinatal morbidity and study of human embryology and development.

The 1960's were an important time because the report of President Kennedy's panel on mental retardation stimulated funding of both research and the establishment of centers for high-risk infants and for maternal and infant care. In a broad sense of the word, regionalization began here.

In 1964, the Nurse Training Act, an amendment to the Public Health Act, authorized grants for the expansion and improvement of nursing education, scholarship grants to

schools of nursing, assistance to nursing students, and the establishment of a National Advisory Council on Nurse Training, thus indirectly affecting maternal and child care by increasing health care professionals.

It has been since the 1960's that modern perinatology has evolved. Research has greatly helped us understand the high-risk pregnant woman and neonate and decreased morbidity and mortality. It has also in turn affected legislation, as will be discussed later.

A HEALTH-ORIENTED MOTHER

A healthy baby begins with a healthy mother. Even prior to prenatal care, the mother-to-be is at best someone in good physical condition with good health practices. But some women are not in the ideal situation and are considered pregnancies "at risk." As stated by Swyer in Neonatology, "risk factors declaring prior to and during pregnancy include pre-existing maternal disease, low socio-economic level, vaginal bleeding, infection, hydramnios, and heavy smoking. Obstetric factors include mechanical complications and uterine inertia, toxemia, and isoimmunization." As there are actually many risks affecting pregnancy, I would like to highlight those that are prevalent and of the most interest in relation to the resultant high-risk neonate.

There have been several recent advances which help us to evaluate the status of the fetus, although a maternal history to indicate possible risks is the most important. Those advances that help to assure fetal growth and maturity include:

- 1) ultrasonography - this is the use of sound waves to measure the biparietal diameter of the head. When used in a series it determines the rate of fetal head growth and

gives an indication of gestational age. It is also helpful in the diagnosis of placental previa which is the location of the placenta near the opening of the uterus which could cause hemorrhaging and fetal loss.

2). amniocentesis - this is the obtaining of amniotic fluid for laboratory study to determine the lecithin-sphingomyelin ratio or the L/S ratio. This ratio is an indication of lung maturity, noting the metabolic pathways for surfactant production. The significance of this will be discussed later.

Those tests helping to evaluate placental function include:

1) estriols - the consistent comparison of twenty-four hour estriol determination during pregnancy can be a good indication of placental function. Estriol production is increased during pregnancy and increases with gestational age, especially during the third trimester. This is a result of the conversion of fetal adrenal androgen precursors to estriols by the placenta with further conjugation in the maternal liver and excretion primarily through the maternal kidney. Falling estriols, in general, indicate failing placenta function and impending fetal death.

2) oxytocin challenge test - this is a test in which oxytocin-induced uterine contractions prior to labor are monitored by fetal heart responses to indicate the function of the placenta during stress. A patterned fetal heart rate drop, or late deceleration would indicate a placenta sensitive to stress; i.e. one which would not tolerate labor well, thus indicating a Caesarean section as a delivery method to prevent fetal demise.

The premature infant can be related to several maternal factors including, but not exclusive of spontaneous rupture of membranes, age less than sixteen years or greater

than forty, multiparity, multiple pregnancy, toxemia, maternal diabetes, and pre-existing medical problems. If maternal and child condition allows, the pregnancy is managed to allow for the greatest possible gestation age prior to delivery. If premature labor has begun, an attempt might be made to halt it through the use of IV alcohol to slow labor or in some cases the use of newer drugs currently as part of research such as terbutaline. If indicated, glucocorticoids are used to stimulate lung maturity.

When maternal management prohibits or is unsuccessful in halting premature labor, the infant is at risk for several problems.

1) hypothermia - the infant is unable to produce sufficient body heat due to prematurity and must be supplemented to prevent stress. Cold stress complicates and produces other problems such as energy loss, hypoxia, acidosis and thus a neutral thermal environment must be maintained.

2) metabolic problems - a) hypoglycemia is an initial problem which is caused by lack of glycogen stores due to low birth weight and can be corrected by intravenous glucose infusion. b) hypocalcemia may occur later and can be corrected by oral or intravenous supplements. c) hyperbilirubenemia can be due to the increased bilirubin load on the liver and insufficient amounts of glucuronyltransferase, causing jaundice. Usually this can be corrected through the use of phototherapy - the use of light to breakdown the bilirubin in the skin.

3) respiratory - a) asphyxia in the delivery room is common due to poor muscle contractions to take an initial breath. It is thus important that a delivery room be equipped to handle an initial resuscitation of a

premature infant. b) respiratory distress syndrome (RDS) or Hyaline Membrane Disease is the most commonly known problem. This is due to the lack of surfactant lining the alveoli, causing atelectasis. It is comparable to blowing up a balloon for the first time every time the infant breathes because there is no surfactant lining his alveoli to keep them open. The child will have retractions, nasal flaring, and cyanosis. If the disease is mild, he may require only oxygen therapy, but for moderate to severe RDS, the child may require ventilatory assistance with a respirator. c) bronchopulmonary dysplasia - this is a chronic respiratory condition found in some children who have had high concentrations (over 60% FiO₂) of oxygen and high pressure respiratory ventilation for an extended period of time. The lung shows histologic squamous epithelial cell changes due to chronic hyperinflation of the alveoli. The resolution process is chronic and may last for several months requiring prolonged ventilatory assistance and oxygen therapy. Some of these children have gone home on oxygen therapy. d) apnea - premature apnea is common in children of less than 32 weeks gestation and is due to the immaturity of the central nervous system. Physical stimulation may be sufficient to literally "remind" the child to breathe, but in less common situations, ventilatory assistance must be given. Aminophylline, or theophylline, has proven to be effective in decreasing apnea spells.

4) cardiovascular - a) hypovolemia may be present in the child with blood loss or in shock. Blood pressure should be monitored, preferably through a central venous or arterial line and volume expansion with blood or plasma should be given. This should be corrected quickly as

it can precipitate RDS. b) persistent fetal circulation is literally the persistence of the circulation prior to delivery. The pulmonary vasculature is resistant to blood flow causing poor oxygenation. These children usually require ventilatory assistance and in some cases, bronchopulmonary dilating drugs to "open" the vasculature. c) patent ductus arteriosus is common in prematures with RDS less than 32 weeks gestational age. In fetal circulation there is a connection between the pulmonary artery and the aorta through which there is a right to left shunt due to pulmonary vasculature resistance, but when the child with RDS starts to decrease pulmonary vasculature resistance and the ductus does not close, there is a left to right shunt causing heart failure and often preventing weaning from ventilatory assistance. Some children are successfully treated with digoxin, diuretics, fluid restriction, and increased red cell volume. In some cases, indomethacin, a prostaglandin synthetase inhibition, is successful. In other children, surgical ligation is required. Some studies have suggested that fluid restriction in the first week of life may prevent heart failure due to a patent ductus.

5) Nutrition - nutrition is an area of knowledge which has grown tremendously recently. The premature has special needs for nutrition as we are trying to duplicate what mother does best. If at all possible, the child is fed breast milk or formula usually by gavage due to the inability to suck. However, sick premies, i.e. those with RDS, and/or those so premature that they cannot absorb feedings through their gastrointestinal tract, may require nutritional supplementation with hyper-

(Please turn to page 29)

THE MGH FAMILY CARE PROGRAM

WANTED: Foster Homes for the Elderly in Eastern Massachusetts

Like to share your home with someone, probably elderly, who needs companionship and some care? The Massachusetts General Hospital has a new program that offers an alternative to nursing homes and institutions. You will receive training, ongoing back up from the Mass. General Hospital, plus monthly payment. Contact the Social Service Department at 726-2601.



As you may know, the MGH Social Service Department is presently operating a Family Care Program in an effort to find an alternative to placing elderly patients from the hospital into nursing homes and institutions. We firmly believe that the foster care approach will prove to be far more cost effective than institutional care while enabling elderly persons to lead happier and more independent lives.

Vital to the success of the program is the recruitment of interested families who represent the many and varied communities served by this hospital. In this specific effort, I am writing to ask if any of you would have an interest in participating in the program.

Since its inception this past summer, the Family Care Program has placed patients in the homes of families from various Greater Boston and Eastern Massachusetts communities. These are patients, for the most part elderly, who do not require skilled care but rather supportive

assistance with personal hygiene, dressing, walking or taking medications. Once an interested family has applied to the program, the application is reviewed by a team of nurses and social workers and a home visit is made to determine the suitability of a particular home as well as to discuss the program in more detail with the family. Once a family has been accepted, they are trained in basic nursing, dietary, and social/psychological skills and a patient is matched according to the family's wants and capabilities. A meeting then takes place to give both parties an opportunity to get acquainted. If this initial meeting proceeds successfully, then placement is made.

I have outlined very simply what must take place for the foster care concept to become a reality. There are certainly more specifics involved that I would be pleased to discuss with you at any time. What has been most striking about the program so far is the absolutely remarkable quality of life improvement we have witnessed with the patients we have placed.

We are also very pleased with those families who have come forth in response to the foster care idea. But the word must continue to be spread and I am hopeful that by this communication we may find more people who would be interested in participating.

Please call the Social Service Department at 726-2601 if you would like to know more about the program or know of others who may wish to participate.

Eleanor Clark
Director of Social Services

A CLASS REUNITED 1928 - 1978

Sylvia Perkins

"Quiet, girls! It's after ten o'clock." These familiar words sparked another wave of hilarity in the guest suite at the Boston Park Plaza Hotel where twenty-two members of the Class of 1928 and their guests were continuing the celebration of their fiftieth anniversary on Friday, September 29, 1978. Many classmates had not seen each other for all of those decades. Recognition came slowly until some tone of voice or mannerism provided the clue.

Plans for this reunion were launched by Sylvia Perkins, chairman, in November 1977, when the first "Call to Reunion" was mailed. Soon a committee of ten was formed. Each member was asked to write to five classmates of her choice for the purpose of adding a personal touch to the form letters sent by the chairman and to seek the addresses of as many more of the Class as possible. This action paid off: enthusiasm began to build.

The Class numbered 77 in 1928. In 1977 the Committee had information about less than half its members. By September 1978, we had corresponded with 41 and learned that 17 were deceased. Of the other 19 we had no knowledge except for four whose mail was neither returned nor answered. It was interesting to learn where the 41 live. Farthest away is one working for Project Hope in Cairo, Egypt; a home in Massachusetts awaits her return. Thirty-eight are scattered among 14 states and Canada; 24 reside in the East (12 in Massachusetts, 6 in Maine, and the rest scattered); 3 in Florida; 5 in the Mid-west; 3 on the West coast; and 3 in Canada. Three, who live only a few miles apart in Sun

City, Arizona, were not aware of their proximity until reunion messages reached them. Unable to get to Boston, they had a mini-reunion there. Nineteen were never located.

The Boston reunion commenced at five o'clock on September 29th with the classmates gathering in the guest suite, where the Committee had provided refreshments in an attractive private sitting room. Reminiscences and "Now-accounts" also flowed freely. In addition to the class members present, another classmate, who is somewhat incapacitated, stayed in her hotel room, where she was visited by our group and other alumnae. We were delighted to have six guests: Mary Clark Whelton (1923) sister of Katherine Clark Ernst; Mary Varley Kennelly (1927), who missed her own reunion; Dorothy Raymond Crawford's daughter, Dorothy; Evelyn Baker Durno's daughter, Ann; Dorothy Lazure Hurxthal's daughter, Catherine; and Edith Morse Palmer's daughter, Judith. The last three are also MGH School of Nursing graduates.

A most satisfying dinner was served to twenty-six in the Hancock Room, a private dining room of the hotel. After dinner the chairman asked that the names of the deceased be read and followed by a moment of silence. From a copy of LAMPADA, the class yearbook, the class prophecy was read. It was clear that its authors had been more humorous than omniscient. A brief report concerning the Class gift followed. Judie Palmer Muggio continued to take candid camera pictures as the booklets, "A Token for Remembrance" were distributed. During the year each member was asked to supply a resume

of her present interests, activities, and the highlights of her life from 1928 to 1978. These materials were edited, replicated, and assembled together with the Class directory. After dinner, back in the suite, the decibel level reached new highs until nearly midnight.

On Saturday many of the group were able to attend some of the meetings and the luncheon at which our Class were guests of the Alumnae Association. After lunch, the chairman presented the Class gift of

\$2113.00 to Natalie Petzold, Director of the School of Nursing. This gift, in memory of Annabella McCrae, is to be used for scholarships for students.

All too soon we had to separate, and by Sunday morning the reuniting classmates had dispersed regretfully but with a sense of satisfaction and pleasure from the fact that the Class of 1928 had again pulled itself together to enjoy, however briefly, some of the camaraderie of "training" days.

WORCESTER COUNTY MGH CLUB

The Worcester County MGH Club met for their fall meeting at the Sterling Inn, Sterling, MA. We had a good turn out again with 17 members present. Charlotte Hall brought a guest — Madeleine Dill, a graduate of Rhode Island Hospital School of Nursing.

Hazel Walker Whitmarsh (1924) founder of our Club, drove up from Pawtucket, Rhode Island to join us. She helped get some of our historical facts straightened out and gave a short talk about our beginnings. The first meeting was held in the fall of 1942 as a "bandana picnic" in Green Hill Park, Worcester, MA. A "bandana picnic" is a picnic where one brings his own lunch but only what can be carried in a bandana. The Club has grown some and had its ups and downs, but here we are 38 years later and still going. We all hope we have many more years to go.

An interesting sidelight was that Hazel had worked with our guest, Madeleine Dill, in Providence, R.I., a few years back. This made it a reunion for all.

We were sorry to have to report that Esther Fessenden (1928) was in the Holden Hospital recuperating

from a "mild stroke". She is one of our long standing members. We wish her a rapid recovery and hope she will be joining us soon.

Another new member, Paula (Kaminski) Stidson (1975) joined us this time. It is nice to have some of the younger ones join — we need them very badly to help us keep going for another 38 years.

As reported in one of my earlier reports, our meetings are usually for socializing and renewing old acquaintances. Once in a while we do have a speaker. We do collect dues and have made contributions to the various scholarships and loan funds through the years. If you are interested in joining us, our next meeting has been tentatively set for May 2 at the Sterling Inn, at 6:30 p.m. We would like very much to see you there.

I forgot to mention that Hazel (Walker) Whitmarsh donated a copy of "A Centennial Review" to the Club to be loaned to members that may not have a copy.

Muriel Settle Pollock, 1248 Ashby State Road, Fitchburg, MA 01420. Telephone: 343-7507

In Memory

Twenty-five years following her graduation, Carole DeMille died in the hospital she loved so well and to which she had given much.

Carole held various nursing positions at MGH until 1967 when she assumed the unique role of its first Infection Control Nurse. As one of the earliest specialists in hospital epidemiology, she pioneered prevention of hospital-associated infections and guided many others as they entered the field. She organized an infection control association in New England and in 1972, was one of the founders of the National Association for Practitioners in Infection Control. She served as that organization's President, later its Board Chairman and between 1974-1978, the principal fund raiser.

In 1978, Carole became the first nurse to be appointed to the Board of Directors of the National Foundation for Infectious Diseases. She was instrumental in planning the first world-wide conference on infection control sponsored by the World Health Organization.

A much sought after speaker at seminars in infection control in this country and overseas, Carole gained respect and admiration on a world-wide basis.

Through all this, Carole never lost her sense of humor, her human touch, nor her love of MGH. Speaking at an MGH Homecoming, Carole said, "I want this speech to be my very best." During another lecture, Carole reminded infection control practitioners, "We are not controlling anything; it's people out there doing the laying on of the hands who will reduce infection rates. We can only help them."

Carole gave willingly of herself, both to the MGH and to the field

of infection control. Of this she said, "No one has a right to love her work as much as I do." Yet, this was not her only love. The DeMilles, Carole and Al with their children, Wendy and Ted, were a close, caring family who sensed each others needs; loved, laughed and sorrowed together.

Carole was respected, admired, and she was loved. We shall all miss her greatly.

Grace Presswood (1952), Secretary of Association for Practitioners in Infection Control, New England.

ANOTHER MGH FIRST . . .

In what is hoped will be a historic forerunner of similar agreements with other major institutions, the MGH and the American Red Cross have joined in recruiting volunteer blood donations. Now all blood donations at MGH or on the MGH mobile unit will be considered Red Cross donations and the Red Cross will join in recruiting volunteer blood donations at the hospital. All Red Cross and MGH blood donor files will be shared, and a single coordinated recruitment effort will be organized for the metropolitan Boston area. The newly designated MGH Red Cross donor room is expected to become a major donation point for blood donors who live or work in the downtown area.

The MGH has played a key role in developing the technology to preserve red blood cells by freezing and was the first institution to be licensed by the Food and Drug Administration to employ freezing for routine daily use. MGH is also licensed by the FDA to ship whole blood and red blood cells across state lines, as is the Red Cross.

In addition, the hospital has developed several special techniques for using blood in surgery. One of these was designed to permit Jehovah's Witness patients to undergo open heart surgery without violating their religious tenets.

While the Northeast Region of the

Red Cross Blood Services collects 48,000 units in Boston annually, MGH provides patients with blood and blood components from over 40,000 units of blood annually. About one in every eight units of blood used in Massachusetts is transfused at MGH.

News . . . of the Classes

1908

A very brief note from Bethel Home, New Brunswick, Canada, brings word of the death of EMMA WHITE on December 15, 1978.

1922

ELIZABETH A. WELCH, 82, of 156 Providence Avenue, S. Portland, Maine, died on December 11, 1978, at a Portland hospital after a brief illness.

A native of Lowell, Mass., she is survived by nephew, Benjamin Welch of N. Yarmouth, Mass., and two nieces, Nancy Hibbard of Portland, and Barbara Cameron of Zephyr Hills, Florida.

Niece Nancy Hibbard of 1909 Washington Ave., Portland, Me. 04103 wrote: My aunt . . . retired 20 years ago from Storrow House, Lincoln, Mass. She lived in her own home by herself until being hospitalized on December 8th. Her interests in her later years were candy making, knitting and reading. She also told some great stories about Mass. General.

1928

See page 12 for SYLVIA PERKINS' lively report of the class' 50th anniversary celebration. She also compiled a report on the class called "Resume For Remembrance" which was distributed to her classmates.

A portion of it follows:

The Class of 1928 numbered 77 at the time of graduation. We have now addresses for 44 members. Five more were written to, but we received no response, and our letters were not returned. Of the remaining 28, we cannot locate 12. The 17 who are deceased are listed by maiden name.

HELEN J. BURGESS
DOROTHY M. CHRYSTAL
PAULINE L. CUMMINGS
HELEN C. EPLER
HALINA A. FILIPAK
ELEANOR FLINT
HELEN E. FRENCH
MARJORIE I. LANE
CHRISTINA M. MARTIN
VIOLA M. McCARTHY
ZORINE McDONNELL
ELIZABETH M. MURPHY
RUTH PETTINGILL
HELEN M. POPKIEWICZ
ETHEL M. ROBERTSON
MARGARET B. SMART
ANNA G. TUCY

To date (August 24, 1978) 40 out of 44 potential donors (90.9%) have contributed the sum of \$2113. toward scholarships for MGHSN students and in memory of Miss McCrea.

The members of the Reunion Committee were:

ROWENA BELDEN KEEFER,
KATHERINE CLARK ERNST,
NATHALIE DAVIS McPHETERS,

ANNETTE L. EVELETH, MARIAN HOPKINS CRABTREE, MARGUERITE McNEELY ERB, EDITH MORSE PALMER, SYLVIA PERKINS, VIRGINIA PETERS ROBINS, and DOROTHY RAYMOND CRAWFORD.

1935

ELEANOR HARRISON PARKER writes that she will be living, after February 1st, in a Retirement Complex, 101 W. Windsor Rd., Urbana, Ill. 61801 (Apt. 3211).

I have sold my home here in Bakersfield and will be returning to my "Roots". My brother and his wife have an apartment on the same floor. There are two nieces in the town. All of my brothers (3) and sisters (2) live near there and my daughter is in Indiana. So although I don't want to leave California, I know it is the sensible thing to do.

I had a total hip replacement in June '77 and still require a crutch or cane for ambulation. Sometimes I wonder how much is due to the arthritis in every other place. I'm finding it rather difficult to do my sorting and discarding of 40 years accumulation and packing what I want to keep. I went through the old "Quarterly Records", re-reading some, as time permitted. Especially enjoyed the write-ups of those nurses now serving in foreign countries.

I hear from EDITH LEE MACCORMICK '36 about once a year; also EUNICE PIKE. She is back in Texas as of last word, working on a biography of her brother, Kenneth. I also hear from MARY DALE '34 periodically.

I talked to BARBARA CHRISTIAN a year ago after I was in San Jose, but we didn't get together because the motel office didn't

give me her message while I was there.

Would like to get more news from members of the Classes of '34, '35 and '36, as they were the people I knew best.

1938

EILEEN WOLSELEY, Director of the Department of Nursing at the Concord (N.H.) Hospital for 18 years retired last October, with numerous accolades from the hospital personnel and the community.

After graduation from MGH School and 13 years of nursing practice, Eileen returned to college to earn her B.S. at Teacher's College, Columbia University. In 1960 she earned her master's degree in nursing administration at Boston University. From there, she went to the Concord Hospital where she was in charge of about 90 full or part time nurses and 50 other workers on the staff. When she left, the staff numbered more than 400 nurses and other nursing staff personnel. In addition to teaching students, she served on the Faculty Committee, Admissions Committee for the School of Nursing, the Infectious Control Committee and the Safety Committee, among others.

An inveterate traveller, she's travelled extensively to Europe, throughout the U.S. and Canada.

JOAN MCCARTHY PETERSON sent in the hospital's publication item entitled "Our Best To You, Miss Wolseley." and also noted that "She has been a treasure to this community. Her beautiful sense of humor and personality will be missed." Joan also noted that her daughter, Paula, works at Concord Hospital and loves it.

1939

Howard B. Gray of 34 Wesquauset Road, South Orleans, MA 02662

(P.O. Box 532) wrote this: It is with great sorrow I report to you that my wife, BETTY (SMITHSON) GRAY passed away at home on Saturday, December 16, 1978.

At home with her were her two daughters, their husbands and our two grandchildren. Our son who recently received his Ph.D in Optics was in Los Angeles, but is now with his family through the Christmas holidays.

Betty, after graduating, worked in the doctor's office at Smith College. Took time to raise our family and then returned to employment at Smith College, first as medical secretary and later became Administrative Assistant to the foreign student committee. Working with this committee brought her great joy as she loved the students.

Betty has been ill for nearly three years. We moved to South Orleans on Cape Cod in August 1976 and she enjoyed her new home. Volunteered at the Cape Cod Hospital in Hyannis.

Her courage and ability to accept reality has been an inspiration to the family and friends.

1941

With a heavy heart I report the death of classmate MARY LOUISE CASEY on December 6, 1978, at the Barnstable County Hospital on Cape Cod.

Born in Arlington, Massachusetts, "Casey" was orphaned at an early age and reared by a divine lady, whom many of us knew, "Aunt Joe" Fultz, along with her sisters Alice and Rose and Aunt Joe's daughters Natalie and Louise.

After graduation, Casey joined the MGH Unit and served in the Army Nurse Corps in Europe from 1942 to 1946. She then earned her B.S. in Nursing at Boston College. From there, she went into the U.S.

Public Health Service. Early in this career, she served at the U.S. National Institute of Health and then took her master's degree in public health nursing at the University of Michigan, with a major in epidemiology. Then, as a specialist, she worked throughout the country with BCG vaccine for tuberculosis control; then worked on follow-up controls on Rocky Mountain Spotted Fever out of the Rocky Mountain Laboratory. Finally she did public health nursing with the Apache Indians in Arizona.

Her home held innumerable pieces of Indian artwork, most of them gifts from her Apache friends. And her body held scars from numerous dog bites from her home visits to patients.

After her retirement from the U.S.P.H. Service, she moved to Cape Cod where, eventually, she bought a lovely home in Centerville. For about five years, she worked with the Barnstable County Health Department.

Although plagued for years with high blood pressure and related complications, Casey was always bouncy and so bright; still the best read and least ostentatious person I've ever known, especially considering that she probably had one of the highest I.Q.'s of anyone in our class.

Her sisters, Alice and Rose Casey, and her cousin, Natalie Fultz, now live at 61 Franklin Street, East Milton, MA. Cousin Louise is married. It was requested that in lieu of flowers contributions could be sent to the Heart Fund in her name, in case any classmates want to help commemorate Casey.

EBBA RUDINE RAY of 89-D Shadow Lane, W. Hartford, CT 06110, shares her holiday letter to friends to bring us up-to-date on her life. Excerpts follow:

My health continues to be excellent. Had several minor (but expensive) operations on toes for removal of bony spurs and ingrown toenail. This fall I participated in an 8-week Smokers Program and am now an ex-smoker. Now I'm attending Weight Watchers (did not gain because of not smoking, but just gradually accumulated pounds over the past year.) All this in preparation for sewing some new outfits using the techniques I learned last spring at Stretch & Sew classes, where I made a completely coordinated wardrobe in bright grass green, white and navy, which proved to be very useful for the trip to Ireland in July.

Our two-week tour took us via TWA Getaway Tour bus on a circle tour which included, among other places, Limerick, the Cliffs of Moher, Dingle Peninsula, Killarney, the Ring of Kerry, Bantry Bay, Kinsale, Cork, Waterford, Glendalough, Dublin, cross country to Donegal, Castlebar, Connemara Peninsula and then to Galway. Seven of us flew from Galway to Kilronan on Inishmoor, one of the Aran Islands and climbed in a misty rain to the ancient fort of Dun Aengus. The stark barren landscape of the island inspires one's great respect for the inhabitants who have struggled hard for existence there. All in all, we saw a great deal of the Republic Ireland, but did not go into Northern Ireland. The trip was a marvelous exposure to the history, geography, arts, and socio-economics of the hospitable and friendly Irish people.

I am still serving as secretary of the Charter Oak Color Slide Association, and am still trying to organize travel slide shows. In addition, have been taking bridge lessons and have gone to physical fitness classes twice a week. Somehow I must find time to work part-time to earn money for

more travel and perhaps a new car eventually.

My son, Stratton, has been enjoying his work at Columbia University toward his master's degree in TESOL (Teaching English to Speakers of Other Languages, without having to speak the other languages), which, I believe, he will complete by the end of the year. He has had a part-time job teaching by this method at LaGuardia Community College and has also been paid to assist the head of the TESOL Dept. in supervising practice teachers in the same program. There would appear to be rather definite plans for a two-year teaching stint in Tokyo starting next fall.

I wish all a happy and healthy New Year.

1943

September Section

MARTHA KELLAND of 39-25 65 St., Woodside, N.Y. 11377 writes: All who knew Joe Zanca (STELLA O'MARA ZANCA's husband) were saddened by his death on Oct. 4th. Their son, James, and wife live in Des Moines, Iowa; Ann lives not too far from Stella, has two adorable boys; Jane works; Barbara is in college, both live at home. Stella's address is 137-08 64 Rd., Flushing, N.Y. 11367.

CONNIE SMITH ZULLO wrote of the family: Alexandra, youngest, is 8½; Jennifer is a senior in high school. Only two of the six still at home. She told of visits this summer from William and MINNIE COSTING GELLNER, Ohio, and John and SHIRLEY MANSFIELD CRESSY from Conn.

Charley and I are well, spend summers in Ill., Minn. and N. Dakota and part of the winters in Florida.

Look forward to hearing from many of you. Happy New Year.

1946

MARGARET REID of New Haven Ave., Marstons Mills, MA 02648 (Tel: 617-428-6563) has left her part-time work at the Cape Cod Hospital because of illness, MARION DECKER MANES '51 reports.

Marion, who visited her recently, wrote of the neighborhood children of all ages who visit her to show off their school papers and discuss any problems they have, along with enjoying Margaret's ever ready snacks. Her home is crammed with the mementoes given to her by patients, friends, children, relatives, etc.

A fascinating woman, Marion writes, she is, for example, a blood "brother" to the Wampanoag Indians of Mashpee and also the Cheyenne Indians of Wyoming. She has been a concert viola player; has performed with Arthur Fiedler and, at the age of 12, accompanied Nat King Cole one evening at an all-black nightclub in Boston.

Marion suggests that a feature story on this nurse's lifetime accomplishments would make a great feature article. Also that Margaret would undoubtedly enjoy hearing from classmates.

1948

September Section

*Margaret T. Higgins
117 Dolphin Lane
Hyannis, MA 02601*

Homecoming 1978 found nineteen of our classmates joyfully reunited to share the day's activities and our own reunion dinner.

ALICE MARTINEZ YANULIS returned to work five years ago and is busy establishing an Endoscopy Unit in a new Manchester, N.H. Hospital. Her family is well and happy.

DOROTHY TUFTS GORTON is working as an Alcoholic Counselor at Serenity House in Natick. She is involved, also, in educational work in Westboro State Schools and Nursing Homes. She has one grandchild with a second expected in January.

PAT WEBBER SCHWARTZ's five children and part-time job as a school Library aide keep her very busy.

PAT SULLIVAN CONEFREY has three children and is Pediatric coordinator of a 59 bed unit plus two ambulating services. She is only a thesis away from a Master's in Nursing Administration.

FREDI SMITH HOWLETT says all is well with Bucky and the children

In Memoriam

1908 Emma White on December 15, 1978, at New Brunswick, Canada.

1922 Elizabeth A. Welch on December 11, 1978, at Portland, Maine.

1939 Elizabeth Smithson Gray on December 16, 1978, at South Orleans, Massachusetts.

1941 Mary L. Casey on December 7, 1978, at Barnstable, Massachusetts.

1953 Carole Chase DeMille on January 20, 1979, at Boston, Massachusetts.

even though she's not a traveling millionairess!

ALLEYNE ALBRECHT FOLEY keeps busy with volunteer services including Easter Seal and Hospital Aid Society. She says the seven children have great family "togetherness".

JEAN BORGGAAARD KELLER says that now only two of five children are still in college she is considering returning to Nursing employment after years of volunteer service.

AVIS CARTWRIGHT FARRELL has expanded her family to include two granddaughters. She has two married children, another just completing college and the last starting college.

BARBARA HUNTER EGER assists Ray in his Dental office. The children, a daughter 17 and a son 15, are in High School.

EVELYN COBB SPOONER is still in the Motel business with Orin. Carol, 20, is in Art School; Steve, 18, is at U. of Mass and Julie is seven and bright as a button.

JANE BICKNELL O'KEEFE does staff nursing three days a week at

St. Elizabeth's in Brighton. The 5 oldest children are either in or have completed college with two married and living in Germany. The youngest girl is 16 and the youngest boy is 13. She has one granddaughter.

GINI DeLONG KALVIN works four nights a week at Sturdy Mem. Hospital in Attleboro. Son, Tim, is in Marine Corps in California. Daughter, Candy, is married and a teacher in Learning Disabilities. She has one grandson.

MARIE "RICKY" NOUSSEE is Assistant Director of Nursing New York Health and Hospitals, Coop. Hospital. She is active in the Womens (conservative) Movement and in New York cultural events.

KATHLEEN DEE HORGAN is Occupational Health Nurse at Nuclear Metals Inc. Both sons work at Digital; Patrick, who graduates from Bentley College in December, and Kevin, who is also a musician. Monica is a senior at Wheaton Col., Julie is a sophomore at U. of Mass., and Kasey a Concord High sophomore. Bill is well.

COLORFUL CERAMIC TILES

MGH EMBLEM . . . OR . . . BULFINCH BUILDING

Size 6" x 6" with cork backing and hanger attached

To benefit student scholarships awarded by the Ruth Sleeper Chapter of the MGH School of Nursing Alumnae.

Send \$4.50 check or money order (and note your choice of tiles) payable to Roberta Rawson Stidham, 375 School Street, Pembroke, MA 02359.

Price includes tile, postage and handling.

MARIANNE FOSTER COS-GROVE works four nights a week at an Extended Care Facility. One son is married; one daughter, an MGH grad., is now at Tufts N.E. Med. School; one son is in 3rd year of Law School; one daughter — a lover of life; one son in college and one in High School.

TERRY CASELLA STEPP is a Utilization Review Coordinator at Waltham Hospital. Of five children one daughter is married, one son is in California, one son plans to move to N.M., one daughter is in college and the youngest girl is in 9th grade.

SANDY MILLER EDIE works full time as Charge Nurse of an Intermediate Care Ward in Battle Creek V.A. Hospital. One son is living at home and in college. Two sons are on their own working and going to school.

ESTELLE WALLIS SILVERMAN still "helps out" in their Nursing Home although retired. They have two sons, one a Geophysicist and one a junior at Univ. of N.H.

I'm still enjoying life on Cape Cod since retiring from the U.S. Air Force Nurse Corps.

JEANNE COURNOYER PEIRCE was unable to attend as she and Fred were vacationing in Paris. She is working as Inservice Director at the Grand Islander Health Care Center. One daughter is attending MGH School of Nursing.

CHRIS CURRIE CORNELL also wrote as she could not join us. Husband and sons ages 12 and 14 are well.

1949

February Section

*Barbara Manoni
73 Robeth Lane
Wethersfield, Conn.*

BARBIE McCANN and I have been trying to get an up-to-date

resume of the class and hopefully nurture some interest in a 30th reunion. Yes, 30 years! My response was very poor but I will pass on what I have received. Thanks to you who took the time and interest.

BETTY GRANT BRIDGES sent a nice note: she had met with CLARA SELLON and DOT CURTIS the year before at MGH while she was in Boston during her mother's illness. Her oldest, Barbara, was married in June and is now in Hawaii. Debbie is 20 and attending Community College in a business course. Fred, Jr. is 19 and in the Air Force. Liz, 17, beginning college this fall, in a nursing program. Paul, 13, is in 7th grade. Betty's mother now lives with her, and Betty herself is a "Trauma Clinic R.N."

SHIRLEY GORDON KELLER is grandmother to Kim and a new grandson. Youngest son, Kirk is a hockey player and motorcycle enthusiast, at age 16. Shirley's husband, Dick, still works nights at the "Globe" and recently became a Shriner. Shirley was recently involved in an experimental testing of science teachers, also in a poison awareness and prevention program in Wilmington.

EMILIE SWIERAD NICOLL is a school nurse in the Concord Schools, in elementary K-5th grade, five days a week! Her oldest son, Jim, started college in New Hampshire this fall, and Gary, a high school senior, is hoping to attend Boston College next year. Husband, Ralph, is associated with Reps Northeast now and travels the New England States.

After many attempts to contact my old room-mate, SELMA HERRMANN PREKUP, even to a personally mailed letter by a good friend traveling in the Phoenix area - and no response, I gave up. I was thrilled a year ago, to chance upon seeing her and Joe in a Stove-top stuffing com-

mercial, and wrote to tell her so, but there it ended. I used to hear from them at holiday time and know she is a grandmother too.

CLARA SKOWYRA SELLON, our always dependable and enthusiastic classmate (and looks exactly the same as 30 years ago, only slimmer) is still at the Eye and Ear Infirmary three eves a week. Clara does some skiing and was planning a trip to California to visit her sisters and her father. Son, Rod, is married and living there also; son, Charlie, Jr. attending college and living at home and daughter, Carol (so pretty!) went to secretarial school and is now attending Northeastern at night. Youngest son, Bob, devotes most of his time to his rock band. Clara is chiefly responsible for an annual (recently semi-annual) get-together of those of us in this area. We meet at a halfway spot between here and Boston, have a lovely luncheon, take pictures, and gab and gab and show pictures, etc! In the past five or six years, DOT CURTIS FLAHERTY, CATHERINE HRYCAY HOWARD, EMILY NICOLL, PODEE JACOBS HOPKINS, DOTTIE IWANICKI, PEG CONNORS BERNIER, SHIRLEY GORDON KELLER, and I have usually made it and always enjoyed it! This past May we met at Emilie's beautiful new home in Acton, and were joined by MADALINE SMITH LUCE, who had returned to nursing school and was to graduate two weeks later! We are all so proud of Madaline and she is so happy, as was husband Al, who arrived to pick her up. Madaline's alma mater is Brockton Hospital S.O.N. and she did it the hard way! Madaline's children all had sparkling successes in college, have all married and made her a grandmother too!

A sad note of our last get-together

was the recent news that NANCY DiMATTIA SANELLA's husband had died. Our heartfelt sympathy to Nancy and her children was expressed from the class.

I spoke to DOTTIE IWANICKI and she explained her position at Hartford Hospital, co-ordinating the clinical areas of affiliating students from local colleges, and also in administering the L.P.N. and Nurse Practitioner programs there. Dottie went on some time ago to advanced study, and obtained her B.S. from Simmons and her Master of Education degree from the University of Hartford. Well done, Dot!

I always love to hear from BARBIE RICHARDSON McCANN - she is just as comfortable and "homey" as ever! Husband Don is still working in the area of endocrinology research and is well acclaimed in his work. Barbie has had disc problems, surgery, etc., but copes very well - she is able (and willing) to travel to fascinating places with Don.

The course of events at the Manoni household is likewise progressing along. Son Lee is in engineering at Hamilton Standard, attending U. of Hartford nights hoping to finish requirements for his degree begun at Cornell some time ago! Rick, having attended Villanova, not graduating, is manager of a large supermarket, married and daddy to two adorable, intelligent and special grandchildren, Jennifer and Rick, Jr. Linda, 23, received her B.S. in Nursing from Boston College and is working in the cardiac intensive care unit in Houston Methodist Hospital and really enjoys it! Twins Carol, 21 is a senior, also in the nursing program at Boston College, and Ken, 21, a senior at Rensselaer in electrical engineering, and has applied for graduate school already. He loves it! Pat, 17,

is a high school senior, and is now filling out her college applications, trying to get interested in something! She definitely does *not* want nursing, so it will not be unanimous here! Wonder how many nurses we produced? I know KAY HRYCAY and PODEE HOPKINS each have one and I will have two but those are all I know about. I still work a day a week at a nearby convalescent and rest home and enjoy it most of the time; I still volunteer at the Conn. Red Cross Mobile Blood Banks once or twice a month and am involved in our local nursing club, administering yearly scholarships in nursing. I really enjoy bridge, tennis all year since the advent of indoor courts, and needlework — still have a big house to take care of, gardens, weeds, etc.! My dad is in a nursing home and I try to spend time with him. He suffers from chronic, advanced emphysema.

That concludes my share of the '49 news. I would love to hear from anyone or forward any addresses that I have — it would be wonderful to have a good turnout for a 30th reunion!

*Barbara R. McCann
7025 Hillgreen Drive
Dallas, Texas 75214*

Thanks especially to BARBIE MANONI for all her work and the nice write up. Also to the girls who answered my cards.

SYLVIA MAE ANDERSON and her husband have returned to the Boston area where Gordon is the general manager of the Charles River Country Club. Sylvia writes they are grandparents, times two, girls 4 and 7, living in Northern Florida. They also have their home and acreage in Vermont where their son is caretaking for them.

BEA COMSTOCK PAQUIN and husband Joe are in Maine. Bea works in the pharmacy of the new Cary Medical Center plus some home nursing on weekends and holidays. She also is taking some college courses. Bea and Joe are grandparents to five plus one step-grandchild. One of their daughters lives in Maine, one in California.

PEGGY CONNORS BERNIER living in Gardner, Mass., working 3-11 at the local hospital. She and Gerard have John, at the U. of Lowell, Robert in 6th grade and Carolyn in 4th.

KIT WEARE PORTER wrote such a nice letter. If I'd only known she was two miles away from me taking a refresher course in anesthesiology at Baylor Med. Kit and Gene live in New Mexico. Have three girls, all married. Mary, the eldest finished college plus an internship as lab. tech. and she is presently employed in a hospital in Carlsbad and her husband is a loan officer at a local Savings and Loan. Cynthia lives and works in Houston and her husband works for Shell Oil. Margaret, the youngest, and her husband are parents of 3½ year old Eric. They live in Carlsbad. Margaret working in advertising and her husband is an electrician. Gene teaches at one of their local Jr. High Schools. Kit works with two men who graduated from McLean in the mid-fifties and know Sel and Joe Prekup.

The McCann household consists of Don and myself plus a German Shepherd (son's) and a cat (stray who stayed). Donald, our oldest is very much into electronics and welding. Margaret graduated from S.M.U. and U. of Texas. And Karen, our youngest has started her last year as child psychology and special ed teacher. All are away from home. I've exchanged notes and cards

through out the years but we all know everything fashionable returns every thirty years. So what could be more fashionable than all of us trying to get together in person or a long letter for our thirtieth reunion?

The following is the most complete address list we have.

SYLVIA MAE ANDERSON, Mrs. Gordon Bridges, 543 Dedham St., Newton Center, MA 02159.

NANCY BROWN FOSTER, 2842 Northville Dr., N.E. Grand Rapids, Mich. 49505.

JEAN CHIRON, R.F.D. 2, Torrington, Conn. 06790.

BEA COMSTOCK, Mrs. Joe Paquin, Box 642, Caribou, ME 04736.

PEG CONNORS, Mrs. Gerard Bernier, 13 Lovewell St., Gardner, MA 01440.

DOT CURTIS, Mrs. Patrick Flaherty, 8 Whittier Rd., E. Natick, MA 01760.

NANCY DiMATTIA, Mrs. Michael Sanella, 24 Billings Ave., Medford, MA 02155.

SHIRLEY GORDON, Mrs. Richard Keller, 4 West St., R.F.D., No. Wilmington, MA 01887.

BETTY GRANT, Mrs. Fred Bridges, 2720 S.E. 59th Ave., Portland, Oregon 97206.

PHYL HAYDEN, Mrs. Don McClain, 4381 N.W. 3rd St., Coconut Creek, Fla. 33063.

SELMA HERRMANN, Mrs. Joseph Prekup, 6127 E. Camelia Dr., Scottsdale, Ariz. 85251.

CATHERINE HRYCAY, Mrs. Howard, 34 Reedstone Ave., Fairview, MA 01020.

DOTTIE IWANICKI, 54 Swain St., Meridan, CN 06450.

ROSE (PODEE) JACOBS, Mrs. Stewart Hoskins, 78 Chestnut St., Haverhill, MA 01830.

GERTRUDE (KAY) KENNEDY, Mrs. Robert Kelly, P.O. Box 108, Hamburg, Iowa 51640.

MARY MORRIS, Mrs. Warren Gregory, 5613 Likins Ave., Martinez, CA
BARB RICHARDSON, Mrs. S.M. McCann, 7025 Hillgreen Dr., Dallas, Texas 75214.

BARB ROSER, Mrs. Lawrence Manoni, 73 Robeth Lane, Wethersfield, CN 06109.

CLARA SKOWYRA, Mrs. Charles Sellon, 15 Minchin Dr., Woburn, MA 01801.

EMILY SWIERAD, Mrs. Ralph Nicoll, 16 Mallard Rd., Acton, MA 01720.

KIT WEARE, Mrs. Gene Porter, 1021 Pate, Carlsbad, New Mexico 88220.

JANE WOODBURY, Mrs. Fred E. Seeling, Box 75, Weare, NH 03281.

1951

September Section

Marion Decker Manes

211 River View Lane

Centerville, MA 02632

If it weren't for JOAN McCARTHY PETERSON, we'd never have much of a column, other than news of the Manes family.

Mac sent newspaper photos and clippings about daughter Andrea, who's Miss Concord '77, Miss Manchester '78 and Miss Deerfield Fair '78, and will compete in the 1979 Miss New Hampshire Beauty Pageant in June. She is really cute, with Mac's bright sparkling eyes and dimples. Fortunately she inherited her father's brains (only kidding, Mac) and won an award for her essay on the business aspects of agriculture in N.H. She will have an Associate Degree in May, but may continue for a Master's Degree in Legal Affairs Management. She has won \$1,350 in Scholarships so far.

Paula is a certified nursing aide at Concord Hospital and loves it, and is doing well at it. Mac is concerned that the three year RN will become extinct, and feels that it's the nurs-

Paula is a certified nursing aide at Concord Hospital and loves it, and is doing well at it. Mac is concerned that the three year RN will become extinct, and feels that it's the nursing world's loss. I heartily agree. Paula sent a clipping about Miss WOLSELEY which I'll submit to the editor, and it will appear elsewhere in the Quarterly, I hope.

DORIS SEARS BATES sent news of the sale of the Ft. Walton Beach Hospital to Hospital Cors of America, causing months of transition. Peter's still playing Irish politician and loves it. Said she might get to Boston in December, and if not, I'll try to see her in February, when I hope to get to Florida. This Summer and Fall have about done me in. Never so busy since relief duty on the Overnight Ward, with only one aide. Chuck and I played a lot of golf, his climaxing with a round last October at the Augusta Master's.

My brother and family, back from Japan, spent two weeks with us and are now stationed at Homestead AFB, Fla. Also, had lots of other groups of house guests. Our Betsy, 19, is a Jr. in Nursing at Salve Regina College in Newport, R.I., and worked here in a nursing home this past summer and loved it. I'm sure she is going to make an excellent nurse . . . cheerful, happy and bubbly. And yours truly has become a Mother-in-law. Robin, 21, married Jim Maddalena last Saturday, Nov. 25th. He's an excellent amateur golfer (2 handicap) and he and Robin have been going together since Jr. High, so we know his whole family, who are also golfers. The newlyweds are off to Florida and Arizona for the winter and will return in the Spring. We're all very happy about it. A large, beautiful wedding, about 250 people, including Bill Iamelli and wife, who came up from Florida.

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Please add \$1.00 for Air Mail.

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Chuck and I happily leave for about 10 days in Bermuda this week, helping to represent our Club in International Goodwill Golf Tourney. Right after our return we start looking around for food stamps.

Some of you may remember MARGARET REID, class of '46, who was an instructor on W6 and Phillips House respiratory unit. She was always kind and understanding to the students. I ran into her this summer. She's recovering from surgery, radiation and chemotherapy, and presently unable to work at Cape Cod Hospital where she has been for many years. Some of her friends here arranged a surprise birthday party for her. She played her violin at a local nightclub a couple of nights, special request of the entertainer there. She might enjoy hearing from you. Please write: Miss Margaret Reid, Box 362, Osterville, MA 02655 - Tel. No. (617) 428-6563.

1953

September Section

Barbara Bullard Haynes
276 Old Sudbury Rd.
Sudbury, MA 01776

We held our 25th reunion on September 30th. Some of us started the day by attending Homecoming to hear Nancy Watts, Acting Provost of MGH Education Dept., speak on "The Progress in Establishing the MGH Master Degree Program in Nursing." Most of us came away dismayed. We agree with the trend but feel that MGH, who has been a leader in nursing education for years, has betrayed her many diploma graduates by excluding them from this new program. We feel our training was on the baccalaureate level, with most of the faculty having college credentials, but we have not been given that recognition. MGH has set

a precedent in failing to offer its former students any options regarding its new academic philosophy. A philosophy which offers essentially the same program we had, but now on the graduate level.

That evening we adjourned to Frank and MARGARET A'HEARN's home in Concord for cocktails, a delicious buffet dinner and a great deal of socializing. Those attending were: JEAN BROWNELL MOEN and Phil from Walpole, BETSEY BUCK BLOOMER and Walter up from Chatham, MARTHA ANN FIELDHOUSE JONES and George from N. Salem, N.H., BETH HUBLEY THOMSON from N. Reading, and the LAFFEY twins, PEGGY BERGOMI from Appleton, Wisc. and John and BETTY CHITTICK from Cape Elizabeth, Me., MARY LEHTO CASE, who helped us plan the affair, came from Stow, MARILYN MARZELLI CHABOT had come from Cary, N.C. and was with us during the day but spent the evening visiting with her two children who are living in this area. BARBARA McGARRITY BOISJOLIE came from W. Springfield, M.J. McKNIGHT DREXEL all the way from Yuba City, Calif., GLORIA REUTER LEVENSON from Greenfield, and JEAN RODERICK BOGG up for the weekend from their new home in Naples, Fla. JEAN SIVRET EMMONS came down from Burlington, Vt., CLAUDETTE SMITH OWENS from Phoenix, Ariz. as a 25th anniversary present from Al, JAN ROWE SMITH and David from Southport, Conn., BETTY STOUGHTON DOBSON from Coriopolis, Pa. and EM THIBODEAU CEGLOWSKI from Boxboro. JACKIE THORNTON HIGGINS and Bud live in Concord and both were with us. PHYL TUCKER RICHARDSON came from Billerica, LOUANNE VAN HAM

PRATT came with Betty from Pa. but stayed longer in order to revisit Boston with M.J. NORMA WALKER VAUGHN came from Greensboro, N.C. and was able to extend her visit with us until Tuesday. DOT WALLENUS FERRANTI joined us from her home in Concord, RUTH WARBURTON SUDENFIELD and Ed came from Hyde Park and DOLLY WHITE HALDEN made the trip from Sunnyvale, California.

As you can see we had a good geographical representation. Without being specific, we found most of us are employed in some area of nursing. Some have earned or are working toward graduate degrees. All of us have children of varying ages and there are several grandmothers among us.

In addition, we were able to contact some class members that were unable to be with us. We heard from: JANE CORLISS HOVEY was at Homecoming but as we did not have an address for her, and still do not, she did not know about the evening get-together and was scheduled to work that evening at Beth Israel. RUTH ANN MULDOWNNEY is teaching reading in an elementary school on Cape Cod and raises West Highland White Terriers. FRAN SHIRLEY GRIFFITH is living in Gaithersburg, Md. and has three children, two teenage boys and an eight year old daughter. She has not worked since their daughter arrived. FLORENCE FLETCHER HOFF's husband wrote that Fletch died the latter part of July. SYLVIA BROWN MARTIN is living in Essex and working as a nursing instructor. She has three children and is presently working on her Master's in nursing administration. LOUISE CONTE HAGEN has four children, two in college. She has her degree and is the Health Education Coordinator for the Salem,

N.H. School District. JAN GILLETTE BASSETT visited Lou during the Summer while here on a visit from California. SYB SWEENEY FARRELL lives in Talent, Ore. She visited her sister in Brockton during the Summer and while here visited MGH. She has two children and as of this Fall is going to school full time for a degree in sociology and psychology. JEAN MANFREDONIA FITZPATRICK has three teenage children and has had a wide and varied nursing career. She is currently an assistant professor of nursing at Curry College. She has many published books and articles to her credit and is in a B.U. program aiming toward a Ph.D. in applied sociology.

CAROL POTTER SHAW is living in Huntingdon Valley, Pa. One of her three children is married, one in college and the youngest a senior in high school. She is working as evening charge nurse at a local nursing home. DORIS HILL holds a BS in biology from U. of Va. and a Ph.D. from Georgetown. She is on extended leave from Hood College and is selling houses for relaxation. By now she has married another Scorpio. Although we did not hear from PEG WILLSY HITCHCOCK directly, we understand she is living in Barrington, R.I. Three of her four children are in college and the youngest is a senior in high school. JUDY GILMORE HATCHETT and Tom were east last Spring for a short visit. They live in Pacific Palisades, Calif. Their children are both in college and Judy remains active in nursing working in the intensive care unit of a local hospital.

Those class members not mentioned are those we have no current addresses for. If anyone has news of their whereabouts, please send their addresses to me.

On January 20, 1979, CAROLE CHASE DeMILLE, 47, of Manchester, Mass., died at MGH. Prominent in the field of hospital infection control, she pioneered at MGH in the field of prevention of hospital associated infections in the 60's. Last November she was instrumental in planning the first world-wide conference on the subject sponsored by the World Health Organization.

In 1972 she was one of the founders and, later, served as president and chairman of the board of the National Association of Practitioners of Infection Control. She also was one of the first nurses to be appointed to the board of directors of the National Foundation for Infectious Diseases.

Besides her husband, Alfred, of the "Herald American" (Boston) classified advertising department, she leaves a son, Theodore, and a daughter, Wendy, both of Manchester, and

her mother, Mrs. Felix Carlson of Randolph.

1965

PAT DAVEY TORAN of 450 Valley Rd., Melrose Park, Pa. 19126 writes: The news of the impending close of the nursing school brought back a flood of memories. Where are you, Class of '65?

I have been living in Philadelphia for the past three years - working as a patient care coordinator 4-12. I'm also a part-time student working on a degree in Community Health.

Hunter and Magdalena are now four and three years and the delight of my life.

Would love to hear from my former classmates.

1966

CAROL GARANT has been certified by the American Nurses' Association as a clinical specialist in psychiatric and mental health nursing practice. A member of the Alternate

MGH CAPS

Madalene F. Calogiro
11 Vanness Road
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3 CAPS FOR \$7.25

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Please add \$1.00 for 1st Class Mail.

With each order, send your maiden name and year of graduation.

Program at MGH, she is employed at the N.E. Deaconess Hospital, Boston, and is their first nurse to receive such certification, joining the ranks of only 90 nationwide.

1975

SANDY COY writes this December letter with the return address of 100 Walnut St., Watertown, MA 02172:

Merry Christmas — Happy Chanukah to everyone, from Israel: I am here in Safad, an ancient city in the mountains of northern Galilee, on a special advanced TM course. I was planning to become a "sidha" (advanced practitioner of TM) in the U.S. but was delighted to hear I could do this *and* help ensure peace in the Mid-East by participating in this special Israel course. The 400 course participants from five countries have become local celebrities and were warmly received by local and national leaders and the media in Tel Aviv, Jerusalem and Safad. Amazing experience!

After graduation from MGH, I worked on Burnham 4 with LAURA COHEN and DIANE DAVIN for an enjoyable six months but decided to return to being a full-time "mommy". Have used extra time for work in C/Sec, Inc. (a national educational and support group for Caesarian births) and help with a landmark Harvard research study on the rehabilitation effects of TM in prisons (see Time 11/13/78, "Law").

Steve is doing great and Abigail (now 3½) is very anxious to have a baby brother or sister, a project we have promised to consider in '79!

Sure wish I had been practicing TM, along with CAROL LESKOWITZ and teacher Doug Hughes while a student at MGH. It's the only effective thing I've found for coping with stress. However, the

nearest thing is that it quickly and easily reaches far beyond stress and enables one to enjoy life, enhance learning ability and develop full potential. A recent study showed that it even reverses the aging process (of great interest to me, having just turned 31!) Practicing TM is the most fundamental contribution a health professional can make toward personal and global health and happiness. I highly recommend it to you all!

Hi! especially to JUDY BREED, LAURA COHEN, CAROL GRODZINS and GINNY BROUSE LYNCH. Let's get in touch more often in '79. Shalom!

(Editor's note: Although it is not spelled out in Sandy's note, I gather TM is Transcendental Meditation. Correct me if I am wrong.)



(Continued from page 10)

alimentation and possibly with the use of intralipid — a fat emulsion containing 10% soybean oil.

6) immunity - the premie has not had the maternal-child transfer of antibodies which occurs late in the third trimester and is at great risk to infection.

7) hematologic - a) due to increased capillary fragility, the premie may have increased bleeding and be bruised during delivery, causing an increased tendency to hyperbilirubenemia. b) due to the shorter life span of the premature red blood cell, blood replacement therapy is common both initially and during long-term care.

8) renal - due to the immaturity of the kidney, there is the inability to manage water, solute, or acid loads. The child also has a low glomerular filtration rate.

9) ophthalmologic - the preemie with oxygen therapy is at risk for retrolental fibroplasia. This is the constriction of the arterioles due to high levels of oxygen in the retinal capillaries. When oxygen therapy is withdrawn, the vessels dilate and proliferate, causing retinal edema. If retinal detachment then occurs, the resulting scarring causes blindness. Thus, arterial blood gas levels must be carefully noted. Research has shown that even room air can be toxic to severely premature infants.

The diabetic mother is a special lady. Prior to the use of insulin, few diabetics were able to become pregnant. Many now, however, carry babies successfully. These women are under strict supervision, during their entire pregnancy. In considering the severity of diabetes, Dr. White of the Joslin Clinic developed the following classification system.

White's Classification

Class A - Chemical diabetes - positive glucose tolerance tests prior to or during pregnancy. Pre-diabetes: history of large babies ($>4\text{kg}$) or unexplained stillbirths after 28 weeks.

Class B - Medication dependent, onset after 20 years of age, duration less than 10 years.

Class C - C₁ onset 10 - 19 years of age
C₂ duration 10 - 19 years

Class D - D₁ onset under 10 yrs. of age
D₂ duration 20 years

D₃ calcification of vessels of the leg (macrovascular disease)

D₄ benign retinopathy (microvascular disease)

D₅ hypertension

Class E - same as D with calcification of the pelvic vessels

Class F - nephropathy

Class R - malignant retinopathy

Class G - many reproductive failures

Class H - diabetic cardiomyopathy

During pregnancy there is an increase in sugar spillage. Glucose crosses the placental barrier to the fetus, causing the deposition of glucose in the form of glycogen resulting in a large for gestational age baby due to increased nutrition. The fetus secretes more insulin than normal to metabolize the extra glucose.

Diabetes affects the placenta, as it does mother, through quickening the aging process, noted mostly in the placental vasculature. The aging process causes many interuterine deaths due to placental shut-down when the pregnancy is allowed to continue to 40 weeks gestation. Thus, the optimal delivery date is 38 - 40 weeks for Class A, 37 weeks for Class B and C, 36 weeks for Class F, R, G, and H. The pregnancy is closely monitored for indications of fetal demise. In most cases, the mother is hospitalized about 3 to 4 weeks prior to anticipated delivery to assess placental function and fetal maturity. In cases where mother's or child's health is severely compromised, delivery may be even earlier than anticipated.

The goal of a delivery of an IDM (infant of a diabetic mother) is to deliver the baby in a controlled atmosphere to provide less trauma to the infant and to have an equipped delivery room with pediatricians in attendance. For many diabetics, a Caesarean section is performed due to cephalopelvic disproportion and/or the avoidance of compromising stress of a long labor on both mother and baby.

The IDM is large for gestational age with increased subcutaneous fat. His body is long with a seemingly small head, although it is gestationally normal. He has a noticeably thick head of hair, and a large amount of

hair on his ears.

The IDM is at risk for:

1) hypoglycemia - maternal hyperglycemia, leading to hyperinsulinemia, which causes hypoglycemia when the maternal source of glucose is shut off, i.e., when the cord is cut. Thus, careful monitoring of the baby's blood sugar is necessary. Usually immediate glucose supplementation via oral or intravenous modes is necessary.

2) Prematurity - due to the early delivery date, the IDM is prone to all of the aforementioned problems of prematurity. The diabetic is at slightly higher risk for RDS.

3) disruption of skin integrity - although the IDM is big, his skin is also premature, becomes excoriated easily, and requires special skin care.

4) plethorism - due to poor placental function, he has made more red blood cells to maintain oxygenation. It is interesting to note that the placenta is a chemopoietic organ.

5) hyperbilirubinemia - due to his plethorism and prematurity, he is at even greater risk for this.

6) Jitteriness - this is typical of the IDM, although it is not necessarily due to hypoglycemia or hypocalcemia.

The small for gestational age is different from the premature infant. Maternal factors lending to this are maternal age, parity, race, infertility, drug abuse, maternal heart or renal disease, smoking, twin pregnancy, placental lesions, chronic hypertension, and previous abortions. Fetal factors include congenital or chromosomal anomalies, and the TORCH type congenital infections. The child is not at risk for RDS, but is at risk at delivery for fetal distress, hypoxia, and heat loss due to lack of body fat from poor nutrition. Later in the nursery he is at risk for hypoglycemia and hypocalcemia, which is similar to

the premature infant.

Many mothers, who are narcotic addicts, are known and seen prenatally since the advent of methadone programs. But there are some children, who are discovered only after they have begun to withdraw. The signs and symptoms are irritability, fever, high-pitched cry, hypertonicity, jitteriness, and seizure, vomiting, diarrhea, diaphoresing, nasal congestion, and a ravenous appetite. The goal of treatment is to allow a comfortable child who is not heavily sedated, can sleep between feedings, is not irritable and has no vomiting or diarrhea. These children often have to be swaddled or held almost constantly and at times seem to have no rest. In severely affected infants, medication such as phenobarbital, methadone, or chlorpromazine is indicated.

The key thing in these children is follow-up, as some of these children are in inadequate home situations and/or the family can use good support.

The maternal-child bonding process is an extremely important part of perinatal care. Although we aren't aware of all the factors which make mom and babe bond, there are several that we know which interfere with the bonding process and there are several actions we can take to enhance the bonding process.

It has been shown by studies by Klaus and Kennell that separation is a deterrent to bonding. We know that by observing a mom one can note the process of bonding - stroking, skin-to-skin touching, eye-to-eye contact are all components. But what about the mom and baby who are separated, be it many miles due to infant transports, or be it several floors due to mother's poor health? Studies have shown that when the bonding process is significantly de-

layed, a situation for potential child abuse is set up.

To enhance this process, we encourage touching and holding of the baby, no matter how sick he is. If at all possible, mom should have been delivered at the perinatal center, and if so, she should be brought on stretcher to the nursery to touch the baby. The use of the "parents room" — a room where parents can take their stable infant to be alone with him — or a stay overnight with him has helped parents interrelate with their child. Liberalized visiting privileges have also allowed siblings to come up to view their brother or sister to support the family unit.

Follow-up of the high-risk neonate is important for evaluation of care. In Neonatology, it is shown that "through a recent study that 86.7% of 72 infants surviving a birth weight of more than 1,500 grams are apparently normal and only 7.4% are definitely abnormal. Survivors of artificial ventilation have normal distribution of IQ as compared with controls. The majority of infants asphyxiated at birth have recovered undamaged using modern methods of resuscitation by IPPV and "intravenous alkaline buffer." The reason for this success has been that these children have been cared for in regionalized high-risk centers.

A study done here in Massachusetts concerning the impact of regionalized care found higher mortality for low birth weight infants in hospitals with low numbers of births when compared to hospitals with larger obstetrical units. The study was a joint study of the Massachusetts Department of Public Health, the Committee on Perinatal Welfare of the Massachusetts Medical Society, the Committee of Fetus and Newborn, and District 1 of the American College of Gynecologists.

If at all possible, high-risk deliveries should be delivered in a perinatal center for several reasons.

- 1) availability of high-risk maternal care
- 2) ability to have a controlled delivery and high-risk neonatal care
- 3) prevention of separation of mother and child.

When not possible to deliver in a center, transport to a neonatal intensive care unit is done with the use of a transport team of a doctor and a nurse from the receiving hospital.

Many ask why some women put themselves or their children "through all that." An article by Dr. Priscilla White states the reason well:

In his extensive experience of nineteen years from 1897 to 1917 Dr. Elias Joslin treated 1300 patients with diabetes. Only ten pregnancies were observed in nine women with overt diabetes. There were four live-born surviving infants, two intra-uterine deaths, three maternal deaths, two women died undelivered and one committed suicide after both of her pregnancies were interrupted. This suicide answers the question so frequently asked today: "Why permit or encourage young women with diabetes to bear children?" To many, to nearly all, life lacks meaning — may even be unendurable — without successful child-bearing.

THE QUARTERLY RECORD

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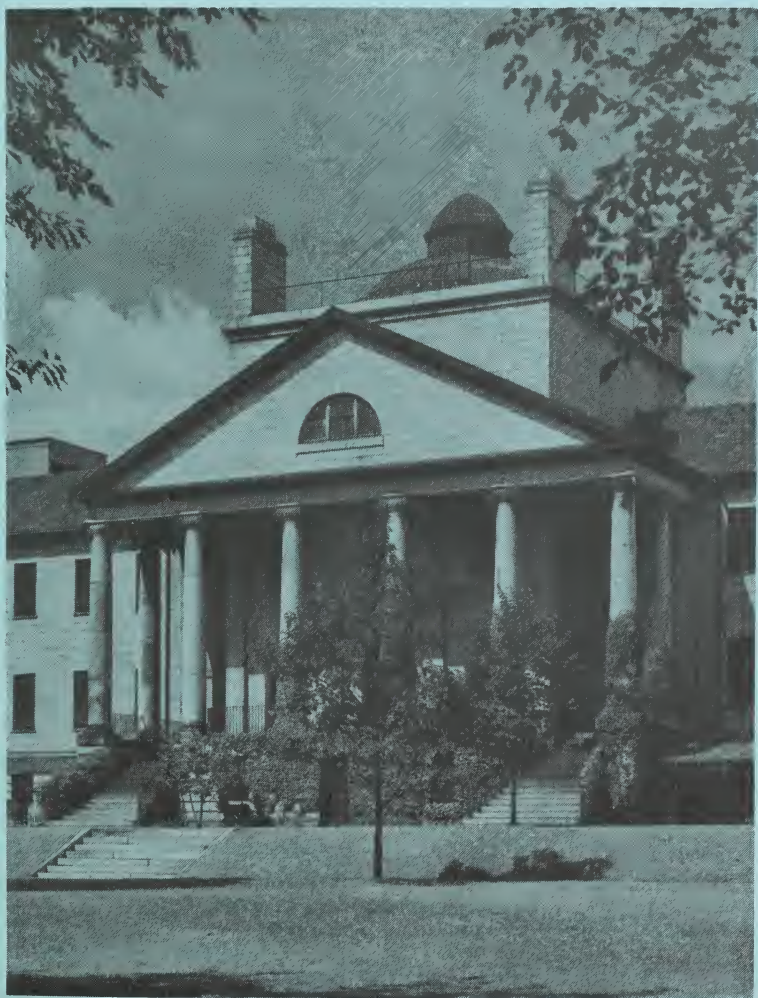
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OF THE

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Spring 1979

THE
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OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall,
34 Blossom St., Boston, Mass. 02114.

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MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston,
Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXIX

Spring, 1979

No. 1

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All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

The Alumnae Board wishes to apologize to the
Class of 1963 for failing to recognize
their 15th reunion at Homecoming 1978.
They had a grand time with 26 members present.



Please Note

From approximately June 1 to August 3, 1979, the Alumnae Office will be housed in Walcott House, Room 112 (Richard Tierney's former office). This is to allow for construction work on Bartlett Hall.

When the Office returns to Bartlett in August, it will be located on the fourth floor in Room 414.

THE NURSE PRACTITIONER MOVEMENT

WHERE DOES IT GO FROM HERE?

Ingeborg G. Mauksch, PhD, FAAN

Class of 1943

This article which appeared in the November, 1978, "American Journal of Public Health", is reprinted with the permission of the American Public Health Association.

Thirteen years ago, Loretta Ford and Henry Silver started a unique training project at the university of Colorado.¹ The purpose of the project was to determine whether nurses could be trained to expand the scope of their practice in order to provide better and more widely available health care for children. Thus, the role of the nurse practitioner was born. As the role became institutionalized, its focus changed in the process; today, its main thrust is to provide primary health care. The family nurse practitioner, as a generalist, delivers such primary health care services to members of both sexes and all ages. Also, there are specialist roles, such as the gerontological nurse practitioner, the pediatric nurse practitioner, and others. It is estimated that there are currently about 12,000 nurse practitioners in the country.² They function in a large variety of settings, continually widening their scope of practice and developing new foci of thrust. The implementation of this role has given rise to inquiry about its reception. An interesting study contrasting the attitudes of nurses and physicians to the nurse practitioner role in 1976 is reported in this issue of the Journal.³

The institutionalization of social change frequently occurs, not only in association with an enlarged focus, but also with an altered purpose. So it has been with the nurse practitioner. Loretta Ford states that, "The nurse practitioner project originally was conceptualized as an experiment to test one aspect of the clinical specialist role for graduate and post master's preparation in community health nursing."¹ Today I believe that the nurse practitioner exemplifies a new role, requiring new skills, new understandings and, particularly new behaviors. It is especially the latter which makes me reject its designation as an "expanded" role and why I consider it to be a new one. This new role is complementary to that of the physician; the nurse practitioner and the physician form the dyad of principal health and illness care providers in primary care.

At this point there are enough research findings to convince me that:

- the nurse practitioner has demonstrated that she fulfills a role intensely needed by society;
- perhaps 75 - 80 per cent of all primary care requests made in any given primary care setting can be met by the appropriately trained nurse practitioner;
- the nurse practitioner has proven herself to be an efficient coordinator of an individual's or a family's health care needs as well as an effective consumer advocate;

• patients and clients, once they have had contact with the nurse practitioner, have confidence in her and rate her as equal to, or preferable to, other health care providers for the services she can provide;

• health and illness care provided by the nurse practitioner is cost equitable, at times even cost desirable;

• nurse practitioners, because they extend the services heretofore unavailable to consumers, make a precious contribution to the health and illness care of people.

In fact, a recent study showed 57 per cent of nurse practitioner employers reported the extension of services to more people as the most significant contribution of nurse practitioners to practice; * another 40 percent considered improvement in the quality of care provided to be their most significant effect.⁴

It is remarkable how quickly the nursing role implemented by the nurse practitioner has become more appreciated by the public. The nursing profession, on the other hand, has had a more tortuous time.⁵ Not only did it initially refuse to accept this role, but it also failed to recognize the paramount message carried by the nurse practitioner movement for nursing, namely the return of nurses to the side of the patient! Explicitly, this means nurses will quit nursing the desk, telephone, and the report sheets, and resume nursing's core thrust — meeting the nursing needs of the public.

Today, the corner has been turned. There are many indications that the nursing profession is committed to the nurse practitioner role and, even more significantly, to the inclusion of the new behaviors of that role into the preparation of all nurses.⁶ Nursing students are now being socialized to be risk takers, to develop autonomy based on competence, to act as patient advocates, and to assume responsibility for self-growth and continued learning.

It seems to me that society gains twice as a result of the development of the nurse practitioner — first, because of the primary care services provided and, second, because all of nursing is turning its impact toward meeting the nursing needs of society. The employment of nurse practitioners, however, since it usually depends upon non-nurse employers, does encounter problems. Current barriers to such employment, as perceived by nurse practitioners and their employers, are reported by Judith Sullivan and her colleagues in this issue of the Journal.⁷

Now to the question of the future. How will the nurse practitioner movement fare? What barriers and facilitators will affect the success of this role? Conceptually, I see this role as complementary to that of the physician. As he is occupied with illness care, the nurse practitioner deals with the patient's health maintenance, health education, self-care education, attainment of higher levels of health, and the achievement of a dignified, peaceful death. Manifestly, there is an overlap of functions between the physician and the nurse practitioner in the area of physical assessment and in the management of simple and common illnesses.

Thus, one would assume that the contribution of nurse practitioners in this area of overlap would alleviate the need for any large increase in the number of primary care physicians. Although a recent report from the Institute of Medicine does not bear out such expectations,⁸ one must continue to hope that the medical profession will resume its inherent commitment to provide secondary and

*Personal communication to the author.

tertiary care in accordance with social needs. Otherwise, a future where secondary and tertiary care would be available only at a premium, or not at all, may be in store for us.

Unfortunately, organized medicine reacts without appreciation to nursing's contribution to primary health care. In fact, there are instances when a stance of conflict is assumed. One cannot help but feel that this emerges out of a threat physicians seem to experience as they observe the competent delivery of services by nurse practitioners. The resultant invoking of constraining legal prerogatives, which appear increasingly all over the land, is a matter of record. A number of State Medical Societies, as for instance in Texas in 1977, openly opposed revisions of nurse practice acts which would update nursing practice.* In Tennessee, the Medical Society did not support the Nurse Association's endeavor to legalize the practice of physician-supervised prescription writing by nurse practitioners of protocol listed drugs.* In New Jersey, the Medical Board of Examiners charged two Nurse Practitioners with practicing medicine, despite the insistence on the part of the State Board of Nursing that these Nurse Practitioners are indeed practical nursing.⁹ Many other similar instances are on record which deplorably exemplify the fact that medicine not only does not support nursing in its endeavors to render care of quality where needed, but actually opposes it.

Do these barriers to nurse practitioner practice represent the best interest of the society? Surely not. Surely, there is ample work to keep both nurse practitioners and physicians busy. Also, it appears that society has come of age in its understanding of the significance of health and illness care; it demands the best not only in terms of quality and in terms of the widest range of services, but it also insists that such services be delivered by providers who are free, accountable and unencumbered by constraints which counteract consumer interests.

My hope for the future is that the barriers to the functioning of nurse practitioners will be removed so that they, collaboratively with their physician colleagues, will be enabled to deliver the primary health care services needed by society. Whether or not this hope will be realized remains to be seen. The decision now rests with the people.

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NURSING'S ENCOUNTERS OF A FUTURE KIND

National League for Nursing Convention
Atlanta, Georgia
April 30 – May 4, 1979

Beverly J. Thoren
Class of 1952

Administrative Assistant, MGH Department of Nursing

The Georgia World Congress Center was the ideal locale for the 3,920 registrants for this biennium convention. Staying at the Hyatt Regency, which was the convention headquarters, made it easy to attend the special events held in this futuristic accommodation. Caroline Thayer and I had a room on the 19th floor, which meant I had to get over my fear of riding "outside" elevators. To be sure, by the end of the week I gave no thought to riding to the 78th floor of the Peachtree Plaza Center Hotel in the "outside" elevator - it was like flying vertically.

The three major presentations were:

1. "Focus on the Future" – Monday, April 30.

Speaker: Alvin Toffler, author "Future Shock".

His keynote address is summarized as in the Convention News:

"Presenting his theories on several major issues and concerns facing society, he discussed the role of health care providers and consumers in the next decade.

Toffler has described himself as a "social critic" and "futurist", saying that "despite appearances, the U.S. is entering the most revolutionary period in its history, with our political and educational structures racing toward obsolescence. Unless we learn new strategies for coping," he warns, "many of us will fall victim to adaption breakdown."

"While most educators, like most political leaders, think the future will simply be an extension of the present, nothing could be more dangerously mistaken."

He addressed the NLN convention registrants following his recent return from extensive research for his new book, "The Third Wave", to be published in January. It will give readers a sweeping and controversial picture of the new civilization that is erupting in our midst and changing our lifestyles, jobs, sexual attitudes, economic structures and political ideologies. "The technological third wave, he explains, succeeds the agricultural (first) wave and the industrial (second) wave."

2. "Future Encounters in Health Care" — Wednesday, May 2.

Topics and Speakers were:

"Concepts of Care — From Here to There", Dorothy J. Novello, PhD.

"Predictions and Options for Nursing and Health Care", Eli Ginzberg, PhD.

Although somewhat lengthy, the Convention News summarizes the content well:

"Former NLN president Dorothy J. Novello, PhD, focused on five variables which will have a direct impact on the future of health care: the economy, the supply and mix of health manpower, the population, invention and technology, health care delivery, and the environment. Dr. Novello, who is dean and professor of nursing, Erie Institute for Nursing, Villa Marie College, Erie, Pa., used these variables in an attempt to trace where nursing will be in the year 2,000.

Her predictions included the belief that the concept of "holism" is essential to moving care into the 21st century. Also, while hospitals will continue to serve as a vehicle for delivering acute care, she said the vast majority of the health care delivered in this country over the next two to three decades will be ambulatory and/or outside the acute care hospital. She predicted that this type of care will require nurses who are adept at health counseling, health education and health maintenance. "Primary health care roles for nurses in ambulatory setting offers this country its best hope for meeting the health care needs of the old, the young, the poor and the rural populations," she said.

Dr. Novello continued her predictions, saying that care for the future must focus on coping with problems of stress and isolationism in individuals, families, groups and communities. "Stress, I believe, will continue to be the number one health problem in this country," she stated.

She also said that risk-taking will be an inherent part of delivering appropriate care in the future, and that nurses will be delivering care independently as well as in collaboration with other health professionals.

Asking the audience to imagine what health care will be like in the year 2,000, Dr. Novello said, "The extent to which there is a gap between the present and the future in your minds determines the likelihood of change. Change will come as long as we can visualize the gap."

In conclusion, she said, "Destiny is not a matter of chance, it is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved."

Eli Ginzberg, Ph.D., told the audience that leaders of nursing have sought, unsuccessfully, to remodel their profession so that it would consist of only baccalaureate trained nurses and nurse technicians. The reason they have failed, he said, is that they have underestimated the options available to employers to secure nurses with less than four years of college who can provide as good or better bedside nursing as those with a college degree.

Dr. Ginzberg, who is a professor of economics and director, Conservation of Human Resources, Columbia University, New York, added that nurses also have wasted much of their energy seeking to make nursing independent of medicine.

This, he said, is violently opposed by both physicians and the public.

Stating that nursing has been slow to grasp the opportunities for training nurses to provide first contact care with many populations (in rural areas and in the inner cities where physicians prefer not to practice), he said that male physicians' assistants "got the jump on them".

He believes nurses will face a rough road in the future, because efforts at cost containment will restrict the money available to administrators to hire additional nurses.

On the positive side, he said significant new opportunities do exist, particularly for nurse practitioners who are willing to work rural and urban clinics serving poor people, who become skilled in treating the problems of the sick and feeble aged (whose numbers are growing rapidly) in nursing homes and in the community; and whose clinical training enable them to replace many of the foreign medical graduates whose entry into the U.S. will be severely curtailed.

According to Dr. Ginzberg, "nurses confront very difficult problems because nursing has not been, is not at the present time, nor will it be, a single profession, but rather three occupational groups - practical nursing, registered trained nursing, and administrative nursing - whose members differ greatly in aptitude, education, professional training, and goals. No leader speaks for all of these groups," he said.

3. "Assuring a Goal-Directed Future for Nursing" - Friday, May 4, 1979.

"Development and Use of Power in Nursing" - Barbara Stevens, Ph.D.

"Power Begins With You" - Gordon Lippitt, Ph.D.

Both dynamic speakers, promising nothing, but challenging health care professionals, they both reviewed what is known, how it can be applied, and what the potentials are for future encounters of a nursing kind - to paraphrase the convention slogan.

The exhibit hall was open Tuesday through Thursday, with an assortment of technical and professional exhibits. There were 93 technical and 70 professional

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exhibits; 32 of the professional exhibits were of recruitment nature. Following the give-away "gimmickry" of the technical exhibitors, the professional exhibitors gave away buttons, pens, key chains, posters, flowers, hoping they would remain in one's memory for whatever their purpose.

There were many varied briefings sessions, open forums, film reviews, as well as business sessions for regional assemblies and councils. All were well attended, and discussed many topics of current concern and interest to specific groups as well as the League's general concerns.

Business sessions were well attended, the usual business conducted with precision. Resolutions were many, and the most significant one on entry level into practice, was not passed, but referred back to committee.

The social highlight was the Wednesday evening trip to Stone Mountain Park - about twenty miles outside of Atlanta. About 1,000 registrants traveled by bus to this awesome park which is dominated by Stone Mountain - an all granite rock formation - and includes such things as a restored typical plantation from the ante-bellum period in time, a railroad track five miles in length with a museum, and a recreational area. We had a lovely southern plantation buffet served in the backyard of the old plantation home which offered chicken, beef, ham and "all the fixings" in true southern hospitality.

This convention was, for me, a time to come away from the hustle and bustle of every day activities in a busy New England city still enveloped in winter - to a young, energetic, summer city like Atlanta, and listen to professional colleagues and co-colleagues from other professions - a time to appreciate the kinds and qualities of professional opportunities in my position and a time to be challenged for "future encounters of a nursing kind".

A most grateful thank you to the Alumnae Association and the Department of Nursing for the opportunity to participate in this convention.

MGH Item

National attention has been attracted by the MGH Home Monitoring Program for babies in danger of dying during sleep from extended halts in breathing, the "MGH News" reports. Sleep apnea, the condition commonly referred to as "Crib Death" or the "Sudden Infant Death Syndrome", claims the lives of as many as 10,000 seemingly healthy babies each year. And is untold agony for the parents of the victims.

Apnea occurs normally among many babies but lasts less than 15 seconds. However, other babies, generally stricken before four months of age, succumb in their cribs without any sound, gasps for breath or struggle. An autopsy fails to offer

any clues to the cause of death.

Since 1973, MGH has provided a monitoring program; the Children's Respiratory Laboratory has utilized and improved an alarm system, using a monitor which is attached to the child during sleep periods, along with a comprehensive support program to help parents deal with the dangers of this problem.

Presently, there are several types of alarm systems; one sounds an alarm if there is a prolonged breathing halt; one is activated if there is a drop in heart rate; and a new model guards against both dangers.

A large number of the monitored children have had at least one "near miss" during sleep, when they have

been found apneic, limp, pale or cyanotic and in need of either mouth-to-mouth resuscitation or vigorous stimulation to resume breathing. When an infant is judged in need of a monitor, the parents must attend a concentrated teaching program at MGH before the equipment can be installed in their homes. Parents learn what apnea is, how long an affected child may have the problem (generally the critical stage is passed by ten months of age), about the home care equipment and precise procedures for reviving the baby after an alarm signals danger (observation for 10 seconds to see if the baby resumes breathing, then gentle stimulation; then mouth-to-mouth resuscitation). Alarms from the monitor are sounded not only at cribside but also over intercom or remote units placed in other parts of the home where a parent might spend considerable time. But other cautions must be observed. Excessively noisy housework, such as running a vacuum cleaner, could drown out the alarm.

Installation of a home monitor is accompanied by the around-the-clock availability of a pediatrician, nurse, technician and monitor repairman. Personnel of the MGH Respiratory Laboratory initiate daily telephone contacts with the family

to ensure that all is going well. Although these contacts decrease in frequency, a Visiting Nurse calls at the home regularly to check how the baby is progressing and to inquire about any new needs.

In Massachusetts, Medicaid and health insurance coverages pay benefits for the monitoring of infants with apnea or an abnormally slow heartbeat, provided the program is carefully supervised.

Since MGH initiated the home monitoring program, more than 260 babies have been enrolled. During the first three years, four infants died, one because of an airway obstruction and the others because their parents did not hear the initial sounds of the alarm. (Equipment has undergone changes since then). Approximately 160 children are no longer being monitored; they appear to have outgrown the dangers of sleep apnea.

A recent three-day seminar on the program, sponsored by MGH and the National Sudden Infant Death Syndrome Foundation, attracted delegates from the Foundation, an official of the U.S. Department of Health, Education and Welfare, along with physicians, nurses and social workers from nearly a dozen states and a medical representative from a children's clinic in France.

AWARDS AND PRIZES

Members of the Class of 1979 who received recognition through special awards were: Mary Nunley, Mary Boatright and David Codier, each of whom received a Wetherill Award; Louise Riemer who received the K. Barbara Dormin Award; and Geoffrey McEnany who was awarded both the Clarissa Peters Allen Prize and the Faculty Award for Excellence in Patient Care.

MGH Nurses' Alumnae Association of Western Massachusetts

The fall meeting of the Massachusetts General Hospital Nurses' Alumnae Association of Western Massachusetts was held on Wednesday, September 20, 1979 at the home of Peggy Cope Mascher in Springfield. There were seventeen members and two guests present. Two new members were present. They were: Dorothy Willis Coleman '52 and Janet Bessom Moore '74.

The speaker for the evening was Dr. Harrison Willcutts of West Springfield. A graduate of Indiana University Medical School, Dr. Willcutts was in the Navy Medical Corps for fifteen years, including service in Vietnam. At present, he practices general surgery in the Springfield area and has pioneered the use of the Hydron burn dressing, and the use of Hyperalimentation in the area. He gave an interesting talk and slide showing about the Hydron burn dressing and also a talk about his work with nutrition.



The annual dinner meeting of the MGH Nurses' Alumnae Association of Western Massachusetts was held on Wednesday, March 28, 1979 at the Wiggins Tavern of the Hotel Northampton in Northampton. Twenty five members enjoyed cocktails followed by a delicious dinner and a spirited meeting. We were very pleased to have Helen Judd Coleman of the class of 1916 able to join us. We were also very happy to have ten alumnae join us who have not attended before with us and hope they will continue to attend our meetings.

Patricia (Batchelder) Crowley '44, chairman of the nominating committee, presented the following slate of officers for the coming year and they were voted unanimously:

President: Peggy (Cope) Mascher '66
Vice President: Dorothy (Willis) Coleman '52
Secretary: Barbara (Hunter) Eger '48
Treasurer: Harriet (Beltrandi) Bilezikjian '55
Sunshine: Jean (Youngberg) Young '53

Ruth (Drake) Lincoln '30, our immediate past president, conducted a brief business meeting in which we decided to have our meetings on the third Wednesday of September, March, and May. Due to the cost of postage, we have decided to have mailings only to active members, which now number forty-three. Our May meeting was at the home of Mary (McQuesten) Patterson '48 in Enfield, Conn. After this meeting, our new president, Peggy, took over and the group became involved in a lively discussion about the closing of the nursing school at MGH, the role of nurses today, education of nurses, and the quality of nursing care provided.

Those present were:

Ann (Foisey) Roach '46
Olive (Lyon) Lovejoy '32
Patricia (Batchelder) Crowley '44
Fran Brown '55
Irene (Webler) Hayward '54
Ruth (Drake) Lincoln '30
Barbara (Hunter) Eger '48

Jean (Youngberg) Young '53
Dorothy (Willis) Coleman '52
Lois (Archambeault) Keefe '71
Colleen (O'Connell) Warren '71
Ann (Mockler) Beaulac '51
Luella (Pease) Lambert '32
Helen (Judd) Coleman '16

Charlotte (Fyhr) Lewis '37
 Barbara Jensen '40
 Beatrice (Harper) Kline '36
 Harriet (Beltrandi) Bilezikjian '55
 Doris Ellinwood '25
 Jacqueline (Auger) Brown '49

Peggy (Cope) Mascher '66
 Pauline (Kugler) Osborne '46
 Sarah (Toabe) Levine '35
 Nancy (Bey) Swartwout '67
 Joyce (Wheeler) Tisdell '67



The Spring meeting of the Massachusetts General Hospital Nurses' Alumnae Association of Western Massachusetts was held on Wednesday, May 16, 1979 at the home of Mary (McQuesten) Patterson '48 in Enfield, Conn. Sixteen members enjoyed a covered dish picnic on Mary's patio. MGH'ers are such good cooks! One new member was present. She is Margaret (Perkins) Hayes '46 from East-hampton, MA. We missed Doris Ellinwood '25 who was in Springfield Hospital recovering from a fall, with a broken wrist and hip.

After the picnic our president Peggy (Cope) Mascher '66 presided over a brief business meeting. We plan to have our next meeting on Wednesday, September 19th. Peg is going to try to have a speaker from the M.N.A. present and we hope to be able to use a room at Mont Marie in Holyoke.

Those present at the meeting were:

Jacqueline (Auger) Brown '49
 Margaret (Perkins) Hayes '46
 Beatrice (Harper) Kline '36
 Dorothy (Willis) Coleman '62
 Fran Brown '55
 Patricia (Batchelder) Crowley '44
 Barbara Jensen '40
 Barbara (Hunter) Eger '48

Mary (McQuesten) Patterson '48
 Harriet (Beltrandi) Bilezikjian '55
 Ann (Foisey) Roach '46
 Tirzah (Bagdikian) Juskalian '35
 Luella (Pease) Lambert '32
 Peggy (Cope) Mascher '66
 Mary (Moskos) Hyfantis '45
 Evadine (Cady) O'Connor '24

In Memoriam

1918 Frieda Bullock Fundus in December, 1978, in Seattle, Washington.

1925 Ruth E. Gedies on February 27, 1979, in Norwell, Massachusetts.

1927 Althea Bolles Brady on April 22, 1979, in Boston, Massachusetts.

1927 Esther Horan Bickford on December 31, 1978, in New York.

News . . . of the Classes

1918

A brief note brings word of the death of FRIEDA BULLOCK FUNDUS in December, 1978, probably in Seattle, Washington. (See *Class News*, 1920) She had one son, Charles Hathaway, who lives in Helena, Montana.

1920

RUTH HARTZELL HAYES of Box 4, Redlands, Ca. 92373, writes: In my Christmas mail was the notification of the death of Frieda Bullock Fundus. She lived in Seattle, had one son by her first marriage. I do not have the date of death, but the service was on December 10th.

BARBARA WILLIAMS has been prodding me to give you some "news" and suggested my trip abroad this past summer.

I went with a "music tour" from the University of Redlands. We were 3½ weeks in Salzburg, Austria, resident in a comfortable hotel. We had a very full schedule with concerts several times a week, classes daily in alternation: music appreciation and Austrian culture and history. Plenty of free time to enjoy the charm of Salzburg and surroundings. The tour ended with a ten-day bus trip to Vienna, Venice, Verona and Innsbruck. I finished up the time on my air ticket with twelve days in England. I have friends there and also managed a two-day trip to Edinburg.

I've been retired since '62 and have now moved into a retirement "village". I share a new (separate)

house with Helen Fisk, who has been my partner since '66.

The Christmas card from your office was a pleasant surprise. I'm wishing a successful and happy year to all in the Alumnae office.

1925

RUTH E. GEDIES, 76, of Halifax, Mass., died February 27, 1979, in Norwell following a lengthy illness. A native of Boston, Ruth lived in Mattapan for many years before moving to Halifax.

Along with a career in private duty nursing, Ruth served in the Army Nurse Corps during World War II.

She is survived by a nephew and a niece.

The funeral Mass was held at All Saints Church, Dorchester, with interment at Forest Hills Cemetery, Boston.

1927

On April 22, 1979, ALTHEA BOLLES BRADY, 73, died at Phillips House, MGH. Her nursing career began as an anesthetist at the Mass. Eye and Ear Infirmary where she later became Director of Nursing and Nursing Education.

A native of West Swanzey, N.H., she was also graduated from Boston Lying-In Hospital in 1933 and Columbia Teachers' College in 1935. Her baccalaureate and master's degree she earned at Boston University. During her career, she served as obstetrical supervisor at Charlotte Hungerford Hospital in Torrington,

Conn., as head nurse and anesthetist at Boston Lying-In, and as head nurse and supervisor at Chicago Lying-In.

From 1945-49, she was Executive Assistant to the Director of MGH. Then after serving as medical-surgical supervisor and instructor at Mt. Auburn Hospital in Cambridge, she taught for a year at Mass. Eye and Ear and then became Director of Nursing there.

From 1957-72, she was Director of Nursing at Lowell General Hospital.

Widow of the late William Brady, she is survived by a son, Sterling, of Sacramento, Calif., two sisters and two brothers. A resident of Rockport for 20 years and active in the local DAR, Women's Club and Garden Club, memorial services for her were held at the First Congregational Church there. Memorial gifts may be made in her name to the American Cancer Society, 247 Commonwealth Ave., Boston 02116.

A brief notice brings word of the death of ESTHER HORAN BICKFORD on December 31, 1978. The wife of Albert C. Bickford and mother of Robert and Nathaniel, she lived in Ardsley-On-Hudson, New York.

Memorial services were held January 5th at the St. Barnabas Episcopal Church, Irvington, N.Y. In lieu of flowers, the request was made that contributions could be made to that church or to Cancer Care, New York.

1951

September Section

Marion Decker Manes
211 River View Lane
Centerville, MA 02632

A thousand apologies for missing the Christmas news in the last Quart-

erly; it had to be in by March 1st, which was the day I returned from a three-week stay in Florida. Speaking of the Quarterly, why can't it become the Semi-annual? Think of the savings in postage, etc.! And usually there's not that much earth-shaking news of the classes that we have to be told about every three months — why not every six? Any thoughts on the subject? Well, on to the news.

SHIRLEY DUNCAN DRISCOLL still works in the Acute Care Clinic, belongs to E.D.N.A. and becoming more and more interested in emergency medicine. Paul still has lots of eye problems; their two daughters are out on their own; and Mark's still in the Air Force.

MARION KELLEHER EVANS writes that daughter Lyn spent ten weeks in England as part of her Jr. year in college; Michael is still trying to figure out what to do with Political Science; and Robert loves Math, Calculus and Physics, but not the Engineering.

MARY HAGERTY FORD and RUTH FEARNLEY SKONIECZNY were the only members of our class who attended the last Homecoming. Shame on us! Hope we do better at our (Gulp!) 30th - count 'em, 30th reunion in 1981, which is not that far away! Mary's 24-year-old son Fred works in Wilmington; Sue, 23, works at Union Hosp. Business Dept. and attends Northeastern part-time - M.B.A. Bill, 22 works for a local Chevrolet dealer; and Andy, 18, is a freshman at R.P.I. in Troy, NY. John, 16 is a Jr. in High School. Mary, 49, is working three nights a week at Hunt Hospital in Danvers and going for a B.S. part-time in Salem State, hoping to graduate in June of 1980. Husband Fred (age unknown) is Art Director at a Graphic concern.

GLORIA GILSON KOLB sent a mimeographed letter. Son John, 6'2" at 17, is a Sr. in High School; Sheri, 15, is in tenth grade on the Honor Roll; Sandi, and excellent student, 14, is in ninth grade and is a hospital volunteer. They all came to Boston for Jim's M.I.T. reunion, went to Virginia, then took an extensive grand tour of Europe, climaxing the whole thing with a visit to Jim's family in Arkansas, of all places. (Chuck's from Heber Springs, Ark!) Gloria helps Jim in the office of his Texlan Oil Co.

ANNE ZANIEWSKI KUTLOW-SKI's No. 1 son graduated from Lowell Tech; No. 2 son works; No. 3, an only daughter, is in her second year at Simmons in P.T.; No. 4, a son, will go on to study contracting after High School; and No. 5 is a future electrical wizard in seventh grade.

JOAN McCARTHY PETERSON - Old Faithful - sends postcards,

Christmas cards, news clippings, all the time - a regular Mike Wallace, or Babba Wawwa would be more appropriate, I guess. Mac points out that between her, O.M.T.S. (OLGA SADOTTI AASEN) and me, we've written the Quarterly news for 28 years, me for 12 of them! Surely someone would like to try their hand at this - or maybe even just one finger?

BEA MERZ McHUGH's Tim has a hang glider which Bea prefers not to think about; Judy works in the State Med. Center doing office work; and Penny's a Jr. in H.S., gets good grades and works part-time in a dental office. Bea sounds quite happy and bubbly.

JOAN VALLIANT PARENTS's oldest daughter, 22-year old Joanne, is on a teaching fellowship in chemistry at Univ. of Calif. Joan's still active in Nursing and not looking forward to those Continuing Education requirements.

MGH CAPS

Madalene F. Calogiro
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GINNY PIEROBELLO SABIN says Bedana has been accepted at U.V.M.; Jay's a Jr. in H.S.; and Ginny's Psychiatric Nurse Clinician in the Mental Health Assoc. in Brunswick, Me.

NATALIE QUIRK MEANEY writes that Francis is a Jr. at U. Conn; Dan a freshman at Temple; John and Maura are freshmen in H.S.; and Megan is in second grade. Nat took care of her mother post-op for five weeks last summer and wound up with pneumonia herself at Thanksgiving.

MARY SARGENT MACKIN has a new address, clear across country: 2839 Noriega St., San Francisco, CA 94122. Michael and Marita both attend Middle School and can walk there from home. Golden Gate Park is also near; Sarge says housing is very expensive out there.

DORIS SEARS BATES is Administrator of Ft. Walton Beach Hosp. It was bought by some company which presented her with a new Chevy Impala Station Wagon and T.V. at Christmas. Called her from St. Petersburg last Feb. but she was

too busy to get away. Says she may be up in June. Hope so! She's bought a small condominium on the beach and calls it the "Ditty Box".

JOYCE SEVERY JONES has a new address: R.D. #2, Box 16B, Rochester, VT 05767. She's working two days a week at a local health center for two doctors and loves it.

JANET STOCKS MOORE's Kate is at Colby College in Maine; Sue's a freshman at Vassar; and Will's in 9th grade at Hill School in Pa. Jan graduated from Middlebury and is working at the Children's Rehab Center in Charlottesville, Va., but plans to go to Grad School, hopefully Yale.

DODIE STONE BERGERON also has a new address: RFD 2, Box 25, Bible Hill Rd., Hillsboro, N.H. 03244. They have only two girls left at home. Their three oldest kids are married. Dodie works three evenings a week at a small college, but misses hospital nursing. Noel had to start his apprenticeship over because of moving to N.H. from Mass.

BARBARA WHITLOCK SUTHERLAND enclosed a postcard in her Christmas card of a lovely black &

MGH CAPS

Hazen S. Jezierny
7 Gertrude Ave.
Rumford, R.I. 02916

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white etching of the Bulfinch Building. Hunt's engaged to a lady lawyer and works at G.E. on the electric car. (Tell him to HURRY!) Reed's working at Harvard and saving for a trip to England next year. Writing is her primary interest.

We were all saddened by the death of Dr. John Knowles of pancreatic ca. I sent a card to his family on behalf of the class. I'll always remember his appearing in our Student Nurses' Show in his raccoon coat and straw boater, playing the piano, with a can of beer set on top. He'll be missed.

The newleyweds, Robin and Jim, are back on the Cape. We're glad to have them back but wish it was under different circumstances. Jim's father has a very successful Real Estate business here but was recently found to have metastatic ca, so they're taking over to help Jim's mother run the office. As a matter of fact, I've had three lessons in my ten-week course in Real Estate. It's tough getting the old gray matter stirred up again - it's been a long time since it's had to retain very much at a time. If I pass the exam, it'll be the second miracle of my life, the first being to finally pass making the EMPTY BED!

Betsy enters her fourth and final year in Nursing at Salve Regina in Sept. She passed Chemistry, which is also way up there in the miracles dept. She really loves nursing and will be very good at it, although she's pretty small - no, I don't know where she came from!

Chuck, unfortunately, has his laundry back - the man who bought it two years ago defaulted. He has two good men running it, but would like to be free of it. He'll try to sell it once more. Maybe it'll be my first sale?

My sister from Seattle and my brother from Florida were here for a visit recently. She was here three weeks and he only for three days. It was the first time I'd seen her in ten years, since my mother's funeral. My father was happy to see all three of us together for the first time since she died. He'll be 81 in Sept.

MGT. REID ('46) fell and was unable to get up and spent the night on her kitchen floor until found by the milkman. She spent ten days in Cape Cod Hosp. with phlebitis in April.

Must finish up - lots of news this time. Keep it coming.

1958

September Section

*Janet Hames Crook
16 Longview Terrace
Kennebunk, Maine 04043*

After all these years of looking for class news and wondering why someone had not volunteered, here I am!

Homecoming in September brought out a few of us, but nothing to brag about for our 20th reunion. With four years to go, let us all try harder for the 25th.

SUETRUBYPETERSON was there for the meeting; FRAN PERRY DEVITT, MARY ANN ROBERTS BEAUBIEN, SUE VOGELY CROTEAU and yours truly attended the program and dinner and spent a short time together to catch up on recent achievements, and, of course, talk about the good old days.

I will not provide news of the girls above; it may be "old" news by now. I'll wait until I receive news in the mail or see you in the fall.

Let me hear from you and please plan to attend in the fall if possible.

I still live in Maine and am changing from hospital nursery to Industrial Nursing. Dave has his own C.P. A. firm in Saco and the children are Kim, 16, Jon, 13, and Dan, 11.

1966

CAROL A. GARANT now has a C.S. after her name, along with an M.S.N., because she has been certified for excellence in Clinical Practice by the Division of Psychiatric and Mental Health Nursing of the American Nurses' Association.

She has also had another article "The Process of Effecting Change in Nursing" in *Nursing Forum*, Vol. 17, No. 2, 1978, which is a psychosocial dissection of the nursing profession with suggestions for practical interventions to promote a more assertive, powerful and positive image.

Carol, whose address is 5 Alton Court (Apt. 2), Brookline, MA 02146, writes that she sees SHELIA "Dixie" LYNCH occasionally and HELENA McDONOUGH but would like to find out what other classmates are doing.

She also visited (during a dreadful ice and sleet storm) MARYLOUISE DAHL WELCH (class of '67) who was a former roommate at the U. of Penn., who is doing well with two boys, Tyler and Evan, and going to U. of Conn. for her M.S.N. John is a surgeon, working out of U. of Conn.

PAT BALESTRA of 1314 Rusk Dr., Richardson, Texas 75081 writes: 1979 finds us in Dallas where Chet is working for Texas Instruments. We are enjoying the lovely climate and the people, but have a ways to go on our Texas drawls and jargon.

Up until last summer, I had a super job working for an internist in Maynard, Mass., where I learned a great deal about preventive and

internal medicine. Eventually, I hope to get a practitioner's certificate in adult medicine, but right now my specialty is in pediatrics.

We had our third (and final!) son on New Year's Eve. Joel was supposed to be my girl, but he's all boy like his brothers, Scott and Mark, who are 11 and 7½ and very much into soccer, baseball, swimming and scouting.

Any MGH'ers in Dallas?

1975

Michele DuBois of 39 Maple St., Everett, MA 02149, asks that anyone having the addresses of the following 25 classmates, please let her know.

Mary Anyzeski; Virginia Brouse; Patricia Cahill; Jane Eyre; Linda Grote Travers; Katherine Hurxthal; Lori MacDonald; Maureen Melia; Judith Nelson; Donna Nickerson; Rebecca Perry; Diedre Quealey; Annelieke Rietsema; Judith Rockefeller; Peggy Russel Rosenblum; Barbara Schultz; Paul St. Martin; June Fallon Stetkar; Debra Stokes; Maureen Sullivan; Linda Torti; Debra Varney; Carol Vescera; Faye Wolfenden; Diane Wotherspoon.

Thank you.

THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.
Bardett Hall

34 Blossom Street
Boston, Massachusetts 02114

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OF THE

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Summer 1979

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OF THE

This Magazine is Published in the Spring, Summer, Fall and Winter

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ALUMNAE ASSOCIATION
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ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 8:00 a.m. — 2:30 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o
Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall,
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THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXIX

Summer, 1979

No. 2

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QUARTERLY COMMITTEE

Editor	Alice Yancey Conlon 83 Martland Ave., Brockton, Ma. 02401
Chairman	Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

MASSACHUSETTS GENERAL HOSPITAL NURSES'
ALUMNAE ASSOCIATION, INC.

HOMEcoming 1979

HONORING THE FOLLOWING CLASSES

1919 - 60th Year	1954 - 25th Year
1929 - 50th Year	1969 - 10th Year

SATURDAY - SEPTEMBER 29, 1979

at

The Boston Park Plaza
Arlington at Park Square
Boston, Mass. 02117

REGISTRATION & COFFEE	8:00 - 9:00
ANNUAL BUSINESS MEETING	8:30
PROGRAM	10:30 - 12 Noon

"SOME IMPRESSIONS OF MAINLAND CHINA"

Mary E. Macdonald, R.N.
Director, Department of Nursing
Massachusetts General Hospital

"CHINA 1978"

Elizabeth M. Sheehy, R.N.
Nurse Administrative Officer
Phillips House
Massachusetts General Hospital

RECEPTION	12:30 - 1:30	PARLORS ABC.
LUNCHEON	1:30 - 3:00	GEORGIAN ROOM.
TOURS OF HOSPITAL	QUESTIONABLE BECAUSE OF CONSTRUCTION.	
TEA	4:00 - 5:00	Place to be Announced.

REGISTRATION, MEETING & LUNCHEON TWELVE DOLLARS

Please assist us by filling out and returning the enclosed card by September 21, 1979.

If you are making arrangements for other graduates, please be sure to include name and address to avoid duplication of reservations.

LUNCHEON MEETING AND REGISTRATION FEE MUST BE PAID FOR
AT TIME RESERVATION IS MADE.

1979 Commencement Address

John Wagner Grover, M.D.

Associate Gynecologist, MGH; Assistant Clinical Professor of Obstetrics and Gynecology, Harvard Medical School.

Greetings to the faculty, Dr. Cheever, Reverend Glidden, students and their families:

I am honored to speak again to a graduating class of the MGH School of Nursing, especially meaningful to me as I also am leaving the MGH after nearly 30 years of association with the Hospital. I'm sure I share in many of the feelings that you have, both of anxiety and excitement about the future and nostalgia already about the "good old days" at MGH. As I know many of you personally through office and hospital contacts, it is gratifying to be here.

Although I plan to talk about growth and change and rebirth in a very personal sense as the topic I've given myself to discuss today, I would first like to look back at my talk of seven years ago to the graduating class of 1973 at the end of the first 100 years of the MGH School of Nursing.

The subject you asked me to consider then was the role of women in society and in nursing. In the process of discussing that large and complex topic, I elaborated on a theme of "four freedoms" that were of importance to the women of the '70's. As you can see, they remain as pertinent today as they were then, perhaps even more so.

First was freedom from the obligation to bear children — effective birth control and safe elective or therapeutic abortion had brought this capability about for the first time in all of human history. Although important to us, this freedom still troubles our society, in that the lack

of responsible use of birth control continues to result in hundreds of thousands of unplanned pregnancies. The issue of elective or therapeutic abortion remains difficult and thorny, with public and professional attitudes see-sawing backwards and forwards agonizingly unpredictably. No clear resolution is in sight, yet this freedom remains a crucial one for the young person contemplating a professional career.

Second was the freedom from obligatory motherhood: by which I mean that you could have a family, yet still feel good about having a career at the same time — "mothering" did not have to be 100% absorbing of your time. I believe that this remains a pertinent freedom, yet one which has to be worked out for each couple on an individual basis, and always will.

Third was the freedom to choose childlessness as a positive choice, and is still valid.

Fourth was your freedom to develop and express fully your female sexuality — to become fully human with a capacity and right to sexual expression. There is no question of the validity of this freedom today, and of the need to continue developing it in the context of a society which still remains rather male chauvinist and suspicious of emerging females.

It is interesting now that I perceive a fifth freedom which has importance to you. Perhaps the addition of seven years to my own age makes me sensitive to it — it is the freedom to defer childbearing until career goals

are more nearly achieved. Better medical care, better birth control, amniocentesis for prenatal genetic diagnosis, and more liberal acceptance of the older mother by society make this an important and viable freedom, allowing for the development of professional lives when you are young and have better opportunities.

Now, as then, these freedoms involve taking the responsibility to make them work for you - these are all areas of human experience where not making a choice is, in fact, making a negative choice, and both you and nursing may suffer your failure to use your intelligence and your education responsibly.

But to get to my topic of growth and change and rebirth: You all know of course that childbirth is my professional area of greatest interest. I have spent the larger part of my adult life preparing for and working with couples who are having babies. So it is easy and natural for me to look at the parallel between actual pregnancy and birth and our own lives as we enact them.

Conception

A spark of life is transmitted to each of us at conception and so it is with our desire to do what each of us has done; for me it was in the seventh grade when I fully realized for the first time that a career as a physician was the only thing that I could do. You have various and diverse backgrounds, and looking backwards now, you each can remember when the spark came that activated your interest in nursing.

1st Trimester

Just "getting the show on the road" is what the first trimester is all about; for the fetus it involves implantation, the acquisition of nourishment from the mother and an opportunity to begin embryologic growth and differentiation. For me, my prolonged "first trimester" in-

cludes all of college and medical school. It was a great time for study and growth. For you, it was your first year at MGH, in which you began to compass the basic medical sciences and began to sort out what you really wanted to do in nursing.

2nd Trimester

In the second trimester the fetus completes a great deal of growth and development, begins to move and interact with the mother and is perceived by her as a reality, a person inside her body. My "second trimester" included eight years of residency, part of which was spent in England. During this time my developing "body" (of knowledge) grew and my interests in reproduction crystallized. I'm sure (remembering some of the troubles I got into) that I began to be perceived by the "big MGH mother" as a real person too. In your second year, your "second trimester", you were introduced to the clinical sciences and began to develop the skills you would need later on in patient care. Maternal-child health, pediatrics, mental health, and ambulatory care were some of the "prenatal influences" that began to shape what you have become today.

In the third trimester, the developing fetus has as its major task growing, increasing in size, putting on weight, and whether aware of it or not, getting ready for independent existence "on the outside" after birth. My "third trimester" in my truly prolonged gestation lasted nearly 15 years, and consisted of all of the days and months of private practice, working with pregnant mothers, couples and women with a vast assemblage of health problems. Through all these experiences I have acquired the strength and knowledge and courage to move on to the next phase of my professional life confidently, secure in knowing that al-

though I may not know exactly how it will turn out, if I do my best with the talent and skills that I have, life "on the outside" should be all right too. In the last year, your "third trimester", you have deepened your knowledge of your clinical work, and strengthened and enhanced the philosophic and practical aspects of your nursing careers. You, too, are now ready to challenge life "on the outside", prepared to do your best, no matter how it turns out, knowing that in your educational "gestation" you have been nurtured well by the MGH.

The details of our mutual educational births are as varied as our biologic births and it would be fun to compare notes - can anyone match my being born prematurely at home, weighing 3½ lbs., being kept in a shoe box, and fed with a medicine dropper? I always remember my mother telling me that "in spite of how awful you looked, we always knew you'd bring us joy".

In relation to your academic "birth", taking place today, those of you who know my predilections to "non-violent" birth will not be surprised if I ask for the lights to be turned down now, and the warm bath prepared - Does John Hancock have a sauna ready for us?

In spite of the unreality of the pregnancy analogy, it is meaningful to think of all of the life that we have lived and all we have yet to live as a continuously ongoing growth and rebirth process. We grow awhile, then cross a new threshold to a new level of experience and are thus reborn. It can never take place without the nurture of others, whether it is

the formal institution in which we are enrolled or the caring support of our friends, associates, and our patients. We should not forget that we can not be reborn entirely by ourselves. It is through this process that we continue to grow and add meaning to our lives.

In looking backwards now in my years of association with the MGH and with you, the continuing thread that I see is the idea that we are all human beings. Being called to care for human beings as a human being amongst them is an exceptional opportunity for each of us. I would like to paraphrase the ending of my first address as follows and just say a few personal words to each of you as graduates, and that is that you each have the opportunity now as you leave the School of Nursing to lead fulfilling lives as men and women, to lead fulfilling and expert and contributing lives as nursing professionals on equal footing with your peers, with your physician colleagues, and with all others involved in the care of patients.

We have gone a long way so far in the direction of achieving full liberation of women as women, and as human beings and professionals. We have gone a long way toward the humanization of both men and women but great strides in the past only provide for great strides in the future. I commend you on your achievement so far. I challenge you not to rest on your laurels but to build on what you have achieved, to realize yourselves as human beings, to be secure with yourselves and to be effective in your profession.



1979 Commencement Exercises

Eighty-five persons received diplomas at the 104th commencement exercises of the MGH School of Nursing, held Friday, June 1, in John Hancock Hall.

Dr. John Wagner Grover, Associate Gynecologist at the MGH and Assistant Clinical Professor of Obstetrics and Gynecology at Harvard Medical School, delivered the commencement address.

Dr. F. Sargent Cheever, Chairman of the Board of Trustees and the Trustees Committee to the School of Nursing and Nursing Department, presided over the ceremony.

Miss Natalie Petzold, Director of the School of Nursing, presented the awards and diplomas. Also participating in the exercises was the Rev.

Scott H. Glidden, of Pastoral Services, who delivered the invocation and baccalaureate message.

Speaking on behalf of the senior class was Bernadette Conway, President. Other officers of the Class of 1979 include Marianne Curran, Vice-President; Kathy Shea, Secretary; and Mary Bridget McGrath, Treasurer.

In addition to the award presentations and speeches, Pamela Horn, a senior of the school, sang Joni Mitchell's "Circle Game", with accompaniment by Jeanne Tomolillo, another senior, on the guitar. The entire senior class presented its rendition of Paul McCartney and John Lennon's "In My Life", which was chosen as the class song.

NEWS NOTES

Edith Morse Palmer, class of 1928, of 101 Amherst Road, S. Hadley, Ma., was one of nine Boston area persons awarded certificates of merit for outstanding service during 1978. The awards were given by the Voluntary Action Center of the United Way of Massachusetts Bay.

A volunteer at the MGH for 40 years, she began volunteering at the hospital in the Hypertension Clinic, even though there was no structured volunteer department at that time. During the polio epidemic of 1955, she worked as a volunteer RN and, although she has always been willing to help where needed, she has committed herself to assisting the ambulatory patient.

In addition to her work at MGH, Mrs. Palmer has been active in several other volunteer organizations, including the Mass. Corrections Association,

of which she is a charter member; the M.I.T. Hospitality International Program; and the Adult Education Program and the public school system in Brookline.

The Director of the MGH Volunteer Department said, "Mrs. Palmer exemplifies all that is finest in voluntarism. She never looks for recognition; we nominated her for the award because we wish to affirm to the wider community how much we appreciate the vision, compassion, courage and service of this remarkable woman."

* * * * *

Again, in the spirit of voluntary action, a Psychiatric Clinical Specialist at MGH, Gail Pisarcik, wrote a letter to the Globe editor after an article on the Pine Street Inn (a shelter for homeless men) appeared.

She wrote that, as a volunteer at the Inn, she was disappointed that the article overlooked "the nurses who are down at the Inn every night seeking out such men (those who ask for nothing, despite constant pain of a leg ulcer or broken wrist), urging them into the nurses' clinic, and bathing wounds at the same time they are offering human contact and the respect a man no longer thought possible.

"We know what those men are saying when their eyes well up with tears when offered a simple cup of coffee.

"We know about the incredible amount of real rehabilitation that is done as a man moves from a guest to a live-in staff member and finally leaves, a whole person.

"We also know about the director who works a 12 or 14 hour day but has time to bring the guests and staff to the funeral of a guest who had no family.

"The esprit de corps of the Pine Street Inn family - from the guest

who helps with the laundry to the prestigious board of directors is what makes the Inn one of the most gratifying, happy and sad places I'll ever have the privilege to be a part of."

* * * * *

The Alumnae Office has been notified by a daughter, Ann Hogg, of the death of Dr. Cornelius Hawes, who made a donation to the Alumnae Association in memory of his wife Abbey-Helen Dennison Hawes, class of 1924. When the Alumnae Office is finally settled in its new quarters on the fourth floor of Bartlett Hall, a Memorial Plaque will be hung, as requested by Dr. Hawes.

* * * * *

Another member of the Class of 1979 who received an award at graduation was Elizabeth Gibbons who was presented the Denise Donahue Award. (Her name was omitted in the Spring issue.)

COLORFUL CERAMIC TILES

MGH EMBLEM . . . OR . . . BULFINCH BUILDING

Size 6" x 6" with cork backing and hanger attached

To benefit student scholarships awarded by the Ruth Sleeper Chapter of the MGH School of Nursing Alumnae.

Send \$4.50 check or money order (and note your choice of tiles) payable to Roberta Rawson Stidham, 375 School Street, Pembroke, MA 02359.

Price includes tile, postage and handling.

RESULTS OF THE QUESTIONNAIRE RELATED TO THE "QUARTERLY RECORD"

Compiled by Marjorie G. Richardson, Class of 1936

Approximately 800 forms returned.

Question No. 1: Do you want a feature article in each issue of the Quarterly Record?

Yes	561
No	147
No Response	97

Comments:

Only if feasible	12
Not necessarily	12
Not in each issue	12
I don't care	5
Question	3
Let the editor decide	2
I enjoy the articles	2
Not if it is a burden	2
Keeps us up to date	1
If unusual topic	1
If good article	1

Question No. 2: Do you routinely read the feature articles?

Yes	665
No	107
No Response	22

Comments:

Usually	10
Sometimes	8
Articles about MGH	2
When convenient	2
Only if author is known	1
I skim them	1
Question	1
Depends on content	1

Question No. 3: Are the articles too long?

Yes	208
No	460
No Response	121

Comments:

Some are	66
Question	7
Occasionally	4
Usually	3
Not usually	2
Have had only one issue	1
They are long when speeches are printed verbatim	1

They could be better edited	1
Depends on subject	1
Not if well-written	1

Question No. 4: Would you like the articles to be briefer?

Yes	263
No	351
No Response	171

Comments:

Question	12
Some	10
Content is most important	6
Not necessarily	6
O.K.	5
Don't care	3
Could be	2
4-5 pages about right	1
Only if feasible	1
More brief articles	1
Articles about school and hospital - Yes! Scientific article - No!	1
Occasionally	1

Question No. 5: Also, do you think the Class News is too long?

Yes	36
No	723
No Response	40

Comments:

Too short	4
Somewhat	4
Inadequate	2
Not for specific class	2
Never!	1
Question	1

Question No. 6: Would you like the Class News to be abbreviated?

Yes	45
No	598
No Response	168

Comments:

Question	2
More News	1
I enjoy	1
Some should be	1

ADDITIONAL COMMENTS

General - concerning Quarterly Record

Favorable (Excellent job!, etc.)	50
Wants news of MGH (building programs, changes, etc.)	28
Quarterly Record and its quality important with change in school	4
Wants new items of all sorts	3
Wants news of Continuing Education opportunities	3
Complains of time lag	2
Loves pictures	2
Reduce number of issues annually	2
Avoid duplication (e.g. death in Obituaries and also in Class News)	1
Letters to Editor section	1
Do what is necessary to keep out of debt	1
Present format is costly	1
Fall issue should contain a calendar for the following year	1
The Quarterly is all I get for \$10.00	1
Liked the poem in the Summer issue	1
On time!	1
Wants competition for most outstanding Alumna <i>after 1960</i>	1
The latest issue is an improvement	1
Publish an Alumnae Roster	1
Wants mailing list of Quarterly published	1
Hopes Quarterly will continue after closing of school	1
Give present status of Sick Benefit Association	1
Give news of MGH Alumnae <i>Groups</i>	1
Hold a general Alumnae membership drive	1
Note: Theresa Regan would be willing to help with Quarterly	

Regarding Class News

Class News is best part of Quarterly	42
Complaints about no news for individual's own class	35
More classes participate in class news	20
Class news is my <i>only</i> interest	17
Class news less often than in every issue	10
Breakdown:	
Feature certain classes at intervals	2
Class news every other issue	1
Class news in just one issued annually	4
Limit number of words allowed each reporter	1
Divide classes into odd and even years	2
Class news too detailed	8
Names and addresses of all class secretaries; have a secretary for each class	5
Class news too brief	4
Enclose a sheet for Class News	2
Not interested in Class News	1
Give space to all who send in Class News	3

Regarding Feature Articles

Articles on changes in School of Nursing (curriculum, clinical experience, new program)	33
Articles about successful MGH graduates	16
Reprints from MGH News	10

Feature articles are best part of Quarterly	9
Features on hospital departments	8
Feature articles by and about nurses and nursing in earlier times	4
Articles about nursing (current trends, procedures)	4
Articles written by alumnae	3
Feature articles are too much like a medical journal	2
Mary Macdonald suggests her department write an article each issue	1
Value depends on information contained	1
Student articles	1
Articles on city and immediate neighborhood of MGH	1
Articles on current medical problems, diseases	1
Editorial Board should use judgment on length and frequency of articles	1
Eliminate feature articles if too difficult to obtain	1
Ask Alumnae Clubs for feature articles	1
Articles from diversified disciplines	1
Research articles	1
Articles about educational opportunities (BS programs)	1
Articles on Legislation	1
Articles relevant to women	1
Articles about health care	1
Spend more money on feature articles	1
Reprint speeches from Homecoming	1

Pertaining to Alumnae Association

Send questionnaire with dues statement regarding vital statistics or class news	1
How many years must I be a member before becoming a paid-up member?	2
Wants Associates Dues	1
Consider the value of Alumnae groups raising funds for the school (from Washington, D.C.)	1
Hold a general Alumnae membership drive	1
Wants present status of Sick Benefit Association	1
Offers student uniforms and cape (Procter, '34)	1

Note from Editor: In response to a couple of comments — no payments are made for feature articles. It is assumed that people who submit articles or speeches want them printed in their entirety; so no editing is done.

GENERAL SUMMARY OF RESPONSES ON DUES RETURNS

Compiled by Marjorie G. Richardson, Class of 1936

On the dues statement for 1979, there is a space to indicate "Kind of Nursing & Where Employed." To summarize these responses, they were divided into three groups by graduation date; before 1940, 1949-1959 and 1960-1978.

There were a total of 1151 cards tabulated of which 355 graduated before 1940, (Group A), 446 between 1940-1959, (Group B), and 350

between 1960-1978, (Group C).

The sample, therefore, includes only those graduates who are current members of the Alumnae Association and occupations are listed exactly as the respondents gave them.

Predictably, a large percentage (65%) of Group A are retired or inactive. Only 15+% of Group B and 8% of Group C fall into this category, probably with emphasis on "inactive"

rather than "retired".

The numbers of those giving no response to this question range from 40 to 62 and may indicate a refusal to answer the questions or perhaps no occupation.

In Group A and Group B, a small number indicated that they work as volunteers. This is probably inexact, many not giving this description because they do not consider it employment, and others listing a field of endeavor which may or may not be volunteer work (e.g., Red Cross Blood Program).

Aside from the above-mentioned responses, more respondents in Group A are working as office nurses, doing private duty and in administration than any other categories. Occupational Health, Public Health and School nursing follow, and six are staff nurses. Other occupations in which there are 1, 2, or 3 graduates employed include nursing education, admissions office work, cancer registry, staff clinic nurse and rehabilitation. This group boasts an author, an editor, and a cattle breeder/geneologist.

In both Group B and C, staff nursing occupies a large number of graduates, 96 in Group B and 151 in Group C. In both groups, the largest number of these are in Medical/

Surgical Nursing, but this is almost equalled in Group C by those in Intensive or Critical Care nursing. The rest encompasses other disciplines too numerous to mention. The second highest number in Group B work in Nursing Homes while in Group C, a high proportion are doing pediatrics, Emergency Room and Operating Room staff nursing.

Forty-nine respondents from Group B are in Administration, 23 each are school nurses, public health nurses, and 20 are office nurses.

Ten in Group B identify themselves as Nurse Practitioners, while only 6 in Group C do so. However, in Group C, there are a number who list specialty fields in which they may or may not be performing at this level.

In both Group B and Group C, there is a very long list of nursing occupations in which fewer than 10 graduates are engaged; the scope of these is impressive.

Eleven in Group B and 18 in Group C are students.

A very few in each of these two groups are engaged in occupations outside of nursing. One individual in Group C states she is "job hunting".

A full tabulation is on file in the Alumnae Office and may be seen by anyone who wishes to do so.

TABULATED SUMMARY OF RESPONSES ON DUES RETURNS

On dues statement for 1979, there is a space to indicate "Kind of Nursing and Where Employed."

To summarize these responses, they were divided into 3 groups by graduation date; before 1940, 1940-1959, and 1960-1978, and each group is summarized separately.

There were a total of 1151 cards tabulated, of which 355 graduated before 1940, 446 between 1940-1959, and 350 between 1960-1978. It should be stated that these occu-

pations are listed exactly as the respondents gave them.

Before 1940	Number
Retired or inactive	233
No response	62
Office nursing	8
Private Duty	8
Administration (Total 8)	
Hospital	6
Nursing Home	1
Head Nurse	1
Volunteer	5

Red Cross Blood Program	4	Staff (Total 96)	
Industrial-Occupational Health	3	Medical/Surgical	34
Public Health	3	Nursing Home	16
School Nurse	3	Employee or Student Health	9
Staff (Total 6)		Nursery	6
O.R.	3	O.R.	6
M/S	2	Infection Control	4
Geriatric	1	Emergency Room	4
Education (Total 3)		I.C.U.	3
Diploma	2	Psychiatric	3
College	1	Plasma Center	2
Admissions Office	2	Obs./Gyn.	2
Cancer Registry	1	Orthopedics	1
Staff Clinic	1	Ambulatory Care	1
Rehabilitation	1	EENT	1
Cattle Breeder	1	O.P.D.	1
Editor	1	Geriatrics	1
Author	1	Burn	1
Geneologist	1	Labor & Delivery	1
1940-1959	Number	Office Nursing	20
Retired or inactive	70	Nurse Practitioner	10
No response	65	Occupational Health	7
School Nurse	23	Volunteer	6
Public Health	23	Education (Total 23)	
Nursing Administration (Total 49)		College	9
Hospital	29	Practical Nurse Program	3
Nursing Home	11	Diploma	3
Head Nurse	7	A.D.	1
Other	2	Other (Or not specified)	7

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Student	11	Inactive	29
Anesthesia	6	Student	18
Private Duty	6	Community Health	9
Rehabilitation	3	Administration (Total 17)	
Consultant	4	Head Nurse	8
Utilization Review	2	Assistant Head Nurse	2
Staff Development	2	Hospital	6
Military Service	2	Nursing Home	1
Blue Cross	2	Anesthesia	6
Red Cross	2	Private Duty	6
Politics	2	Office Nursing	5
Coordinator	2	Education (Total 11)	
Physician's Assistant	1	College	5
Patient Education	1	A.D.	2
Social Worker	1	Diploma	2
Non-nursing	1	Practical Nurse Program	1
National League for Nursing	1	Other	1
Author	1	School Nurse	4
School for Retarded	1	Nurse Practitioner (Total 6)	
Research	1	Adult	4
Business	1	Pediatric	2
Temporary Work Agency	1	Rehabilitation	4
Psychotherapist	1	I.V. Therapy	6
		Staff Development	4

1960-1978

	Number		
Staff (Total 151)		Dialysis	4
Medical/Surgical	48	Research	3
I.C.U. (All types)	43	Utilization Review	3
Emergency Room	8	Nurse Specialist	2
O.R.	8	Military Service	2
Pediatrics	13	Coordinator	2
Obs./Gyn.	7	Childbirth Education	2
Psychiatric	5	Family Planning	1
Nursing Home	4	Infection Control	1
Orthopedics	4	Mental Health Coordinator	1
Neurology	3	Industrial	1
Recovery Room	2	Health Education & Maternal/Child	1
Geriatrics	2	Continuing Education	1
Postpartum	1	Blood Bank	1
Burn	1	Helicopter Transport	1
Rehabilitation	1	Job Hunting	1
Ophthalmology	1	Nurse Midwife	1
Renal Transplant	1	Medox	1
No Response	41	Operates Baby-Sitting Service	1
		Nutritional Counseling	1



WANTED: Class News — Name, class year, address, educational items, employment positions, family reports, or inquiries about colleagues or MGH. Send to Alumnae Office, Bartlett Hall, 34 Blossom St., Boston, MA 02114.

News . . . of the Classes

1910

A note from the Dean of Teachers College, Columbia University, N.Y., brings word of the death of Professor Emeritus MARY E. CHAYER on January 7, 1979.

It reads: Professor Chayer, a graduate of Teachers College, served in the Division of Nursing Education, beginning as an Instructor in 1930, until her retirement in 1950. Prior to coming to TC, she had served with the Army Nurse Corps of the American Expeditionary Forces in France during World War I, and then as director of nursing services for various school systems and communities in the Midwest.

Her work at Teachers College was concerned with professional preparation and the setting of standards in public health and school nursing.

Professor Chayer passed away in the Rivercrest Long Term Care Facility, in Concord, Ma. She was 93 years old. Her survivors include two sisters, Mrs. Belle Keyes of Bradenton, Florida, and Mrs. Eva Gillette of Lakeport, California.

A memorial service was held in Concord on January 9.

1912

LILLA S. FARRIS, 90, died June 30, 1979 at a nursing home in Hallowell, Me., following a long illness. A native of Warren, Me., she attended North Yarmouth Academy and the Castine Normal School before entering MGH School of Nursing. She served as a district nurse in Boston and as an Army Nurse during World War I. At one time she was a head nurse, caring for Marie Dressler, a noted motion picture actress. (How many remember her?)

She is survived by a sister, Bernice Lynch of Augusta, Me., and two brothers, Donald and Arthur, both of Maine.

1914

JULIA MAE COCHRAN GILLEN, 93, died April 6, 1979, at the Orono Nursing Home, Bangor, Maine. A graduate of the Bangor Normal School in 1907, she taught at Bangor schools for about four years before entering MGH School of Nursing. By 1917, she was chief anesthetist at MGH and, later, at California hospitals.

She held many executive positions: assistant superintendent at Holyoke City Hospital; supervisor, EW, at Brooklyn Hospital, N.Y.; superintendent of outpatients, MGH; assistant superintendent, Bradley Memorial Hospital, Wisconsin; superintendent of Bellaire Hospital in Ohio; superintendent, St. Barnabas Hospital, Portland, Me.; supervisor, Phillips House, MGH; manager, Southern Oregon Clinic, Medford, Ore.

In 1934 she married Patrick Gillen and then worked for 17 years as an office nurse in Palo Alto, Calif., retiring in 1952. Following her husband's death, she returned to Bangor to live with a niece.

She is survived by numerous nieces and nephews.

1915

A daughter has notified us of the death of MAUDE WARD GLEASON of a heart attack on March 12, 1979, in Phoenix, Arizona. Daughter Dorothy writes of her mother's last days; her joy in gardening; her visits with her grandchildren; and that her father, William, plans to stay on in their home and to continue working.

The address given is 3452 W. Maryland Ave., Phoenix, Ariz.

1917

EVELYN KELLEY JONES, 85, died in the Falmouth Hospital in May, 1979. A graduate of Mount Holyoke College before entering MGH School of Nursing, she worked for four months in public health nursing with the Boston VNA before going to Falmouth to become the community's second P.H. nurse for the Falmouth Nursing Association.

However, before she assumed her duties there, she received two weeks of driving instructions and inherited a sheepskin-lined coat, from her predecessor, to protect her against the winter cold in the open car provided.

In 1922 she resigned to marry Maurice Jones, who became a successful poultry farmer. Their farm on Bourne's pond, named "Upalong" became one of the largest farms on Cape Cod.

She remained a member of the Falmouth Nursing Association, served on its professional advisory committee and as its treasurer.

She is survived by a brother, Royce, of Barnstead, N.H., and numerous nieces and nephews.

ALVIRA B. STEVENS of Willow Lodge, Tatmagouche, Nova Scotia (BOK IVO) writes that SARA A. METZLER died May 23, 1979, at Victoria General Hospital, Halifax, Nova Scotia. She notes that Sara served in France during World War I. Upon her return, she was an anesthetist, first at MGH and then at Eye and Ear Infirmary. After retirement, she made her home in Hansport, Nova Scotia.

Alvira reports that she has cataracts in both eyes and so cannot see clearly. She also writes to Evie Lawlor "now that Adele Corkum has retired, yours is probably the only familiar name at MGH."

1927

H. FRANCES CHAMBERS, 79, of Braintree, MA, died at Quincy City Hospital on June 15, 1979. A native of Dorchester, MA, Frances worked at MGH for most of her career. She is survived by two sisters, Louise of Braintree and Marjorie Collins of Fort Lauderdale, Fla.

1928

KAY CLARK ERNST of 93 Augusta Drive, Cummaquid Hgts., Yarmouth Port, MA 02675 writes: I looked in vain in the Quarterly Record Fall issue for a write-up of

In Memoriam

- 1910 Mary E. Chayer on January 7, 1979, in Concord, Massachusetts.
 - 1912 Lilla S. Farris on June 30, 1979, at Hallowell, Maine.
 - 1914 Julia Mae Cochran Gillen on April 6, 1979, at Bangor, Maine.
 - 1915 Maude Ward Gleason on March 12, 1979, at Phoenix, Arizona.
 - 1917 Evelyn Kelley Jones in May, 1979, at Falmouth, Massachusetts.
 - 1917 Sara A. Metzler on May 23, 1979, at Halifax, Nova Scotia, Canada.
 - 1927 H. Frances Chambers on June 15, 1979, in Quincy, Massachusetts.
 - 1931 Florence Dutton Elliott in September, 1977, in Winchester, Massachusetts.
 - 1946 Margaret D. Reid on July 21, 1979, at Hyannis, Massachusetts.
 - 1960 Linda Batchelder Davis on June 5, 1979, in Orlando, Florida.
 - 1962 Noel Willard Kane on April 17, 1979, in Peterborough, New Hampshire.
-

our 50th reunion last September at the Park Plaza. Maybe each one expected someone else would write. I would like to tell those who missed our cocktail party and dinner, they missed a wonderful, wonderful time and a great get-together.

Name tags helped us recognize each other, for, after 50 years, some of us have changed! Enthusiasm and chatter filled the room and many a happy memory was recalled of our student days.

Four classmates brought their daughters, also MGH nurses. Some travelled a great distance and, I'm sure, their trips were worthwhile.

We all owe our sincere thanks to Sy Perkins - for who, but Sy - could put such a happy affair together and get 25 "girls" back "home".

It took hours and hours of planning, making arrangements, finding addresses and a great deal of correspondence to make it an affair to be remembered. I returned home feeling 21 all over again. My personal thanks, Sy!

Love to all.

1931

Son Robert has notified the Alumnae Office that FLORENCE DUTTON ELLIOTT died in September, 1977, in Winchester, MA.

1936

MARJORIE GOLDTHWAIT RICHARDSON of 386 Riverway (Apt. 8), Boston, MA 02115 writes: Thanks to the efforts of LESLIE DeMANE CROFOOT, who did some sleuthing last summer while in Maine, we have an address for THELMA INGLES. It is 620 Carla Way, LaJolla, Calif. 92037. Thelma writes that she is feeling better now and loves her home in LaJolla.

1946

MARGARET D. REID, 54, died on July 21, 1979, at Cape Cod

Hospital. She is survived by a sister, Ethel Thomas of Chandler, Texas, and brothers, John of Tampa, Fla., and Walter of Los Angeles, Calif.

MARION DECKER MANES, class of 1951, visited Margaret just before her death. Marion wrote: "Fortunately I visited her on the Wednesday before she died and she was conscious and fairly alert. She wanted to say something, and finally did, with some difficulty. Her message was 'Love to those I love; Love to those who love me; Love to those who love the ones I love.'"

"About 40 minutes after I saw her again on Saturday, she died."

Request was made that memorials in her name be made to the Cancer Treatment Center, Cape Cod Hospital, Hyannis, MA.

1951

MARION DECKER MANES, who notified the office of the death of MARGARET D. REID, Class of 1946, also wrote, "My father's been in and out of the hospital for the past three weeks - spinal fracture in a fall, but is ambulatory with assistance. He's 80, though, so will require a live-in companion-housekeeper when he comes out of hospital. I hope to be able to keep him out of a nursing home."

1954

JANET MESERVE RATTRAY of 105 Magnolia Ave., Magnolia, MA 01930, writes that she would like her classmates and friends to know of the death of her mother, Mrs. Myron Meserve, on July 9, 1979, in Laconia, N.H. after a long illness.

1959

September Section

Patricia Friss Newnham
2107 N. Oak Lane
State College, PA

Hello all: A quick note from Oxford, England, where we have been living

since December. Bob has a sabbatical leave until June, 1979. He has been working at the Clarendon Laboratory and affiliated with Jesus College. The children have enjoyed school here and we've all had fun travelling. We plan a few weeks in Europe before returning home.

I did have Christmas mail from a few of you. JANE HARTWELL and MARY JANE NASSER ST. AMOUR say hello and want to see everyone at our 20th reunion. (Are we having one?) CAROL FRENCH PUBLISHER sent a picture of her beautiful family. One of the girls looks like Carol at the same age.

DIANE FLOYD BAKER also sent a photo and a nice letter. They are settling into their new town. ESTER CROSSMAN HALL and family both love their home in Maine. She is attending U. of Maine (State) part-time and working full-time as Assistant Director of Nurses at Freeport Nursing Home. Her children are 12 - 18 now. Her oldest, Chip, graduates from high school this June, 1979, and plans to go to U.S.M.

BUNNY FRANK KNAPP has returned to college at U. of Iowa to

work full-time for her Master's in Nursing Education. Her family had a week skiing in Colorado in January. They all hope to visit Kenya in June as John's sister is living there. Bunny's family is growing quickly - Linda 14, David 12, and Diane 9.

That's all the news I have. Please write. What are the reunion plans? I hope to see some of you when we are in Boston. Sorry I can't make the reunion date.

1960

LINDA BATCHELDER DAVIS, 42, of Orlando, Florida, formerly of Hudson, MA, died June 5, 1979, in a fire in the home of a private patient, we learn from a brief newsclipping.

The daughter of Hugh and Mary Batchelder of St. Petersburg, Fla., Linda also leaves two daughters, Stephanie, 14, and Catherine Mary-Lin, 10, a brother, Cary and a sister, Phoebe, both of California.

1961

Judith Robbins Packard
3 Agrahan Lane
Apra Heights
c/o P.O. San Francisco, Ca 96630

MGH CAPS

Madalene F. Calogiro
35-4 S. Meadow Village
Carver, MA 02330

3 CAPS FOR \$7.25

6 CAPS FOR \$12.50

Prices include postage for regular mail in the United States.

Please add \$1.00 for 1st Class Mail.

With each order, send your maiden name and year of graduation.

Haven't seen any news of our class in a long time. It's understandable - our kids are at an age when they demand a lot of our time and if you're also working or attending school, spare time is at a minimum.

Charlie and I are back on Guam after a 6½ year interim spent in Laurel, Md. We've also lived in Athens, Ga., San Diego, Ca., New London, Cn., Charleston, S.C. and Port Orchard, Wash. We hope to spend Charlie's last tour of duty in Washington State, as that is where we plan to live when his 20 years in the Navy are up. I've loved the military life but the thought of a permanent home is appealing.

I have not worked since leaving WSAC in March, 1963, but plan to attempt "re-entry" when we settle in Washington, which hopefully will be in the Fall of 1980.

Our sons are Keith, 15, Scott, 12, and Craig, 10. They are all involved in various levels of Scouting and several different sports. This necessitates, at the very least, a lot of driving but much more active participation on the parts of Charlie and myself.

Charlie and I returned last week from an 18-day tour of the Peoples Republic of China. It was an interesting coincidence to find the Homecoming 1979 announcement waiting for me. I hope there is a large turnout and wish I could attend.

Would love to hear from you, classmates. If anyone would like a tropical Pacific holiday, come see us. At 13° N latitude, we have year-round summer, permanent tans and swimming everyday (also typhoons, high humidity and plenty of bugs!) Hafa Adai! (translation - Aloha)

1962

MARGARET OSZAJCA BRAUN
of 12 Glen Cove, Chesterfield,
Missouri 63017 has notified the

Alumnae Office of her change of address (*thank you*). "We moved from Denver to the St. Louis area in February when my husband received a promotion. Our children are now 9 and 6 years of age."

DOROTHY WILLIS COLEMAN
has been appointed Assistant Director of Nursing at Western Massachusetts Hospital in Westfield, MA, where she will be responsible for coordination of the School of Nursing and Nursing Services.

A native of Chappaqua, N.Y., she earned her baccalaureate degree in nursing from Hood College, Md. Formerly Director of Nursing at Oak Manor Nursing Home in Holyoke, she has also served on the faculty of the former Holyoke Hospital School of Nursing and as continuing care coordinator of the hospital. She has also been a Public Health Nurse with the Holyoke VNA.

She is currently a member of the Board of Directors of the Junior League of Holyoke and of Downey Side Homes, where she is also an incorporator. She and her husband are owners of the D&D Transport Trucking Company in South Hadley.

A brief notice brings word of the death of NOEL WILLARD KANE on April 17, 1979, at the Monadnock Community Hospital in Peterborough, New Hampshire.

1969

PATRICIA POSNICK COLEMAN
of 701 Avenue K, S. Houston, Texas 77587 writes that she and her husband have two children and that she is a Certified Clinical Perfusionist, working part-time at the Texas Heart Institute for Dr. Denton Cooley.

Pat used to live in Westfield, MA.

THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.
Bardett Hall

34 Blossom Street
Boston, Massachusetts 02114

Address Correction Requested

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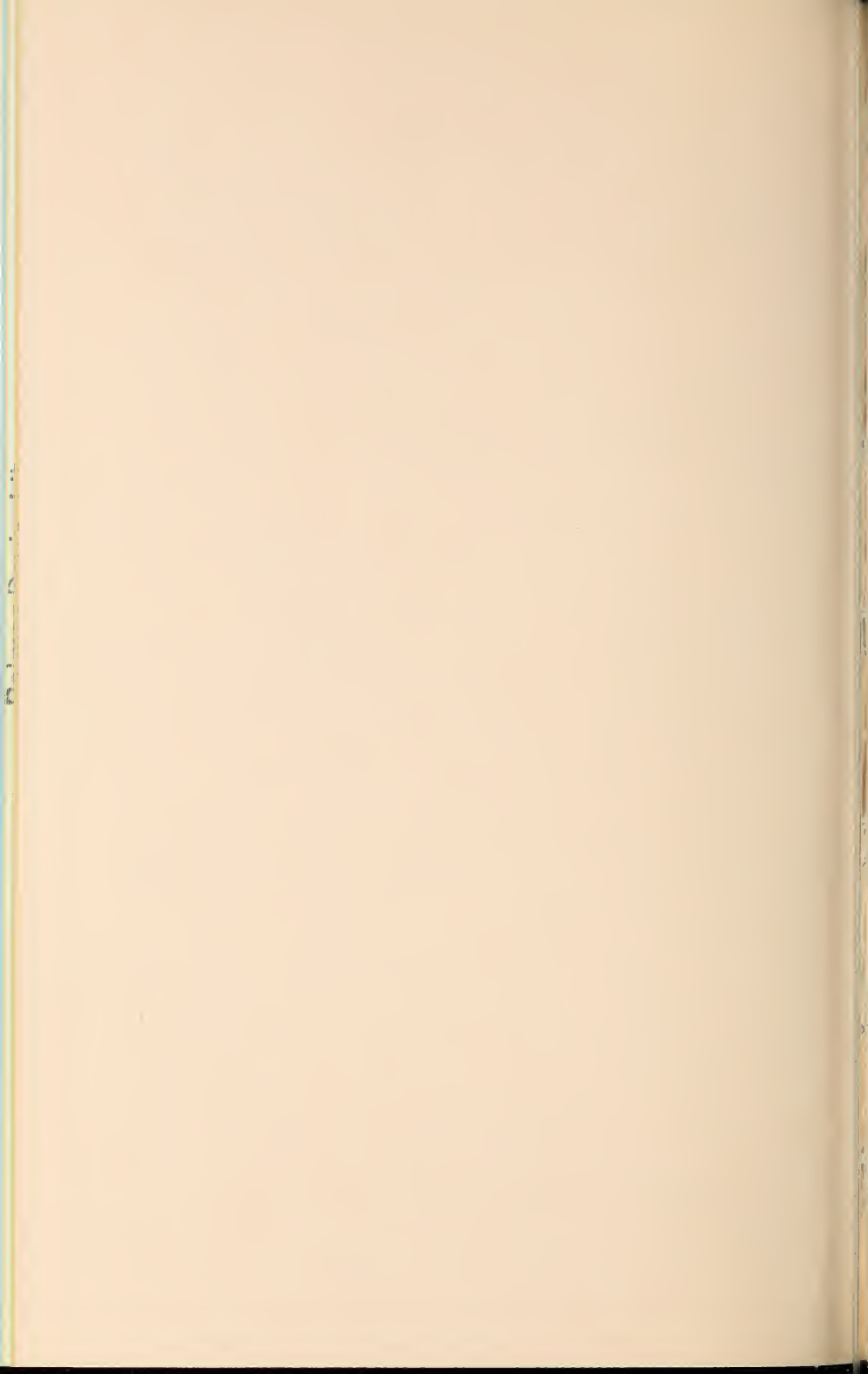
OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Fall, 1979

MASSACHUSETTS GENERAL HOSPITAL



THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

**MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION
OFFICERS FOR 1978 - 1979**

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(1947)

President Elect

MAUREEN McGRATH (1961)

Vice President

CATHERINE HARRINGTON BOYD
(1952)

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ANN CAHILL
(1945)

Recording Secretary

DOROTHY MAHONEY (1952)

Alumnae Secretary

EVELYN LYONS LAWLOR
(1936)

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ADELE CORKUM (1934)

MARY ANN DOLLEY KIERAN
(1965)

MARJORIE GOLDTHWAIT RICHARDSON
(1936)

CHAIRPERSONS OF STANDING COMMITTEES

Finance

RITA DOUGHERTY SIDMAN (1946)

Program

MARY FLANNERY CAIRA (1959)

Quarterly Record

JUDITH HARDING DOUGHERTY (1941)

Hospitality

MAUREEN McGRATH (1961)

Nominating

M. HONOR KEEGAN (1963)

Service

PEGGY COPE MASCHER (1966)

Annabella McCrae Loan Fund

CAROLYN THAYER (1962)

Sally Johnson Scholarship Fund

MARLENE NORTON (1961)

ELECTED ALUMNAE REPRESENTATIVES TO THE NURSING ADVISORY COUNCIL

BELINDA BRIGGS ASANO (1963)

HELENA T. McDONOUGH (1966)

MARJORIE GOLDTHWAIT RICHARDSON (1936)

ALUMNAE REPRESENTATIVES TO THE TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 8:00 a.m. — 2:30 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o
Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston, Mass. 02114.

Sick Relief Application and Dues: MISS MIRIAM HUGGARD, Alumnae Office, Bartlett Hall,
34 Blossom St., Boston, Mass. 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General Information:

MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 34 Blossom St., Boston,
Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXIX	Fall, 1979	No. 3
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QUARTERLY COMMITTEE

Editor	Alice Yancey Conlon 83 Martland Ave., Brockton, Ma. 02401
Chairman	Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

To My Alumnae Friends:

My son and I wish to express our warmest thanks to the many of you who sent the thoughtful messages of condolence when my husband, Gus, died on November 1st. The cards, the letters, the beautiful flowers, the Spiritual Bouquets, and the donations to the Cardinal Cushing Scholarship Fund were greatly appreciated.

Gus was known to many of you because of his involvement with the Alumnae Association and the Hospital for the last twenty years. His help, whether it was assisting at sales, working with the books or simply stuffing envelopes, will be greatly missed.

It is never easy to lose someone you love, but the burden has been eased by the support you have given me. Thank you for your kindness.

Emelyn L. Lawlor

Alumnae Secretary

ANNUAL REPORT – MGH SCHOOL OF NURSING

1977-1978

Natalie Petzold
Director of the School of Nursing

Anticipating and planning for change prevailed during 1978, permeating virtually every facet of the School of Nursing Diploma Program and its resources. Although supporting the concept and need for a transition of the diploma program to the proposed degree granting model, faculty, support staff and students experienced increased uncertainty and stress heightened by the continuing indeterminate time table, the many questions still to be answered and rumors. The slow filling of the freshman class led to more immediate issues related to staffing needs. Simultaneously, uncertainties emanating from space planning and the prospects of relocation, while separate from the school program transition, nevertheless added to feelings of insecurity, and impending sense of loss and separation.

Various strategies were utilized to anticipate and address issues and concerns, to identify and prevent avoidable problems, to facilitate open, timely and accurate communications, to maintain perspective, and to direct energies toward productive, realistic, achievable goals.

Space needs were reassessed to ensure continued provision for facilities essential to the functions and services of the program; to anticipate relocation if Walcott House is razed; to articulate with planning for proposed programs; and to identify school occupied space which might be released for other purposes. During the "Storm of '78," beds were provided in Bartlett Hall for 154 persons, mainly residence desk staff

working double shifts and hospital personnel from many departments. The Storm offered a tangible rallying point for staff and students who contributed to the total hospital effort with loyalty and commitment.

Despite the conflict experience by many staff, both wishing to see through their commitment to the program yet realistically needing to engage in longer term career and graduate education planning, a relatively high degree of stability prevailed. Because of lower student enrollment, three fewer positions were filled for September 1978 through normal turnover but the same overall faculty-student ratio was maintained. Though two other vacancies meant additional workload for some, this was preferred by those involved compared to prospects of orienting new staff for short-term duration.

The September 1978 entering freshman class of 102 students was 28 less than the maximum for whom spaces were available, but the size happily exceeded our expectations. Recruitment was hampered by several factors: the decision to admit another class being delayed until December 1977; the assumption made by many in the community that the diploma program had already been discontinued due to the announcement of the hospital having received degree-granting authority; a virtual no-growth rate in admissions to all types of professional nursing education programs in the United States; and three severe storms which necessitated canceling three Open Houses planned for prospective applicants.

Invitations for the school to participate in 18 college career days in September, when concentrated recruitment must begin, had to be declined for lack of a decision to admit another class.

The mix of the student body continued to be similar to that of the last several years. The entering class ranged in age from 17 to 34 years, included 95 women and 6 men, and represented 15 states and Puerto Rico. Less than one third entered directly from secondary school. The remainder had previously completed from one to four years of college; one had earned an M.A. degree. Four foreign nurse graduates enrolled in the Maternal-Child or Mental Health Nursing courses to make up prerequisite for the licensing examinations.

Activities concerned with career and educational counseling increased as more students seek assistance in formulating and planning for future professional goals, and recognizing the variety and instability of credentialing mechanisms both in nursing education and employment.

HIGH LEVEL OF COMPETENCE

Follow-up studies of our recent graduates continue to indicate their good level of competence according to employer ratings, and the ready absorption of the graduates into the supply of employed registered nurses, reflecting also the low unemployment rate in the United States (2%) of newly licensed nurses wishing to work. Vigorous, competitive recruitment by potential employers continued to escalate, offering abundant opportunities to those who can be flexible in geographic and time commitments. Responses from recent graduates generally indicated their belief that the program had prepared them well for their posi-

tions, but increasing numbers express the wish that academic credits might have been earned for greater educational and career mobility.

Tuition, fees and room charges, not including meals, increased in September 1978 to approximately \$2,600.00 annually, an average increase of \$190.00. Of the total student enrollment, 43% received financial assistance, representing six more students than the previous year. Award of public or private funds made through the Student Financial Aid Office, or under various Federal and State direct entitlement programs, totaled \$302,274.00, approximately \$22,000.00 greater than in 1977. In addition, \$24,026.00 in Veterans educational benefits was received by eligible students. The thoughtfulness and generosity of numerous alumnae and others who contribute to student financial assistance funds of the school is appreciated. Three new gifts this year established the Mary Hammond Taylor Scholarship, the K. Barbara Dormin Memorial Award, and the special fund for the MGH Nurses' Training, Education and Leadership.

In addition to addressing issues and ensuring compliance with myriad external regulations, the faculty continued assiduously to evaluate, develop and maintain the quality of its programs and services. Examples, too numerous and detailed to include here, abound in the annual reports of the functional areas within the school, documenting accomplishments, goals attained, goals still to be achieved, and recommendations for the future.

Members of the faculty continued to participate as well in planning for the proposed degree programs of the Education Division. Dorothy Mahoney assumed additional responsibilities representing the nursing

program as a member of the acting faculty of the Education Division.

The support and understanding of members of the hospital administration and the help of many departments who contribute so much to our operation continues to be greatly appreciated. With respect and admiration for their fortitude, I extend special thanks to the dedicated faculty, support staff and students of the school.

NEWS NOTES

A teacher is a teacher is a . . . Ruth Jane Hopper, Class of 1924, was an experienced teacher - of all grades, including High School - before she decided to become a nurse at MGH School. Her baccalaureate degree is from Rippon College and her master's is from the University of Buffalo. So, since her graduation from MGH School of Nursing, she has continued her teaching career. But instead of in public schools, she has taught students of nursing; she has taught at three Universities and one College; she has taught pre-Med students; and at a Vocational School.

Now, as the result of a chance remark that she had taught at all educational levels except kindergarten, she is teaching children of four - five years of age in a kindergarten in Oshkosh, Wisconsin. An avowed WASP, as a classmate remarked at Homecoming, she is happily teaching youngsters in a Catholic Parochial School.

Although she negates the project as just "something I can brag about", she's doing it. Ruth Jane Hopper, who appears in the Homecoming photo titled "Special People", is 82 years of age. But I'll bet her students would never believe it.

Peg McGarry Becker of Mt. Vernon, Virginia 22121, Class of 1929, who wore a great badge at Homecoming 1979 reading "You have changed too", has carved out a new career for herself as a "Motivational, inspirational, humorous, after-dinner/luncheon keynote" speaker. She makes about 25 speeches a month. Presently she's also collaborating on a book of humor!

* * * * *

Grace Taylor McGaughey, Class of 1937, and husband, Mel, have gone to the Isle of Tongatapu where Mel, a retired Methodist minister, will teach Math and English at a church-provided school. Presently Gracie does not have a nursing assignment; but give her time; she'll find a way to get involved.

After taking a month to visit friends and relatives across the U.S., they plan to spend Christmas with two children in Hawaii and then fly off to Tonga. Their address there will be P.O. Box 57, Nuku'alofa, Tonga, South Pacific.

* * * * *

Wanted - Erna M. Kuhn of 41 Lyman Street, Easthampton, MA 01027, Class of 1914, is hoping someone can complete some verses written by Claire Dennison about MGH nursing.

She writes: I wonder if anyone has these verses. I have the remnant of one which runs:

I wanted the training, I got it;
I struggled and worked like a
slave.

Was it typhoid or TB, I fought it.
I hurled my youth into a grave.

I wanted the training, I got it;
Come out with an RN next fall.
But somehow life's not what I
thought it
And somehow an RN's not all.

* * * * *

There was more that followed but this is all I remember. Can anyone help?

* * * * *

The Alumnae Office has been notified that a former member of the nursing staff at MGH, Filomena diCicco, died at MGH on August 10, 1979. Some may have known Miss diCicco who was a graduate of Simmons School of Nursing. She was also a social worker for the state Children's Services Department, a director of the Crockett Mountain Rehabilitation Center, director of dermatology nursing at Tufts Medical School, and was the first public health nurse for the city of Melrose.

* * * * *

JOHN KNOWLES FELLOWSHIP FUND

The Rockefeller Foundation has awarded the Education Division of

the Massachusetts General Hospital a grant of \$500,000 to endow the John Knowles Fellowship Fund. The income from this fund will provide a minimum of 5 full scholarships per year for students in the programs of the Education Division. The Knowles Fellows will be selected in a national competition and will be for individuals with outstanding academic achievement and who exemplify the personal characteristics of Dr. Knowles.

In addition to the Knowles Fellowship Fund the Education Division has received a challenge grant of \$400,000 from the family of Dr. Knowles. To meet the challenge, the Division must raise \$500,000 from other sources. This will be matched to produce a fund of \$800,000 which will be used to endow the Provost's Chair, named in Dr. Knowles' memory.

DO YOU OWN A COPY?

If not, you are really missing a fascinating experience.

A CENTENNIAL REVIEW 1873 - 1973

The Massachusetts General Hospital School of Nursing

by

Sylvia Perkins

Send check for \$13.50 PPD, made out to H.G. Lee, Treasurer,
to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

HOMECOMING '79 NOTES

The setting, at the Boston Park Plaza (formerly The Statler), was again most comfortable. The mezzanine area is so spacious and private; the service so competent (the welcoming and free coffee was even served in cups and saucers instead of styrofoam cups); there was ample space for small gatherings of gabbers; the dinner was delicious. Again, the committee, chaired by Mary Flannery Caira, and Hospitality Chairman Maureen McGrath created a splendid day for all.

The timing was perfect. It was just previous to the Pope's arrival. So there was the opportunity to see the massive platform erected on the Charles Street side of Boston Common where the Pope celebrated Mass. Also, since parking was restricted, most parking lots were unattended in the area; so, free parking!

There were 277 alumnae members attending. Coming from Alaska to attend the celebration was Virginia Osborne Phillips, Class of 1945.

The business session, conducted by Alumnae President Peg Harrington Harrison, decided that "The Quarterly Record" will become a bi-annual publication, in view of rising costs of everything.

The program "Some Impressions of Mainland China" was stunning. Crowded into a redecorated, ceiling-mirrored, gilded room, the audience was enthralled and transported to an Oriental holiday. Homecoming '79 Guest Speakers were Mary E. MacDonald, Director, Department of Nursing, and Elizabeth M. Sheehy, Nurse Administrative Officer, Phillips House.

Each spoke about their experiences and showed slides of their separate visits to Mainland China. Mary delighted all with her vig-

nettes. For one, when she purchased the "official" drab dress of women (shown in photo), there were no dressing rooms for private try-on's. So, in public, she stripped down and, within minutes, was surrounded by hundreds of curious and possibly admiring viewers of both sexes. When she tried to buy what she called the "Mary-Jane" type of shoes worn by women, the salespeople were hysterical; no shoes are made in her size in China. She also showed a poster with her name written in Chinese characters and revealed, with some pride, that her name in Chinese means something like "The Gorgeous One".

Besides the stunning beauty of the ancient and modern buildings, the gardens and the artifacts, there were the sobering views of hospital visits. Elizabeth showed slides of horrendously burned children and adults, some with 90% body burns, and remarked on the extraordinary rate of living burn patients, while questioning the quality of life for such people, left with such deformities as useless stumps of hands.

But the narrations and the pictures of the Great Wall of China, the massive marble boat set in its private lake, the hotel accommodations, et al, served to excite the imagination and whet the appetite to see this recently re-opened tourist extravaganza.

For copies of any photo from Homecoming, 1979, order by designated number from Fay Foto Service, Inc., 201 South Street, Boston, MA. A 5" x 7" photo is \$3. An 8" x 10" photo is \$3.50. Also note Series 79R 2586 when ordering.

Following the tasty and conversation-filled dinner, the Alumnae Association paid honors to those attending from classes with years ending in a "4" or a "9", special anniversary celebrations. The two members of the Class of 1919 received long-stemmed red roses; each of the 25 from the Class of 1929 received a Bulfinch-decorated China cup; members of all the other "anniversary" classes received decorated carnations. To the beloved Ruth Sleeper, the Association presented a cup filled with small cymbidium orchids.

In turn, special classes presented monetary gifts to the Alumnae Association:

Those celebrating their 30th anniversary, the February Section of the Class of 1949, presented \$275 to the Sally Johnson Scholarship Fund.

An anonymous member of the Class of 1923 donated \$300 to the Sally Johnson Scholarship Fund.

And the 50th year anniversary Class of 1929 presented \$2,330 to the Alumnae Association to be utilized in whatever way was deemed fitting.

From the MGH Nurses Alumnae Association, our deepest gratitude for your generosity!

Before Alumnae members returned to visit MGH, Mary Macdonald made probably the most telling remark of the day. She said, "Before you return to the hospital, I should prepare you for a cultural shock. Walcott House has been razed and the Moseley Building is going to make room for the construction of a new Ambulatory Center. The Out-Patient Department still stands, but



Homecoming '79 Guest Speakers: Mary E. Macdonald, Director, Department of Nursing, and Elizabeth M. Sheehy, Nurse Administrative Officer, Phillips House. Each spoke about their experiences and showed slides of their separate visits to Mainland China. Mary wore the customary drab pants suit of the women; Elizabeth wore a "pao" which means a garment that is worn as a covering over another piece of clothing. She chose the red and gold because, as she said, it signified the new China to her. (Photo # 11)

its future is to be decided." A gentle moan spread through the group. And remarks were made by some that they did not want to see this change. However, one day we may all return eagerly to tour the new health service addition to "The General".

Informal tours were held for those who returned to visit. And the traditional tea was held in the Ruth Sleeper Hall to complete a splendid Homecoming '79.



Special People: Celebrating their 60th anniversary for the Class of 1919 were Mildred Brown Wheeler and Anna Worthen. From the Class of 1920 were Ruth Sleeper, former Director of Nursing Service at MGH, and Barbara Williams, a constant volunteer in the Alumnae Office. Gertrude Luff Phennney represented the Class of 1922. From the Class of 1924, celebrating their 55th anniversary were: Gertrude Reynolds Herman; Ruth Jane Hopper (see News Notes); Evadine Cady O'Connor and Madeleine M. Lusk. Sharing this illustrious company was Doris Willis Coleman of the Class of 1962. (Photo # 15)



Class of 1929. This great turn-out was in celebration of their 50th anniversary: Ann Wedell Campbell; Gene Roberts Leavitt; Gertrude Foster Ludden; Ruth Webb Brayton; Eunice Rose Watkins; Peg McGarry Becker who sported a huge tag declaring "YOU HAVE CHANGED TOO"; Vieno Johnson, Christine Moore Bimall; Mildred Blake Humphreys; Myrtle Miller and Audrey Merrow Beloff.

Also Florence L. Swanson; Louise Bennett Donahue; Alice Kroluk O'Connell; Ruth Hoyt Ranger; Eileen Gilmartin Ryan; Janette Wood Roop; Enes Zambon; Harriet Haworth Thibault; Dorothy Wilson; Jessie P. Halbert; Peggy Dean Smith; Claire St. Louis Drapeau; Priscilla Thompson Abrate; and Marion Verge. (Photos # 6 & 7)



Class of 1934. Enjoying their 45th anniversary were: Mary Camelio Dale; Ellie Halme Kolman; Helen Gillig Wenmill; Helen Mulkern Carney; Marie Giardina Nason; Adele L. Corkum, Past President of the Alumnae Association and constant participant in alumnae work; Margaret O'Niel McGrath; and Barbara Berry Leahy. (Photo # 12)



Homecoming '79 Head Table Guests: (seated from left) Mary Flannery Caira (1959), our inexhaustible Homecoming Chairman; Mary E. Macdonald (1942), Director of the Department of Nursing; Margaret Harrington Anderson (1947), President, Nurses' Alumnae Association; and (standing from left) Natalie Petzold, Director of the School of Nursing; and Elizabeth Doyle Sheehy (1953), Nurse Administrative Officer, Phillips House. (Photo # 9)



Class of 1939. At their 40th anniversary reunion from the February Section were: Jean Houghton Baker; Barbara E. Peterson; Ruth Haddon Turner; Mary Sweeney Beaulieu; and Velma Drolet Byrne. (Photo # 3)

From the September Section were: Phyllis Brissette Heslin; Lovisa Churchill Willard; Winona Behr Smith; Julia Boghosian; Clare Moran Hayes; Catharine Tracey Taylor; Ada DeInnocentis; Frances McDonnell Sciore; Yvonne Goethel Ciesluk, and Mary Gay Aubrey.

Also Honor Stanton Kron; Phyllis Prescott McGregor; Eunice White Doty; Grace Babcock Gatcomb; Barbara Yutronich Noonan; Mary McCarthy Wheeler; Phyllis Wilbar Hanson; Phyllis Young Wheeler; Elizabeth Light Kropoff; and Marcia Duoba. (Photo # 2)





Class of 1939. It has to happen sometime. After the photographer snaps the picture, it is discovered that a couple of classmates were in the powder room. But here they are, from the September Section: Dorothy Duffy Hargreaves, who made it to the Homecoming from Waltham; and Rosemary McCann MacIsaacs, who came all the way from Houston, Texas! (Photo # 8)



Class of 1944. To note their 35th anniversary, attending were Marie Rearick; Gertrude Kelly Butler; Almyra C. Gates; Marion Sullivan Daly; Louise Brown Claffey; and Ruth Hanson Ross. (Photo # 21)



Class of 1949: At their 30th anniversary were these '49-ers: (February Section) Betty Grant Bridges; Peggy Conners Bernier; Dot Curtis Flaherty; Kay Hrycay Howard; Podes Jacobs Hopkins; Shirley Gordon Keller; Dorothy Iwaniki; Barbie Richardson McCann; Emily Swierad Nicoll; Barbara Roser Manoni; Nancy Dimattia Sanella; and Clare Sowrya Sellon. (Photo # 17)

(September Section) Marie Pearce Joel; Ruth Stronach Henshaw; Irene Weisslinger Swan; Mary Libbey Morris; Dorothy Johnson McCann; Mary Hamilton Biggio; Jane Wragg Bergeron; and Pat Malloy Kenniff. (Photo # 16)





Class of 1954. Their 25th was celebrated by: (February Section) Christine Jones Reid; Rose Jingoian Ciampa; Hollis Steer Brown; Marge Ratchford Soper; Annie Ricci Polcari; Barbara Masse Connor; and Barbara Flynn Dwyer.

(September Section) Julia Wilson Stevens; Joan Wall Haghigh; Georgia Vandevzee Sebestyen; Mildred O'Toole Dahill; Rose Procopio Stout; Priscilla Tandy Steele; Marilyn Marnett Greehan; Valerie Szalkiewicz Grzybowski; Mary Alexander; Janet Denney Eason; Kathy Monahan Madden; Janet Meserve Ratray.

Also Mary Ann Curry Eason; June Hamilton Branagan; Barbara Mayer Brownlee; Elaine Green Powell; and Aileen Malone Faneuf. (Photos # 13 & 14)





Class of 1969. Celebrating their 10th anniversary were: Kathleen Ferguson Devaney; Mary Jane Gannon Gibson; Connie Michaelis Howell; Karen Kiley Jackson; Marilyn Wilks Nadeau; Carol Diggin; Mary McDermott Heckman; Faith Glover, Joanne Callahan Bengen; Dorianne Dunlop Grenon; Maureen Banigan Renaud; and Mary McMullen Glidden.

Also Kathryn J. Pazola; Ann Burrell Turbyne; Sandra Sudak; Carolyn Flannagin; Elizabeth Jane McCarthy; Joan Kerr; Roberta Winn Keene; Jane Benoit Kopriva; Laetitia Kokowicz Suda; Carolyn Bain Bunick; Donna Fortunato Gauthier; and Jeanne Sutherland Michael.

Also Annette Santerre McDonald; Pamela Thornton Plambeck; Christine Merski Niro; Jeanne Cona; Helen Maloney Pietchel; Toby Neipris Wilgoren; Jean LaLumiere Lambert; and Patricia Marra Bose. (Photos # 19 & 20)





Class of 1964. Although they had thought several others would be there, it was Elaine Taft Connolly and Constance Szymczak Favreau who returned for their class' 15th anniversary. (Photo # 18)

Class of 1959. It was the 20th anniversary for Mary Jane Nassar St. Amour; Margo Johnson Taylor; Eileen Blackman Williamson; Elisabeth Linden Concannon; and Mary Diguette Veilleux. However, although they all signed up, obviously I never got them in front of the photographer because there was no picture taken. I am so sorry . . . the editor.



Four sisters, all alumnae: Celeste Santerre (1974); Annette Santerre McDonald (1969) with son Daryl; Suzette Santerre Tanguay (1972) with daughter Carla; and Mary Santerre (1979). (Photo # 4)

News . . . of the Classes

1911

On November 19, 1979, ELLA MARGARET HALLBERG Le BLANC, 94, died at her home, 50 Narragansett St., Teaticket, MA.

A native of Somerville, MA, she was employed for many years as an industrial nurse with the Hood Rubber Company in Watertown. She moved to Teaticket 25 years ago.

She is survived by two sons, Frederic of Teaticket and Bruce of Sharon, MA, and two daughters, Mrs. Frances O'Connor of Charlotte, N.C., and Mrs. Constance McAlpine of South Korea.

1913

On August 18, 1979, SUSAN LENNOX MILLS BRIGGS, died in Lincoln, MA. Wife of the late Charles V. Briggs; they had a daughter, Mrs. H. McLure Johnson of Washington, D.C., and a son, Charles of Harvard, MA. She is survived also by nine grandchildren.

Memorial gifts may be sent to the MGH in her name.

1916

The headlines of the Agawam-West Springfield "Daily News" read "Freak Storm Blamed For Woman's Death". The woman was HELEN JUDD COLEMAN who, apparently during the snowstorm, crossed the road to her mailbox on College Highway, Southampton, and was struck by a truck. She died at Holyoke Hospital on October 10, 1979.

A native of Southampton, MA, she was the daughter of Senator Frederick and Katherine Judd. Following her graduation from MGH School of Nursing, she served as a Red Cross Nurse with the Army in Bordeaux, France from 1917 to 1919. Following her return, she served as a district nurse for the Easthampton School Department and also in Belchertown, MA.

Her husband, Sumner, died in 1961. Their son, Robert, of Southampton has four children.

Along with several newspaper clippings, the Alumnae Office received notice about this accident from LUELLA PEASE LAMBERT, Class of 1932, who wrote "She always looked forward to news in the Quarterly which I shared with her. I have lost a true and loving friend."

1920

MARIAN WOODBURY HALL, 83, died October 29, 1979, at the Lakewood Hospital, Lakewood, Ohio. A native of Sutton, MA, she was a graduate of Simmons College also and, for many years, was Director of Nursing at St. Luke's Hospital, Cleveland, Ohio. Her husband, Charles, died in 1970. She is survived by nephews and nieces.

1922

Dr. William H. Alexander, a former West Surgical doctor at MGH, and husband of INA K. SHERMAN ALEXANDER, died October 5, 1979.

1928

A newsclipping brings word of the death of KATHERINE PIDDOCK BRONSON on October 9, 1979, in the Good Samaritan Hospital, Phoenix, Arizona. A native of Saxtons River, Vermont, she was a medical secretary with the New York State Welfare Department before moving to Sun City, Arizona, in 1967. She is survived by a nephew.

Memorial contributions may be made to the Heart Fund or the Unity Church of Phoenix.

1929

50th Anniversary!

Twenty-five of us came from as far as California - PRISCILLA THOMPSON ABRATE - and Texas -

VIENO JOHNSON - to celebrate with us and to demonstrate that, in spite of the 50 years since graduation, 1929 "isn't over the hill yet".

At the luncheon, we joined hands and said a silent prayer of thanks for our many blessings and, also, a thought for those who were unable to make it and for those who had passed away.

There were 83 of us when we graduated. Seventeen have passed away. There are some of our members for whom we do not have addresses but of the 54 whom we were able to reach nearly 50% were able to be with us.

PEG MCGARRY BECKER had a suite at the Park Plaza where we were able to meet, reminisce and exchange current happenings.

We were all saddened, of course, to know that the School of Nursing, as we knew it, will be no more after the Class of 1981 graduates. However, we all hope that the Alumnae Association and The Quarterly will continue to function so that we can keep up with current events. To this end we agreed to make our gift of \$2330, and whatever is added to this, to the alumnae association to "use by the alumnae association to maintain it in accordance with the principles we have known," as stated by Vieno Johnson in making the presentation at the luncheon.

We all want to express our appreciation to Vieno, our class president, for keeping 1929 active and for sending out letters over the years to keep us in touch. We had a heart-warming day but we all regret that it went all too fast.

1931

A brief notice brings word of the death of DORIS I. WHITEHEAD of 71 Everett Street, Southbridge, MA, on August 9, 1979.

1933

GRACE SHATTUCK STEWARD has left her position as evening charge nurse at Sherrill House, Jamaica Plain, where she has served since 1972, to go to Saudi Arabia to be on the staff of the Jeddah Medical Center.

After MGH, Grace attended Simmons College for Public Health Nursing and then was involved in tuberculosis nursing at the Middlesex County Sanatorium.

1934

KATHERINE DRAKE HOWARD died August 6, 1979, at Guilford, Maine, following a long illness. A native of Guilford, she attended LaSalle Seminary and the University of Maine. Following graduation from MGH School of Nursing, she was married to George C. Howard, M.D.; they returned to Guilford in 1940.

She is survived by her husband; a son, George, of Brookline, N.H.; and two daughters, Letty Ann Race of Bath and Mary Jane Kimball of Monson, Maine.

Donations in her name may be sent to the Mayo Regional Tumor Clinic, Dover-Foxcroft, Maine.

1936

So many have enquired about EVE BORNER HARDY that I checked with her specially and am glad to report that she is at home and, while she has some residual disability from her CVA, is functioning well and her spirits are high. The best proof of her progress is that she recently filled out her Alumnae membership form and wrote her check herself!

CAROL COFFIN OFFENBACH is no longer a member of the Melrose School Committee, an office she held for 12 years. She and her hus-

In Memoriam

- 1911 Ella Hallberg LeBlanc on November 19, 1979, in Teaticket, Massachusetts.
1913 Susan Lennox Mills Briggs on August 18, 1979, at Lincoln, Massachusetts.
1916 Helen Judd Coleman on October 10, 1979, at Southampton, Massachusetts.
1918 Sally Craighill on May 25, 1979.
1920 Marian Woodbury Hall on October 29, 1979, at Lakewood, Ohio.
1921 Katharine Hawley Hsu on June 10, 1979.
1922 Filomena diCicco on August 10, 1979.
1923 Rita Elliott Lewis in October, 1979.
1928 Katherine Piddock Bronson on October 9, 1979, at Phoenix, Arizona.
1931 Doris I. Whitehead on August 9, 1979, at Southbridge, Massachusetts.
1934 Katherine Drake Howard on August 6, 1979, at Guildford, Maine.
1936 Bernice Kimball Mackay.
1969 Carolyn McCarthy Davit in October, 1979, in Rio de Janeiro, Brazil.
-

band successfully completed a ten week course in Real Estate and are now licensed. Carol writes that LORRAINE THAYER FERNANDEZ has also entered the field of real estate and is working out of Hyannis.

We have received word of the death of BERNICE KIMBALL MACKAY, but no details.

DOROTHY SMITH DIX is Director of Residential Services in the Methodist Retirement Home in Durham, N.C. In her work she is on call 24 hours a day and works long hours, but at present has no plans to retire. Dottie writes that LUCILLE LYONS TAYLOR had a heart attack this past year.

THELMA INGLES calls her present residence a "home" and speaks of limited mobility, but is not very specific about her status. Her address is Room 348, The White Sands of La Jolla, 7450 Olivetas Avenue, La Jolla, Calif. 92037.

Our sympathy goes to Evelyn Lyons Lawlor, whose husband died in November. Gus had retired last summer and he and Evie were enjoying his new status before he became ill.

1938

LUCY DENIO BYGRAVE of 54 North St., Bath, ME 04530, writes: A full year of retirement in Maine has been a joy. We made a few additions to our little house, making it easier to have guests! A sailboat, a Cape Dory Typhoon, has been our delight this summer. We took both Navigation and Sailing courses last winter and are intrepid sailors. We are both well and my new hip is no problem to one on the boat or elsewhere. Would love to see other news of 38'ers.

1943

MARY LoGUIDICE BUCKLEY of 25 Perry Avenue, Brockton, MA, Pediatric Nurse Practitioner with the School Department, received her B.A. degree from Emmanuel College, Boston, at the summer commencement this year.

While a Head Nurse with the School Department, Mary took courses at Northeastern University to become a Pediatric Nurse Practitioner. Then she started night school in 1974 to earn her degree at Emmanuel.

Her husband, Kenneth, and three adult children, all college educated,

attended the commencement exercises. The "Brockton Enterprise" newspaper story quotes Mary as saying, "I feel good about it. I thought I'd never finish. It was nice to see my family there."

As ever, such perseverance, deserves congratulatory admiration.

1944

News of ANN PENDLETON DENTON has been received indirectly, in a charming letter from her father who hopes to replace her MGH School pin which was stolen while she was residing in the Philippines in 1976.

Following her graduation, Ann served as a Cadet Nurse for six months with the Indian Service. Eventually she held positions as an Assistant Head Nurse, Head Nurse, Nursing Supervisor, and Assistant Director of Nursing Services, with licensure held in New York and Florida in addition to Massachusetts.

During her 30 years of marriage, Ann had four children while pursuing a B.S. at Fairleigh-Dickinson University, N.J., along with additional undergraduate credits and Master's credits. Her marriage was terminated two years ago.

Currently she is employed as the first female Inspector for the Holiday Inn management, which involves extensive travel in this country and abroad. So no firm address is given for her. But, surely, she may be reached through her father, Ralph W. Pendleton, 8 Anthony Dr., Rutland, MA 01543.

1949

February Section

Nancy Di Mattia Sannella
24 Billings Ave.
Medford, MA 02155

Homecoming Day 1979 was a happy time for 13 members of the

February Section of the 1949 class who were able to come together for the first time in many years.

BETTY GRANT BRIDGES, still residing in Oregon, came East on an extended vacation to spend some time with her friends as well as visit relatives in Halifax, N.S. and Ohio. She works as a clinician three days a week. Her oldest son is in the service in Germany; her married daughter lives in Hawaii as her husband is in the service. Betty hopes to visit her this coming year. She also has a daughter in the pre-nursing course at Oregon State. One daughter works and her youngest son is in High School.

DOT CURTIS FLAHERTY - one son married last year, she remains home with the rest of the family.

EMILY SWIERAD NICOLL is working as a school nurse, has one son working with a computer outfit and her younger son started college this fall.

DOT IWANICKI has been busy as a nurse coordinator at the Hartford Hospital.

BARB ROSER MANONI - just back from Europe, works twice a week in a convalescent home. She has two married sons and two grandchildren. Her two daughters are nurses - one at Houston Methodist and one at John Hopkins. One son is a graduate student at Rensselaer. She had a delightful visit with Barb McCann in Texas in the Spring.

BARB RICHARDSON McCANN had a garden wedding for her daughter this past summer. She is a busy hostess for her husband's many professional visitors.

PODEE JACOBS HOPKINS is thinking about returning to work but right now is enjoying the "free fifties" since her children have left the nest. One foster daughter is a senior in High School.

CLARE SOWYRA SELLON who has been working three evenings a week at the Eye & Ear, also has a grown family; a married son living in California, two sons working in electronics like their dad, and a daughter working for Cable T.V.

SHIRLEY GORDON KELLER with two sons married and two grandchildren, keeps busy with her Red Cross work, Womens Club, and her love for plants.

PEGGY CONNORS BERNIER is working evenings. She has two school age children and one in college.

CAY HRYCAY HOWARD can be found doing her full-time private duty with gusto. She has a son and a daughter married and two grandchildren. Her married daughter is a nurse and another daughter is in the nursing program at St. Anselm's.

Emily had letters from four other members of our class which she shared with us.

LOIS FROTHINGHAM FEENEY, living in Illinois, had hoped to come to Homecoming but had been kept busy preparing for her oldest son's

wedding. She is also a happy grandmother of two!

NANCY BROWN FOSTER has finally settled in the East after spending the last 20 years moving around the country. She has been working in Geriatrics since her four sons were out of grade school and has become an assistant to the Director of Nursing.

KIT WEARE PORTER, living in New Mexico with her teacher hubby, works as an anesthetist and Deacon in the Presbyterian Church. Her three daughters are all married to their H.S. sweethearts and she is a happy grandma.

BEA COMSTOCK PACQUIN, up in Caribou, Maine, is working in the hospital pharmacy with a grad from N.E. Baptist. After being a charge nurse on the surgical floor, she is enjoying the peace of the pharmacy.

SYLVIA ANDERSON BRIDGES was unable to come to Boston on this weekend because she is busy helping her husband in their new venture - a restaurant and motel in Vermont.

MGH CAPS

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3 CAPS FOR \$7.25

6 CAPS FOR \$12.50

Prices include postage for regular mail in the United States.
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With each order, send your maiden name and year of graduation.

It was a great delight for me to be with my friends for the first time since our 10th reunion! The years have flown by and although I missed many a Homecoming, my thoughts were always with the girls, hoping to one day have the chance to see them again. We chatted and showed pictures of our families and talked about getting together again. We were joined later by another member and her husband - MADELINE SMITH LUCE and Stu.

A little something about my family - my oldest son is 26 and my youngest daughter is 10. In between there is a son 25, married with a four-month old daughter; a son, 23, who will be getting married next October, and a daughter 20, in her third year at B.C. School of Nursing. I'm also hoping to return to part-time nursing in the near future.

1962

ALICE SULLIVAN ANDERSON of Star Rte. 2, Box 630, Yucca Valley, CA 92284, writes: I decided that if I wrote in, it might stimulate some of my classmates to do like-

wise. I was glad to see that 1962 did make the last news.

My husband and I are living in Johnson Valley, CA, a sparsely populated section of the high desert portion of the San Bernardino County. I'm working full-time as a Pediatric Nurse Practitioner and Public Health Nurse for the San Bernardino County Health Dept. I travel anywhere from 30 to 170 miles to cover clinics.

We just returned from a trip back to Boston. The changes at MGH are unbelievable. I'd have difficulty finding my way around.

1964

HELEN BOX FORD is now living in Belmont, California, just 20 miles south of San Francisco on the peninsula. They have two children - Austie, age 4, and Torrey, age 2½, so she is not active in nursing at this time.

1969

CAROLYN McCARTHY DAVIT, 30, died in October, 1979, leaving husband, Alexander, a resident vice president of City Bank, N.A. in Rio

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Size 6" x 6" with cork backing and hanger attached

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Send \$4.50 check or money order (and note your choice of tiles) payable to Roberta Rawson Stidham, 375 School Street, Pembroke, MA 02359.

Price includes tile, postage and handling.

de Janeiro, two sons, Alexander, age 7, and Jeremy, age 3, and a daughter, Cecilia, a month old.

A native of Salem, MA, she lived in Swampscott most of her life, then Greenwich, Conn., and two and a half years ago moved to Brazil.

During her nursing career, she worked at Cornell University Medical Center, NYC, and, after moving to Brazil, taught pre-natal care at St. Vincent's Hospital.

Funeral services and interment were in Lynn, Massachusetts.



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3 CAPS FOR \$6.50

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Prices include postage for regular mail in the United States.
Please add \$1.00 for Air Mail.

With each order, send your maiden name and year of graduation.

CLASS NEWS

SECTION AND YEAR OF GRADUATION

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THE QUARTERLY RECORD

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Nurses Alumnae Association, Inc.
Bartlett Hall

34 Blossom Street
Boston, Massachusetts 02114

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OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Winter, 1979

THE *Quarterly Record*

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring, Summer, Fall and Winter

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Treasurer

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(1945)

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MAUREEN McGRATH (1961)

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ELECTED ALUMNAE REPRESENTATIVES TO THE NURSING ADVISORY COUNCIL

BELINDA BRIGGS ASANO (1963)

ANNE LYONS TWOMEY (1931)

MARJORIE GOLDTHWAIT RICHARDSON (1936)

ALUMNAE REPRESENTATIVES TO THE TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 8:00 a.m. - 2:30 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114

Requests for Membership, Alumnae Dues, Changes of Address and General Information:

MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXIX

Winter, 1979

No. 4

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QUARTERLY COMMITTEE

Editor	Alice Yancey Conlon 83 Martland Ave., Brockton, Ma. 02401
Chairman	Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

Homecoming 1980

Saturday, September 27, 1980

Attendance limited to 300.

So make your Class Reunion plans early.

Watch your mail for complete information.

WINTER ISSUE, 1979

In case you didn't notice, this issue insists on completing the series for last year. Hereafter there will be a Spring-Summer and a Fall-Winter issue of the Quarterly Record, in the interest of conserving both materials and money.

The delay in this issue was in part due to lack of material. In the survey taken of members in regard to their wishes about the publication, it was clearly stated that feature articles were wanted. But, as you'll see in the contents, no feature articles were submitted; so we plagiarized from other sources.

Another delay factor was surgery (at MGH, of course) to the editor's right hand, which was in a cast for about six weeks. Also, finally, the editor loosened up and bought a typewriter to replace an irretrievable wreck of machinery.

So we're in business again and will get on with 1980 in the next issue.

HISTORY OF THE ALUMNAE ASSOCIATION of the BOSTON AND MASSACHUSETTS GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES

This booklet, printed in 1907, is part of the archives of the MGH Nurses Alumnae Association. It is interesting to note how those women, in an era of limited freedom for females, accomplished so much by sheer grit and tenacity and humor.

The minutes of the annual meetings will be published in this and subsequent issues of the Quarterly Record.

OFFICERS, 1906 TO 1908

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Miss Emma A. Anderson

First Vice-President

Mrs. H.L. Burrell

Second Vice-President

Miss Helen Finley

Secretary

Miss Agnes E. Aikman,
Boston Lying-in Hospital

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Miss Grace B. Beattie,
Brockton Hospital, Brockton

INTRODUCTION

It is well in every organization from time to time to take a survey of what is being done and what has already been accomplished.

It is now eleven years since the beginning of our Alumnae Association, and more than thirty since the Training School came into being under the name of the Boston Training School for Nurses. When permission was asked for the Nurses to work in the wards of the Massachusetts General Hospital, strange as it seems to us of the present day, it was not given without reluctance, and the

proviso, that the Nurses be withdrawn at any time should the authorities so order.

The graduates now number some six hundred, and the name of the school is known from Alaska to the tropics, and graduates of the Massachusetts General Hospital are to be found in Europe, Africa, and the Philippine Islands.

The ideal Alumnae Association would include in its membership all the graduates now living who would with one heart and mind delight in doing all in their power for the welfare and advancement of their Alma Mater.

I suppose no such ideal Association exists, but if not in numbers, at least in loyalty, to the old Hospital and Training School surely we may excel.

Let us hope that before our next Annual Meeting each and every member will make an effort to do at least something, however small, to show her interest in the School and Alumnae. If those who are too far away to be present at any meeting would write from time to time to the Secretary, telling of their work and surroundings, offering any suggestions their

experience would advise, or telling their difficulties, this would surely be a great help to us all.

With the hope that each may prove more interesting, and show more progress, we present our first Annual Report.

HISTORY OF THE ASSOCIATION

A mass meeting of the graduates of the Boston Training School for Nurses, attached to the Massachusetts General Hospital, convened at Hotel Thorndike, Boylston Street, Boston, Feb. 14, 1895, immediately upon the adjournment of the 2nd Annual Convention of the Superintendents of Training Schools for Nurses Society, which had been held there on the 13th and 14th.

The meeting was in a response to a call sent out by Miss M.E.P. Davis and Miss Sophia F. Palmer, who (knowing that steps were being taken to organize a National Association among the few schools which possessed alumnae societies at the next Annual Convention of the Superintendents of Nurses Society) felt that the Boston Training School, being one of the first to be established in the country, its graduates known and appreciated, not only for their excellent training, but for their executive ability and professional acumen as well, thought this the psychical moment, as it proved to be, to form such a society, and thus enable its members to take part in all initiative movements that made for progress or improvement.

Eighty-one (81) graduates responded to the call, and enrolled their names as charter members.

Miss M.E.P. Davis called the meeting to order, and proceeded with the business which would convert this temporary meeting into a permanent society.

On motion of Miss Anne A. Hintze, it received the name of the Alumnae Association of the Boston Training School for Nurses, Attached to the Massachusetts General Hospital.

Miss Maria B. Brown, Superintendent of the School, was elected President; Miss Alice O. Tippet, Vice-President; Miss Florence F. Rice, Secretary; and Mrs. Dita Kinney, Treasurer. These officers to constitute the Executive Committee.

Miss Blanch M. Thayer, Miss Lucy Webster, Miss Elizabeth McPhail, Mrs. Mary Bryant, and Caroline Cayford were appointed to special Committee to act with the Executive to draft a Constitution.

Misses Linda Richards and Anna C. Maxwell, former Superintendents of the School, were present, and expressed appreciation of the movement, and gave the members their sympathy and best wishes for success.

After a vote of thanks was extended to each of the following, — the Misses Davis and Palmer, Dr. E.H. Brigham, and the Proprietors of the Hotel Thorndike for their several acts of assistance and courtesy, — the meeting adjourned.

The second meeting was held in the "Thayer," March 14, 1895.

The President called for the draft of the Committee on Constitution. The Committee reported the work incomplete, and asked for an extension of time, which was granted, and the meeting adjourned.

The third meeting, a special meeting, was held at St. Andrew's Parish House, Chambers Street, May 28, 1895, to hear the report of the Committee on Constitution.

The report was read by the Secretary, and accepted with but few alterations.

A motion to retain the officers

who were elected at the initial meeting for the years 1895 and 1896 was carried, and the meeting adjourned.

The first annual meeting was held Oct. 29, 1895.

The business before the meeting, — the consideration of honorary members, the number of meetings during the year, and the election of a second vice-president.

It was voted that three meetings, including the annual, be held yearly, and that they should occur on the last Tuesday of October, February and June, the October meeting to be the annual.

Miss Blanch M. Thayer was elected second Vice-President.

A committee was appointed to draft a code of ethics as a professional standard for the members.

The first meeting for the year 1896 was held February 25th.

No quorum; no business.

Miss Scovil read a paper on "Clara Barton and the Red Cross Society."

Miss Plummer read a paper on "District Nursing."

The second meeting for 1896 was held in June. No quorum. No business. No papers.

The second annual meeting was held the last Tuesday in October, 1896.

The report of the Committee on Ethics was called for. It was voted to defer the report till after the National Alumnae Association reported its code.

Miss Stevenson's report from the National Alumnae Association was read.

In consequence of the Massachusetts General Hospital taking control of the Boston Training School for Nurses and changing the name, it

became necessary at this meeting to make a change in the name of the Association, which necessitated an amendment to the Constitution. A Committee of three were appointed to arrange for the necessary details.

Owing to a misunderstanding, the election of officers for the ensuing year was not completed before the meeting adjourned.

At the February, 1897, meeting, which was held in St. Andrew's Parish House, the completion of the election of officers took place, and were as follows: —

Miss Maria M. Brown, President.

Miss Esther Dart, First Vice-President.

Miss Blanch M. Thayer, Second Vice-President.

Miss Martha Parker, Secretary.

Miss Margaret W. Stevenson, Treasurer.

The Committee appointed to make the necessary amendments to the Constitution reported. Accepted with one omission.

Two Committees were appointed — one to consider a suitable badge, and the other to provide some kind of entertainment for the June meeting.

Copies of the amended Constitution were ordered printed and sent to each member.

At the June, 1897, meeting the Committee "on the badge" reported "nothing satisfactory accomplished."

The Committee on Entertainment seems not to have been alive to its opportunity; at least, in the way of refreshments, for when the *modest motion* to have "lemonade served" was put, it was lost.

A new Committee was elected to furnish entertainment for the October meeting.

The third annual meeting, Oct. 26, 1897, was held at Hotel Brunswick.

The report of the Committee on the Badge was discussed to its logical conclusion. Voted, to *have a pin* — regulating its size, design, coloring and price.

It was voted also that white be the color of the Association.

Miss Parker was elected delegate to the National Alumnae Association, to be held in April, 1899.

A meeting was held Feb. 22, 1898.

The discussion was on subjects that were to come up for settlement at the National Alumnae Association at its meeting in April, viz., the amendment of its Constitution in order to admit small general hospital alumnae, and the writing of a paper on the Duty and Opportunities of the National, State and Local Alumnae.

On the first subject, the instruction to the "delegate" was that this Association approved of admitting small school alumnae, with the following restrictions: They must give two whole years' training in a hospital; admission fee, two-thirds the full membership; their delegate to have all privileges except voting and holding office.

Miss L.L. Dock addressed the meeting on the "Nursing Settlement in New York."

A meeting was held June 28, 1898.

The report of the delegate from the N.A.A. Miss Dolliver, having been chosen to write the paper for the N.A.A., kindly permitted it to be read at this meeting.

Announcement of the death of one of the members (Miss Sarah McNamara) called for the usual Committee on Resolutions.

An invitation from Miss Ellis, to hold the fourth annual meeting at

Tewksbury, was accepted.

The question of volunteer nurses for the war in Cuba was discussed. A Nominating Committee and a Program Committee were appointed.

The fourth annual meeting, Oct. 25, 1898, was held at Tewksbury.

The buildings were inspected, Drs. Nichols and Ramsey and Miss Ellis accompanying the members.

In the management they saw much to admire and approve.

The election of officers resulted:—

Miss Blanch M. Thayer, President.

———, First Vice-President.

Miss Maria B. Brown, Second Vice-President.

Miss Annie Carlisle, Secretary.

Miss Margaret W. Stevenson,

Treasurer.

Dr. Nichols then addressed the meeting, after which he led the way to the dining-room, where a delightful repast was served.

At the February 28, 1899 meeting, the discussion of a sick relief fund was postponed till further information could be obtained.

Miss Alice O. Tippet was elected "delegate" to the National Alumnae Association meeting, with Miss Mary L. Keith as alternate.

The June meeting was held at the Quincy Hospital.

Report of the "delegate" was read. Miss Dolliver spoke about a course soon to be established at Columbia, in Teachers' College, to better prepare Superintendents of Hospitals and Training Schools for their duties.

The fifth annual meeting was held Oct. 21, 1899.

Miss Martha Parker read a paper on Wales, which she had visited the past summer. Miss Chase talked on life insurance.

It was voted to send notices to delinquent members, and if no response came to drop their names from the list.

At the February, 1900, meeting a report of a class in Parliamentary Law was made by Miss Dolliver.

Miss Tippet and Miss Plummer were elected delegates to the N.A.A.

The question of a magazine for Nurses was presented.

Army Bill discussed.

Miss Dolliver announced that the prospect of a post-graduate course in the Massachusetts General Hospital was assured to graduates.

Miss Rice moved amendments to the Constitution, and a Committee was appointed for that purpose.

Dr. Howard and Miss Dolliver kindly extended an invitation to the Society to hold their meetings in the "Thayer."

(To be continued)

COMMENCEMENT 1980

Eighty graduates received their diplomas on May 30th at the 105th commencement exercises of the MGH School of Nursing. At the ceremony, held in the John Hancock Hall in Boston, Ruth Sleeper, Director Emerita of the School, delivered the commencement address. Director of the School, Natalie Petzold, presented the awards and diplomas to the 72 women and eight men.

The class song, presented by the entire Class of 1980, was Joan Baez's "Forever Young." And that's the way it was at Commencement 1980 and Commencement 1908.



THE WAY IT WAS

Tune: Solomon Levi

We're from M.G.H., we are, and we
work from morn 'till night,
And everything we have to do we do
with all our might;
We've got the ginger, pep and fun,
and the other things combined,
And all the H.O.'s look to us, for
don't we always shine.
Here's to our probe days,
tra-la-la-la-la-la-la,
Here's to our senior days,
tra-la-la-la-la-lal

(Repeat first four lines)

Tune: Keep Your Head Down
Allemande

Put your skirts down a little more
Put your skirts down a little lower
Or Miss McCrae will come your way
With a yardstick, she's watching
Think of the classes you may miss
And you might get your dismiss.
Take out that tuck, or you'll be out
of luck
Put your skirts down, naughty nurse.

Put your cap up on your head
Put your cap up on your head
Or if you don't the T.S.O. will get
you they're watching
Unexpected some early morn in the
office you'll stand forlorn.
'Twon't ruin your beauty, you might
look worse
Put your cap up, naughty nurse.

WORCESTER COUNTY MGH CLUB

The Worcester County MGH Club met for the Spring meeting at the Franklin Manor in West Boylston.

Seventeen members were present plus an MGH'er from Taunton and three Boston College student nurses.

Although Esther Fessenden (1928) was unable to attend, she wrote she was recovering from her stroke in 1978 and still found walking very difficult.

Adelaide Dea (1918), at 85, could not join us but contributed her "historical fact" that her last week in training she specialised Miss Annabelle McCrae.

Muriel Settle Pollock (1942) distributed copies of a "Brief History of the Worcester MGH Club". Muriel had to contact charter members and from reminisces and a review of the minutes since 1951, she produced a splendid record of the Club.

The three student nurses - upcoming seniors at Boston College - Elizabeth Clancy, daughter of our Club president, and her classmates, Kathy Ranzini and Betsy Marr, gave us their impressions of MGH Today based on their recent experiences. Of special interest to them was the work pattern being tried on White 10 - a ten-hour day in a four-day week. One hilarious item was that MGH still uses metal bedpans rather than disposables. Phillip House impressed them with its beautiful entrance and hotel-like atmosphere.

We had a glimpse of what primary care is today and how the Cardex has expanded to give the total picture of nurse assessment and patient care plan. Most heartening of all their observations was their combined statement: "What we have been hearing in classes and reading in texts and journals is actually

practiced at MGH."

We extend invitations to all in the area to join us at our Fall meeting, again at the Franklin Manor on Wednesday, October 8, 1980.

President: Barbara Moran Clancy (1957), Common Street, Brookfield, MA 01506

Sec/Treas: Marie Rearick (1944)
Burbank Ave., Warren, MA 01083

HOMEcoming 1980

Saturday, September 27, 1980

Attendance limited to 300

So make your
Class Reunion plans early!

*Watch your mail for complete
information.*

Because of some conflict with the insurance laws of the Commonwealth, it was necessary to dissolve the Alumnae Sick Relief Fund. So the Fund was dissolved on April 30, 1980, and, under the direction of the Commonwealth of Massachusetts Insurance Division, the balance of the funds were divided and returned to current members of the MGH Nurses Alumnae Association.

JOHN HILTON KNOWLES

A February issue of the "Harvard Gazette" carried the following memorial to the former MGH Director. For those who knew him (and those who didn't), this tribute provides a charming insight of a rare and colorful and brilliant personality.

John Hilton Knowles was a unique person — accomplished, admired, controversial, complex. To characterize him evokes such words as humor, warmth, irreverent, outspoken, colorful. The public personality covered an underlying spirit, fearless to a fault, fighting for causes he believed in. Deeper yet was the humanitarian, family man and, ultimately, the caring physician. The intensity of his convictions generated the energy that fueled his professional contributions and public battles.

And colorful battles they were. Always the optimist, he felt that in this imperfect world even the most stubborn problems were worth the fight. When he took on the "established powers," he spared no rhetoric. When the members of the Great and General Court of Massachusetts wanted additional trimming of the Massachusetts General Hospital budget, John, then Hospital Director, chided the legislators, "Just wait. The day any of you is sick, you will be right down there to that old medical luxury liner, the MGH."

John Knowles was born in Chicago in 1926 and spent his formative years in St. Louis, Los Angeles, and Belmont, Massachusetts. He attended the Belmont Hill School and Harvard College. A three-letter man at Harvard, he devoted his main efforts to baseball, hockey, squash, and beating out piano duets with classmate Jack Lemmon in Scollay Square, then home of the famous Old Howard burlesque theatre. The Harvard Medical School Admissions Committee, in its customary wisdom, was unimpressed

by these extracurricular activities but was impressed by his grade point average. Thus, he matriculated at the Washington University School of Medicine in St. Louis.

At medical school his keen intelligence found a worthy challenge. Graduating at the top of his class, John returned to Boston in 1951 as an intern in Medicine at the Massachusetts General Hospital. Thus began what Mary MacDonald, Director of Nursing, called a "20-year love affair with the MGH."

As intern and resident, a skillful caring physician matured. His patients were devoted to him. Always a great competitor, he took as much pleasure in coming up with an obscure article on rounds as he did in sinking a 20-foot putt. He was an outstanding Chief Resident in Medicine. By 1959 he had become head of the Pulmonary Unit at the MGH, authored the textbook *Respiratory Physiology and Its Clinical Application*, and ably practiced the expected triad of patient care, teaching, and clinical investigation. He subsequently rose to the rank of Professor of Medicine.

In 1962, at the age of 35, he was named the youngest General Director in the 150-year history of the Massachusetts General Hospital. For the next 10 years he guided the affairs of the Hospital during an era of great technologic, societal, and financial change. The Hospital's physical plant expanded and was modernized. He reorganized its internal structure. Hospitals were expected to be responsive to the needs of the community,

so satellite clinics were established in Charlestown, Chelsea, and at the Logan Airport. Government regulations and reimbursement policies roused John to become a fighter for responsible political and economic change. Here he often spoke not only for the MGH, but for teaching hospitals elsewhere in this state and across the country. He asked all the difficult questions about health care delivery and costs. In so doing, he took on Blue Cross, City Hall, the Legislature, the Welfare Department, and the AMA.

He had a habit of fighting for what he believed in not only behind the conventional closed doors, but on the front pages of newspapers and in prime time TV. His outspoken criticism of sacred cows, and his TV knack of chatting with the viewers as though he were relaxing in their livingrooms made him a well-known household figure.

Some found him too outspoken. Others delighted in his humor, spirit, and personality and were devoted to him. No one who knew him was apathetic. He was so bold as to claim in 1967 that a day in the hospital would soon cost more than \$100. Although he supported the private practice of medicine, he also once remarked that surgeons were merchant princes who operated too often and made too much money. When criticized by the Massachusetts Medical Society, his retort was characteristic. "I won't diddle around with those jerks." With John, expletives were never deleted.

Although hospital administrators had generally been anonymous figures, John's colorful style and effectiveness influenced the image and role of hospital administrators and contributed to the trend toward young, dynamic, socially aware physician-directors rather than tradi-

tional managers. At the MGH he knew everyone. He was into everything. He gave the MGH a personality, for there was someone caring at the top. As a measure of the esteem in which he was held at the MGH, it took one whole day for the staff and employees each to shake his hand and bid him farewell when he left for the Rockefeller Foundation.

And then there was the on-again, off-again appointment as Assistant Secretary for Health in the Nixon administration. Some felt that the AMA objected to his appointment because his views were too liberal. More likely his rejection was because he was outspoken and seemed to them unpredictable, for John was first and foremost his own man. He called things as he saw them. In his usual optimistic fashion he even turned this disappointment into victory. He said, "Well, we all kept our sense of humor and everybody learned something from it. The second benefit came in not having to take that job. If I had to take it, I would have gone down in smoke because I wouldn't have stayed there more than three months. Then I wouldn't have had this opportunity with the Rockefeller Foundation."

John was an ardent champion of voluntarism, of the private sector, and of individual responsibility. His appointment as President of the Rockefeller Foundation in 1972 was a natural. At Rockefeller, John entered a world far removed from the blood and guts of the hospital. Even the workings of his new building were unfamiliar to him. He delighted in recounting his first day on the job. Eager to begin, he arrived early to find that the foundations do not keep physician's hours. Even the elevator operator was not there. He pushed the button to the 41st floor and missed his office on the

40th. He decided to walk down one flight, but once in the stairwell found all the re-entry doors locked. His first day began with an inauspicious 41-floor walk down — and he set off the building alarm to boot.

His area of caring now extended to the world. Beyond medicine he assumed leadership in projects such as the alleviation of poverty, population control, worldwide food production, resolution of international conflicts, human rights, universities, and the cultural arts — especially his love, music. He still maintained ties to Harvard as a member of the Board of Overseers of Harvard College and Chairman of the Overseers Committee to visit the Harvard Medical School.

He was a prolific writer, traveled widely, spoke everywhere. “Beats working” he used to say as he set off on yet another trip to another campus. A friend once asked, “What’s

it like to hand out \$45 million a year?” John reminded him of “the Old Howard Syndrome.” A seedy old man in a shabby coat billed as The Professor would shuffle onto the stage of this burlesque theatre and start playing “My Country ’Tis of Thee” on a little xylophone. Groans and hisses from the audience soon change to cheers and shouts of “go-go.” For behind him, where he could not see it happen, a tall beautiful girl comes on stage and slowly begins to take off one long glove, and then the other. A smile spreads over The Professor’s face — for he thinks it’s all for him. John ends by saying “Well, that’s become my act. Wherever I go people tell me what a wonderful, brilliant fellow I am. I can’t open my mouth without their cheering but it’s not me they are looking at; they are seeing those moneybags in back of me.”

DO YOU OWN A COPY?

If not, you are really missing a fascinating experience.

A CENTENNIAL REVIEW 1873 — 1973

The Massachusetts General Hospital School of Nursing

by
Sylvia Perkins

Send check for \$13.50 PPD, made out to H.G. Lee, Treasurer,
to Sylvia Perkins, One Rip Road, Hanover, New Hampshire 03755.

Those of us who knew John as a friend will remember mostly the warmth, the laughter, and the humor. As a close friend put it, "To John, humor was as important as health. He argued with it — he persuaded with it." He left a string of quotables. "Show me a good loser and I will show you a loser." "When someone says it isn't the money, it's the principle, you can bet it's the money." "Faint heart never slept with the cook." And of himself, "Modesty is, of course, my long suit."

Gatherings at the Knowles' home with his wife, Teedy, and his children, Muffin, Joe, Charlie, Jimmy, Laurie, and Bobby were joyful occasions. John would greet everyone with a bearhug, a laugh, and usually an oath. As the evening came to an end he would attack the piano in a rendition of some old song, or with his jazz combo.

John Hilton Knowles died of cancer at his hospital on March 6, 1979 at the age of 52. His last battle was a losing one, but he faced it with courage and style. Typically he left instructions for his own memorial service. It was to be a celebration of his life rather than a mourning of his death. Dean Robert Ebert summed it up when he said, "John Knowles' greatest contribution to medicine was in being John Knowles. He was an ornament to the profession and his indomitable spirit will be a source of inspiration to those who follow him."

George Baker, M.D.
Robert Ebert, M.D.
Mary Macdonald, R.N.
Mitchell Rabkin, M.D.
Charles Sanders, M.D.
Gerald Foster (*Chairman*)



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News . . . of the Classes

1918

EDITH STAPLES FIELDHOUSE, 84, died February 16, 1980, in Norway, Maine.

A native of Danvers, Mass., she attended Simmons College after graduating from MGH School of Nursing. In 1931, she was married to Ernest in Methuen, Mass.

She is survived by her husband of Sumner, Me., and two daughters, Mrs. Martha Jones of North Salem, N.H., and Mrs. Janet Heestand of Swampscott, Ma., and five grandchildren.

1919

A brief note from ELIZABETH O. R. BROWNE of 5885 Spring Garden Rd., (Suite 1018), Halifax, Nova Scotia, Canada, says: Dear Friends: It is a long time since I was at the MGH. One never forgets! I have precious letters from Miss McCrae, etc. I retired July 31, 1962 as Director of Junior Red Cross, for Nova Scotia after 38 years.

I see HARRIETT McCOLLUM sometimes.

1920

RACHEL C. COLBY, 85, formerly of Kensington, Connecticut, died April 5, 1980, at a Manchester, N.H. nursing home after a long illness. A native of New Boston, N.H., she was a graduate of the University of New Hampshire before entering MGH School of Nursing. She was also a graduate of Simmons College School of Public Health Nursing.

After serving as assistant director of the VNA in Washington, D.C., she became nursing director of the VNA of New Britain, Conn., from 1927 until her retirement in 1955.

Her community service was extensive: a member of the board of directors of the New Britain branch of the Connecticut Cancer Society, Tuberculosis Association, and Heart Association; was a member of the advisory committee of the New Britain Hospital School of Nursing; was chairman of the P.H. Nursing Section of the Conn. Nurses Association; and was one of the incorporators of the present Mental Hygiene Society of New Britain.

Interment was in New Boston, New Hampshire.

The death of MARJORIE CHAMBERS COLLINS on December 27, 1979, in Florida, was reported by her granddaughter, Mrs. Pamela Cross.

An undated news clipping brings word of the death of AGNES JACOBSON TAPPER, 85, at the Falmouth Hospital, Cape Cod.

A native of Lawrence, Massachusetts, she also attended Boston University and Simmons College after graduation from the MGH School of Nursing. In 1934, she was married to Oscar, who came from San Gabriel, California, and they made their home in Falmouth, where she was employed for many years. Her husband was employed at Otis Air Force base until 1960 when he went to work for the Falmouth National Bank until retirement.

In the 40's, they owned the sole remaining little salthouse in the area, the only survivor of the many eight-sided small buildings with accompanying small windmills. Sea water was pumped up from Vineyard Sound through wooden flumes to the

little houses where the water evaporated in the sun, leaving the salt behind.

She is survived by her husband (62 Locust St., Falmouth, Ma.); a sister, Hilda Pafford of Siders Pond Rd., Falmouth; a nephew; and a sister-in-law.

1923

MARY CLARK WHELTON (her granddaughter writes) of 489 Wolcott Hill Rd., Wethersfield, Ct. 06109, keeps very busy these days. She Garden clubs, Bonsai, Horticulture judge, and her first great grandson, now 8 months old. She constantly refers to the "MGH way" for so many things. Her nursing experience included Head Nurse on Center 10 at Hartford Hospital for 6 years and then private duty until four years ago when she retired actively from nursing.

1924

In response to a letter from MADELEINE LUSK about contributions for the 1980 Annual Fund Drive, MARION BEERNHAM SEGEE (P.O. Box 11, Centerbrook, Ct. 06409) writes: Sunday, May 18th, I was invited to come down to Boston with the Sphinx Temple Shrine Band from Hartford with Ken. He plays the clarinet and sax. At this time we had the opportunity to visit the Burn Hospital. I am sure if I had the time to visit the MGH, I surely would have been lost.

ESTHER ROBINSON JOHNSON and I manage to have a few days visit every year and catch up on all our news.

In 1975, June, I retired from active duty and Ken in 1977. His music plays a large part in our lives now.

The death of MARION GILE

KANT on May 9, 1980, in Melrose, MA was reported by RUTH WHEELER who wrote: I talked with her son who said Marion had a "heart attack" and died in three weeks. We were very good friends ever since training days. I haven't seen her too much lately because we both haven't been too well. We talked many times over the phone. I shall miss our calls.

Mrs. Kant is survived by a son, Alexander, of Melrose, and a sister, Elizabeth Parker of New York.

1925

BARBARA C. CARPENTER died on May 15, 1980, in a West Hartford Nursing Home. A native of East Douglas, MA, she earned her B.S. degree from the University of Michigan and her M.A. from Trinity College in Hartford, after leaving MGH.

During the 53 years she lived in the Hartford area, she held supervisory positions in Waterbury Hospital and was a public health nurse supervisor and assistant director of the VNA of Hartford, until her retirement in 1968. She served as president of the Connecticut State Nurses Association, on the Board of the CSNA and was a member of the Greater Hartford Community Council.

She received a citation for her outstanding contributions in advancing nursing within the state, a portion of which read "One of her ancestors was Abraham Lincoln and some of her traits of compassion for those less fortunate, sincerity, steadfastness of purpose, as well as a quick sense of humor, can be traced back to the great emancipator." She also completed a book on the history of the VNA of Hartford.

She is survived by two brothers, Aldrick Carpenter of Worcester, MA, and Roswell of Daytona Beach,

Fla; and a sister, Mrs. Margia Davis of N.H.

GERTRUDE M. SCOTT, 83, retired from the State Department of Public Health, died December 13, 1979, at a nursing home in Abington, MA, after being ill for several months.

A native of New York City, she retired to Rockland, MA, in 1955 and is survived by several nieces and nephews.

Memorial donations may be made to the Visiting Nurse Association of Boston.

1926

ETHEL A. BROOKS, 75, retired director of the School of Nursing and Nursing Services at Hartford Hospital in Connecticut, died there on April 24, 1980, after a brief illness.

A longtime Boston resident, she continued her education, after MGH, at Smith College and Boston University. She was awarded a fellowship at Teacher's College, Columbia University, and received her master's degree from there shortly before being appointed director at Hartford Hospital. A past president of the Connecticut Nurses Association, she was also past treasurer of the American Journal of Nursing Company.

She is survived by a sister, Alice Mosness of Hartford, and a brother, Paul J. Brooks of Burlington. Interment was at Chestnut Hill Cemetery, Burlington, MA.

1930

A by-line column from "The Miami News" brings word of LINDA BURGESS WASHBURN. A glowing and loving tribute, it reviews her four years as an Army Nurse during WWII and noted that she did take care of Winston Churchill when, in secret, he was hospitalized in North Africa with a fever in 1943. It also

notes that she served on the staff at MGH; at the Doctors Hospital when it opened in Miami in 1949; also at Mercy Hospital, Cedars of Lebanon, Victoria, Baptist and South Miami Hospital, among others.

But the point of the article was a review of her current service when she is called to care for a dying patient. "And then 72-year-old Linda Washburn puts on a starched white cotton uniform (no polyesters for her), secures her Massachusetts General Hospital pin proudly to her collar and marches forth. As a private-duty nurse, she tends the dying as a labor of love and professionalism and devotion. And as a friend."

The article continues "To me, Linda Washburn, the nurse and the friend called in to minister to loved ones who are dying, personifies life and hope and strength and promise."

It also relates that Linda is off at 7 a.m. each morning to play tennis, despite arthritis which distorts her knees; takes care of her yard in Coconut Grove, Florida; who remembers "numerous people she has gathered to her through the years" with cards, cookies or some remembrance; and who is beloved by all the neighborhood children.

It closes with "Everyone should have one indefatigable, indomitable spirit to look up to . . . Someone like Linda Washburn."

1934

September Section

Lois Beech Hackett, Secretary
1990 Blue Bell Court
Cool, California 95614

I am now our class secretary and need news! Herein what little I have:

EVA (Dutchy) BELCHER
CHANDLER — Widowed twice. Now living in an apartment in Framingham, MA, an hour's drive from her

son and his family in Nashua, N.H. She retired four years ago after 20 years as a school and camp nurse.

HENDRIKA (Ricky) VANDER-SCHUUR — Retired and living in Dover, N.H. with her sister-in-law. Ricky has had several years of cardiac health problems and has been a recent patient at Phillips House. She sent me copies of articles from the Sept. MGH HOTLINE about all the innovations going on at MGH and I shed a tear over the demolition of Walcott House!

LINDSEY HAIL COX — Lindy and her husband, well-recovered from his cardiac by-pass surgery, are both back at their volunteer jobs at the City of Memphis (Tenn.) Hospital.

ELEANOR LEE AHERN — Widowed, and living near MILDRED KERZICH WATSON — also widowed, in upstate N.Y. LOIS COWELL ANDERSON — Widowed in 1979, living in Florida.

LOIS BEECH (Mrs. Joseph) HACKETT — Retired in 1976 after 22 years as office-nurse-anaesthetist for an Oral Surgeon. Joe retired in 1977 from electrical construction in the L.A. area, and after ten years living aboard our boat in Marina Del Rey, we moved to our new house in the foothills of the Rockies, half-way between Sacramento and Lake Tahoe. I am a rock-hound and mountain climber, a golfer, a genealogist, and a bridge player, all very amateurish, — and shocked at the changes in nursing and MGH!

Let's get a Round Robin going. Somebody write to me!

1936

MARJORIE GOLDTHWAIT RICHARDSON of 386 Riverway, Apt. 8, Boston, MA 02115 writes: In the last Quarterly, I reported having word of the death of BERNICE

KIMBALL MACKAY. I am happy to say that an error was made — Bernice is alive and well and living in Rye, N.H. where she and her husband have retired to a lovely spot close to the ocean. She was head nurse on the pediatric floor at Somerville Hospital for 15 years. They have two daughters and seven grandchildren whose ages range from one to 21 years.

A good result of this mistake was that we now have Bernice's address. She also sent addresses for DOROTHY EMERY CORNELL in Natick, MA, and GRACE FLYNN GARON in Laconia, N.H.

BARBARA GROFF HARVEY writes that she and her husband plan to drive from their home in Florida to the "Barbershoppers International Convention" in Salt Lake City in July. In April they had a visit from LOUISE (EDNA) EMERSON HOWE and husband who were cruising Florida waters in their sailboat.

I have just returned from two months travelling in Europe. It was a delightful experience but I am glad to be at home and back to my various activities. Last January and February I went back to my old job at the Deaconess Hospital to fill in for a faculty member who was ill.

1937

ETHEL McCULLOUGH SULLIVAN died on January 14, 1980 at Newton-Wellesley Hospital, Newton, Massachusetts. Her two sisters, both MGH School of Nursing alumna are SARA McCULLOUGH ZILG, Class of 1935, and DOROTHY McCULLOUGH BLACK, Class of 1944.

MURIEL "BUNNY" SIMPSON MacAFEE has sent notification of the death of Dr. C. Robert Reynolds, husband of AGNES "TODD" LANG REYNOLDS, on May 9, 1980. A

dentist in Holbrook, MA, for many years, he and "Todd" had made their home in Cedarville on Cape Cod for the past few years.

They have three children: Major Robert Reynolds, stationed in Germany; Ellen Sleboda of Montclair, N.J. and Peter Reynolds of Missoula City, Montana, and two granddaughters.

1940

MARY CARR MANSUETO (Mrs. Biagio S.), died January 28, 1980, at Roswell Park Memorial Hospital, Buffalo, after a long illness. Her home was at 23 Thomas Avenue, Batavia, New York, 14020. In addition to her husband, their son and daughter, John Frederick Mansueto of San Francisco and Mrs. Mark (Alice) Frederick of Kenmore, New York survive her.

1946

July Section

CAROLYN V. FURNESS of 1432 S. Lakeside, Lake Worth, FL 33460, writes:

There was a mini MGH reunion in Florida the same week-end as Homecoming 1979. JANET FRENCH GILSON and a friend flew to West Palm Beach from Long Beach, CA to spend a few days with "TURK" CAROLYN FURNESS and they all drove up to Maitland to see CLAIRE GODIN GROSS. Also MARY FLEMING MOORE came down to Maitland from Gainesville. Besides getting caught up on 25 or so years' happenings, the '46ers dined at a French restaurant and made a tour of Cypress Gardens in Winter Haven.

After the Florida sojourn, Jan and Marguerite proceeded to Wash-

In Memoriam

- 1918 Edith Staples Fieldhouse on February 16, 1980 in Norway, Maine.
- 1920 Rachel C. Colby on April 5, 1980, in Manchester, New Hampshire.
- 1920 Marjorie Chambers Collins on December 27, 1979, in Florida.
- 1920 Agnes Jacobson Tapper probably in February, 1980, in Falmouth, MA.
- 1922 Helen Thompson Adams in 1978.
- 1924 Marion Gile Kant on May 9, 1980, in Melrose, Massachusetts.
- 1925 Barbara S. Carpenter on May 15, 1980, in West Hartford, Connecticut.
- 1925 Gertrude M. Scott on December 13, 1979, in Abington, Massachusetts.
- 1926 Ethel A. Brooks on April 24, 1980, in Hartford, Connecticut.
- 1929 Dorothy Wilson on November 19, 1979, in Philadelphia, Pennsylvania.
- 1937 Ethel McCullough Sullivan on January 14, 1980, in Newton, MA.
- 1940 Mary Carr Mansueto on January 28, 1980, in Buffalo, New York.
- 1948 Les Bayeur Greeley on December 15, 1979, in Arlington, Massachusetts.
- 1960 Janice Lorraine Wood on February 24, 1980, in Beverly, Massachusetts.

CORRECTION: Bernice Kimball MacKay is alive and well. See 1936 news.

ington, D.C. to visit Jan's son, Mike, and wife and then on to Boston. They flew just in time to arrive during the October 10th snowstorm. While in Mass. they also saw GINNY RAYMOND SCHWARTZ and Skip and JEAN FINLAY ROGERS and Don in Northhampton, PHYLLIS WARD ROBINSON in Barre, and MARION DAVIS SOULE in Gilbertville. That is really covering the country in three weeks!

ANN PENDLETON DENTON is a July '46er (not the class reported in the last Quarterly Record). Her address with Holiday Inn is: Box 18838, Memphis, TN 38118. She has to report in at the Memphis office periodically during her hotel inspections in five or six states at a time which she covers. The assignments change ever four months. Last winter she was lucky enough to get assigned to Florida and visited "Turk" three times while in the Palm Beach County area.

This winter PHYLLIS EMERY DICKSON, former member of July '46 class, spent six weeks in Orlando closing up her mother's house so she could move into an apt. after 26 years in the same house. She also visited "Turk" at the mobile home at Briny Breezes in Boynton Beach and enjoyed the warm ocean swimming as well as a dip in the heated pool. She hated to return to the cold weather in R.I. after 80 degree temperatures in Southeast Florida.

1948

February Section

ELEANOR GAGAN NISSEN of 855 Turtle Beach Rd., N. Palm Beach, Florida, 33408, writes:

It is with real regret that I must tell you that LES BAYEUR GRE-ELEY died on December 15. Her husband Jim wrote to me a few weeks later. He told me how very much the

flowers from the class had meant to Les over the past few years. I did write to him and sent a Perpetual Mass Remembrance for Les from the class. Les was truly a beautiful person. Even in training, I always respected her for her dignity and integrity. She certainly suffered much in the last several years. She earned her heaven the hard way and I am glad she is at peace at last. Thank God, her husband and boys were so wonderful and stood by her all the way. His address, in case you may want to send a note is: James Greeley, 148 Westminster Avenue, Arlington, MA 02174.

I did hear from several at Christmas, so I shall pass along the news. Greetings from BETTY CHAPMAN ELLER, MURIEL LaROSE LAMIE, ANNA TOWHILL SMITH, CONNIE PALMER.

RENE NEIDOSPAL CURMI's son was married December 22. Her daughter, Terri, was here in Lost Tree Village this fall, but Rene didn't realize how close to me until she returned. Terri's boy friend is a lawyer who just moved to Palm Beach, so maybe I'll see some Curmis here in the future.

"WINKIE" ARLENE WINK McNAMARA and her husband were in Florida this year, but on the West Coast. Their older son, a captain in the Army, spent three weeks with them this summer along with his wife and two little girls, before being transferred to California. The younger son, still single is a captain in the Air Force. Winkie is still supervisor of a OBS-Pediatric floor. They are building a new wing, so that should add to her problems for a while.

PAULIE ROY WHEELER had two weddings this year. Karen in May in Los Angeles, Mark in September in Seattle. Kirk, still single, is in California and Eric is a freshman at

U.N.C. and is on the swim team there. Paulie and Fred stay busy with church and civic activities.

TIM ROBERTS COLBY still busy working. She and Ed went to Big Bend National Park on the Rio Grande in Texas this year. Took a side trip to Mexico and had planned a drive along the Gulf Coast until Hurricane Frederick changed their minds for them.

This seemed to be a year for weddings. LOIS BLOOMQUIST ERIKSEN also had one. Daughter Janet, who has been working for Jews for Jesus in San Francisco, married an Episcopal priest she met there. Karen received her B.S. from Northeastern and is working in the Special Care Nursery at Tufts Medical Center. Son David is a co-op student at Northeastern taking Electrical Engineering.

GINNY GOODWIN WALDNER's two girls are both working now, one living in Ohio and the other still at home.

Heard also from KAY COLLINS GALLAGHER. They had a family reunion this Christmas, including son and family from Grand Rapids. Her little grandchild, Mary Ann, is doing well. Mary Ann was born with a myelomeningocele and is coming along beautifully.

A beautiful card came from SALLY SHEA DOLAN from Ketchikan, Alaska, showing the view from her apartment. Daughter Roberta graduated in June and is in a Nurse Internship Program at Boston City, so mother took off. Sally drove 3,450 miles alone across the northern states (with a short stop for lunch with Rene) and after 26 hours of ferries from British Columbia landed in Ketchikan, which is built along 3 miles of waterfront and backs up to the mountains. From Sally's apartment she can watch sunrises and sunsets over water and mountains. Sounds beautiful. Now, Sally, if you could offer me all that beauty together with Florida temp-

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eratures, I might be tempted. Just now Sally is a relief night supervisor in a small general hospital. She found it quite a change after being away from acute-care nursing for so long. Her address is K. Sally Dolan, 320 Bawden, No. 714, Ketchikan, Alaska 99901.

The Nissens had a beautiful Christmas. All four were home from college. It was Chris's first trip from Texas since May, so it was something of a reunion.

Now, my very best wishes to you all. Do keep in touch.

1959

September Section

Patricia Friss Newnham

2107 N. Oak Lane

State College, PA 16801

Belated news from class of 1959! JANE HARTWELL writes that she enjoyed the reunion. She continues to work at Pondville but says the future of the hospital is uncertain. It may be sold or become a private facility. She enjoys frequent visits to Saratoga Springs, N.Y. to visit with her brother and family. In Spring 1979, she visited with JACKIE FLYNN in Texas. What is Jackie doing there? Let's have some news, Jackie! Jane is on the Board of Directors of the local community Health Agency.

CAROL PUBLICOVER's daughters are growing up quickly. Karen (#1) is in Germany for two years with the Army. Kerry (#2) was married summer '79 and Kim (#3) graduated from high school. Her fourth daughter, Cheryl went to Calif. and Mexico with the family in summer '79. Carol has been working three nights a week, mostly in orthopaedics, at the local hospital and also helps out in Jerry's office.

Had greetings from MARY JANE

NASSAR ST. AMOUR, but no news. I guess some of you saw her at Homecoming.

DIANE FLOYD BAKER is completing her Master's Degree in Social Science and thinking about applying for the doctoral program! Di's oldest daughter is attending Northfield School and enjoying it. Meri is in Jr. H.S. and Sue in 6th grade. Di works fulltime teaching Fundamental Nursing to LPN students and also teaches an undergraduate course at SUNY.

Some news from MARY FURBER RAYMOND: SHARON WALLS BIL-LINGHAM is working with Blue Cross - Blue Shield and sees Mary's daughter who works in the Record Rm. Al and Mary celebrated their 20th anniversary in Nov. '79 by going to Florida minus children. Mary's son Mark is a junior at Whittier Vo Tech and Danny is in Jr. H.S. Mary is still working for OB-GYN.

Our life in State College continues to be active. Randy is in 8th grade and Rosemary in 4th. I have gone back to school to take a class a term in Health Education, working toward permanent certification in school nursing. I'm still teaching Mother's Aide and Prenatal classes for the Red Cross. We have started a chapter of the American Diabetes Assoc. here and being president of the group keeps me busy. That's all the news for now. Please write and keep in touch.

1960

PRISCILLA WOOD RANDALL of Rt. 4, Baxley, Georgia 31513 of the Class of 1956, wrote the following sad news:

This is to notify you of the untimely death of my sister, JAN-ICE LORRAINE WOOD, of 19 Walker Road, Beverly, MA 01915, on February 24, 1980.

Janice died in her home as the result of a house fire in which she suffered asphyxiation. She had been Epidemiologist Nurse at the Jamaica Plain V.A. Hospital for more than ten years and was about to complete her studies for BSN in the very near future. We, her remaining family, cannot believe this tragic loss.

A fitting Memorial Service was conducted at the Boston V.A. Medical Center Chapel on March 6, 1980, in her honor.

1965

LINDA BOTTI KIRSCH of Donald Drive, Palo Alto, California, writes:

I will graduate from Santa Clara University with my Masters in Counseling. I work at Stanford Children's Hospital part-time, while going to school. Have one daughter, Dana, age 5, and hope to have another child soon.

KAREN BAKER SULLIVAN lives at 3 Verndale St., Milton, MA and has one son, Scott, age 5. She works part time at Beth Israel Hospital. She and MARY JO MANSFIELD ZINGARELLI will get together when I come to visit in August. Mary Jo lives in New Hampshire.

1971

Janice Garrity Allen
3541 Elmwood Place
Minnetonka, MN 55343

I heard from several classmates at Christmas so I thought I'd share the news. I am on a leave of absence from my job as Program Coordinator of an adolescent mental health unit to enjoy our son, Ryan Patrick, born in September. With the Navy Reserves and fulltime motherhood, I'm on the go.

I heard from DOTTIE O'TOOLE MASTRULLO who is busy and active with her two children, Brien

and Jeannie. CINDY HARTIG is head nurse on a medical-surgical unit in San Diego and loves the warm climate. PAT PALERMO SWASEY is living in the Florida area and on March 18 had a big baby boy, Johnathan, 9 lbs 2 oz!

Looking forward to our tenth reunion in 1981!

DEBORAH READING HICKS of 4636 Pine Village Drive, West Bloomfield, MI 48003 writes: We moved back from Paris, France, in 1978 and I recently started working at a local hospital doing primary nursing on a med-surg floor. It's great to be back in nursing after four years away from it. We have two daughters, Hagley 1½ yrs. and Whitney 5½ yrs.

Here's news about NANCY STEETS FOGARTY — last year moved to Ridgewood, N.J. from Calif. She and John have a daughter, Julie, and a son, Jake. Nance has not been working for three years. She lives close to MUFFIE SEATON KINON who lives in Wayne, N.J. Several years ago Muffie "retired" from ICU and Recovery Room nursing. She and Vic have a daughter, Jenny. Muff has taken up art and is active in the Audubon Society.

SANDY GEISLER BANYARD lives in Greenwich, Ct., has a daughter, Elizabeth, and, I believe, works part-time teaching LaMaze classes. PAT MIRENDA COGDAL lives in Vancouver, Canada, and continues to work full time.

LYNN COOK lives in Charlottesville, Va., and works in neonatology. We had the pleasure of a visit from her while in Paris.

Nancy, Sandy, Muff and I had a wonderful reunion in New Jersey last September when Carter and I were visiting in NYC.

Hope that the Next Quarterly

Record contains news from other classmates.

CHRISTINE WONG GLEASON lives in Los Angeles with her husband John and new son Michael. She is on a maternity leave, but keeps active jogging and is very handy with arts and crafts.

SANDRA BOTTI TOWNSEND lives in Los Altos, Calif. She and Chris get together to chat over old times. She is working on a dialysis unit part time. She has one son, Matthew, age 15 months. She got her B.S. in Nursing from the University of Sacramento. Address — 2041 Louise Lane, Los Altos, CA 94022.

MARY PAULA MURPHY FISHER has one son, Danny, age 20 months. She works in the emergency room at Carney Hospital, Dorchester. Her address — 76 Vesey Street, Brockton, MA 02401.

We'd like to hear about our classmates. Hope they drop a line.

1972

June Section

DOTTY PINETTE NARDELLA of 559 Beacon St., Pittsburgh, PA 15217, writes: Well, I've waited several years to hear some class news but to no avail! So I've decided it's time for me to write.

A lot has happened since 1972. I received my B.S.N. from the University of Pittsburgh in 1976. I'm presently finishing my Master's Degree in Nursing Administration (also at the University of Pittsburgh) and I'll graduate in April 1980.

My husband, Guy, is finishing his general surgery residency in July '80 and then he is doing a two-year residency in Plastic Surgery at the University of Pittsburgh. When he's finished his residency, we'll probably

move to Philadelphia.

LINDA VAN MARTER is graduating from the University of Pittsburgh School of Medicine in May '80 and, of course, she's going back to Boston! She'll be doing a pediatric internship at Boston Children's Hospital. She's excited about going back to Boston.

I'd really like to hear some class news. At any rate, I hope everyone is well and happy.

1976

DONNA HEROLD HEMMANN of 445 Fairfield Ave., Hartford, Ct. 06114 writes: My husband and I became proud parents of an 8 lb. 6 oz. baby boy, Mark, Jr., on Oct. 25, 1979, our first. My grandmother has been a big help to me, always pointing out the "MGH way". I've temporarily left Newington Children's Hospital, where I worked with adolescents. I'm returning per diem to keep active and up to date. Also I'm working on a Bachelor's degree in professional arts with a major in health care administration, through an external degree program.

I've misplaced my address book, so I would love to hear from classmates!

I hope I can make Homecoming this year and bring my grandmother too. She so enjoyed Homecoming 1978.





THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.

Bardett Hall

34 Blossom Street

Boston, Massachusetts 02114

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Spring/Summer 1980

THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring/Summer and Fall/Winter

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BELINDA BRIGGS ASANO (1963)

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MARJORIE GOLDTHWAIT RICHARDSON (1936)

ALUMNAE REPRESENTATIVES TO THE TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 8:00 a.m. - 2:30 p.m.

Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114

Requests for Membership, Alumnae Dues, Changes of Address and General Information:

MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXX

Spring/Summer 1980

No. 1

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QUARTERLY COMMITTEE

Editor Alice Yancey Conlon
83 Martland Ave., Brockton, Ma. 02401

Chairman. Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

Homecoming 1980

Will be highlighted in the ensuing Quarterly Record. Copies of the photos of the anniversary-celebrating classes will be available from fay foto service, inc., 201 South Street, Boston, MA 02111. Photos that are 5 x 7" are \$3 each; 8 x 10" are \$3.50 each.

In quantities of 10 or more copies from one negative, subtract 50¢ per print.

Identify that the photos are from the September 27, 1980 Homecoming of the MGH Nurses Alumnae Association and further identify the photo by the number published with it.

HISTORY OF THE ALUMNAE ASSOCIATION of the BOSTON AND MASSACHUSETTS GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES

(Continued, from a booklet, printed in 1907, to record meetings of the association from February 14, 1895.)

At the June, 1900, meeting Miss Keith made the report from the N.A.A.

Miss Dolliver reported on the revision of the Constitution. Three more were added to the Committee on Revision.

A discussion on a plan to benefit the school ended in a Committee being appointed to raise funds to help buy a piano.

At the sixth annual meeting, October 30, 1900, the Chairman of the Committee on the Revision of the Constitution asked for an extension of time, as the work was incomplete.

Miss Dolliver reported on the endowed bed. No action was taken. She also reported on the progress of the fund to purchase a piano.

Balloting for officers resulted in the election of:

Miss Mary L. Keith, President.

Miss Maria B. Brown, first Vice-President.

Miss Blanch M. Thayer, second Vice-President.

Miss Emma A. Anderson, Secretary.

Miss Margaret W. Stevenson, Treasurer.

On motion of Miss Parker, Misses Linda Richards, Jane Sangster and Anna C. Maxwell were made honorary members.

Miss Plummer read a paper on the necessity for, and development of, post-graduate work.

Voted. That an annual report be printed.

Voted. That the February meeting be made a special meeting for the consideration of the amended Constitution.

A Committee of two was appointed to arrange for the next meeting.

Dec. 31, 1900, a special meeting was held in the Thayer Library, to consider a course of instruction.

The subjects: "Sociology", "District and Hourly Nursing", "Foods", "The Kitchen", and "Laundry".

A Committee of three was appointed to arrange a course on sociology and invite other school alumnae to join.

The Monday Club of Malden having signified a desire to be instructed by a nurse in the care of the baby, three nurses present responded to the call.

The February, 1901, meeting having been voted a special meeting for the consideration of the amended Constitution. It was gone over section by section, and finally adopted with slight changes.

The new Constitution calling for eight meetings in the year, including the annual, a meeting was called March 28, 1901.

Resolutions on the death of Miss Greiner.

Report on the "piano fund".

Communication from the American Journal of Nursing, asking in whose name the share of stock should stand? whom they desired as Editor? and her salary?

Dr. Richard Cabot then addressed the meeting on the "recent scientific conclusions that had been made relative to the spread of various diseases by insects".

At the April 30, 1901 meeting, a letter was read asking for suggestions for papers to be prepared for the International Convention at Buffalo, which brought out the suggestions: "Prevailing Business Methods", "Sanitary Inspection", "Good Housekeeping", "Hospital Construction", Current Events", and "How to Read Aloud Without Fatigue".

The meeting was then addressed by Miss Beer, Superintendent of the "Instructive District Nursing Association".

The May meeting was held at the New England Baptist Hospital by invitation of the Superintendent, Miss Emma A. Anderson.

The Committee on Nomination of Delegates to the International Convention reported. When the ballots were counted, Misses Dolliver, Riley and Keith were declared elected with Miss Anderson as alternate.

The President being about to change her residence announced her resignation.

The seventh annual meeting took place Oct. 29, 1901.

Miss Stevenson in the chair.

The first business was to elect a temporary President to complete the unexpired term of Miss Keith, resigned. Miss M.E.P. Davis was elected and took the chair.

Miss Maria B. Brown's resignation as first Vice-President read.

A Committee nominated to fill the vacancy and report at the next meeting.

Miss Riley read the report on the International Convention.

At the November meeting "resolutions" of regret at Miss Keith's resignation were read.

Miss Brown's resignation accepted with regret. Miss Dolliver elected to fill the vacancy.

The calling of the roll, on account of its size, being quite a time consumer, it was moved to omit, lost. The motion to have it called quarterly also lost.

Resolutions on the death of Miss Ada Thayer were read by Miss Rice.

An interesting discussion on "Suggestions for Improvement of Training Schools for Nurses", by Dr. Richard Cabot, which appeared in the Guild of St. Barnabas Newsletter, followed.

Miss Dolliver reported she had in her possession \$128.00, collected for the piano fund. As the nurses had received a gift of a piano from Mrs. Cheney, it was voted that Miss Dolliver use the money for the benefit of the School.

At the December meeting the question of a course of instruction for the winter was discussed.

A course in Parliamentary Law and another on "Business Methods" were decided upon.

A Committee was appointed to purchase cups and saucers and spoons for the use of the Alumnae.

The meeting was then addressed by Miss Morris on the "Personality of the Nurse as a Factor in Her Success".

The meeting of January 28, 1902.

The Committee appointed to look after the course of instruction reported that Mr. Montague Chamberlain had been secured to give the

lessons on "Business Methods", and also reported progress on the course in Parliamentary Law.

The Boston City Hospital Alumnae and the Boston Nurses Club were invited to co-operate in the latter course.

The subject of Directories was put by for the present (as the time for the reading and discussion of the paper assigned for the day seemed short enough), "The Limitations of the Nurse's Duties in the Care of Male Patients".

At the February, 1902, meeting a letter was read from Miss Klonare, Athens, Greece, which was very interesting.

A Committee appointed to nominate delegates to the N.A.A.

Miss Sophia F. Palmer then addressed the meeting on "State Registration".

At the March meeting the Committee on Nomination reported. Misses M.E.P. Davis, Lillian H. Morris, Augusta C. Robertson, and Emma A. Anderson, with Miss Riley as alternate, were elected delegates to the National Convention.

The Subject of Directories was discussed, but no definite suggestions were offered as remedies for the existing systems.

At the April, 1902, meeting no new business was transacted.

At the May meeting a Committee on Nomination for the election of officers was appointed.

It having been found impossible to change the date of this meeting to a week earlier, Miss Anderson's invitation, to hold the meeting at the New England Baptist Hospital before she sailed for Europe, had to be declined. A letter was read ex-

pressing regret and extending the invitation for the following May.

Miss Morris reported the N.A.A. meeting.

The eighth annual meeting, October, 1902.

The Nominating Committee reported.

The result of the ballot:—

President—Miss M.E.P. Davis.

First Vice-President—Miss Pauline L. Dolliver.

Second Vice-President—Miss Lillian Morris.

Secretary—Miss Esther Dart.

Treasurer—Miss A.C. Robertson.

A Committee of three was appointed to provide instruction and entertainment the coming year, and report.

At the November meeting a committee of five was appointed to confer with other Alumnae Committees on the advisability of State Registration.

The meeting then had the pleasure of listening to some very excellent music and readings provided for the afternoon by the Entertainment Committee.

December, 1902.

The Committee on State Registration reported.

The Entertainment Committee reported.

Voted, To hold the next meeting in the evening; and in order to promote good fellowship among the members, a supper would be provided at a cost to the members of fifty cents, at the same time to present to the honorary members the Alumnae badge.

The January, 1903, meeting was held at the Nottingham.

Report of the Committee on Resolutions—the death of Miss W. Agnes Thompson.

The resignations of two of the Legislative Committee were read and accepted, and other two elected in their stead.

The meeting adjourned to the dining-hall, where a delightful dinner was served, after which the badges were presented.

Miss Richards and Mrs. E.L. Twombly were the guests of the evening.

At the February, 1903, meeting, the Committee on State Registration reported that, in co-operation with Committees of other Alumnaes, a mass meeting had been called for Thursday, February the 26th, in Faneuil Hall, at 2 p.m.

It was voted to appoint a Committee of three, to formulate a set of resolutions against the repeated attempts to regulate by law the hours of duty by pupils in a training school for nurses.

First Vice-President in the chair.

The President then read a paper on "Preliminary Instruction."

At the March, 1903, meeting, voted that the Executive consider some suitable way of celebrating the 30th anniversary of the founding of the school.

At the April, 1903, meeting the report of the Committee on Resolutions regarding the duty hours for pupil nurses accepted, and a copy ordered sent to the "Ways and Means Committee" at the State House.

The result of the ballot for delegates to the annual meeting of the N.A.A., to be held in Boston, was the Misses Aikman, Anderson, McCrea and Parsons.

An interesting paper on "State Registration," by Miss Dart, was then read by Miss Lea.

Miss Anderson repeated her invitation, to hold the next (May) meeting at the New England Baptist Hospital, which was accepted, and the meeting adjourned.

The May, 1903, meeting was held at the New England Baptist Hospital.

Voted, That the meeting favor the printing of the report of the N.A.A.'s meeting in the American Journal of Nursing.

A letter read from the President of the N.A.A. (Miss Riddle) in regard to the National Council of Peace.

A Committee appointed to consider plans for work and entertainment for the year beginning October, 1903.

A vote of thanks was tendered the several Committees throughout the year, and Miss Anderson for her kind hospitality.

The ninth annual meeting, October, 1903.

Fourteen new members were elected. Three resignations were accepted with regret.

The Committee on Entertainment reported, and accepted as follows: A dinner tendered to the "graduating class." Every alternate meeting to be in the evening, so that members who could not be present in the afternoon might be in the evening. One lecture on "Current Events."

November, 1903, the "30th Anniversary" of the founding of the school was celebrated.

A short business meeting was held, after which the members adjourned to the New Out-Patients' Building to receive the graduates and invited guests.

After addresses by Mrs. C.P. Curtis (one of the original board), Miss Richards, and Dr. Richard Cabot the company enjoyed an informal recep-

tion, with music and refreshments.

At the December, 1903, meeting five new members were elected.

The discussion was on the ownership of the American Journal of Nursing. It was the sense of this meeting that the stockholders be considered the owner.

The January, 1904, meeting called to order by the first Vice-President, Miss Dolliver.

Three new members elected.

No new business coming up, the meeting adjourned.

February meeting.

Two new members elected.

A letter was read from the Superintendent of Army Nurses relative to a reserved list of volunteer nurses in case of emergency.

After the business meeting an informal discussion on State Registration followed, Miss Mary L. Keith speaking on what had been done in New York State.

March, 1904, meeting held at Copley Square Hotel.

One new member elected.

The result of the ballot for delegates to the N.A.A., to be held in Philadelphia, was Dr. Hintze and Miss Dart, with Miss Pridham and Miss Reilly alternates.

The meeting adjourned to the dining-hall, and the "graduating class" were the guests of the evening.

April, 1904.

A note from the "graduating class," expressing pleasure and appreciation of the entertainment on March 29th.

Miss Anderson's invitation, to hold the meeting at the New England Baptist Hospital, accepted.

The question of a benefit fund discussed, and a Committee appointed to consider plans.

The question of a directory at the hospital for the graduates discussed.

A Committee on "condolence and resolutions" for the year.

After which Mrs. May Alden Ward addressed the meeting on "Current Events."

The May, 1904, meeting was held at the Baptist Hospital.

Report of the benefit fund read by Miss Shields. As it was incomplete, voted to retain the present Committee.

The delegate to the annual meeting of the N.A.A. reported.

The subject for discussion, "Special versus Central Directories," ended by appointing a Committee to look into the matter.

As usual, refreshments were served, and the company enjoyed the view as seen from the piazza of the hospital, and the hospitality of one who has come to our annual hostess—Miss Anderson.

The tenth annual meeting, October, 1904.

Seven new members were elected.

The "Benefit Fund" Committee reported. A motion to retain the Committee and add two new members carried.

The "Directory" Committee reported, and report laid on the table.

The Nominating Committee reported.

The result of the ballot:—

President—Miss Esther Dart.

First Vice-President—Miss M.E.P. Davis.

Second Vice-President—Mrs. H.L. Burrell.

Secretary—Miss Elizabeth M. Reid.

Treasurer—Miss Grace B. Beattie.

November, 1904, meeting.

Question of "Benefit Fund" came up, and, after discussion, was referred to the next meeting.

Question of Directories taken from the table. Two communications read. No action.

The Committee on Condolence and Resolutions reappointed.

An Entertainment Committee appointed by the chair.

The December, 1904, meeting.

No quorum of officers.

January, 1905, meeting.

Eleven new members elected.

The question of the Alumnae Report left in the hands of the Executive.

The Committee on Benefit Fund—the Misses Tippet, Davis, Shields, Morris and Beedle.

The Committee to arrange for the annual dinner appointed.

The February, 1905, meeting was held at Hotel Berkeley, after the annual dinner.

Four delegates to the N.A.A. meeting, in Washington, appointed. The Misses Tippet, Hollingsworth, Carlisle and Davis.

Twenty-five dollars was voted from the treasury to the "school fund," and each member present pledged a dollar or more to the same fund.

The March meeting.

Report of Committee on Benefit Fund carried over as unfinished business.

One new member elected.

Miss Reid's resignation as Secretary read and accepted. Miss Agnes E. Aikman was elected to fill the vacancy.

April meeting.

Two new members elected.

Question of a Benefit Fund was again brought up for discussion. Miss Tippet, Chairman of the Committee on the Relief Fund, read the proposed Constitution and By-Laws. The question was asked if all members knew about the proposed Benefit Fund. As there seemed to be some doubt about it, the Secretary was instructed to send a copy of the proposed Constitution to each member of the Association.

Miss Anderson again renewed her kind invitation by asking the May meeting to be held at the New England Baptist Hospital, which was accepted.

May meeting.

The May meeting was held at the New England Hospital.

Resignation of Miss Tippet as Chairman of the Relief Fund read and accepted. Miss Chandler was elected to fill the vacancy.

Reports read of the meetings held at the Convention in Washington.

Meeting adjourned, and members were taken through the nurses' new home, where refreshments were served and an enjoyable hour spent.

(To be continued)

THE WAY IT WAS

The Plaint of the Night Nurse

(With apologies to Robert Louis Stevenson)

Oh dear, oh dear, on nights again
Though I don't start till half past ten
In this spring weather, I must say,
I don't like going to bed by day.

When I get sound asleep at last
That noisy crowd comes rushing past
I wonder why the whole fourth floor
Must congregate outside my door
And does it not seem hard to you
When all the others work is through
And sleepily they're turning in
That my day's work should just begin

And when I must be up all night
Though supping late might seem a
treat

I get so tired of cold meat
And all night long I'm full of dread
Of that wild scramble just ahead
I think that my idea of heaven
Is not to rush 'twixt five and seven.
But when I know what e'er goes
wrong

A month is only just so long
The time will come when I can say
This is my own, my Change Day.

Tune: Blowing Bubbles

I'm forever giving hypos
Giving hypos day and night.
Call up the West
Gone to their rest.
Just hear them say
Now get this right
"Why don't you read your orders?
We write them now and then
If your patient is the least bit rest-
less
Every three hours, P.R.N."

Tune: Pack Up Your Troubles

This is Inspection Day, and once again
It's scrub, scrub, scrub,
Do an exploratory on the drain
Give the hypo set a rub.
When they phone and call it off
Don't you feel like a dub?
Still I suppose there's nothing else to
do
But scrub, scrub, scrub.

Tune: In Days of Old

Wild animals at M.G.H.
Are tame as they can be
They walk the sink, they climb the
walls
With bold impunity.
Our shoes they chew, the butter, too,
They even eat the soap
But twice a week the bug man comes
And sprinkles them with dope.

★★★★★

NEWS NOTES

PHYLLIS DELANO SKINNER
of 162 Grafton St., Brockton, MA
02401, has been appointed Staff
Development Director at Goddard
Memorial Hospital, Stoughton, MA,
to direct the hospital's comprehen-
sive in-service educational program
to help members of the nursing
staff keep abreast of the latest
developments in nursing.

She received her bachelor's degree
and master's degree, both in nursing,
from Boston University, after gradu-
ation from MGH School. She's
been a staff nurse at MGH, Director
of Nursing at Iowa Methodist Hos-
pital, Des Moines, and at Newington
Children's Hospital in Connecticut.
Most recently, she was a staff nurse
for CHARMSS Collaborative of
Stoughton, where she supervised the
medical and nursing aspects of care
for about 100 physically, mentally
or emotionally handicapped students
between the ages of four and 22
years.

★★★★★

Correction: When, as required by
state law, the Alumnae Sick Fund
had to be dissolved, the balance of
the funds was divided and returned
to current members of the Sick
Relief Association, not to members
of the Alumnae Association, as was
indicated in the last issue.

PROGRESS REPORT ON MGH EDUCATION DIVISION

Dorothy Mahoney

Quite a bit of time has elapsed since the last report to Alumnae on the developments in the new MGH Education Division and I'm sure everyone would appreciate an update. Things have been happening quickly in the past few months and no doubt other major developments will have taken place by the time this article reaches you. However, I am writing it in July, 1980 so as you read it keep in mind that it may already be a little outdated.

Dr. Julian Haynes was appointed Provost in September, 1979, and has been diligently pursuing the complex tasks involved in the start up of the various programs.

Alumnae who attended the 1978 Homecoming met Dr. Nancy Watts who was Acting Provost at that time. I'm sure all who had this opportunity will be pleased to know that she plans to remain with the Education Division as Director, Office of Education Services, Planning and Evaluation and she will also be part of the teaching faculty.

In November, 1979 Dr. Haynes attended an Alumnae Board meeting to become acquainted with the Officers, Directors and Committee Chairmen. At the same time he solicited input and shared with them some of the activities taking place in the Education Division. At that time I was designated to serve as the liaison person between the Alumnae Association and the Education Division.

I have been serving on the Acting Faculty of the Education Division since its formation in the Spring of 1978, so have had the opportunity to provide input and to follow the Division's progress on a regular basis.

The Acting Faculty includes a hospital representative from each of the disciplines that will offer programs in the Education Division.

During the past year the search for and the screening and selection of Program Directors has occupied a great deal of time for the Acting Faculty and the Education Division Staff. Qualified applicants have been recruited, carefully screened and interviewed. During the Spring of 1980 Dr. Mary Cary and Dr. Barbara Berkman were appointed as Directors of the Dietary and Social Work Programs, respectively. Although several candidates have been considered for the Director of the Physical Therapy program, at this time an appointment is still pending.

The Dietary, Social Work and Physical Therapy Programs are planning to begin in the Fall of 1980 and faculty screening and appointment has started.

Finding a Program Director for the Nursing Program has been somewhat of a challenge. Many applications have been reviewed and some applicants carefully screened and interviewed; however, at present no appointment has been made and recruitment efforts continue. Plans have been made for more interviews during the Summer of 1980. I'm sure you all agree that the great care being taken in selecting the individual for this position is time and energy well invested. As an alumna, I have been pleased that arrangements have been made for our Alumnae President and President Elect to meet the candidates that are being seriously considered.

The Board of Registration in Nursing in Massachusetts requires that the Director of a Nursing Program be appointed a year before acceptance of the first students. Thus, the Program startup will be delayed, probably until September, 1981. This is certainly understandable when one considers what a complex undertaking it is to plan a sound nursing program.

Other Education Division activities are ongoing. Fund raising continues to be a priority. One major source of funds for students has been a Scholarship Fund established in memory of Dr. John Knowles by the Rockefeller Foundation. There have also been some contributions made by and in memory of School of Nursing Alumnae.

Of particular interest is a Scholarship Fund which was established in the name of Elizabeth (Frieda Bullock) Fundus, Class of 1918, through a bequest of \$150,000. An endowment fund has also been established to maintain and expand the Palmer-Davis Nursing Collection which will become part of the Educational Division Library.

Since July, 1979, Bartlett Hall has no longer been used to house School of Nursing students. An amazing amount of reconstruction has been done. The first and second floors now house Treadwell Library and the fifth floor has been totally renovated to accommodate the Education Division. Those of you who lived in Bartlett Hall would be amazed to see the change. As the Diploma Program continues to phase out, some additional space in Bartlett Hall now being used by the Student Personnel Services and facilities in Ruth Sleeper Hall will be made available to the Education Division.

Dr. Haynes has continued to express interest in the preservation of our school records and a commitment to maintain a system that will allow graduates access to their records. He has also offered us a very appropriate place to display the portraits of former Directors of the School of Nursing.

Although progress seems slow, I assure you that it is taking place. My experience as an Acting Faculty member and my contact with those responsible for the implementation of the new Programs reinforce my conviction that "MGH" will continue the tradition of offering high quality Nursing Education and that the decision to change from a Diploma to a Master's Program in Nursing is both timely and appropriate.

In the interim, the Diploma Program continues to phase out. In September, 1980, the last class of approximately 70 students, will begin its senior year. Although it is a stressful time for many students, faculty and staff, all are looking forward to a successful year.

The Alumnae Board is beginning to consider planning for a special event for graduating students, faculty and Alumnae in May, 1981. Watch for more news about this. In the meantime, keep in mind that a smooth transition is possible and that through the years well-planned change has helped MGH achieve and maintain a great reputation.

Moving?
Please remember
to notify the
Alumnae office.

It is impossible to summarize a whole week of activities at the American Nurses Association Convention in Houston, Texas from June 8-13, 1980. However, we will describe some of the highlights and events.

After a good flight from Boston, we arrived in hot, humid Houston and were joined by over 5,000 other registrants at the Convention. Fewer nurses than expected attended, and there was much speculation about the reasons for this.

Shortly after checking into the elegant Hyatt Regency Hotel, we attended the Opening Night Ceremonies. The keynote speaker was Rhetaugh Dumas, Deputy Director of the National Institute of Mental Health. She focused on three major challenges ahead—improving the access and quality of health care for the underserved, controlling health care costs without sacrificing nursing's contribution, and shifting of emphasis from illness to prevention and health promotion.

There was a wide variety of educational programs offered. We attempted to choose programs representative of the many areas of nursing. The following is a summary of some of the more interesting ones we attended:

*"Nurses as Role Models
for Self Care"*

The group discussed stress, distress, and eustress, and the effects of these on health and life. Some of the stress-related diseases were also discussed and exercises in self-assessment were utilized. This self-care theme permeated many of the programs offered throughout the week.

*"Decade of Diversity-
Strategies for Nursing Education
in the Eighties"*

This session described models of flexibility in Baccalaureate Nursing Education. It focused on programs available for the diploma and A.D. graduates who wish to pursue a degree in nursing. The three programs discussed were: University of Texas, West Virginia University, and Metropolitan State College in Denver. It was encouraging to see that these programs recognize the value of the education that the R.N. already has acquired.

At the Annual Meeting of the Council of Nursing Administrators, an excellent film *"What You Are Is What You Were When"* was shown. This was an interesting and entertaining explanation of why people of different ages think and react as they do. This film is a must for everyone who needs some help in understanding the work values of employees of varying ages. Those who have teenaged children would also find it most enlightening.

In the Psychiatric Session, some of the topics focused on were:

Holistic Attitude

Research Deficit

Increased Outpatient Care (1955 - 75% were inpatient; 1975 - 75% were outpatient)

Elevated Endomorphin & Enkephalin levels in Schizophrenic & Manic patients

Accountability for Case Management of de-institutionalized patients

Relapses - Causes and Solutions

Some of the other sessions we at-

tended included: Nursing Staff By-laws, Primary Nursing and Jewish Grief and Mourning.

Many of the programs were presentations of research done by nurses and several focused on issues relating to Gerontology and Maternal-Child Health.

The House of Delegates was in session in the last few days of the Convention. The myriad of resolutions were discussed, debated and ultimately voted upon. To try to describe what went on in the House of Delegates is impossible. The next issue of the American Nurse will tell it better than we can. By the time they added a substitution to the 3rd Amendment of the 4th Resolution to the 5th By-law, we were totally confused, along with everyone else. We can tell you that National dues will be increased from \$35 to \$55 annually, in September. Also, a ten-hour debate regarding the structure of the ANA ended with the decision that the current tri-level structure be continued.

An added excitement for the Massachusetts Contingent was the nomination from the floor and an intense campaign for Jean Steele's presidency. Jean was immediate past president of MNA, and also a recent speaker at an MGH Homecoming. Although the incumbent Barbara Nichols won the election, Jean received more than one-third of the votes.

Although we did not attend Tuesday evening's Awards Dinner, MGH was well represented as MGH graduate Ingeborg Mauksch received one of the seven awards. She was the recipient of an ANA Honorary Member Award for outstanding leadership in and contributions to the purposes of ANA.

Please don't think that this convention was all work and no play.

Along with 1200 other nurses, we attended the N-Cap Rodeo, run by MGHer, Connie Holleran. We enjoyed Texas barbecued food, music, horses, bulls, clowns, cowboys and a cowchip throwing contest. We ate at some of Houston's finest restaurants, shopped at the Galleria (THE place to shop!), and toured Houston in an air-conditioned bus. Among other sites, we saw the Texas Medical Center and the Astrodome.

Neither of us had ever been in Texas before. We thoroughly enjoyed our visit but decided we are really New Englanders at heart. We met many MGH alumnae, former and present faculty and employees who were all curious about "what's going on at The General?" We have recommended that the practice of an MGH get-together be rekindled for future conventions.

It was a great experience and we are grateful for the opportunity that the Alumnae Association gave us to attend this outstanding event. Thank you.

THE RUTH SLEEPER CHAPTER

The Ruth Sleeper Chapter of the Alumnae Association had another successful and interesting year. Four meetings were held in the course of the 1979-80 season, highlighted by interesting and informative programs.

Our first meeting, held in November, had as guest speaker, Dr. Todd Foreman, who spoke about "Family Practice Medicine". The second meeting in February had two very special guests: Ms. Ruth Sleeper and Ms. Edna Lepper. Both women have many interests in which they are active. The guest speaker was Alexa Butler-Thompson, RN, whose

subject was "Stress and Pain Management". She demonstrated to us some techniques used in her practice.

At the third meeting in April, Terry Kahlent, RN, Clinical Oncology Nurse Coordinator for the Oncology Specialty Unit at Brockton Hospital, spoke about current trends in Cancer Care and Therapy. She was very stimulating and informative.

At our last meeting in June, a new slate of officers was elected. Our guest speaker was Dr. John Mogan, a psychiatrist at Lahey Clinic. He discussed Personality Disorders in patients in the hospital

His suggestions in dealing with these patients were quite helpful.

The Ruth Sleeper Chapter is open to all MGH graduates with residence in Southeastern Mass., and they are invited to bring guests. The meetings are held at the South Shore Hospital in South Weymouth. Anyone interested in receiving our next meeting notice, please send your name and address (include maiden name and class) to me: Virginia (Waugh) Arnold, Recording Secretary, 8 Dennis Circle, Randolph, MA 02368.

IN GRATEFUL MEMORY

Geoffry McEnany, Class of 1979, compiled the following biographical sketch at the request of George Allen of Anchorage, Alaska, husband of the late Clarissa Peters Allen, Class of 1937. Mr. Allen has, for several years, provided an annual scholarship and award to a junior or graduating senior in memory of his late wife. It has been his wish that those awards be presented to students who have exemplified those characteristics which made his wife not only an outstanding professional nurse but also a rare and valuable human being; qualities which he felt are the dividing factors in the discernment and practice of an excellent nurse.

Clarissa Peters was born in Bradford, Vermont on 30, October, 1908. From a strong New England heritage, Clarissa's family had, at the time of her birth, been in the area for many years. To date, her relatives remain in that part of the country while, as I will explain, Clarissa left in pursuit of her goals and life.

The then Miss Peters was educated in the Bradford school system. An excellent, conscientious student, she graduated from Bradford Academy, the local high school in 1926. A brilliant young woman, Clarissa stood out even then, as a leader of sorts, being the valedictorian of her graduating class from High school. It was at this time that she considered

nursing as her life's work; a possibility for her future. However, her father recognized her capabilities and potential and insisted that she attend university; something he felt was necessary for her to appreciate and bring to fulfillment the potential of her capabilities. Complying with her father's wishes, Clarissa applied, was accepted and attended the University of Vermont. Her academic excellence during her college career was rewarded through receipt of full scholarship, allowing her to concentrate fully on her course materials and achieve to the best of her ability.

After graduating from the University of Vermont, she accepted a

position at \$1,000.00 per year as principal and teacher at Benson High School in Vermont, a position she maintained for four years. This period of time engendered the depression in the United States and Clarissa was grateful to be employed as there was a substantial degree of unemployment during this period in history.

During these years of teaching her interest in nursing remained constant. It was also within the confines of her time at Benson that she and a companion made the decision to enter nursing. An interesting anecdote is told by Clarissa's husband about this decision to pursue her aspirations. A pact was made between Clarissa and her friend to find a school of nursing in Boston that would accept both of them. After arriving in Boston, they made application to the Peter Bent Brigham Hospital School of Nursing. Interestingly and perhaps unfortunate for her friend, Clarissa was the only one of the pair who was accepted. Keeping their promise to each other, Clarissa declined her appointment to the School of Nursing at Peter Bent Brigham. Following this, both contacted, applied and were accepted at the Massachusetts General Hospital School of Nursing and were graduated in the same class.

Clarissa's academic success continued at M.G.H. An excellent, interested and dedicated student, she was appointed by the M.G.H. School of Nursing faculty as, what was known at that time as a "senior assistant". This responsibility was delegated to exceptional students and entailed keeping records of attendance of classes, assisting with anatomy and physiology laboratories, and, in the evening, making rounds of students' rooms in the student residence to offer assistance with studies

as needed. Incorporated in the responsibilities of the senior assistant were teaching duties. Clarissa tutored anatomy and physiology, bacteriology and chemistry. During her time as tutor, Clarissa prepared classes and actually taught selected units. Accordingly, she prepared the exam for the unit, corrected the test papers and recorded scores. Florence Kemp, a former instructor at M.G.H. School of Nursing, who is mentioned in the CENTENNIAL REVIEW, highly commended Clarissa for her organization and teaching abilities.

After Clarissa's graduation from M.G.H. in 1937, she was an instructor of sciences at the Melrose Hospital School of Nursing. Following this, she accepted a three year appointment as instructor and educational director at the Burbank Hospital in Fitchburg, Massachusetts. Norma Woodruff, a colleague and friend, and first dean of the School of Nursing at the University of Vermont, offers her impressions of Clarissa as a professional nurse and person:

"Clarissa taught labs and classes in all sciences including anatomy and physiology, bacteriology and pharmacology. She was always a good listener to student problems yet set high standards for learning and conduct. Always meticulously groomed, Clarissa provided an excellent role model for students. As an individual, she enjoyed dining, bowling, movies, and bicycling. She was a fun person to be with; interested in many things. She always had a good sense of humor and a way of making each person feel important."

Without doubt an outstanding person in the many facets of her life, Clarissa was well remembered by many of her students. Charlotte MacGregor Simonds, who Clarissa often referred to as her outstanding nursing

student and for many years an Anchorage resident, writes the following:

"As a science instructor, Clarissa was excellent. She was very intelligent, extremely well organized and demanding in what she expected of students. She expected dedication and hard work and would accept no laziness or inattention. As a result, we were better students and better nurses. Dedicated to helping students, sometimes she felt that she was strict and unyielding. However, her students took this as her fashion of showing that nursing was a serious career with life and death responsibilities. Other instructors were easier but students held Clarissa in higher esteem. She was always friendly and pleasant in a reserved way."

On 29 December, 1943, Clarissa was married to George Allen in Worcester, Massachusetts. Shortly after their wedding, Mr. and Mrs. Allen travelled and settled in Alaska. Traveling across the United States by train and passage on an Alaskan steamship,

they finally arrived in Anchorage in March of 1944.

During several of the early years of her marriage, Clarissa taught biology in the local high school. Incorporated in her lecture notes was material she had used in prior years in teaching student nurses.

During a few of her years in Alaska, Clarissa was employed by the United States Public Health Service as Assistant to the Chief of Bacteriology at the Arac Health Research Center. During this time, she studied enteric diseases among the native Alaskan people. Working closely with a bacteriologist in research, Clarissa often received recognition in several scientific publications for her contributions.

During this time, she was an active board member to the Anchorage Crippled Children's Association, which later became known as the Alaska Treatment Center for Crippled Children and Adults; a place which offered her help in the latter days of her life.

MGH CAPS

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Clarissa was interested in the maintenance of health in many areas as was attested to in her involvement with public immunization programs and well child clinics in Anchorage.

Clarissa was actively interested and involved in professional nursing organizations. She was President of the Anchorage Nursing Association and held firm beliefs in the development of nursing professionalism. At one point, the nurses at Providence Hospital (a hospital in Anchorage) went out on strike. Abhorring the ideas of professionals on strike, yet desiring a mutually satisfying resolution to the problems which precipitated it, Clarissa worked closely and assiduously to develop a contract which was acceptable to both parties involved.

Clarissa's humanistic and truly philanthropic characteristics and qualities were recognized by all with whom she had contact. Regarded as a warm, amiable and sincere woman, she held an uncommon love and respect for all forms of life. Considering themselves fortunate to know her, Clarissa held the confidence of many friends. She was an individual who could be trusted and because of her non-judgmental abilities to listen and offer help without question, she enjoyed a circle of caring people around her throughout her life.

Her husband George recounts his memories of Clarissa fondly:

"Clarissa was everything a man could hope for in life. Her attitude, manner, demeanor and actions coupled with her spirited nature and wonderful appearance were embodied in an individual who did far more than necessary to make a decided success out of a marriage that was a tremendously enjoyable experience for over thirty-one years. Clarissa loved her

home and camp which she always kept neat and orderly. A few weeks away from either place left her anxious to return to familiar surroundings. She was an excellent hostess and cook. Clarissa was always slow to criticize and did so only when necessary. She did a great deal to improve the world in which she lived."

Mrs. Allen was a member of the First Congregational Church in Anchorage. As the potentiating, self-activating person that she was, she believed in the development and nurturance of the spiritual aspect of life. Her religion was integrated into her daily living. She did not openly endeavor to convert others to her ways of thinking. An avid reader of scripture, one can better appreciate her inner self by looking at some of the passages from which she derived strength:

1. Happy the gentle, they shall have the earth as their heritage.
2. Happy those whose hunger and thirst for what is right, they shall be satisfied.

-Matthew 5:4,6

3. Love your neighbor as yourself.
4. Hope deferred makes the heart sick, desire fulfilled is a tree of life.

-Proverbs 13:12

Clarissa's life was altered in many ways with the diagnosis of Lou Gehrig's disease, a degenerative neuromuscular disorder. Progressive and incurable, Clarissa sought the best known medical treatment available. During the course of her illness, she faithfully followed the medical regime planned for her while being treated at the Alaska Treatment Center for Crippled Children and Adults, an institution to which she gave time and effort throughout

her professional life.

During this difficult period, her strength was derived from those people and things which held relevance and significance for her throughout her life — namely her husband and her faith. Many of the passages which she marked in her bible reflect this:

Trust wholeheartedly in God,
put no faith in your own perception;
in every course you take,
have him in mind: He will see
that your paths are smooth.

—Proverbs 3:5,6

and

Do not be afraid, for I am with you;
stop being anxious and watchful,
for I am your God.
I give you strength, I give you help.

—Isiah 41:10

Clarissa passed away on March 24, 1975, as a result of being over-

come by disease — something which throughout her life she worked so hard to diminish in her realm.

With the realization that Clarissa was more interested in doing for others than herself, the scholarship and awards stand as living accounts to her human personhood. Mr. Allen hopes that these funds will help others to be able to emulate the life that Clarissa lived so vibrantly; that, in addition to honoring Clarissa, it is hoped that these programs will discover and help many to further themselves while incorporating the manner, goals and values which held importance in Clarissa's life. It behooves us, as recipients of her accomplishments in life, to be mindful of what it has meant to one individual to be an active contributor to both the nursing profession and humanity at large.

News . . . of the Classes

1923

An undated newsclipping brings news of the death of the husband of OLIVE SCUDDER HATCH at MGH after a long illness. Frank, a native of Winchester, was, at the time of his retirement, the vice-president of the Winchester Savings Bank. The couple had two sons, George, of Melrose, Donald of North Hampton, N.H., and a daughter, Jean Wrisley of Londonderry, N.H. They made their home at Meadowcroft Rd., Winchester, MA.

1926

The April, 1980, death of ETHEL A. BROOKS was noted in the last "Quarterly". Since then, a copy of a memorial to her which appeared in the Hartford (Conn.) Hospital

"Nursing News" has been forwarded to the Alumnae office. It was apparently written by former students who, as RN's, became staff nurses with Miss Brooks as their Director of Nursing.

It reads, in part: "Warm, compassionate, human, courageous, empathetic, determined yet feminine, truly a professional — 'Our Miss Brooks'.

"1947-1950 — Surrogate mother to student nurses, Director of the School of Nursing and Director, Nursing Service. Far above us, yet close. Secretly, she was 'Ethel', but always thought of with great respect.

. . . "Inspection before 7 a.m. duty—Miss Brooks always shining in perfect uniform; we, in starched

uniforms and spotless shoes, uniform primly mid-calf, caps straight and flaring. Caps were not perma-starched; we had to starch and iron them frequently to keep the 'wings' straight.

. . . "Her good friends, Dr. Jack Leonard, Directory of Medical Education, and his wife, the annual Christmas sing, that great quartet, the 'Dry Docs' (they never were dry!) - Drs. John Wells, Jimmie Sayre, Jim Brown, Archie Deming, the song: 'Flamin Mame'. Those were the days, and 'Ethel' loved them all. She loved people and music, and could she sing 'Flamin Mame' with the Dry Docs or with any one of us at every social event. We learned all four verses and were able to sing any one of them with her. It pleased her when one of us sang the bass section 'Wow Wow' almost like John Wells.

. . . "1950-1969 - We are now employed by Hartford Hospital as RN's and Ethel becomes our Director of Nursing. She is still the same woman with all the qualities listed before, but now we see her other attributes. Her professional commitments, 'women's lib', virtually unknown during those years. But that's what was happening and that's what she was doing for us - the next generation. She was truly 'Nurses' Lib' and we were going to be professionals in the profession of nursing.

. . . "After retirement in 1969, we still saw her frequently, still vital, tripping through the halls of Hartford Hospital, traveling back and forth to Boston by bus. She never missed the Symphony or any event at Hartford Hospital.

. . . "For your courage, your womanliness, your caring, your professionalism, your instinctive knowledge of the future of nursing and your

striving toward that goal - we love you. Take our love and deep respect with you, Ethel; we salute you!"

1927

Sympathy is expressed to FRANCES BATCHELDER BAKER of 82 Cross Street, Belmont, MA 02178, whose husband died recently.

1930

IRENE PEARL VAILLANCOURT CARROLL, 71, died unexpectedly, June 21 at her home, Highland Avenue, Winchester, Mass., from a heart condition.

A native of Taunton, Mass., Pearl lived in Winchester for 52 years where she was a member of the Lincoln School PTA and a member of the Winchester Seniors Association. She is survived by her husband, Vincent, and a son, Robert. Memorial donations may be made to the Heart Fund, 112 Cypress St., Brookline, MA 02146.

1933

February Section

It is with deep sorrow that we report the death of ANNA M. RYAN on June 21, 1980 at Symmes Hospital in Arlington, Mass.

Miss Ryan was a native of Boston, Mass., attended school there and graduated from MGH in February, 1933. In 1935, she received a Certificate in Public Health Nursing from Simmons College and then interned as a public health nurse with the Boston Community Health Association. In 1938, Anna joined the Bureau of Indian Affairs, U.S. Department of the Interior, as a nurse in the health program for the American Indians at Ardmore, Oklahoma. During World War II she served as an Army nurse at Camp Sibert, Alabama, and at Battery General Hospital, Rome, Georgia.

After receiving her B.S. in Nursing from Boston University in 1948, Anna Ryan returned to Federal government service where she had several different assignments over the years. Initially she was assigned to two well-known government sponsored research studies in the Boston area: one being the Diabetic Study, working closely with Dr. Joslyn and his group; and the other the Framingham Heart Study. In 1957, Anna received her MSN degree from Boston University and then served as Regional Nurse Consultant at the USPHS Regional Offices in Denver and Boston.

Following her retirement in 1973, Miss Ryan moved to Boca Raton, Florida, but returned to Massachusetts in 1977 and lived in Woburn, Mass. She is survived by sisters, Katherine Monahan of Lexington and Mary McNiff of West Roxbury, and a brother, Edward, of Hyde Park, Mass. and several neices and nephews. Through the years, Anne was a loyal member of the MGH Alumnae Association. She will be missed by her many friends and associates. Our sincere sympathy to her family members.

1934

The death of EVA DAVIS MILLS in December, 1979, in California, has been reported by LOUISE FITTS DAVIS of 25 Tower Rd., Hingham,

MA 02043, who wrote that she did not know the town where Eva lived with her sister.

1945

The daughter of SONIA WISOTSKY LINGOS and Dr. John Lingos of Brockton, Tatiana, was recently married to Dr. Andrew Clive-Webb of Hertfordshire, England. The ceremony was held in the Annunciation Greek Orthodox Church in Brockton, Mass. The bride, a graduate of Wellesley College, is a senior at the University of Massachusetts Medical School, Worcester. The groom, who received his Ph.D. in developmental biology from the University of Southampton, is assistant professor of biological sciences at Wellesley College.

1956

Anne Hanaway Johnson
95 Bundy Lane
Storrs, CT 06268

Thanks to all of you who responded to our letters. If the letter we mailed was returned to us by the post office we are assuming you are lost; if the post office did not return said letter we are assuming you are too busy to write. We are definitely planning to hold a reunion in conjunction with Homecoming in 1981 and those of you who indicated an interest in attending will be kept informed of our plans.

First of all, here are the names of the people we cannot find: MARIE

In Memoriam

- 1923 Ruth McAdams Murphy on February 25, 1980, at Framingham, MA.
1930 Irene Pearl Vaillancourt Carroll on June 21, 1980, at Winchester, MA.
1933 Anna M. Ryan on June 21, 1980, at Woburn, MA.
1934 Eva Davis Mills in December, 1979, in California.
1946 Joyce MacDonald Deacon in the Spring, 1980, in N. Weymouth, MA.
-

ANN BORGHESE, NORMA CLARK FARQUHAR, JEAN MARIE COURCHESNE O'NEIL, CAROLE DOMBROWSKI SHATTUCK, MARCIA FOSTER DEAL, JANET BURROWS HAAKE, ELLEN MUNLEY LONG, SHIRLEY PANCHY BLANKSTEIN, EMMY LOU POST, DONNA QUINN DRURY, DONNA CRADDOCK RADAR, GRACE REZENDES WINDSOR, JOAN DONAHUE RITTER, JO ANN SAVIN HOOKER, ISOBEL URE MACDONALD and SANDRA WAX BRANT. If you know where any of these people are, please let me know.

It is impossible to include in this report all the news we received. If you want to know more about someone who is mentioned I'll be happy to send you her address; it would be nice if you sent a stamped addressed envelope. If you want the whole list send three stamps plus the stamped envelope.

MARILYN KITCHING KLEIN lives in Billings, Montana. Her husband Dave is a surgeon; daughter Gretch is a math major at Simmons; son Pete is fifteen.

CAROL ANN PELLICELLI DIMSE is Director of Nursing Service at a 230 bed acute care hospital in Ventura, CA. Her son Steven, 20, is entering medical school in September; daughter Laura, 19, is in college preparing to enter a nursing program.

NANCY MELLO ELIAS' husband, Ramsis, is a colon and rectal surgeon in Fall River. They have six children: Mark, 20; Bruce, 19; Sheri, 17; Tracy, 16; Karl, 13; and Anita, 11.

EDITH WHEELER SHEDD lives in East Calais, Vermont. Husband Warner works for the National Wildlife Federation. Children are Susan, 22, Mark, 20, and David, 18, all in college. The Shedd's raise beefalo cat-

tle on their 200-acre farm.

GEORGIANNA KACHADORIAN WHITE lives in Methuen. She is coordinator of the Medicolegal teaching program at the Harvard School of Public Health and Harvard Medical School. She is also studying patient advocacy programs on a two year grant.

M-M GUNNING O'MARA is working part time as a perinatal nurse. She and Rich live in Marlboro; children are David, 22, Sharon, 21, Cynthia, 20, Steve, 17, and Kelly, 15.

MARIAN WINQUIST KNIZING—ER lives in Potomac, MD. Husband Walter works for the MITRE Corp. Sons Arthur, 19, and Bruce, 17, will both be at MIT in the fall; daughter Jean is 12 and both she and Marian are active in Camp Fire Girls.

DEB HART LINDENLAUB lives in Indiana where husband John is Professor of Electrical Engineering at Purdue. They have four children, Brian, Mark, Anne and David. Deb is working part time in geriatrics.

CAROL FOSS BRADFORD and Fred are in Seattle; they have three children, David, 13, Kevin, 12, and Michelle.

TERRY HAMEL SANFACON works full time in the Emergency Department at Frisbie Memorial Hospital. She and Maurice live in Rochester, NH; children are Michael, Peter, Diane, Sharon and Marc.

PHYLLIS HOYT HENRICKSON and Rodney live in Abington. They have two grandchildren, provided by their elder daughter. Another daughter will be a senior at Skidmore and their son will enter prep school in Maine.

BARBARA SCHARRETT WETZEL lives in East Hanover, N.J. She and Kenneth have a son Michael, 8, and a daughter Nancy, 6.

SANDRA YOUNG BROWN is the supervisor of a 300-patient nursing home. She lives in Exeter, NH. Son Joel, 21, is a senior at UNH.

PRUDENCE THACHER STEWART lives in Barnstable and works part-time for a cardiologist. She and Robert have three children, Beth, 20, Bruce, 19, and Andrew, 16.

FRANCES BARRY AMES has worked at Wrentham State School for 17 years, the last three as a nursing supervisor. Daughter Maureen is married and has a baby daughter, Brendan is in the Army, Stephen graduated from high school this year, Allison will next year, and Michael is 13.

JANET DI BONA lives in South Weymouth and teaches surgical technicians - a nice job because she gets summers off to spend in her house in Harwich.

JOAN CARKEEK CHACK and Andrew have three children, Beth, 17, Amy, 12, and Michael, 8. Joan is assistant director of nursing administration at a 550 bed hospital in New Jersey.

PRISCILLA WOOD RANDALL

and Chuck live in Baxley, GA. They have a daughter, Jill, and two sons, Pete and Steve. Priscilla is Utilization Co-ordinator for a 50 bed hospital; she and Chuck are developing a free enterprise business in their spare time.

JOAN CHARLTON SCOGGINS is a Primary Care Nurse Practitioner in the Air Force. Her husband, Jack, is a retired Air Force pilot and now runs his own flying service.

PHYLLIS SARGELIS WOODWARD is one of the workers on this project; she and Robert live in Concord with their children, Kathryn, 13, Robert, Jr., 11, and Douglas, 8½.

BARBARA KRYSIENEIL TANNUZZO is the other able worker for Project-Reunion. She and Ray are living on a farm in Orleans. Daughter Susan is a nurse at MGH in the neurological ICU; David is in the service in Germany; Tom is 19 and Nick is 13.

Finally, ROSEMARY FITZGERALD DUGARD who is responsible for this entire project. When she stopped sending me even a Christmas card I tried to find her address and

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this is what I ended up with. She and Alan are about to move to Irvine, CA, when Alan ends his Air Force career. Their children are Marty, Matt, Monique, Marc and Mary. Alan ran the Boston Marathon as did Harry. I managed to miss seeing either of them from my vantage point near the finish line; too many tall people were standing in front of me. Harry and I have three daughters, Susan, Heather, who is at BU, and Alyssa.

Please write, either to me, Phyllis (132 Indian Pipe Lane, Concord, MA 01742, or Barbara (100 Barley Neck Road, RR 1, Orleans, MA 02653.

1974

CLAIRE SWEENEY McCABE of 55 Gay St., Norwood, MA 02062, has been so disappointed by lack of class news for '74, that she decided to write. Splendid!

TERRI TOBIN DeMILLE is the happily married mother of three (boy and girl twins, age 3, and a girl, age 1½) and is working part time at the Little House Clinic in Dorchester.

GINNY RYAN MORRELL (yes, she did marry Billy) is working in staff education at Tufts New England Medical Center. EMILIE YUSGAVITCH SAKAMOTO married a Hawaiian whom she met while vacationing there. She is working in a neonatal nursery and expects her first child any day now.

SHARON WEBER just obtained her BSN at Boston State College and, last I heard, was working in the neonatal nursery at Tufts New England Medical Center. JANICE CAGIANO married Rick and is attending Boston State College and is still working at MGH in Pedi.

CHRIS RONCARY married Kevin and has a little boy. She was working with the VNA of Boston. I am also

attending Boston State College, slowly working towards my degree. I married Tom McCabe and have a four-month-old son, Michael Sweeney. I worked for the VNA also for the past four years.

I'd love to hear from SHEILA ARBACZAWSKI (I still remember how to spell it), DENISE and DORA ACKLES, MARIBETH MARR, JEANIE WIEGARD, EILEEN LAWRENCE ('73), DeQUEABY ('75) and so many more!! Please take the time to write. Hope you all are well.

(The editor did call #762-3861 several times to check on spellings, as you suggested, Mrs. McCabe, but never got an answer. Do hope name spellings are correct.)

1977

SUZAN COHEN of 7755 SW 86th St., Miami, Fla. 33143 (#C107) writes: 1980 has been a great year for me. In March I became engaged to Dr. Lawrence Blacker of Brighton, Mass. We met here in Miami a year ago. We will be married October 4, 1980, in Huntington, N.Y. Larry is a third-year medical resident and will be doing a cardiology fellowship at the University of Mass. in Worcester in July, 1981. So, we'll be headed back to New England (and the cold weather!) at that time.

In May I was promoted to the position of Head Nurse of the M.I.C.U. at Mount Sinai Medical Center on Miami Beach. To say it's a challenging position is an understatement!

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1873 – 1973

The Massachusetts General Hospital School of Nursing

by

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CLASS NEWS

SECTION AND YEAR OF GRADUATION

NAME

STREET ADDRESS

CITY, STATE, ZIP CODE

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.



THE QUARTERLY RECORD

Massachusetts General Hospital
Nurses Alumnae Association, Inc.
Bartlett Hall

34 Blossom Street
Boston, Massachusetts 02114

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OF THE

MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.



Fall/Winter 1980



THE
Quarterly Record

OF THE
MASSACHUSETTS GENERAL HOSPITAL
NURSES ALUMNAE ASSOCIATION, INC.

This Magazine is Published in the Spring/Summer and Fall/Winter

**MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION
OFFICERS FOR 1980 - 1981**

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(1947)

Treasurer
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President Elect
CAROLYN THAYER (1962)

Recording Secretary
DOROTHY MAHONEY (1952)

Vice President
MARY FLANNERY CAIRA
(1959)

Alumnae Secretary
EVELYN LYONS LAWLOR
(1936)

BOARD OF DIRECTORS

THE OFFICERS OF THE ASSOCIATION

PEGGY COPE MASCHER (1966)
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(1964)

ADELE CORKUM (1934)
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(1936)

CHAIRPERSONS OF STANDING COMMITTEES

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CARLENE MESSINA KREY (1966)

Program
MARY FLANNERY CAIRA (1959)

Quarterly Record
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Hospitality
CAROLYN THAYER (1962)

Nominating
CAROLE ROBERTSON LYONS (1967)

Service
ADELE CORKUM (1934)

Annabella McCrae Loan Fund
CAROLYN THAYER (1962)

Sally Johnson Scholarship Fund
MARLENE NORTON (1961)

ELECTED ALUMNAE REPRESENTATIVES TO THE NURSING ADVISORY COUNCIL

BELINDA BRIGGS ASANO (1963) ANNE LYONS TWOMEY (1931)
MARJORIE GOLDTHWAIT RICHARDSON (1936)

ALUMNAE REPRESENTATIVES TO THE TRUSTEES ENDOWMENT FUND COMMITTEE

BEVERLY THOREN (1952)

ALUMNAE OFFICE HOURS:

Tuesday & Thursday, 8:00 a.m. — 2:30 p.m.
Telephone: 726-3144

WHERE TO WRITE

Contributions to the Loan Fund and Requests for Loans: CAROLYN THAYER, c/o Alumnae Office. Make checks payable to the Annabella McCrae Loan Fund.

When Someone is ill: Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114

Requests for Membership, Alumnae Dues, Changes of Address and General Information:

MRS. EVELYN LAWLOR, Alumnae Secretary, Bartlett Hall, 40 Blossom St., Boston, Mass. 02114.

THE QUARTERLY RECORD

OF THE
MASSACHUSETTS GENERAL HOSPITAL NURSES
ALUMNAE ASSOCIATION, INC.

Vol. LXX

Fall/Winter 1980

No. 2

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Note: The conclusion of the 1895-1906 History of the Alumnae Association through the recorded minutes will appear in the next issue.

QUARTERLY COMMITTEE

Editor..... Alice Yancey Conlon
83 Martland Ave., Brockton, Ma. 02401

Chairman..... Judith Harding Dougherty

Subscription to the Magazine is included in the dues of the members of the Association

All communications for insertion in the *QUARTERLY* can be sent to the
OFFICE OF THE ALUMNAE SECRETARY or directly to the EDITOR

Memo to contributors. Material should be sent not later than March
1st, for the Spring *QUARTERLY*; June 1st for the Summer issue;
Sept. 1st for the Fall issue; and Dec. 1st for the Winter issue.

HOMECOMING 1981

September 26, 1981

Howard Johnson's
"57" Restaurant/Motel
200 Stuart Street
Boston

Alumnae Association Sponsored Dinner

Class of 1981

May 18, 1981

Howard Johnson's "57" Restaurant
200 Stuart Street, Boston

Dutch-treat dinner for alumna
Watch for notice in mail about this final class dinner

**COPIES OF HOMECOMING
PHOTOS:**

May be ordered from Fay Foto, 201 South St., Boston, MA 02111. Identify by MGH Nurses Alumnae Homecoming, September 27, 1980, and give number on photo.

Cost: \$3 for 5 x 7 print;
\$3.50 for 8 x 10 print. In quantities of ten or more from one negative, reduce the cost by 50¢ per print.

HOMECOMING 1980

Attended by 248 Alumna, Homecoming was, as ever, a time of renewed friendships, stimulating programs and an absolutely delicious lunch. Held at the Howard Johnson's "57" Restaurant on Stuart Street, the celebration took place in a separate setting which amply provided a meeting room, social setting and dining area.

At the business meeting, conducted by Peg Harrington Anderson (1947), Alumnae President, results of the 1981 election were announced: Carolyn Thayer (1962) is President Elect; Dorothy Mahoney (1952) is Secretary; Adele L. Corkum (1934) was re-elected to the Board; Jeanne Cunningham Morello (1964) was elected to the Board. Carole Robertson Lyons (1967) will Chair the Nominating Committee on which Susan Emery (1976) and Miriam Huggard (1931) will serve.

The President Elect, Carolyn Thayer, will also head up the Hospitality Committee; Adele Corkum will also head up the Service Committee; and Belinda Briggs Asano (1963) was re-elected to the Alumnae Representatives to the Nursing Advisory Council.

Former President Elect, Maureen McGrath (1961) is now Alumnae President.

Guest Speaker, Mary Suslak Vachon (1965) enthralled the group with her charismatic presentation; the basis of her talk appears in this issue; however, she expanded it way beyond these printed words.

To up-date the alumnae, a statement was read from Roslyn R.

Elms, Professor and Director of the Graduate Nursing Program of MGH:

"I am very sorry that I cannot be with you this year, because I am delighted to be returning home to MGH, and because I am eager to convey to you my personal commitment to maintaining the quality and integrity of the MGH School of Nursing.

"The change about to be implemented is reminiscent of another change in our history. One which occurred in 1865 when the Boston Training School for Nursing became the MGH School of Nursing. With the perfect vision afforded by hindsight, some may think that becoming part of the hospital was a mistake, but any historian concerned about real events would prefer to credit the accomplishments of the MGH graduates. Those accomplishments are legend.

"In beginning the new graduate program, MGH has once again chosen to challenge a frontier. That challenge has already met with opposition. It is more important to note that it is a step forward in the future of health care delivery.

"What is planned is not the extinction of our school, but the evolution of the MGH School of Nursing. Evolutions change the order of the familiar and they create discomfort, but they also provide the strength and vitality necessary for survival. It is time to change and to challenge.

"MGH has always prepared 'good nurses'. In the current vocabulary, they may be called clinicians, practi-

tioners and specialists, but we at MGH have been more concerned with substance than with image. That dedication to quality must continue.

"It is my hope — my dream — that, in the evolution of the MGH School of Nursing, we will continue our excellence, capitalize on our assets, improve on our shortcomings, and afford more opportunity to the next generation of alumnae. To accomplish these goals will require your help. Your love, your loyalty and your advice are necessary. Your experience, your knowledge and your ideas will be actively sought as the faculty proceed to establish the graduate program. I personally invite you to become involved in promoting our efforts. The new program will be different from the nursing program we experienced. We must be sure it is as good.

"We must be certain that the new graduates are prepared to practice, promote and improve health care services wherever they chose to practice. We were afforded no less. It is our responsibility to preserve that tradition.

"I look forward to meeting you. I hope you will write, phone or visit me at Bartlett Hall and join the effort to have the new program succeed."

Following lunch, special recognitions were made: Each member of the Class of 1920, celebrating their 60th anniversary, were presented a dozen long-stemmed roses; members of the Class of 1930, celebrating their 50th anniversary were presented MGH-inscribed plates; and the other classes celebrating special anniversaries were presented carnation boutonnieres.

Meanwhile, gifts from some of the classes were made. And the Alumnae Board members want the Class of 1955 to know that they

are very grateful for their generous donation to the Sally Johnson Scholarship Fund . . . and to the Class of 1930 for their generous donation to the Fund Drive.

There were two alumna who traveled some distance to attend Homecoming: Elizabeth Pritchard Dunbar from San Diego, California, and Barbara Fink Schulman from Santa Rosa, California. (How nice they arrived here before our Deep Freeze session.)

To conclude the festivities, the Board of Directors feel it would be of interest to the alumna to review the costs of Homecoming:

Printing and Postage:

Flyers —	\$ 196.00
Registration	
Cards —	75.00
Imprinted Stamped	
Envelopes —	283.00
Luncheon	
Tickets —	20.00
Fold, insert, & mail	70.00
	<hr/>
	\$ 544.00

Speaker:

Transportation & Stipend —	\$ 350.00
"57" Restaurant	
Coffee & Danish —	\$ 580.00
Sirloin Tips @ \$7.95 —	1908.00
5% Tax —	124.40
16% Gratuity —	398.08
Room Rental —	100.00
	<hr/>
	\$3110.48

Gifts & Flowers — 547.65

Miscellaneous:

Markers	
For Tables —	\$ 25.00
Tips, Tax,	
Wrappings —	28.10
Visual Aids —	52.50
Fay Foto —	119.70

Program Chairman	
Incidentals —	11.60
	<u>\$236.90</u>
TOTAL TO DATE:	\$4789.03
Receipts:	
245 people	
paid \$16.00 each	
3 people paid	
\$8.00 each —	
	<u>\$3944.00</u>
Total	
Expenditures —	\$4789.03
Total Receipts—	<u>3944.00</u>
Spent more	
than received —	\$ 845.03

* * * *

WESTERN MASSACHUSETTS ALUMNAE

The Massachusetts General Hospital Nurses' Alumnae Association of Western Massachusetts has held three meetings this year. The annual dinner meeting was held at the Golden Lemon in Holyoke on April 30, 1980. Chairman of this affair was Anne Mockler Beaulac '51. We welcomed a new member, Mary Ellen Robinson Muti '67. Patricia Batchelder Crowley '44 chairman of the nominating committee presented a slate of officers for the year who were elected by the membership. They are:

President:

Peggy Cope Mascher '66

Vice President:

Dorothy Willis Coleman '62

Secretary:

Barbara Hunter Eger '48

Treasurer:

Harriet Beltrandi Bilezikjian '55

Sunshine:

Jean Youngberg Young '53

June 25, 1980 found us at the home of Charlotte Fyhr Lewis '37

for a covered dish picnic. We always look forward to this meeting because MGHers are such good cooks. The membership voted at this meeting to send \$150.00 to the Alumnae Association Scholarship Fund.

On October 15, 1980, the fall meeting was held at the home of Barbara Hunter Eger '48 in West Springfield. Rachel Chandler, Director of the Division of Nursing at AIC, was the speaker. She gave an interesting, informal talk about nursing in the 80's. Mary Moskos Hyfantis '45 has agreed to chair our spring annual meeting in March. We hope to have a Sunday Brunch meeting in the Springfield area to cut down a little on the night driving. We would welcome all in the area to join us.

* * * *

THE WORCESTER COUNTY MGH NURSES GROUP

Marie E. Rearick of Burbank Avenue, Warren, MA 01083 reports: The group met on October 8, 1980, for its fall meeting. There were 14 members present and an MGH guest from Manchester, N.H. Attending were — Louise Hollister Benton, June Hamilton Branagan, Barbara Moran Clancy, Eleanor Burns Clifton, Annette Heinzle Desmarais, Helen Walsh Duquette, Charlotte Hall, Frances Tomasunas Kay, Margaret Magune, Edith Dasey Mooney, Catherine Philbin, Muriel Settle Pollock, Marie Rearick, Virginia Raymond Schwartz and Eileen Walseley.

Without a planned program, we settled for an evening of socializing.

The spring meeting will be at The Franklin Manor in West Boylston on Wednesday, May 6, 1981. Any new graduates in the Worcester area are cordially invited.

The Stress of Cancer and Bereavement

Mary L.S. Vachon, R.N., Ph.D.

Mary Suslak Vachon, Class of 1965, was guest speaker at Homecoming '80. To briefly review her accomplishments in those 15 years: Along with her Associate Degree from Northeastern University (which was then affiliated with the MGH School of Nursing), she earned a BSN at Boston University, an M.S. in Sociology at the University of Toronto and her Ph.D. in Sociology at York University.

From a staff nurse at MGH's Department of Psychiatry, she moved through instructorships, consultant work and University Lecturer to Research Scientist at Clark Institute of Psychiatry and also a Psychotherapy Practice in life-threatening illnesses and bereavement. She and her husband now live in Toronto.

A prolific writer, she has authored innumerable articles, mainly on stress and bereavement and appropriate support systems.

Dr. Vachon's presentation was accompanied with visual slide reports on symptoms and statistics illustrating her stimulating and informative "talk" with a very attentive audience.

I am indeed honored to have been invited as the guest speaker for Homecoming 1980. It seems particularly fitting to me to be addressing the topic of grief when we have now witnessed the closing of our school. As with many losses, there has been time for a period of anticipatory grief but one is never really prepared for the reality of the loss and ensuing period of shock, confusion, anger and depression which follows. Eventually, however, in the healthy resolution of grief one mourns for the past, then seeks to put it into its proper perspective with its good points and its bad. Having accomplished this an individual or a group is then ready to begin to invest in the future and make the changes necessary for growth. Let us hope that we will be willing to maintain an openness and active interest in the future of the new programmes which will develop, lending our support, rather than remaining fixated in the past in a pathological grief reaction.

The issue of grief and adaptation

to life-threatening illness is one of the many areas in which MGH'ers have made a major scientific contribution. The early study of Erich Lindemann on the survivors of the Coconut Grove Fire is regarded as a classic in the bereavement literature. The more recent work of Weisman and Hackett, Cassem and Weisman and Worden's Project Omega are all extremely important contributions in the area of adaptation to life-threatening illness. My own work owes a great deal to all of these pioneers, which will be obvious as I speak. First, however, let me share a critical incident from my student days with you.

About 16 years ago I was a senior student nurse on White 7. The previous afternoon our class had listened to a lecture by Dr. Hackett who told us about the work of Lindemann and that which Drs. Hackett and Weisman had been doing on illness and grief. He spoke of the phenomenon of delayed grief and used the illustration that if a significant person dies and the bereaved does not grieve then she

runs the risk of having a delayed grief reaction many years later which may be precipitated for example by an anniversary, or the death of a pet.

The next day I went on duty as a team leader and was shocked to learn that a patient for whom I had been caring who was recovering from major surgery was now on cardiac precautions following a suspected M.I. the night before. I went in to see the woman and asked what had happened. She burst into tears and said she didn't know but thought it was all an emotional reaction. Armed with my new knowledge about delayed grief reactions, I proceeded to suggest that this might be her problem - she had sailed through surgery and perhaps only now was allowing herself to experience the stress she'd been under. My diagnosis was right but the circumstances were not as I'd suggested. She began to sob as she related that her husband had died 16 years ago that day. He had been away during the war and she had fallen out of love with him. She knew that when he returned she was going to have to tell him that their marriage was over and she didn't know how she was going to do this. She didn't need to worry however. When the ship docked her husband died of a heart attack.

Given the circumstances the woman never grieved and her grief had built up until it finally broke through that day on White 7. I confess that I was quite overwhelmed to learn what you found out when you took the time to talk with patients and I felt quite guilty to think that I'd heard from the first-year student who cared for the woman the day before that she'd been quite weepy. I hadn't taken the time to talk with her as I'd been quite caught up in my new role as a team leader. I decided that day that I would go into Psychiatry to learn more about the problems peo-

ple had and that I'd then try to use that knowledge to try to help patients in the general hospital.

I've come a long way since that day on White 7 but my goal has not really changed. My clinical, research and teaching work is primarily focused on stress reactions to physical illness (particularly cancer) and bereavement, with an increasing interest in the area of staff stress with one of my ultimate goals being to change the health care system to decrease the short-term and long-term stress for patients, families and caregivers.

After what is perhaps an overly long preamble, let me now talk about some of the research which my colleagues and I in the Social and Community Psychiatry Section of the Clarke Institute of Psychiatry have been doing. One of our primary interest areas has been adaptation to major life events with a particular focus on the role of social support during these critical transition periods. The studies of which I'll speak today have particular relevance to us as women and as nurses - they concern adaptation to breast cancer and bereavement.

Breast cancer strikes one out of every 14 North American women. It is the largest single cause of cancer in women; the major cause of cancer deaths in women aged 30-69 years and the leading female cause of Years Of Potential Life lost because of cancer. The median age of death of breast cancer is 57 years with some evidence that women who develop the disease under 45 years of age are more likely to die of it.

Widowhood is a major life event which affects even more women. The average woman is widowed at 56 and will be widowed for twenty years.

Both breast cancer and bereavement require a major transition in the lives of a significant proportion

of women. The first by confronting the woman with the physical evidence that she has (or has had) a potentially life-threatening illness and the second by necessitating a major shift in identity as one adjusts to the new role of being an adult woman without a male partner. In both of these events one would expect that women would experience a fair degree of distress. In response to the event and the resultant distress, a woman's significant others may draw closer to her in an attempt to provide support or they may withdraw out of fear of the impact of the crisis. Simultaneously, the woman may also either draw towards or away from her significant others as she tries to assess the meaning this event will have in her life. Adding to the impact is the fact that each event is most likely to occur in middle-aged women at a time when questions of identity and changes in relationships with significant others are already major concerns for many women.

In this paper I am going to describe and compare women's response to these two events focusing on:

1. The process of adaptation to the event.
2. The level and patterns of distress the women experienced
3. Factors associated with high distress
4. Programmes of intervention

Breast Cancer

The 168 women in the breast cancer study had a median age of 51 years and were receiving radio therapy treatment at Princess Margaret Hospital in 1974-5. Over 60% had a radical or modified radical mastectomy with the others having less extensive surgery. Three-quarters of the women had Stage II disease.

Predagnosis

It was originally hypothesized that factors surrounding the initial diagnosis of breast cancer might affect later psychological and physical adaptation to the disease (e.g. delay might result in more anxiety and might alter prognosis). For this reason we asked about the patients' initial symptom; the time of delay between the initial symptom and seeing a physician; what the physician did when the patient initially presented; and how she was told about her disease. Ninety-three percent of the women found the lump or noticed the initial symptom themselves. Although only a few had their lump discovered on a routine physical examination, these women were more apt to be alive and well at the end of two years.

Forty-four percent of the women went to their physician within a month of discovering the symptom. However, almost a third of the women delayed more than three months before seeking treatment. Their reasons for delay involved fear of cancer, family problems and lack of knowledge that changes in the breast, other than a lump, could possibly be indicative of cancer.

Most of the women who went to their doctors were treated appropriately but in 15% of the cases there is some concern about appropriate treatment in that the women were either reassured that everything was fine or were treated for non-malignant breast disease. As might be expected, the recurrence and death rate was somewhat higher in this group (52% vs. 38%).

When these women were asked what happened to cause treatment delay, several of them told of returning repeatedly to the doctor and being told everything was fine. If a woman is sent home with a lump which later

proves to be malignant, apart from the potential dangers of such delay, the stage is set for a very stressful patient-physician relationship and distrust of doctors which may well exist throughout the course of the disease. Many of these women came to think of themselves as neurotic and were almost relieved to finally be diagnosed as having cancer. One woman said "I was so pleased to learn that I wasn't crazy; that there really was something there all the time." Needless to say, however, that pleasure can be short-lived if the disease begins to progress quickly and the patient is haunted by thoughts of "if only."

The major problems the women had on the initial interview as they began radio therapy treatment had to do with how they were treated around the time of surgery including whether or not they had a part to play in the decision about the type of surgery; how they were told or figured out that they had cancer; their concerns about being referred to a cancer hospital and their misconceptions about radiotherapy treatment and an inability to obtain enough information about their disease.

Certain factors on the initial interview were found to be predictive of distress over the first two years of adapting to the disease. These included: a lack of help from the family doctor and other professionals; concern with change in physical appearance; feeling the need to keep up a front instead of expressing feelings; sexual problems; poor health and no family history of cancer.

What happened to the women over the course of their disease? We found that over the first two years of illness more than 60% of the patients experienced a significant degree of distress as measured by the 30 item

Goldberg General Health Questionnaire. At any point in time anywhere from 25-41% of the women had significant distress.

This distress was associated with the following:

- (1) A perception of poor health which included the presence of hypertension, major medical problems and possibly psychosomatic diseases.
- (2) Concomitant stressors in addition to the cancer which included marital problems, alcoholic, depressed or unemployed husbands; major financial problems; single parenthood and serious illness in other family members.
- (3) A perceived lack of social support particularly one and two years after the initial diagnosis. The women often felt supported initially but, over time, family and friends sometimes withdrew their support expecting the women to get back on their feet and resume their role within the family. The women, however, continued to feel the need for social support from their families and friends as they became increasingly aware of the uncertainty of the nature of their disease. Over the first two years, 40% of the women developed a recurrence of their disease and more than half of these women died (N=36).
- (4) Initial score on the Goldberg General Health Questionnaire—women who had a high initial GHQ scores were more likely to have a high distress score over time.

The women's pattern of adaptation to breast cancer followed four major distress patterns as measured by the

GHQ which I will illustrate with clinical vignettes:

High-High Distress-15%

Mrs. S. is a 48-year-old librarian who remarried one month before she was diagnosed as having breast cancer. She found the breast lump herself and went immediately to her family doctor who referred her to a surgeon. Between the visits she read about breast surgery and demanded that she have a lumpectomy. The surgeon refused to operate if she wouldn't sign a consent for a mastectomy and so she found another surgeon.

Mrs. S. felt she didn't get enough support from her family, friends and physicians. Six months after her diagnosis, she was having severe marital problems, her sexual relationship had deteriorated significantly and her sister and husband were suggesting that she was crazy.

Over the next year she divorced her husband, being told by her lawyer that she didn't need to worry about alimony as she has "the big C" and probably wouldn't be around very long; she lost her job; worried constantly about her health being sure the doctors weren't telling her what was going on. She summed up her two-year interview saying "Is there anyway out of this?"

The problems which Mrs. S. experienced in her marriage, sex life, family, occupation and social support system were typical of the high distress group as were the complaints which she had about doctors, lack of information and the hospital system. How much of this difficulty was due to the patient's anxiety and particular life situation and how much was really a fault of the system is hard to deter-

mine for many of the women in this group. It may be that they had an interactive pattern in which they feel highly stressed which then intimidates those in their social circle who withdraw in response to their obvious stress thus making the women more anxious.

High-Low Distress-15%

Mrs. A. was a 43-year-old married mother of five children who worked as a secretary. She found her breast lump herself and saw a surgeon within five weeks of her discovery. Mrs. A. said she assumed she had breast cancer when she awoke from surgery to find her breast gone but her surgeon never discussed this with her and the nursing staff refused her request for a mastectomy visitor. Mrs. A. was quite squeamish about her scar and did not look at it for two months during which time her husband did her dressings as she had a wound infection. Her family and friends were quite supportive but she felt unable to talk with them about her feelings. Mrs. A. felt she received little help from professionals other than her family doctor.

One year after diagnosis Mrs. A. still rated her disease as being "very stressful" but felt she was adjusting well, was getting support, was in good health and planned to go back to work soon. All seemed to be going quite well but one month later she was dead.

With women who became less stressed over the course of their disease it would appear that there was an adequate support system which provided relief after the initial period of adjustment was over. Of course this system might also have helped to mitigate, but not completely dissipated stress during the initial crisis.

Mrs. A. was initially quite anxious but as her physical condition improved, her anxiety decreased and the support of her family and professionals was perceived as being helpful. This group did not have the real difficulty in the social support system which characterized the high stress group but, rather, this group seemed to need to take some time to adjust to the impact of breast cancer and to realign their support systems.

Low-Low Distress-40%

The women in the low distress category were the largest single group in the study. These women seemed to perceive their disease as making little impact on their lives; they were generally pleased with the care they received from the health team and the support they got from their family and friends. They did not usually have major concurrent stressors in addition to their cancer and generally they seemed to cope quite well.

Low to High Distress-18%

Miss T. was a 63-year-old school teacher who had a simple mastectomy for stage II disease. She had a strong family history of breast cancer and was sure that she'd do quite well in adjusting to her disease. She had good social support, no concurrent problems and was quite religious.

One year after her diagnosis, Miss T. developed a recurrence which she found extremely stressful as she'd never dreamt this could happen to her. She was afraid to ask questions about her disease and felt that she'd better not complain or get angry as then the staff wouldn't be nice to her. She became very concerned that she'd become a burden to her relatives and decided to move into a nursing home even though her niece was

most willing to care for her. She complained that her friends were all quite busy and she resented their visiting her in the hospital and telling her all about their activities while she was incapacitated.

The women in this low to high category were initially quite optimistic but when a recurrence developed (as it did for about half of the women) or problems occurred in their social support system then their distress increased.

The final issue to be addressed in this section is whether it is possible to intervene to decrease any of the distress the women experienced. Using support groups which provided structured cognitive and emotional support during radiotherapy treatment, we were able to show a decrease in the level of distress of high distress subjects. Unfortunately, however, this decreased risk seemed to hold true only during the time of radiotherapy treatment and had little or no carryover effect when the women left the residential setting where they stayed during their radiotherapy treatment.

Having looked at the impact of breast cancer on a woman's life, we have seen then that the disease causes a considerable amount of distress for some, but by no means all of the women. This distress varies over time and seems to be related to the women's health, concomitant stressors, and level of social support. Intervention through the use of support groups was seen to mitigate some of this distress.

Bereavement

How then does the stress of breast cancer which involves surgery, treatment, and a prolonged period of uncertainty and possible death compare

with the stress of bereavement wherein a woman must adjust to the death of her spouse and a prolonged period of grief followed by the development of a new identity as an adult woman without a partner? Are the two life stressors completely different or are there some similarities; let us see.

The group of widows of whom I'll speak were similar to the women with breast cancer with respect to their age. The median age was 52 years with a range from 22-69 years. They were predominantly middle-class, Canadian-born (68%), Protestant (75%), living with someone else, usually their children (57%) and were not employed outside their home (71%). Eighty-one percent of the men had died of a chronic illness.

As might be expected, the first year of widowhood caused distress to more women than did the first year of breast cancer. One month after bereavement, 69% of the women had a high distress level. Comparable figures for 6 and 12 months were 46% and 38%. Two years after bereavement, 28% of the women still had high distress, a figure comparable to the breast cancer group. The factors associated with high distress included among others: ethnic background, younger age, a short final illness, and poor pre-bereavement health, but most predictive was the woman's perception that she was seeing her friends less than before the death of her husband. The predictive power of this variable is probably due to the fact that it reflects a number of possible situations: The woman's friends were never very close or supportive, the effect of friends withdrawal during the final illness and continuing after the death, the friends avoidance of the grieving widow, the widow's emotional state leading her to reject over-

tures of friendship and/or the woman's perception, distorted by depression that her friends were not as available as she might have expected.

The process of adaptation to bereavement followed three major patterns, as compared with the four of breast cancer. These will be illustrated with case studies:

High-High-22%

Mrs. C was an attractive 56-year-old widow who worked as a secretary. She had been very proud of her husband and was very angry at the deterioration he had experienced during his final illness.

One month after her husband's death Mrs. C was preoccupied with loneliness and the fear of growing old by herself. She surrounded herself with pictures of her husband as a healthy young man.

Initially Mrs. C tried to pretend all was well but she gradually lost interest in her friends, moved to a less stressful job, gained weight and lost all interest in her appearance. She described herself as having lost all interest in life and said she'd never adjust to being widowed. Her biggest problems were loneliness, an inability to be happy and a lack of perspective on life.

As was the case with many of the high distress women, Mrs. C experienced a major change in her relationships with others; she felt a lack of social support, developed no new interest or activities; had health problems and covered her ambivalence about her husband with a glorification of the relationship they had together.

(Continued on Page 27)

HOMECOMING 1980 PHOTOS OF ANNIVERSARY CELEBRATIONS



(Photo #15)



(Photo #17)

Class of 1970: Linda Matas Goodwin, Elizabeth Hawkins, Cheryl Zinchuk Crviekshank, Margaret Mueller O'Neill, Sharon Holbrook Vaughan and Julie Herrmann Bak. Also Margaret Partington Munson, Kathleen Dolan Moy, Sandra Capaldi Spadazzi, Jane Becker Moy, Anne Quigley Smaglia, Susan Murray Gray (by now), Beth Quill, Pamela Longtin and Frances Kmiotek Piasecki.

Also Deborah McFarland McBeth, Therese Courville Polan, Linda Bialobreski Baxter, Leslie Ellen Rice, Cathie Case Healy, Susan Penrose Schramm, Joanne Morrissey Salmond, Linda Machachlan Burnham and Suzanne Burke.



Head Table: Peg Harrington Anderson, Alumnae President, (1947); Mary Suslah Vachon, Guest Speaker, (1965); Mary Macdonald, Director of Nursing Service (1942). (Photo #31)



Class of 1950: Marcia Coppelman Cudlitz, Effie Connors Aldrich, Kathleen Aylett Damuck, Joanne Dionne Smith, Beverly Kerr Howland, Barbara Fink Shulman, Martha Ware Shaw, M.A. Greory Chellgren and Audrey Olesen Reardon Tilley. (Photo #10)



Head Table: Mary Flannery Caira, Program Chairman and Alumnae Vice President; Natalie Petzold, Director of the School of Nursing; and Carolyn Thayer, President Elect of Alumnae Association. (Photo #32)



Class of 1975: Felice Izen, Mary Fischer, Pat Cahill Kelly, Nan Sersig and Michele DuBois. Class of 1980: Elizabeth Cada. (Photo #24)



Class of 1920: Barbara Williams, Ermine Conza, Agnes G. Patten and R. Louise Metcalfe McManus. (Photo #1)



Class of 1930: Alice M. White Martin, Dorothy Knapp Chauncey, Viola Lind Carien, Anne Ellis Puddington, Margaret Meenan, Edith Whitehouse Platt, Elizabeth Brown Bell, Louine Lunt Peck, Laura McIlvana Brown, Harriett Kennedy, Alice Gustafson Morse, Hazel Swan McAuliffe, Persis Lane Murphy and Mary Carr Turner. (Photo #7)



Class of 1935: Julia Bicknell, Sally McCullogh Zilg, Frances Foley Gibney, Evelyn Rolfe Oldamon, Alma Cady Robbins, Selma Hines Binding and Hazel MacNeill Sims. (Photo #3)



Celebrating with Esther L. Martinson of the Class of 1925 were: Eileen Gilmartin Ryan, Christine Moore Binnall, Ann Wedell Campbell, Ruth Hoyt Ranger and Alice Krolik O'Connell, all of the Class of 1929; Edna S. Lepper, Class of 1926; and Sylvia Perkins, Class of 1928. (Photo #5)



Class of 1955 (March Section): A. Anne Hickey Braveman, Dorothy Holm Thayer, Ruth Prior Thayer and Pat Walker Vining. (Photo #23)



(Photo #19)



(Photo #21)

Class of 1955 (September Section): Audrey Chase Hull, Barbara Fox Kaslow, Martha Codi Raak, Carole Beaumont Sartari, Mary Brecken Wagner and Joan Alfonso Walker. Also Edna Farrell Ross, Lois Johnson, Jean Campbell Teague, Aline Sullivan, Frances Brown, Joan Grieve McCarron, Janet Burke Potter, Shirley Donaghy Hamel, Marie D. Kent and Audrey Hatch Dunn.

Also Rita Whitney Luongo, Catherine Millett Cashin, Anna Battista Melloni, Anne Perry Monaghan, Louise Rigazio Cryts, Shirley Kelley Fortson, Harriet Spengler Goetz, Lesley Schuster Ryan, Kathleen Renehan Gilligan, Marianne Mandile Cafazzo and Harriet Beltrandi Bilezikjian.



Class of 1945: Sonia Wisotsky Lingos, Norma Garcia Kelly and Ina Fearon Leiter. (Photo #2)



Class of 1940: Esther Snyder Stocklin, Elizabeth Pritchard Dunbar, Virginia Griswold Guthrie and Eleanor Belcher Call. (Photo #9)



Class of 1965: Dale Miller, Anne McCue Derrich, Barbara Benzoin Richardson, Dale Hart, Dorothy Krueger, Lois Goerner Klein and Mary Suslak Vachon, guest speaker at Homecoming. (Photo #25)



(Photo #26)

Class of 1960: Katherine Keating Wolff, Gayle King Lee, Judith Kingston Mushial, Jane Howe Shea, Janice McCormack Hargraves, Jackie L'Esperance Durschinger, Judy Garran Thomson and Nancy Wheaton. Also Jocelyn Rhodes Carey, Roberta Rawson Stidham, Pat Toas Carden, Rogene Weed Baxter, Hope Truesdell Thomson, Donna Sweeney Harrill and Angela Barile Walsh.

And Beverly Towle Hall, Carol Sharp, Betty Rafferty Angel, Arlene Maher Leander, Martha Nelson Weagle and Mary Ellen Remeschatis Cummings.



(Photo #29)

SCHOLARSHIP WINNERS PERPETUATE FORMER GRADUATE'S IDEALS

James O'Donnell

Coordinator of Student Personnel Services
Massachusetts General Hospital
School of Nursing

M.G.H. graduates have a history of varied achievements. Joan Kirschner and Geoffry McEnany, two recent graduates, have followed in that tradition. Both Joan and Geoff also received Clarissa Peters Allen Awards. Mr. George Allen established an award and prize in memory of his wife Clarissa — a graduate of the class of 1937 — who passed away in 1975. The award is given in September to a junior or senior student who demonstrates academic achievement, competency in nursing, and a concern for the well being of others. The prize is given at graduation to a student who demonstrates these same qualities.

Joan Kirschner, class of 1978, has many achievements to her credit. In 1973, Joan earned a degree from Ohio State University, and then crossed to the East Coast to care for an aging grandparent. Joan tackled her course through the MGH School of Nursing, graduated first in her class, and received the first Clarissa Peters Allen (CPA) award.

A nurse, an advocate, and an actress, Joan works at MGH, lends her efforts to Nurses Environmental Health Watch and performs with a Newburyport theatre group.

Geoff McEnany, class of 1979, and third CPA award winner, developed an interest in nursing while working at the MGH emergency ward. As a student, Geoff was elected junior class president, student government president in his senior year, and graduated eleventh in his class.

In September 1979, Geoff moved to San Francisco where he adjusted quickly to California living. Now he is working at the University of California Medical Center as a medical I.C.U. nurse, completing his BSN degree, and planning to pursue a Masters degree in psychiatric nursing.

The accomplishments of these two graduates resembles the story of Clarissa Peters Allen. In fact, last summer Geoff McEnany completed a biography about this Alaskan nurse. Together with eight other recent graduates, Joan and Geoff have received awards or prizes donated in Mrs. Allen's memory. (The Clarissa Peters Allen biography, as completed by Geoffry McEnany appeared in the Spring/Summer issue of The Quarterly Record.)

What has happened for the other Clarissa Peters Allen award winners? Carol Guanci Eaton, class of 1978, was the second student to receive the award. While at MGH, Carol constantly gave of herself to her classmates by organizing all school activities during her junior and senior years. Since graduation, she has worked at Emerson Hospital in Concord, Massachusetts, married Robert Eaton in April of 1979, and started coursework towards her BSN degree. Carol met Mr. Allen during his last trip to Boston, and received a special gift of Clarissa's school pin which she cherishes and wears to work daily.

Claire Duffy, class of 1980, was chosen for the CPA award last year. She was an excellent student, well

liked by her classmates. Since graduation, Claire has been employed as an operating room nurse at Goddard Memorial Hospital in Stoughton. She acquired valuable experience working in the MGH operating room during her senior year. Her plans for the near future include traveling to the west coast and beginning classes in a BSN program.

Anne Morris is this year's CPA scholarship winner. Scholastically, Anne is at the top of her class, and has received outstanding ratings for all of her clinical rotations during her junior year. She has been a student leader, holding class office, participating on faculty committees, serving on the yearbook staff, and assisting with the planning for the 1981 graduation ceremony. Anne also comes from an MGH family, as her mother and a cousin are alumnae of the school.

Sheila McCready, class of 1977, was the first CPA graduation prize winner. Following graduation, Sheila worked for a year in the Houston, Texas area. In June of 1978 she returned to Massachusetts where she gained experience as a medical intensive care nurse at St. Vincent Hospital and Worcester Hahnemann Hospital both in Worcester. Sheila is also working towards the completion of her BSN degree at Worcester State College.

Jean Sterite, class of 1978, received the second CPA prize. Jean is a native of Boston's North End who worked as a nurses aid before attending nursing school. After graduation she took a position at MGH as a surgical nurse, and presently works as the day float nurse in the White Building. Jean enjoys this position because it allows her to constantly work with new patients and staff in the hospital. As a result of her ex-

perience, Jean has the firm belief that nurses deserve more authority as members of the health team. She also feels that students who graduate from the MGH's diploma program have a great theoretical background and an important common sense about hospitals.

Elaine Emerson, class of 1979, was the third recipient of the graduation prize. From July 1979 to August 1980, Elaine worked at University Hospital in Boston. As an MGH graduate, she was invited to join University Hospital's program to train staff nurses and oversee BSN students training at the hospital.

Donald Cannon, class of 1980, was this year's CPA graduation prize winner. Before coming to MGH, Don earned a degree from Kings College in Pennsylvania and then taught English. He moved to Boston in 1970 and held a variety of jobs including working as a librarian at the Massachusetts Institute of Technology. Don decided on nursing school after being a patient at MGH and by listening to many friends who enjoyed working in health professions. Since June, he has worked on a medical intensive care and coronary care unit at MGH. He is particularly interested in obtaining his critical care registered nurse certification and would like to work as a nurse in a foreign country.

The final CPA prize will be awarded in May to a member of the class of 1981, but the memory of Clarissa Peters Allen and the achievements of MGH grads will not fade away. Instead, today's graduates will carry Mrs. Allen's ideals and the MGH SON tradition of achievement in nursing into the twenty-first century.



High-Low-Distress-42%

At the time of her husband's sudden death, Mrs. W, an upper-middle-class Jewish woman, was 47 and had been married for 25 years. The couple had three children.

Six months after her husband's death Mrs. W described herself as the victim of the "Gone with the Wind" syndrome, i.e. "I'll worry about it tomorrow". She was upset by what she saw as her inability to feel normal grief and said she was just floating through life, not caring whether she lived or died. Her emotions at this point were guilt that she and her husband weren't always close and anger at him for dying. She reflected the sense of anger and abandonment of many widows with her comment "if he weren't dead, I'd kill him for going." She was unable to reach out to her children who were having problems and beginning to act out and she continued to get a lot of help from her friends.

By 12 months Mrs. W had taken her children to a psychiatrist because they were physically abusive with each other. The psychiatrist felt they were acting-out her anger. In response to this Mrs. W withdrew further from her children and said she was consciously breaking away from them to withdraw further into herself. She continued to receive help from friends and relatives but was unable to initiate any activities on her own.

Twenty-four months after her husband's death, Mrs. W had broken thru her controlled state and was able to feel and enjoy life again. She had begun to date,

her children were better and she looked forward to the future. Mrs. W. typifies many of the problems of coming-to-terms with a new identity as a widow. It took her more than a year to come to terms with some of her feelings towards her husband for dying and, during this time, her children acted out their loss in a number of ways to get her to come out of her shell and deal with them. Her emotions were too frightening to acknowledge, however, and she resented her role as a single parent so that her children actually wound up losing two parents when their father died.

The help Mrs. W received from her supportive family and friends was crucial in her adjustment as it kept her in contact with other people and provided structure to her life. Gradually this enabled her to come out of her grief and begin to live again.

Low-Low distress-27%

Mrs. A was a 57-year-old woman who was working at home as a dressmaker when her husband died of rheumatic heart disease. He had been ill for many years so Mrs. A had the responsibility of caring for the house and children. Her husband was quite irritable because of his illness and Mrs. A felt that this created an unnatural environment for their children.

A month after her husband's death, Mrs. A said the family atmosphere was the way it had been in earlier years when her husband had traveled. She and the children were happier and more relaxed and she was looking forward to now being able to get a job outside the home.

One year after bereavement Mrs. A was doing well. She'd had surgery but had recovered well and now had a new job where she was

becoming friendly with some unattached women, a luxury she hadn't had during her husband's illness which required that she spend a lot of time at home. She wanted to develop a new relationship with a man as well but was uncertain how to do this without appearing aggressive.

Two years after bereavement, Mrs. A had completed a course at a Community College, had new friends, was happy with her job and was no longer as protective of her children as she had been. She had begun travelling for the first time in years and was looking forward to trying out new things.

Many of the women in the low distress group had husbands who'd died of a chronic illness. In some situations this had placed undue stress on the marriage and there was a certain relief when the husband died. Mrs. A developed a whole new set of activities and relationships following her husband's death and developed a new-found sense of identity and purpose in her life. Other women in this group were not as active in their new life but were more content to adapt to a traditional widow role wherein they were primarily involved with the family and long-standing female friends.

Having seen the patterns of distress it is worth noting two things:

(1) that those at risk of high distress during bereavement can be identified even one month after bereavement and (2) that it is possible to intervene to alter the outcome of bereavement.

There are several factors one month after bereavement which predict those at risk two years after bereavement. These include poor health pre-bereavement, a high initial level of distress, and low social class. Participation in the widow-to-widow programme, which was offered to one-third of the widows in the study, resulted in a significant decrease in the level of distress the women experienced. This seemed to occur through an acceleration along the pathway of adaptation to bereavement. The women in the widow-to-widow programme achieved a certain level of intrapersonal and interpersonal comfort sooner than did those without intervention. By two years after bereavement, these widows were significantly less apt to still have a high level of distress than were the women without the intervention. The intervention consisted of one-to-one contact with another widow who had already resolved her bereavement reaction.

Following Dr. Vachon's presentation, there was an extensive and ardent question and answer session, which totally involved her audience.

CLASS OF 1981 YEARBOOK

Dear Alumnae:

As you are probably aware, ours will be the last yearbook to chronicle the progress of a class through the three years of the diploma program. In addition to producing a lasting memento for the members of this class, we, the editors, are committed to recognizing our debt to those who

preceded the Class of 1981. In doing so, we hope to publish a work that will reflect the spirit and the mission of the School to the extent that all of you would feel a kinship with us. You have given us a rich and valued tradition; this yearbook is but the latest chapter in that tradition.

As with any group attempting to publish, the word "deadline" evokes fear and loathing among us. And

while our publisher isn't a mean person, he does demand punctuality. For that reason, and because of the interest many of you have shown in this book, this letter comes to you with an offer and a plea. In years past, your generosity has allowed previous yearbook staffs to steadily improve the quality of the book while passing only minimal cost increases to the students. We need your help too.

For a donation of fifteen dollars we will send a copy of the book to you to keep. Donations of ten dollars or five dollars will put you on our list of patrons. Any amount is appreciated. Advertising rates are:

\$20.00 for an eighth of a page, \$40.00 for a quarter of page, \$60.00 for a half page, and \$100.00 for a full page ad. Books are not supplied for advertisers.

In whatever manner you decide to help, again, we are under deadline. Please respond promptly to:

Editor, 1981 Yearbook
20 Charles St.
Boston, Massachusetts 02114

Should you have a question, please call our advisor, Jim Canavan, at 726-3194.

Thank you.

Sincerely,
The Editors

News . . . of the Classes

1905

On November 10, 1980, BERTELLA L. TOMPKINS, formerly of Cambridge, died at the Fairlawn Nursing Home in Lexington, MA, at the age of 102.

A native of Canada, she lived most of her life in Cambridge and until recently was an active member in our Alumnae Association.

She is survived by a grandniece, Caroline Chase, of Woodstock, New Brunswick, Canada. Contributions in her memory were requested to be made to the MGH Alumnae Association.

1910

A note from her daughter-in-law, Eileen, brings word of the death of MAUD HASTINGS GRISWALD in the Presbyterian Nursing Home in Buffalo, N.Y. on October 6, 1980, following hip surgery. Maud was 93 years old. Her son, MacGregor Wilson, and family live at 4619 Addison Dr., Charlotte, N.C. 28211.

ANNIE M. ROBERTSON died on September 19, 1980, at a nursing home in Huntington, Quebec, Canada, at age 95 years. She is survived by a sister, Maud Robertson.

1917

FLORENCE EVERETT WILLIAMS, wife of the late Dr. Charles, died on December 30, 1980, in Woodstock, Vermont. She is survived by a daughter, Mary E. Williams. Along with this brief information, the correspondent noted that Florence's husband was the nephew of Dr. Hugh Williams who was always called "Uncle Hugh"; also that Dr. Charles Williams didn't do much practicing because he bought a farm in Woodstock.

1919

A brief note from her husband brings word that SALLY CRAIGHILL KERBY-MILLER died May 25, 1979. Her husband, Sinclair,

lives in Carmel, CA 93921 (P.O. Box 974).

1924

CLARABEL THOMPSON POWELL of 71 Elise Circle, North Easton, MA 02356, died on November 14, 1980. Notice was sent by her husband, Robert.

1925

DORIS E. ELLINWOOD, 77, of 267 Main St., Wilbraham, MA, died November 12, 1980, at the Baystate Medical Center, Springfield Unit. A native of Somerville, she worked in several Boston hospitals, including the Faulkner, following graduation from MGH School. During World War II, she was Chief Nursing on the hospital ship Larkspur that made 22 Atlantic Ocean crossings; she attained the rank of Major during that time.

A member of the Eastern Star of East Longmeadow for more than 50 years, she was also active in the Springfield Alumnae Association of MGH School.

1926

PAULINE CHENEY BROOKS, age 79, died on October 25, 1980, at Winchendon, MA. The widow of John E. Brooks, she formerly lived in Chatham, MA. She is survived by a brother, Ralph Cheney of HENDERSONVILLE, N.C. Memorial contributions were suggested for the MGH Alumnae Association.

1928

GULA R. BOYCE, 77, a resident of Chelmsford, MA, for the past eight years, died at Lowell General Hospital on July 9, 1980, after a brief illness. A native of Athelstan, Quebec, Gula served as an Army Nurse during World War II. A resident of Natick, prior to her retirement, she practiced nursing in the

Boston hospitals. She also served on the state board of the Muscular Dystrophy Foundation, worked for the Chelmsford Council on Aging, the Middlesex Women's Club and the Goodwill Women's Auxiliary. She is survived by a brother, Charles, of Chelmsford, and a sister, Charlotte Woodside of Cornwell, Ontario, Canada.

1929

MARGARET McGARRY BECKER writes that she has a book in galley proofs now to be published this year entitled "Positive Power People". Her address is Colonel's Pride, Mt. Vernon, VA 22121.

1930

RUTH DRAKE LINCOLN of 1281 Spruce St., Suffield, Conn. 06078, sent a wonderful scrapbook of her training days to the Alumnae Office. It has been turned over to the Historical Committee with gratitude for her thoughtfulness.

Ruth writes: After I graduated, I specialised one year and was then offered a position at MGH in the OR as Head of the G.U. and Neuro Dept's. Later, Dr. Jason Mixter (who was Chief of Neuro) wanted to set up a neuro unit similar to the one at Peter Bent Brigham that Dr. Harvey Cushing had. So I spent the better part of a week observing that unit and we set ours up in Room 7 (as I recall) on the 11th floor of Baker.

We had our own room, instruments, orderly, anesthetist and team. Dr. Jason Mixter was Chief; his assistants were Dr. John Hodgson, Dr. Tracy Putnam and Dr. Reginald Smithwick, plus Medical students. It was a wonderful experience from 1932 to 1936.

1931

ELLEN PIPER COXON of 24 Sherman Circle, Utica, N.Y., died

October 17, 1980, in St. Elizabeth's Hospital there.

A native of Dover, N.H., Ellen was formerly head nurse on pediatrics at MGH; in 1936, she married Dr. William Coxon, Jr. She is survived by two sons, William of Lexington Park, MD, and David of Waukegan, Ill.; and one daughter, Joan Morgan of Bowling Green, Ohio.

1934

MILLIE DRAPER DIMOCK, died October 17, 1980, at the Tobey Hospital, Wareham, MA, after a brief illness. A native of Lynn, Mildred lived in Sharon for many years and worked at the Norwood Hospital. Two years ago she moved to Wareham.

She is survived by a son, Donald, of Nantucket Island.

1936

KATHRYN LOVEJOY McCABE, 66, of Waldoboro, Maine, formerly

of Worcester, died December 23, 1980, in Rockport, Maine. A native of Bridgeport, Conn., she was also a graduate of Clark University; served as an Army nurse in WW II; was the wife of a former Worcester physician, George.

A former member of the Worcester Women's Club, formerly on the board of Marillac Manor Nursing Home, she was a past president of the Worcester VNA. Besides her husband, she is survived by two sisters, Doris Heineck of Wiscasset, ME, and Ruby Rockwell of New Harbor, ME.

1938

ELLEN DRAUGHAN SEREQUE of Box 338, Columbus, N.C. 28722 has been out of touch with her classmates, would like to attend Homecoming '81, if there's a chance she'd meet some colleagues there. Would someone contact her.

In Memoriam

- 1905 Bertella L. Tompkins on November 10, 1980, at Lexington, Massachusetts.
- 1910 Maud Hastings Griswald on October 6, 1980, at Buffalo, New York.
- 1910 Annie M. Robertson on September 19, 1980, at Quebec, Canada.
- 1917 Florence Everett Williams on December 30, 1980, at Woodstock, Vermont.
- 1919 Sally Craighill Kerby-Miller on May 25, 1979, at Carmel, California.
- 1919 Jane A. Sullivan on October 18, 1980, in East Boston, Massachusetts.
- 1921 Anita M. Jones on March 28, 1980, in Jaffrey, New Hampshire.
- 1924 Clarabel Thompson Powell on November 14, 1980, at North Easton, Massachusetts.
- 1925 Doris E. Ellinwood on November 12, 1980, at Springfield, Massachusetts.
- 1926 Pauline Cheney Brooks on October 25, 1980, at Winchendon, Massachusetts.
- 1928 Gula R. Boyce on July 9, 1980, at Lowell, Massachusetts.
- 1929 Margaret Dean Smith in December, 1980, at Lexington, Massachusetts.
- 1931 Ellen Piper Coxon on October 17, 1980, at Utica, New York.
- 1934 Millie Draper Dimock on October 17, 1980, at Wareham, Massachusetts.
- 1936 Kathryn Lovejoy McCabe on December 23, 1980, at Rockport, Maine.
- 1946 Joyce McDonald Deacon on April 13, 1980, at East Weymouth, Massachusetts.
-

1946

JOYCE McDONALD DEACON died on April 13, 1980, at her home in Weymouth, MA, where, as her husband, Walter, wrote in his church newsletter, her "last days were enriched by friendship and love. She died at home, as she wished, surrounded by her family and people who cared and had nursed her lovingly for some time."

At the Quincy City Hospital, where Joyce worked for more than 20 years, a new recreational therapy room for use by the hospital's senior citizen patients, was dedicated in her memory.

Long a dream of Joyce's, the Joyce Deacon Recreational Therapy Room is to provide relaxation and activities, along with refreshments, for geriatric patients who welcome the change from their hospital rooms.

1955

JEAN CAMPBELL TEAGUE of 25 Stewart Rd., Reading, MA 01867 reports:

On Saturday, September 27, 1980, the Annual Homecoming was held at Howard Johnson's "57". The event had special significance for the class of 1955 since it represented the 25th anniversary of our graduation from MGH.

Old and cherished faces trigger a range of emotion after such a span of time. Each smile brings a rush of half-forgotten remembrance. It was a day of excitement, anticipation, and joy, occasionally tinged with melancholy for the friends who could not come.

A group of classmates spent a wonderful hour in one of the girls' suites sharing old memories and bringing each other up to date. For good or ill, I was appointed secretary. Apologies in advance for any errors; I was often listening when I should have been note-taking.

MARY BRECKEN WAGNER — Mary and Dave live in Crete, Illinois and have been married 23 years. She recently received her B.A. in Health Related Professions. Mary is head nurse in an ICU. She and Dave have seven children. Her oldest daughter was recently married. One of Mary's sons is a budding chef and took a prize in *Seventeen's* recipe contest last year. Unfortunately Mary failed to bring us a copy of Shrimp and Pea Pod Extrordinaire. Yum.

JOAN GRIEVE McCARRON — Joanie is as petite as ever. She and Ray live in Braintree, Mass. They have five children. Joan works as a staff nurse in ICU at South Shore Hospital. Three of the children are now in college. Diane is at Boston College, David is at Northeastern studying engineering and Michelle is at Bridgewater State. Greg is a senior in high school and Paula is a sophomore. Paula is very interested in gymnastics.

JOAN ALFONSO WALKER — Joan, like everyone in the group, has not aged a day. (It must have been something in our diet.) Joan is a grandmother! She works as an office nurse for an Ob-Gyn specialist. Joan and John have four children. Their oldest boy and girl are both married. Barry, her youngest son, I believe, is still in high school. Cheryl is 11 years old. John manages a 700 acre estate in Marion, Ma. The family lives on the grounds which Joan says are absolutely beautiful.

BARBARA FOX KASLOW — Barb and Jack live in Methuen, Mass. "Foxie" has retained all the enthusiasm, energy and humor we remember. She is presently working for a real estate firm and has obtained her broker's license. She finds the work enjoyable and can arrange her own

schedule. Jack is now the President of the Northeast Power Company. Last year Barbara attended an advanced management course at Harvard with Jack. She had some marvelous stories about that experience and the fascinating people they met. Foxie and Jack have three sons. Charles, 23, has graduated college and is employed at General Electric, John, 21, is in the Navy, and Tom, 17, seems to have inherited his dad's ability in engineering.

MARTHA CODY RAAK — "Bunny" — What can one possibly say about Bunny? Always working toward new goals. Bunny and Ray live in Greensburg, Pa. They have five children. Gretchen, 21, is at the University of Pittsburgh working toward a degree in Health Related Professions. Mom reports Gretchen is a fantastic tennis player. Chris, age 20, is a merit scholar. He spent last summer working in Texas. Kenny, age 19, is at Penn State in the School of Business Administration. Ken is on the tennis team and also plays guitar. Heidi, age 16, is a junior in high school and would like to be an attorney. Kate, 14, sounds like one busy young lady. She is a cheer leader and loves to swim. Bunny has just embarked on a new position as counselor for women at Seton Hill College. Bunny received her BA a few years ago. Ray graduated from law school several years back. He is Vice President of labor relations for his company.

JANET BURKE POTTER — Janet and Bill live in Arlington Heights, Ill. Janet recently returned to work and will be working part time on an "on call" basis in a local M.D.'s office. Jan is excited about returning to nursing although slightly anxious since it seems MGH nurses have the reputation in the Middle West of

being supernurses. (Can anyone doubt that it's true?) Janet and Bill have two boys. Kevin is now a senior in high school and David is a sophomore. Kevin is planning to attend Iowa State. He is a golf and ski enthusiast. David plays for the high school soccer team. Bill is still with United Air Lines.

CAROLE BEAUMONT SARTORI — Carole and Neal still reside in Marshfield, Ma. They have three children. David, 23, is a commercial airline pilot. The family are now planning for David's marriage in May. Paul, 21, is in the Air Force. Paul loves sports. He is now stationed in Albuquerque, N.M. but wants to be a police officer when he gets out of the service. Marsha, 10, is now in the 5th grade. Carole says she is very outgoing and plays the violin. Neal who is a wood craftsman and makes pine furniture also works as custodian at the junior high school. Was it really 28 years ago Neal was almost a nightly caller at the Charles Street "beau parlor"? Remember?

AUDREY CHASE HULL — "Chasie" and Bud recently celebrated their 25th wedding anniversary. They have three children. Wes the oldest, is a licensed electrician and works for G.E. Carissa is married and has two children. Another grandmother for the class of '55! Diana is married and works in fashion merchandising. Chasie works part time as an industrial nurse. Bud is in private contracting. The couple would like to retire early and move to Moltonboro, N.H. where, it would appear, they have already left their hearts. Chasie hasn't changed. She reports, however, she has given up her daily snack of two chocolate ice cream scoops in two chocolate milks! She enjoyed this concoction every day that I knew her and never put on an

ounce. It was demoralizing for the rest of us who put on pounds just watching her.

AUDREY HATCH DUNN — Audrey and Ed have three children. Susan, 22, is living at home. Susan is into research and mother reports that her scientific inquiries last summer led her to investigate the habits of (I hope my notes are correct; forgive me, Susan) the Colorado Potato Beetle. Audrey and Ed's son is 19 and a sophomore at Wesleyan. He hopes to become a radiologist. The youngest daughter, age 10, loves to play soccer, softball, and also plays clarinet. Audrey's community activities include volunteering for the Red Cross, serving on her community's Board of Education, as well as being President of the Republican Women's Club. In her spare time (do you believe this lady) she paints. She has sold some of her work and has done some medical illustrations also. Ed is Director of Surgery at Waterbury Hospital in Waterbury, Conn. His specialty is vascular surgery.

At luncheon a number of other classmates appeared and some of

those who left me with a little update of their progress included —

LOUISE RIGAZIO CRYTS — "Lou" lives in Chelmsford, Ma. with her husband John who is an electrical engineer. They have three children. Diane, 18, Teresa, 16 and Robert, 13. Lou works full time for the Lowell VNA.

SHIRLEY DONAGHY HAMELL — Shirl and John have seven children. Shirley says that she is enjoying the fact that they are all almost grown. She looks absolutely great with her short curly hair-do. She reports her hubby had his styled in a similar fashion and that the Unisex look is alive and well in the Hamell household. Unfortunately, because we were so pressed for time I was unable to render for Shirley my own inimitable version of the song *Goody, Goody*. Shirley usually requests it wherever we happen to meet. Last time it was in the ladies' lav. Sorry, you had to miss that treat, Shirl.

ANNA BATTISTA MELLONI — Anna is now working at Somerville Hospital as an instructor in the Dept. of Education. She was employed as

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an instructor in the School of Nursing prior to her present position. She has worked at Somerville Hospital for ten years. She obtained her Masters in Rehabilitation Nursing from Boston University in 1974. Her son Jimmy now 24 graduated from Boston College in 1978. Daughter Mary Beth, 20, is attending Boston College and is in the Nursing Program. She is in her third year. Jim is working for General Electric in Wilmington, Ma. Dad and son, Jimmy, work in the same plant. Jim Sr. is also a B.C. alumnus. It appears Boston College wins 3 to 1 in the Melloni household.

CATHY MILLET CASHIN — Cathy is still living in Nashua, N.H. She and husband, Martin, have lived there for the past 13 years. Cathy and Martin have been married for 23 years. He is retired from the U.S. Army and is now working as a Respiratory Therapist at Saint Joseph's Hospital. Cathy is a night supervisor at the same hospital. They have three children. Michael, age 21, is a senior at Marquette in Law Enforcement. Susan and Sharon, twins, age 18, both work and in the summer travel around the country with the Boston Drum and Bugle Corps. Cath says we probably have seen them on T.V.

Later in the evening a group of us met for dinner at Purcell's restaurant in Boston. We were very happy when **MARY ANN GRATTA CALLAHAN** arrived to join us. Mary Ann and Eddie have five children ages, 22, 19, 16, 15 and 12. I am sorry I didn't get all the particulars about the children. Mary Ann and Eddie live in Hanson, Ma. Mary Ann is employed in a multi-level nursing home.

ANNE PERRY MONAGHAN — Anne and her husband Tom, who is an attorney for the firm of Monaghan and Leahy, live in Portland, Me. They have five boys. Michael, 20, is a sophomore at Univ. of Maine;

Matthew, 19, is a freshman at Bowdoin College; Ben, 17, is a junior in high school. Ben spent half his sophomore year in Ireland on an exchange program. Thomas, "Tim", is 12; is a sports enthusiast and plays the Baritone horn. Seth, 10, plays the violin. Anne notes that she and Tom offer their home (and I'm certain hearts) to various youngsters for extended periods of time. She says last year they had a 16-year-old girl. "At Last!"

As for your erstwhile correspondent . . . I am working as Continuing Care Coordinator at New England Memorial in Stoneham, Ma. I received a masters in Community Health Nursing in 1976. Later that same year I had quite a bout with Guillain-Barre Syndrome after receiving Swine flu vaccine. It left me paralyzed for several months and helped me re-arrange priorities a bit. I am OK now. Charlie is still working as civil engineer for the Mass. State DPW. Our children are Steven, 24 who graduated from B.C. last June and is working for an accounting firm in Boston. He is taking grad courses at Northeastern and studying hard for the CPA exam. Steve is going to help Charl and me invest our millions. Paul, 23, is a senior at B.C. He is a Biology Major. We are all getting ulcers waiting to see if he gets accepted to medical school in the fall of '81. He is being called for interviews now. Lisa, 21, is at B.C. School of Management. She is a math whiz and except for that reminds me a little of someone I used to know called "Soupie". Angela, our sweet 16-year-old is a junior in high school. Angela loves her boy friend, pretty clothes, waterskiing and horseback riding. She hates school. Charlie and I have been very lucky.

Later a group of us returned to the hotel lounge. Spirits were willing

but forty-five year old flesh is noticeably weaker than it is at twenty and when heads began to nod, it was time to call it a day. Everyone gathered for one last good-bye and as we stood there I thought of something Bunny said earlier. It was, indeed, as though time had been suspended for a brief moment.

1968

NANCY M. WATTS of RD 1 Clay Rd., Gorham, ME 04038 writes to inquire about addresses for classmates so that she may renew contact. Those for whom she particularly asks are VERONICA KIROUAC, ANN PETERSON, JEAN McLAUGHLIN, ELIZABETH SCHNABLE, KATHRYN MOSER and PATRICIA SHEA.

She writes: At this time I am involved in working toward my BSN at the University of Southern Maine. I spent several years working in Mercy Hospital's CCU and SCU and am now an instructor in the School of Nursing there. My husband, Steve, and I

have recently built a home in West Gorham.

1969

CLAIRE TANABE McGUIRE of 338 Spruce St., Chula Vista, CA 92011, writes: After two years in Kentucky, we decided to follow the sun back to San Diego. Wish we could stay forever.

After ten years, I'm finally back in the OR and loving it! My first week on the job at Bay General Hospital I ran into another MGH'er — BARBARA DAFFRON, class of '60. Small world!

1971

BARBARA GLYNN LEONARDI of 78 High St., Winchester, MA 01890, writes: We are approaching our "grand" tenth year reunion!! September seems a long time from now — but there are many classmates who have disappeared! Any addresses, ideas or suggestions for making this a super 10th would be appreciated. Please let me hear from you!

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1977

DEBRA FORTIN SKRAJEWSKI
of 166 Washington St., Wallingford,
Conn. 06492, writes: To let you
know what has happened to "Kink"
— On October 25, 1980, I married
Dennis, the man that I had been see-
ing in my Junior year at MGH. He
was graduated from Lafayette Col-
lege in 1976 and just recently was
graduated from Yale University of
Medicine and is now employed as a
Physician Assistant where we are
living.

After I left MGH, I spent the sum-

mer working as a camp nurse. Fol-
lowing that, I began work at Hartford
Hospital, Hartford, Ct., on a Med/
Surg and Burn floor. In January,
1979, I transferred to the surgical
intensive care unit where I stayed
until recently. As of September, I
became employed with the Meridan
VNA, Meridan, Ct., since Dennis and
I are living in the town next to it.

I am looking forward to seeing
many people at the 1981 graduation.
In the meantime, if anyone passes
through Wallingford, please feel wel-
come to stop by and have a cup of
coffee to catch up on old news!

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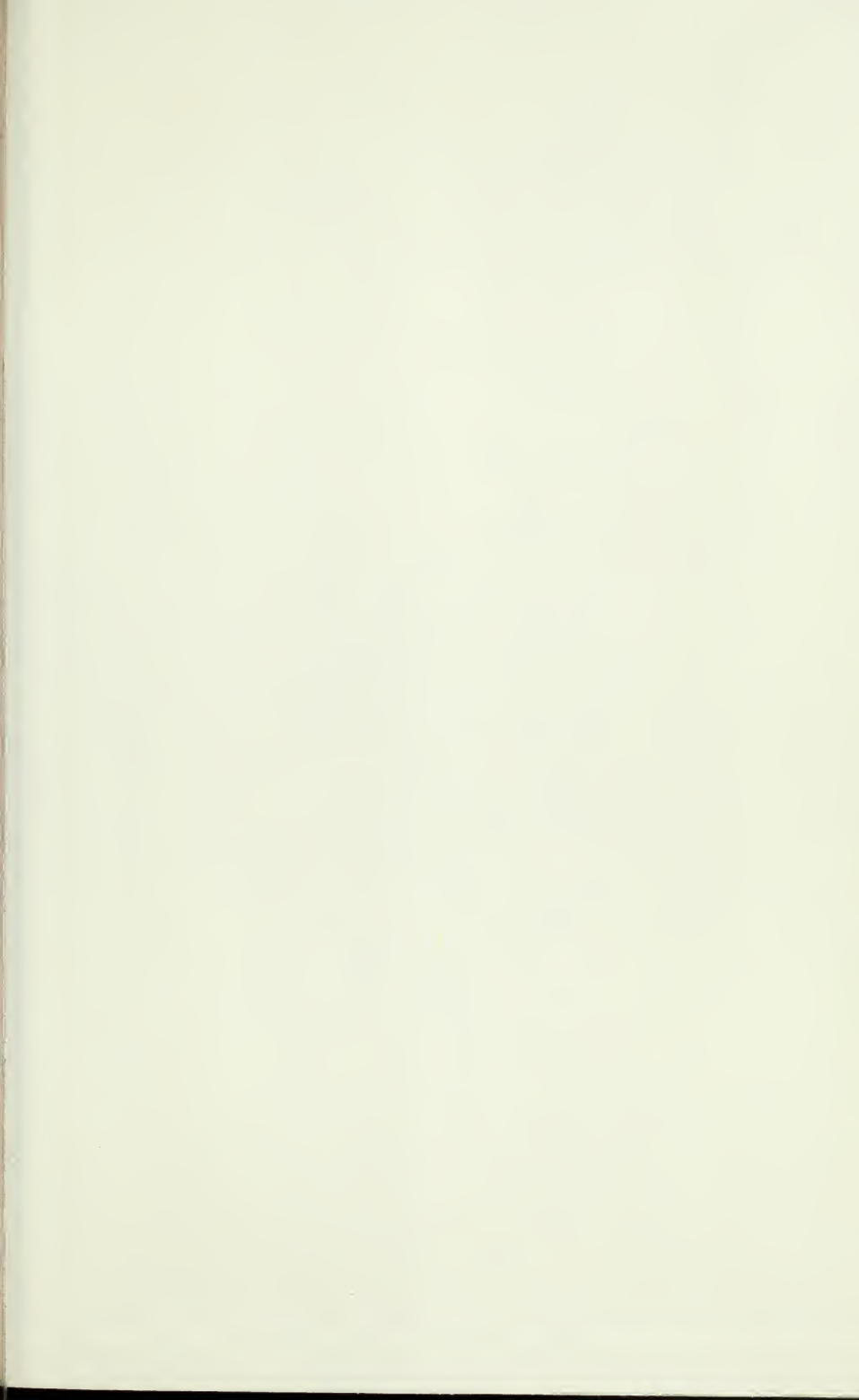
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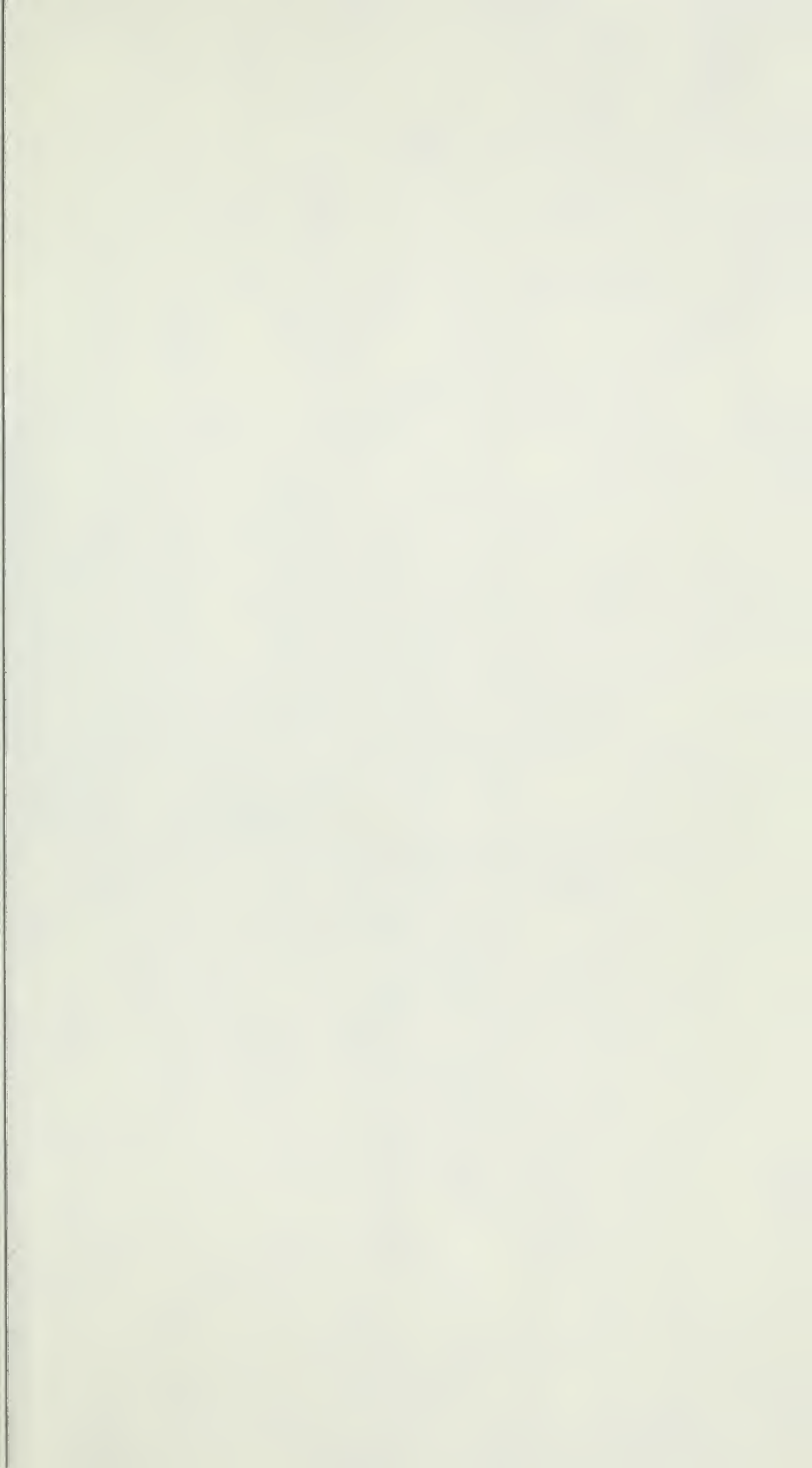
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